# User's Guide 5576

## CASIO

**ENGLISH** 

Congratulations upon your selection of this CASIO watch.

- Keep the watch's face exposed to light as much as possible.This manual provides a brief overview of your watch.

F-1

For a full Operation Guide and Q&A information about this product, go to the





#### Contents Charging the Watch... To recover from the sleep state..... Configuring Home City, Time and Date Settings. .E-8 To configure Home City, time, and date settings... Mode Selection and Operations ..... Misaligned Hands..... . E-16 Specifications..... .E-17

E-3

## **Charging the Watch**





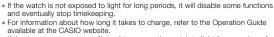
While wearing the watch, take care so your sleeve does not block its face (solar panel) from light. Charging efficiency may be reduced if the face (solar panel) is blocked from light, even partially.



- When you are not wearing the watch, leave it where its face (solar panel) is exposed to bright light for charging.
- To help ensure stable operation, expose the face of the watch to about a half day of direct sunlight each month to about a half day of direct sunlight each month to

### Caution

The case of the watch may become extremely hot when charging. Guard against burn injury.



If timekeeping stops, you will need to expose the watch to light for a number of hours before it will restart.

#### **Power Levels**



 $\left( \blacksquare \ | \ I \right) \quad \text{In the Timekeeping Mode, press } \textcircled{$\mathbb{C}$ to display the battery power indicator.}$ 

 If the battery power indicator shows LO or is not displayed at all, it means that battery power is very low. Expose the watch to bright light for charging as soon as possible.

E-4 E-5

E-6

When turned on, Power Saving enters a sleep state automatically whenever the watch is left for a certain period in an area where it is dark.

Elapsed Time in Dark	Digital Displays	Operation
60 to 70 minutes (display sleep)	Blank	Digital display is disabled, but all functions are enabled.
6 or 7 days (function sleep)	Blank	Hour and minute hands stop at 12 o'clock. All functions are disabled, but timekeeping is maintained.

- The watch will not enter a sleep state between 6:00 AM and 9:59 PM. If the watch is already in a sleep state when 6:00 AM arrives, however, it will remain in the sleep state.
- The watch will not enter a sleep state while it is in the Countdown Timer Mode or Stopwatch Mode

### To recover from the sleep state

Move the watch to a well-lit area, press any button, or angle the watch towards your face for reading.

# Configuring Home City, Time and Date Settings

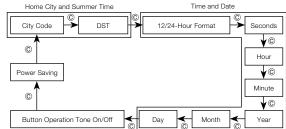
· Configure Home City and summer time settings first. After that, configure time and

To configure Home City, time, and date settings

City code

1. In the Timekeeping Mode, hold down (a) for about two seconds until ADJ is displayed.

2. Press © to move the flashing in the sequence shown below to select a setting.



F-8 F-9

Screen	This setting item:	Operation
TYO	Home City	Use (D) (East) and (B) (West).
ON /OFF	Summer time OFF: Standard time ON: Summer time	Press D.
12H	Toggle between 12-hour (12H) and 24-hour (24H) timekeeping	Press (D).
36	Reset the seconds to <b>00</b> • 30 to 59 seconds: Adds 1 to minutes	Press (D).
10:08	Change the hour or minute	Use () (+) and () (-).
6.30 20 18	Change the year, month, or day	Use (() (+) and ((8) (-).

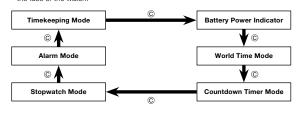
Screen	This setting item:	Operation
REYA / MUTE	Enabling and disabling the button tone KEY♪: ON (enabled) MUTE: OFF (disabled)	Press (D).
PSON / PSOF	Enabling and disabling power saving	Press (D).

4. Press (A) to exit the setting screen.

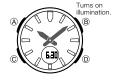
F-10 F-11

### **Mode Selection and Operations**

- Press © to change the mode.
  In any mode (except when a setting screen is on the display), press ® to illuminate the face of the watch.



### Timekeeping Mode



- . (two seconds): Displays setting (Home
- City, time, date, etc.) screen.

  ♠: Changes digital display contents.
  Month, day → second → Hour, minute →

### **Battery Power Indicator**



. The battery power indicator shows you the current power level of the rechargeable battery.

E-12 E-13



- (A) + (B): Swaps Home Time and World Time.
   Holding down (A) for about two seconds will toggle summer time (DST) between on and off.

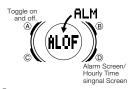
## Countdown Timer Mode



- (A) (two seconds while the start time is displayed): Displays timer time setting screen B, ①: Use to change the selected setting.
   (A): Exits the setting screen.







- (in two seconds): Displays alarm time setting screen.
   (iii): Selects hour or minutes.
   (iiii): Use to change the selected setting.
   (iii): Exits the setting screen.

E-14 E-15

## Misaligned Hands

The analog hands may become misaligned as described below if the watch is exposed to strong magnetism, impact, or other abnormal conditions.

• Analog time and digital time are different from each other If this happens, refer to "Hand Home Position Adjustment" in the Operation Guide available at the CASIO website and adjust the hand alignment.

### **Specifications**

Accuracy at normal temperature: ±30 seconds a month

Timekeeping: Hour, minutes, seconds, p.m. (P), year, month, day, day of the week, alarm countdown
Time format: 12-hour and 24-hour
Calendar system: Full Auto-calendar pre-programmed from the year 2000 to

2099
Other: Home City code (can be assigned one of 48 city codes); Standard Time/
Daylight Saving Time (summer time)
World Time: 48 cities (31 time zones)

Other: Daylight Saving Time/Standard Time

Countdown Timer:
Measuring unit: 1 second
Countdown range: 60 minutes
Setting unit: 1 minute

E-17

## Stopwatch:

Measuring unit: 1/100 second Measuring capacity: 59'59.99" Measuring modes: Elapsed time, split time, two finishes

Alarm: Daily alarm: Hourly Time Signal

Other: Battery power indicator, Power Saving, Button operation tone on/off, LED light (Super illuminator)

night (Super infilmitator)

Power Supply: Solar panel and one rechargeable battery

Approximate battery operating time: 11 months under the following conditions:

Display on 18 hours per day, sleep state 6 hours per day

1 illumination operation (1.5 seconds) per day

10 seconds of alarm operation per day

Frequent use of illumination runs down the battery. Specifications are subject to change without notice.

Sello

City Code Table







# User's Guide 5576

## City Code Table

City Code	City	UTC Offset/ GMT Differential	
PPG	Pago Pago	-11	
HNL	Honolulu	-10	
ANC	Anchorage	-9	
YVR	Vancouver	-8	
LAX	Los Angeles	-8	
YEA	Edmonton	-7	
DEN	Denver	-/	
MEX	Mexico City	-6	
CHI	Chicago	-6	
NYC	New York	-5	
SCL	Santiago	-4	
YHZ	Halifax	1 -4	
YYT	St. Johns	-3.5	
RIO	Rio De Janeiro	-3	
FEN	Fernando De Noronha	-2	

City Code	City	UTC Offset/ GMT Differential
RAI	Praia	-1
UTC		
LIS	Lisbon	0
LON	London	
MAD	Madrid	
PAR	Paris	
ROM	Rome	+1
BER	Berlin	
STO	Stockholm	
ATH	Athens	
CAI	Cairo	+2
JRS	Jerusalem	
MOW	Moscow	+3
JED	Jeddah	+3
THR	Tehran	+3.5

City Code	City	UTC Offset/ GMT Differential
DXB	Dubai	+4
KBL	Kabul	+4.5
KHI	Karachi	+5
DEL	Delhi	+5.5
KTM	Kathmandu	+5.75
DAC	Dhaka	+6
RGN	Yangon	+6.5
BKK	Bangkok	+7
SIN	Singapore	
HKG	Hong Kong	+8
BJS	Beijing	+0
TPE	Taipei	
SEL	Seoul	+9
TYO	Tokyo	+9
ADL	Adelaide	+9.5

City Code	City	UTC Offset/ GMT Differential
	Guam	+10
	Sydney	+10
	Noumea	+11
WLG	Wellington	+12

- This table shows the city codes of this watch (As of July 2017).
  The rules governing global times (UTC offset and GMT differential) and summer time are determined by each individual country.

L-3

Free Manuals Download Website

http://myh66.com

http://usermanuals.us

http://www.somanuals.com

http://www.4manuals.cc

http://www.manual-lib.com

http://www.404manual.com

http://www.luxmanual.com

http://aubethermostatmanual.com

Golf course search by state

http://golfingnear.com

Email search by domain

http://emailbydomain.com

Auto manuals search

http://auto.somanuals.com

TV manuals search

http://tv.somanuals.com