## About This Manual

- The operational procedures for Modules 2735, 3747, and 4772 are identical. All of the illustrations in this manual show Module 2735.
- Button operations are indicated using the letters shown in the illustration.
- This watch does not have a time zone that corresponds to the Greenwich

Mean Time differential of -3.5 hours. Because of this, the radio-controlled timekeeping and World Time functions will not display the correct time fo Newfoundland Canada




- Each section of this manual provides you with the information you need to perform operations in each mode. Further details and technical information can be found in the "Reference" section.


## General Guide

- Press (C) to change from mode to mode.
- In any mode, press (B) to illuminate the display

Alarm Mode
$(\underset{\square}{12}: 172+$



Stopwatch Mode


Radio-controlled Atomic Timekeeping


This watch receives a time calibration signal and updates its time setting accordingly. The time calibration signal (summer time) data.

- This watch is designed to pick up the time calibration signal transmitted from Fort Collins, Colorado (USA). Reception is possible within North America*. *The term "North America" in this User's Guide refers to the area that consists of Canada, the continental United States, and Mexico


## Current Time Setting

This watch automatically adjusts its digital time setting in accordance with a time calibration signal. You can also perform a manual procedure to set the time and date, when necessary.

- The first thing you should do after purchasing this watch is to set your Home City, which is the city where you will normally use the watch. For more information, see "To set your Home City" below.
- When using the watch outside of the range of the transmitter in Fort Collins, you need to manually adjust the time as required. See "Timekeeping" for information about manual settings
- The analog time of this watch is synchronized with the digital time. Because of this, the analog time setting is automatically adjusted whenever you change the digital setting. See "Analog Timekeeping" for more information.
To set your Home City
(A) (a)

City code

1. In the Timekeeping Mode, hold down (A) until the transmitter indicator (UFI) starts to flash, which indicates the setting screen.
2. Press (C) to display the city code setting screen.
3. Use (D) (east) and (B)(west) to select the city code you want to use as your Home City.

- The following are the city codes for major cities in North America.
Lேx: Los Angeles, San Francisco, Las Vegas, Seattle, Vancouver, Tijuana DEFI: Denver, EI Paso, Edmonton, Culiacan EHT: Chicago, Houston, Dallas/Fort Worth,
New Orleans, Winnipeg, Mexico City गYE: New York, Detroit, Miami, Boston, Montreal Note that this watch does not have a city code that corresponds to Newfoundland.

4. Press (A) twice to exit the setting screen.

The first press of (A) displays the $12 / 24$-hour setting
Important!

- Normally, your watch should show the correct time as soon as you select your Home City code. If it does not, it should adjust automatically after the next auto receive operation (in the middle of the night). You can also perform manual receive or you can set the time manually.
- If you are in an area that does not use Daylight Saving Time (summer time), turn off the DST setting.
Time Calibration Signal Reception
There are two different methods you can use to receive the time calibration signal: auto receive and manual receive.
- Auto Receive

With auto receive, the watch automatically picks up the time calibration signal four times a day at 2:00 a.m., 3:00 a.m., 4:00 a.m., and 5:00 a.m. For more information, see "About Auto Receive".

- Manual Receive

Manual receive lets you start a time calibration receive operation with the press of a button. For more information, see "To perform manual receive".

Important!

- Position the watch as shown in the nearby illustration, with its 12 o'clock side facing towards a window. Make sure there are no metal objects nearby.

- The watch should not be on its side or facing the wrong way.
- Proper signal reception can be difficult or even impossible under the conditions listed


Date Alert Mode


- Signal reception is normally better at night than during the day.
- Time calibration signal reception takes from two to six minutes, but in some cases it can take as long as 12 minutes. Take care that you do not perform any button operations or move the watch during this time.

- At distances further than about 600 miles ( 1,000 kilometers) from the transmitter, signal reception may not be possible during certain times of year or times of day. Radio interference may also cause problems with reception.
- Even when the watch is within the reception range of the transmitter, signal reception is impossible if the signal is blocked by mountains or other geologica formations between the watch and signal source.
- Signal reception is affected by weather, atmospheric conditions, and seasona changes.
- See the information under "Signal Receive Troubleshooting" if you experience problems with time calibration signal reception.


## About Auto Receive

When auto receive is turned on, the watch automatically starts to receive the time calibration signal when the digital time in the Timekeeping Mode reaches 2:00 a.m 3:00 a.m., 4:00 a.m., and 5:00 a.m. each day (calibration times).

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Note

- The auto receive operation is performed only if the watch is in the Timekeeping Mode or World Time Mode when one of the calibration times is reached. It is not performed if a calibration time is reached while an alarm is sounding, or while you are configuring settings (while settings are flashing on the display).
Auto receipt of the calibration signal is designed to be performed early in the morning, while you sleep (provided that the Timekeeping Mode time is set correctly) Before going to bed for the night, remove the watch from your wrist, and put it in a location where it can easily receive the signal.
- When auto receive is turned on, the watch receives the calibration signal for two to six minutes everyday when the digital time in the Timekeeping Mode reaches each
of the calibration times. Do not perform any button operation within six minutes of the callibration limes. Do the calibration times. Doing so interfere with before or after any one of the calibration times. Doing so can interfere with correct Remember
digital display. The receive operation will be performed whenever the display shows any one of the calibration times, regardless of whether or not the displayed time is actually the correct time.
- When two, three, or four receptions are successful, the watch uses the data of the last reception for calibration. When only one reception is successful, the watch uses the data of the successful reception


## About the Receiving Indicator

The receiving indicator shows the strength of the calibration signal being received. For best reception, be sure to keep the watch in a location where signal strength is strongest.

$\underset{\text { (Level 1) }}{\text { Weak }}$
$\rightarrow \begin{gathered}\text { Strong } \\ \text { (Level 4) }\end{gathered}$

- Even in an area where signal strength is strong, it takes about 10 seconds for signal reception to stabilize enough for the receiving indicator to indicate signal strength. - Use the receiving indicator as a guide for checking signal strength and for finding the best location for the watch during signal receive operations.
or caling reception of the time calibration signal and calibration of the watch's time setting, the Level 4 receiving indicator will remain on the display in all modes. The Level 4 receiving indicator will not be displayed if signal reception was unsuccessful or after you adjust the current time setting manually.
-The Level 4 receiving indicator is displayed only when the watch is able to successfully receive both time and date data. It does not appear when only time data is received.
The Level 4 receiving indicator indicates that at least one of the auto calibration indicator is cleared from thas successful. Note, however, that the Level 4 receiving the display at 3:00 a.m. each day


## To perform manual receive

1. Place the watch on a stable surface so its top ( 12

Receiving indicator o'clock side) is facing towards a window 2. In the Timekeeping Mode, hold down (D) for about two . Release (D) and we current ti. me flashes to indicate tha

- Time calibration signal reception takes from two to six minutes. Take care that you do not perform any button operations or move the watch during this time. - After signal reception is complete, the display of the watch changes to the Last Signal screen.
Note
- To interrupt a receive operation and return to the Timekeeping Mode, press (D). - If the receive operation is unsuccessful, the message EFFR appears on the display for about one or two minutes. After that, the watch returns to the Timekeeping Mode You can also change from the Last Signal or EFF: screen to the normal timekeeping screen by pressing (D)

To turn auto receive on and off

1. In the Timekeeping Mode, hold down (A) until the transmitter indicator starts to flash, which indicates the
2. Press (C) three times to move the flashing to the auto receive on/off setting.
3. Press (D) to toggle auto receive on (Eff) and off (af). - If the current Home City setting is a city code that place of the on/off indicator. This means you canno turn auto receive on or off.
4. Press (A) twice to exit the setting screen.

- For information about city codes that support signal receive, see "To set your Home City".
To display the digital time and Last Signal screen
- In the Timekeeping Mode, press (A) to cycle through the digital time screens as shown below.
(D) to display the Last Signal screen (indicated by calibration signal reception


Signal Receive Troubleshooting
Check the following points whenever you experience problems with calibration signal reception.

| Problem | Probable Cause | What you should do |
| :---: | :---: | :---: |
| Cannot perform manual receive | - The watch is not in the Timekeeping Mode. <br> - Your current Home City is not one of the following city codes: <br> LAX, DEN, CHI, or NYC. | - Enter the Timekeeping Mode and try again. <br> - Select LAX, DEN, CHI, or NYC as your Home City. |
| Auto receive is turned on, but the Level 4 receiving indicator does not appear on the display. | - You changed the time setting manually. <br> - The watch was not in the Timekeeping or World Time Mode, or you performed some button operation during the auto receive operation. <br> - Even if receive is successful, the Level 4 receiving indicator disappears every day at 3 am . <br> - Time data (hour, minutes, seconds) only was received during the last receive operation. The Level 4 receiving indicator appears only when time data and date data (year, month, day) are both received. | - Perform manual signal receive or wait until the next auto signal receive operation is performed. <br> - Check to make sure the watch is in a location where it can receive the signal. |
| Time setting is incorrect following signal reception. | - If the time is one hour off, the DST setting may be incorrect. <br> - The Home City code setting is not correct for the area where you are using the watch. | - Change the DST setting to Auto DST. <br> - Select the correct Home City code. |

- For further information, see "Important!" under "Time Calibration Signal Reception" and "Radio-controlled Atomic Timekeeping Precautions".


## World Time

Current time in the
selected city code
(4)(

The World Time shows the current time in 30 cities ( 29
If the current time the world.
If the current time shown for a city is wrong, check your changes.
The watch will perform a signal receive operation even if it is in the World Time Mode when a calibration time is reached. If this happens, the World Time Mode time settings will be adjusted in accordance with the Timekeeping Mode's Home City time.
All of the operations in this section are performed in the
World Time Mode, which you enter by pressing (C).
To view the time in another city
While in the World Time Mode, press (D) to scroll through the city codes (time zones). - For full information on city codes, see the "City Code Table".

To toggle a city code time between Standard Time and Daylight Saving Time 1. In the World Time Mode, use (D) to display the city code (time zone) whose Standard Time/Daylight Saving Time old down (A) to togange.
displayed) and Standard Daylight Saving Time (DST Note that you cannot use the World Time displayed). change the DST setting of the Home City code you currently have selected in the Timekeeping Mode. See "To change the Daylight Saving Time (summer time) setting" for information about turning the Home City code DST setting on and off.

- The DST indicator is on the display whenever you display a city code for which Daylight Saving Time is turned on.
- Note that the DST/Standard Time setting affects only the currently displayed city code. Other city codes are not affected.


## Alarms



The Alarm Mode gives you a choice of four one-time alarms and one snooze alarm. One of the one-time larms functions as a "target alarm," which counts the time maining from the current Home City time to the target aso use th
so Alarm Mode to turn the Hourly Time Signal
There are five alarms named FL I, FLE, FLSE,TFL
 snooze alarm only. Alarms $\operatorname{mL} E, F L E$, and fal. can be used as one-time alarms only. Alarm settings (and Hourly Time Signal settings) are available in the Alarm Mode, which you enter by pressing (C).

1. In the Alarm Mode, use (D) to scroll through the alarm screens until the one whose time you want to set is displayed.

2. After you select an alarm, hold down (A) until the hour setting of the alarm time starts to flash, which indicates the setting screen.
3. Use (C) to move the flashing between the hour and minute settings.
4. While a setting is flashing, use (D) $(+)$ and (B) $(-)$ to change it.

- When setting the alarm time using the 12 -hour format, take care to set the time correctly as a.m. (no indicator) or p.m. (P indicator).


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5. Press (A) to exit the setting screen

With the target alarm (ThL...), the time starts to countdown as soon as you set the alarm time.


Target Alarm Screen
Alarm Operation
The alarm tone sounds at the preset time for 10 seconds, regardless of the mode the watch is in. In the case of the snooze alarm, the alarm operation is performed a total of seven times, every five minutes, or until you turn the alarm off.
The target alarm counts the time remaining from the current Home City time to the target alarm time. Note that the target alarm repeats automatically each day, as long as it is turned on. You need to turn off the target alarm to disable it.

- Performing any one of the following operations during

Performing one of the current
Displaying the snooze alarm setting screen
To test the alarm
In the Alarm Mode, hold down (D) to sound the alarm
To turn an alarm on and off


1. In the Alarm Mode, use (D) to select an alarm 2. Press (A) to toggle it on and off.

- Turning on a one-time alarm (HL. $1, F L=, H L E$,

ThL. ) displays the alarm on indicator on its Alarm Mode screen. Turning on the snooze alarm ( $\Xi \sqrt[H]{ }$ ) displays the alarm on indicator and snooze alarm indicator on its Alarm Mode screen.
Snooze alarm indicator Modules 2735 and 4772 Alarm on indicator
 alarm that is currently turned on When the for any alarm is on, the snooze alarm indicator is displayed in splayed in all

- The alarm on indicator flashes while the alarm is
- The snooze alarm indicator flashes during the 5 -minute intervals between alarms.

Snooze alarm indicator
Module 3747
To turn the Hourly Time Signal on and off


Hourly time signal on indicator on indicato
Modules 2735 and 4772

## Date Alert

Date Alert helps you to remember an important date. After you set an alert date Date Alert helps you to remember an important date. After you set an alert date
(month and day), a date alert indicator (!) and the current date flash for 24 hours after the alert date arrives in the Timekeeping Mode. You can set up to five different date alerts.


Date Alert Mode Screen
(Month - Day)


Date alert
indicator
Timekeeping Mode Screen
(Current date does not flash if digital time is displayed on the Timekeeping Mode screen.)
To set the alert date


1. Use (C) to enter the Date Alert Mode.
2. Use (D) to scroll through the alert screens until the one whose date you want to set is displayed.

3. After you select an alert, hold down (A) until the month setting of the alert date starts to flash, which indicates the setting screen
4. Press (C) to move the flashing between the month and day settings. 5. While the month or day setting is flashing, use (D) $(+)$ and (B) $(-)$ to change it. 6 . Press (A) to exit the setting screen.

To turn an alert on and off


Time Recorder
Current time
(Hour: Minutes)


Standby Screen
The Time Recorder Mode lets you store up to 30 time entries (month, day, hour, minutes) with the touch of a button. One way you can use the ned Recorder Mode is record
All
All of the operations in this section are performed in the Time Recorder Mode, which you enter by pressing (C).
record a Time Recorder time

- Co to enter the Time Recorder Mode.
- This displays the Time Recorder standby screen.

2. Press (D) to record the current date and time (month, day, hour, minutes). - The recorded time flashes for about two seconds and then assigned the next available record number, in the range of $T 1$ through $T=0$. Next the time recorder - A new time is rappears. display.

- Records are assigned numbers sequentially from $T 1$ through $T=0$
- Storing a new time record when there are already 30 records stored in memory automatically deletes record $T 1$, shifts the remaining records upwards by 1 , and stores the new record as TEO.

To recall Time Recorder times

1. In the Time Recorder Mode, press (A) to recall Time Recorder times.

In the Time Recorder Mode, press $(A)$ to recall Time Recorder times.

- If there are no time recorder times currently in memory, the standby screen remains on the display when you press (A).

2. Use (D) to scroll through times stored in memory.

$$
\begin{aligned}
& \begin{array}{l}
\text { Recorded time } \\
\text { (Hour: Minutes) }
\end{array}
\end{aligned}
$$

- Each press of (D) scrolls through time records from higher numbered (newer) records to lower numbered records.
- If you recorded a new Time Recorder time since you last entered the Time Recorder Mode, the newest record appears first. If you have not recorded a new time, the record you were viewing when you last exited the Time Recorder Mode appears first. - Press (A) to return to the standby screen

To delete all Time Recorder times
Enter the Time Recorder Mode. While holding down (A), press (D) to delete all Time Recorder times.

Stopwatch
The stopwatch lets you measure elapsed time, split times,
and two finishes.

- The display range of the stopwatch is 59 minutes, 59.99
seconds.
- The stopwatch continues to run, restarting from zero
after it reaches its limit, until you stop it.
Exiting the Stopwatch Mode while a split time is frozen
on the display clears the split time and returns to
elapsed time measurement.
- The stopwatch measurement operation continues even
if you exit the Stopwatch Mode.
- All of the operations in this section are performed in the
Stopwatch Mode, which you enter by pressing (C).

To measure times with the stopwatch


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## Timekeeping

Use the Timekeeping Mode to set and view the current time and date. This section also explains how to manually set the current date and time.

- All of the operations in this section are performed in the Timekeeping Mode, which you can enter by pressing ©


Setting the Digital Time and Date Manually
Make sure you select your Home City code before you change the current time and date settings. World Time Mode times are all displayed in accordance with the correct if you do not select the proper Home City code before setting the time and date in the Timekeeping Mode.
To set the current digital time and date manually

1. In the Timekeeping Mode, hold down (A) until the
(A)

2. Use (C) to display the transmitter screen

The transmitter indicator that appears indicates whether the currently selected Home City code is one that supports time calibration signal reception
This indicator: $\quad$ Means this:

| This indicator: | Means this: |
| :---: | :---: |
| $\frac{60}{6}$ | The currently selected Home City code supports signal reception. |
| -- | The currently selected Home City code does not support signal reception. |

4. Use (C) and (A) to select the other time and date settings, and change the settings as described below.
5. When the setting you want to change is flashing, use (B) and/or (D) to change it as described below.

| Screen: | To do this: | Do this: |
| :---: | :---: | :---: |
| $\mathrm{MrE}^{ \pm}$ | Change the city code | Use (D) (east) and (B) (west). |
| $\underbrace{\text { or }}$ | Cycle between Daylight Saving Time (II), Standard Time (TFF), and Auto DST (Fi) | Press (D). |
| $\mathrm{F}^{\mathrm{O}}$ | Toggle between auto receive on (Eff) and off (Ef) | Press (D). |

- See "City Code Table" for a complete list of available city codes. Time/Date Settings

| Screen: | To do this: | Do this: |
| :---: | :---: | :---: |
|  | Toggle between 12-hour ( 1 EH ) and 24-hour ( $\ddagger 4$ - 4 ) timekeeping | Press (D). |
| $1098$ | Reset the seconds to 0.0 | Press (D). |
|  | Change the hour or minutes | Use ( D) (+) and (B) (-). |
|  | Change the month, day, or year | Use ( ${ }^{\text {( }}(+)$ and (B) $(-)$. |

6. Use (A) to exit the setting screen.

If a tansmitter/city setting screen is displayed, press (A) twice.
once
When you exit andorically to match the digital time Seeping" for more information

## Note

- Auto DST (Fi) can be selected only whileHH, HNE, LAX, DEN, THT, or MYE is selected as the Home City code. For more information, see "Daylight Saving Time (DST)" below.
The auto receive setting is used for time calibration signal reception only. See "About Auto Receive" for details.


## Daylight Saving Time (DST)

Daylight Saving Time (summer time) advances the time setting by one hour from Standard Time. Remember that not all countries or even local areas use Dayligh The time calibration signal transmitted from Fort Collins includes both Standard Time and DST data. When the Auto DST setting is turned on, the watch switches between Standard Time and DST (summer time) automatically in accordance with the received time signal.

- The default DST setting is Auto DST (F) whenever you select HH:L. HHE, LFX, DEM, HT , or ME as your Home City code.
- If you experience problems receiving the time calibration signal in your area, it is probably best to switch between Standard Time and Daylight Saving Time (summer time) manually.

To change the Daylight Saving Time (summer time) setting

1. In the Timekeeping Mode, hold down (A) until the transmitter indicator starts to
2. In the Timekeeping Mode, hold down (A)
flash, which indicates the setting screen.
3. Press (C) twice to display the DST setting screen.
4. Use (D) to cycle through the DST settings in the sequence shown below.

5. When the setting you want is selected, press (A) twice to exit the setting screen.

## Analog Timekeeping

The analog time of this watch is synchronized with the digital time. The analog time setting is adjusted automatically whenever you change the digital time.
Note

- The hands for the analog timepiece move to adjust to a new setting whenever any of the following occurs.
When you change the digital time setting manually
When the digital time setting is changed by time calibration signal reception
When you change the Home City code and/or DST setting
- If the analog time does not match the digital time for any reason, use the procedure described under "To adjust the analog time" to match the analog setting to the digital setting.
Whenever you need to adjust both the digital and the analog time settings manually, make sure you adjust the digital setting first.
- Depending on how much the hands have to move in order to adjust to the digital
time, it may take some time before the analog hands stop moving.
To adjust the analog time
 the Hand Setting Mode
. Hold down (A) until the current digital time starts
flash, which indicates the setting screen.

3. Use © (D)
described below. described below.

| When you want to do this: | Perform this button operation: |
| :--- | :--- |
| Move the hand setting forward <br> 20 seconds | - Press (D). |
| Move the hand setting back <br> 20 seconds | - Press (B). |
| Move the hand setting a short <br> way forward at high speed | - Hold down (D). <br> - Release (D) when the hands reach the setting <br> you want. |
| Move the hand setting a short <br> way back at high speed | - Hold down (B). <br> - Release (B) when the hands reach the setting <br> you want. |
| Move the hand setting a long <br> way forward at high speed | - While holding down (D) to move the hands at <br> high-speed, press (B) to lock the high-speed <br> hand movement. <br> - Press any button when the hands are close to <br> the setting you want. |
| - Hand movement stops automatically if the hour <br> hand makes one full (12-hour) revolution. |  |
| may back at high speed |  |

4. Press (A) to exit the setting screen.

- The minute hand will be adjusted slightly to match the seconds when you exit the setting screen.
- To return to the Timekeeping Mode, press (C).


## Reference

This section contains more detailed and technical information about watch operation It also contains important precautions and notes about the various features and functions of this watch.

## Auto return features

- If you leave the watch in the Alarm (except for the target alarm screen explained on "To set an alarm time"), Date Alert or Hand Setting Mode for two or three minutes without performing any operation, it automatically changes to the Timekeeping Mode.
- If you leave the watch with a flashing setting on the display for two or three minutes without performing any operation, it automatically saves any settings you have made up to that point and exits the setting screen.


## Scrolling

The (B) and (D) buttons are used in various modes and setting screens to scroll through data on the display. In most cases, holding down these buttons during a scrol operation scrolls through the data at high speed.

## Initial Screens

When you enter the World Time, Alarm, or Date Alert Mode, the data you were viewing when you last exited the mode appears first.

## Radio-controlled Atomic Timekeeping Precautions

- Strong electrostatic charge can result in the wrong time being se
- The time calibration signal is bounced off the ionosphere. Because of this, such ionosphere to higher altitudes due to seasonal atmospheric changes or the time the day may change the reception range of the signal and make reception temporarily day may change the reception range of the signal and make
Even if the the time setting to be off by up to one second.


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- The current time setting in accordance with the time calibration signal takes priority over any time settings you make
- The watch is designed to automatically update the date and day of the week for the period January 1, 2000 to December 31, 2039. Setting of the date by the time calibration signal cannot be performed starting from January 1, 2040.
- This watch can receive signals that differentiate between leap years and non-leap years.
- Though this watch is designed to receive both time data (hour, minutes, seconds) and date data (year, month, day), certain signal conditions can limit reception to time data only.
- Normally, the signal reception date shown by the Last Signal screen is the date data included in the received time calibration signal. When only time data is received, however, the Last Signal screen shows date as kept in the Timekeeping Mode at the time of signal reception.
- If you are in an area where proper time calibration signal reception is impossible, the watch keeps time within $\pm 20$ seconds a month at normal temperature
- If you have problems with proper time calibration signal reception or if the time setting is wrong after signal reception, check your current city code, DST (summer time), and auto receive settings. The following are the initial factory defaults for these
settings. settings.

| Setting | Initial Factory Default |  |
| :--- | :--- | :--- |
| City code | NTE | (New York) |
| DST (summer time) | Fi <br> DST | (Auto switching) |
|  | Auto receive | Rf: |
|  | (Auto receive) |  |

## Timekeeping

- Resetting the seconds to 0 while the current count is in the range of 30 to 59 causes the minutes to be increased by 1 . In the range of 00 to 29 , the seconds are reset to or without changing the minutes.
- The day of the week is automatically displayed in accordance with the date (year, month, and day) settings.
-The year can be set in the range of 2000 to 2039
- The watch's built-in full automatic calendar makes allowances for different month lengths and leap years. Once you set the date, there should be no reason to change it except after you have the watch's battery replaced.
- The current time for all city codes in the Timekeeping Mode and World Time Mode is calculated in accordance with the Greenwich Mean Time (GMT) differential for each city, based on your Home City time setting.
- GMT differential is calculated by this watch based on UTC* data.
*The letters "UTC" stands for "Universal Time Coordinated," which is the world-wide scientific standard of timekeeping. It is based upon carefully maintained atomic (cesium) clocks that keep time accurately to within microseconds. Leap seconds are added or subtracted as necessary to keep UTC in sync with the Earth's rotation. The reference point for UTC Greenwich, England.

12-hour/24-hour Timekeeping Formats
The 12-hour/24-hour timekeeping format you select in the Timekeeping Mode is also applied in all other modes.

- With the 12-hour format, the $\mathbf{P}$ (PM) indicator appears on the display for times in the range of noon to 11:59 p.m. and no indicator appears for times in the range of - Widnight to 11:59 a.m
 indicator 24 indicates the 24 -hour format
illumination Precautions
The watch has an EL (electro-luminescent) panel that causes the entire display to glow for easy reading in the dark. In any mode, press (B) to illuminate the display for
The electro-luminescent panel that provides illumination loses power after very long use.
- Illumination may be hard to see when viewed under direct sunlight.
- The watch may emit an audible sound whenever the display is illuminated. This is due to vibration of the EL panel used for illumination, and does not indicate
- llumination tu
lilu

City Code Table

| City | City | GMT Differenti | Other major cities in same time zone |
| :---: | :---: | :---: | :---: |
|  |  | -11.0 | Pago Pago |
| HNL | Honolulu | -10.0 | Papeete |
| ANC | Anchorage | -09.0 | Nome |
| LAX | Los Angeles | -08.0 | San Francisco, Las Vegas, Vancouver, Seattle/Tacoma, Dawson City, Tijuana |
| DEN | Denver | -07.0 | El Paso, Edmonton, Culiacan |
| CHI | Chicago | -06.0 | Houston, Dallas/Fort Worth, New Orleans, Mexico City, Winnipeg |
| NYC | New York | -05.0 | Montreal, Detroit, Miami, Boston, Panama City, Havana, Lima, Bogota |
| CCS | Caracas | -04.0 | La Paz, Santiago, Port Of Spain |
| RIO | Rio De Janeiro | -03.0 | Sao Paulo, Buenos Aires, Brasilia, Montevideo |
|  |  | -02.0 |  |
| --- |  | -01.0 | Praia |
| GMT |  |  | Dublin, Lisbon, Casablanca, Dakar, Abidjan |
| LON | London | +00.0 |  |
| PAR | Paris | +01.0 | Milan, Rome, Madrid, Amsterdam, Algiers, Hamburg, |
| BER | Berlin | +01.0 |  |
| ATH | Athens | +02.0 | Helsinki, Istanbul, Beirut, Damascus, Cape Town |
| JRS |  |  | Cape Town |
| JED | Jeddah | +03.0 | Kuwait, Riyadh, Aden, Addis Ababa, Nairobi, Moscow |
| THR | Tehran | +03.5 | Shiraz |
| DXB | Dubai | +04.0 | Abu Dhabi, Muscat |
| KBL | Kabul | +04.5 |  |
| KHI | Karachi | +05.0 | Male |
| DEL | Delhi | +05.5 | Mumbai, Kolkata, Colombo |
| DAC | Dhaka | +06.0 |  |
| RGN | Yangon | +06.5 |  |
| BKK | Bangkok | +07.0 | Jakarta, Phnom Penh, Hanoi, Vientiane |
| HKG | Hong Kong | +08.0 | Singapore, Kuala Lumpur, Beijing, Taipei, Manila, Perth, Ulaanbaatar |
| SEL | Seoul | +09.0 | Pyongyang |
| TYO | Tokyo | +09.0 |  |
| ADL | Adelaide | +09.5 | Darwin |
| SYD | Sydney | +10.0 | Melbourne, Guam, Rabaul |
| NOU | Noumea | +11.0 | Port Vila |
| WLG | Wellington | +12.0 | Christchurch, Nadi, Nauru Island |

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