## Operation Guide 3225/3226

Reading the display


- In any mode, press the (L) button to illuminate the display.



## Countdown alarm operation



Countdown starts when the (A) button is released. When the countdown reaches zero, the alarm will sound for 10 seconds. Pressing any button stops the alarm.

## Setting daily alarm

If the daily alarm is set, the beeper sounds for 20 seconds at the preset time every day until cleared. To stop the beeper, press any button. If the time signal is set, the watch sounds every hour on the hour with a "Be-e-ep" signal.
(Sound demonstration) Press and hold the (c) button in alarm mode to sound the beeper.
$\xrightarrow{\text { Press (A) }} \xrightarrow{\text { Hour setting }} \xrightarrow{\text { Press (A) }}$ Minute setting $\xrightarrow{\text { Press (A) }} \begin{aligned} & \text { Press (A) to } \\ & \text { exit setting } \\ & \text { screen. }\end{aligned}$
Press (A) in the daily alarm mode to set hours and minutes. Each press of (C) advances the

Press (A) to set minute digits. Each press of (C) advances the alarm setting by 1 minute.
ing by 1 hour.

* If the (B) button is pressed, the watch reverts to the regular timekeeping mode.
(Quick digit advance) When the (C) button is pressed for more than 2 seconds, the digit advances quickly. When released, digit advance will stop.
[ON or OFF setting of daily alarm and time signal]

| Alarm-ON-mark | Alarm-ON-mark and <br> and time-signal- <br> time-signal-ON-mark | Alarm-ON- <br> mark only |
| :--- | :--- | :--- |
| ON-mark appear. | disappear. | appears. |

Time-signal-ON-mark only appears. $\begin{array}{lll}\text { and time-signal- } & \begin{array}{l}\text { time-signal-ON-mark } \\ \text { ON-mark appear. }\end{array} & \begin{array}{l}\text { mark only } \\ \text { disappear. }\end{array} \\ \text { appears. }\end{array}$ .


Stopwatch operation


A signal confirms start/stop operation. (Working range) Th stopwatch display is limited to 59 minutes 59.99 seconds. For longer times, reset and start again.
(a) Net time measurement

C) $\longrightarrow(A)$ Re-start Rese

Setting time and calendar

1. In the time setting mode, first press (C) on a time signal to correct seconds. 2. Press (A) to shift flashing position. The digit(s) to be changed will flash.

2. Each press of © advances the setting by one. Keep pressed for quick advance. 4. Press (B) to complete setting.

## Specifications

Accuracy at normal temperature: $\pm 30$ seconds per month
Display capacity:

- Regular timekeeping mode

Hour, minute, second, am/pm (P), month, day, day of the week
Calendar system: Full Auto-calendar pre-programmed from the year 2000 to 2099

- Countdown alarm mode

Input range: 1 to 30 minutes

- Daily alarm
- Hourly time signal
- Stopwatch mode

Measuring capacity: 59 minutes 59.99 seconds
Measuring unit: $1 / 100$ of a second
Measuring modes: Net time
Battery: Module No. Battery type Battery life

| Module No. | Battery type | Battery life |
| :---: | :---: | :---: |
| 3225 | CR2016 | Approx. 7 years |
| 3226 | CR1616 | Approx. 3 years |

- 1.5 seconds of illumination operation per day
- 20 seconds of alarm operation per day
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