

3+ | **3PLUS**

LITE



Direction for product use

Content

Use environment

Operation temperature

-13°F to 131°F (-25°C to 55°C) 。

Waterproof rate

Domestic waterproof

Can be used for daily wash or use in the rain,
That is, water drops only splash on the surface
rather than impose on the device.

Battery

5 days of normal use.

Articles in the box

A



B



C



D



E



A: Bracelet

B: Bracelet buckle

C: Quick user guide

D: Charging clip

E: Manual

Overview of the setup

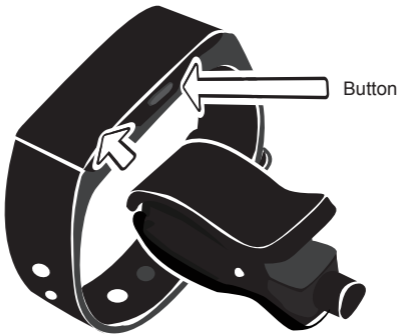
1. Charging
2. APP setup
3. Device operation
4. Screen operation
5. Device function
6. Setup
7. Service and support

Charging

Please charge the bracelet for two hours before the initial use.

Connect with the charger.

Please connect the charger with your bracelet.



Charging

Connect with the charger.

The charger touch spot is well-matched with the touch spot of the bracelet, and the two can be fitted together.



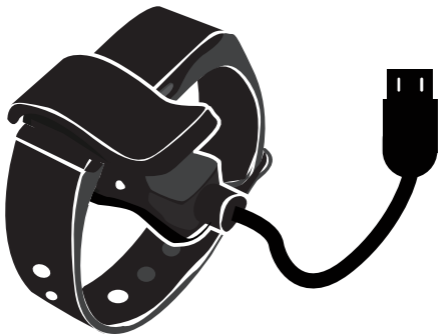
Charging

Insert the Micro-USB interface in the bracelet battery base.

Plug the USB connection line into the power.

The screen will show the charging icon. When the electricity is full, the full charge icon will be shown by the screen.

It takes one and a half hour for full charge. When the electric quantity of the battery is not enough, the screen will display the low-energy icon



Acquire the APP

If it is to use the mobile device to set the bracelet, you have to acquire the bracelet App first by searching 3PLUS ELITE Tracker in the App store or Android application store, downloading and installing the App in your mobile device.

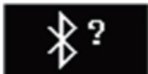
iOS 7+ , Bluetooth 4.0 BLE , iPhone 4s+ , iPad3+ , iPad Mini+ , iPod touch5+

Android 4.3 + , Bluetooth 4.0 BLE



Connect the APP

1. Turn on the Bluetooth function of your mobile device;
2. Turn on the 3PLUS ELITE App on your mobile device;
If you are a new member, please register or log on via an existing account. After inputting your personal information, please click the setup;
3. Please make sure the bracelet is close to the device, and select LITE from the Bluetooth list;
4. The pairing demand will be displayed on your mobile device.



Press the watch screen to accept the pairing;

5. After pairing successfully by the bracelet, your bracelet and mobile device will receive a notice.



If the pairing fails, please repeat the same step.

The pairing is a one-time process. If you want to pair with the watch with other accounts, please cancel the existing pairing first.

Wear the device

Fasten the watchband

Wear the watchband on your wrist, fasten the buckle, and make the buckle pin pass through the watchband hole.



Suggestion:

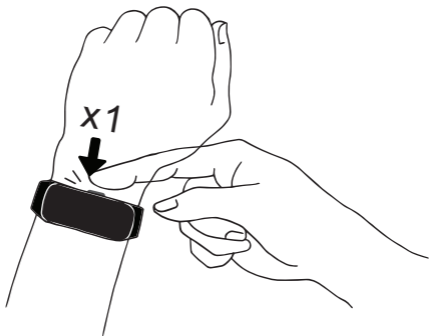
Add a few drops of water on the watchband hole will make it easier to be buckled up.

Awakening device

Click the button to activate the screen.

The bracelet screen will be turned off when it is not in use.

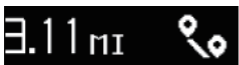
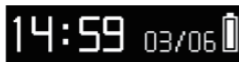
Please click the button to awaken the device.



Screen operation

All screen operations are completed by using your fingertip to click the bracelet button.

Click to switch the interface.



Long click to enter into/ withdraw from the sleep mode.



Tips:

If you are not sure what to do on a specific screen, try clicking the button to switch to another screen.

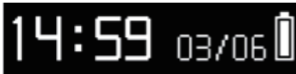
Main menu



Click the button to switch the interface.

Clock interface

Time, date, electric quantity




The time and date of the bracelet will synchronize with your paired mobile device automatically.

You may manually set the time and date you like via the setting of 3PLUS ELITE App.


Please confirm your bracelet is fully charged to avoid time reset.

Step, calorie, distance

Step

5118 

Distance

3.11 MI 

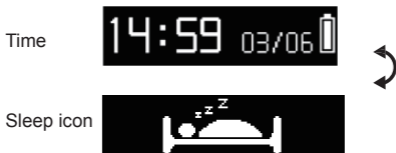
Calorie

118 

The whole-day walking steps, distance and burnt calorie of yours can be monitored by the bracelet, and you may click the touch screen display area and check the data displayed on the bracelet, or you may monitor your activity data and historic records via the “activity” option in the 3PLUS ELITE App. You can check your daily target completion process through the main activity picture, and see the detailed figures of your daily, weekly and monthly performance by clicking the activity column. The daily data can be displayed by the bracelet. The activity monitor will reset every day at midnight. If you need to upload the latest activity data of yours, please remember to click the upper right synchronization icon of the 3PLUS ELITE App.

Sleep mode

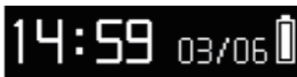
When the screen is lightened, long click the screen to enter to the sleep mode.



Click the button to switch the interface.

Electric quantity

Check the electric quantity of the battery on the main interface



To achieve the optimal use effect, the electric quantity of the battery should not be lower than 10%.

Notice



Calendar matter reminding



Message reminding



Missed call reminding



Bluetooth disconnection reminding



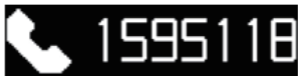
Social contact message reminding



Email reminding

The bracelet can display calls, missed calls, messages, emails, social contact media activities, calendar matters and anti-loss notices. Open the 3PLUS ELITE App, click “setup > notice”, and select the notice you want the watch to receive. If you want to stop using some notices, please slide the radio button to the left and click the bracelet screen to neglect the notice, otherwise, the notice will show up again next time when the screen is activated.

Caller identification



The caller identification only supports Latin characters.

Remind

Sport



Wake up



Sleep



Medicine



Eat



Reminder



Click the “remind” option of 3PLUS ELITE App to add daily reminding. You can set 6 kinds of daily reminding for the most, and you may select the provision type, preference time and date. Your bracelet will vibrate slightly and display the corresponding reminding icon to remind you. Click the bracelet to neglect the reminding. If not, the reminding will appear two minutes later.

Target



Click the “target” option of the 3PLUS ELITE App to set the target of daily walking step, walking distance, burnt calorie and sleep hours. Click the synchronization button on the upper right to save your target setting. When the target is reached, your watch will vibrate slightly and display the target completion icon.

Customer support

Customer support is ready to help.

- Web support: www.3plususa.com/support
- Email support: service@3plususa.com

Troubleshooting

Data synchronization failure by the APP

1. Please check if the network and Bluetooth of your mobile phone have been turned on. The network and Bluetooth of your mobile phone need to be turned on at the same time for data synchronization.
2. Please check if the bracelet is near the mobile phone and the connection distance is within 5 meters.
3. Please confirm the binding with your bracelet is successful.

Failure of bracelet binding by the APP

1. Please check if the network and Bluetooth of your mobile phone have been turned on. The network and Bluetooth of your mobile phone need to be turned on at the same time for watch binding.
2. Please check if the bracelet is near the mobile phone and the connection distance is within 5 meters.
3. Please check the bracelet has not bound with other accounts.

Contact us

If your problem cannot be resolved by the above ways, please contact us by emails.

service@3plususa.com

Supporting devices

iOS

iPhone 6 , iPhone 6+ , iPhone 5c ,

iPhone 5s , iPad Mini, iPhone 4s, etc.

Android

HTC One M9 , HTC M8T , HTC D610t ,

Samsung S6 , Samsung Galaxy Note 4 ,

Samsung S5 , Samsung Galaxy Note 3 ,

Samsung S4 , Samsung Galaxy Note 2 ,

Samsung S3 , Sony Xperia Z2 , VIVO 3S ,

LG G2 , LG G3 , HUAWEI P7 , OPPO Find7 ,

Nexus 5 , MOTO X , iSWAG MAGNET47, etc.

Product specifications

Size: 16.6mm (width) *10.7mm (thickness) ,
139~195mm (inner perimeter)

Material: face shell: PC resin, watchband: TPU flexible glue

Display screen: OLED, 0.91 inch, 128*32 lattice

Sensor: three-axis acceleration sensor

Vibration motor: supportive

Bluetooth: Bluetooth 4.0 BLE

Battery: 55mAh

Time display: RTC+ time synchronization

Charging way: USB charging clip

Weight: about 20g

Waterproof rate: domestic waterproof

Free Manuals Download Website

<http://myh66.com>

<http://usermanuals.us>

<http://www.somanuals.com>

<http://www.4manuals.cc>

<http://www.manual-lib.com>

<http://www.404manual.com>

<http://www.luxmanual.com>

<http://aubethermostatmanual.com>

Golf course search by state

<http://golfingnear.com>

Email search by domain

<http://emailbydomain.com>

Auto manuals search

<http://auto.somanuals.com>

TV manuals search

<http://tv.somanuals.com>