















Keep this manual for future reference. If you sell or give away this trailer, make sure you give this manual to the new owner. Tell them to read the instructions completely.
















# RIDE N STRIDE

**WARNING: This Owners Manual contains Assembly, Operation and Maintenance instructions. Read entire Owners Manual before assembling and pulling children in the trailer.**

## OPERATING INFORMATION

-  **WARNING:** Avoid serious injury, always wear seat belts.
-  **WARNING:** Secure children in seat belts. Never leave children unattended.
-  **WARNING:** Accessories or parcels placed in or around trailer may cause it to become unstable.
-  **WARNING:** The unit may become unstable if manufacturer's directions are not followed.
-  **WARNING:** Never allow children to fold, assemble or disassemble unit.
-  **WARNING:** Don't let children play with the trailer/stroller or give rides to others.
-  **WARNING:** Don't use trailer/stroller at night.
-  **WARNING:** Always use approved helmets on children.
-  **WARNING:** Never use trailer/stroller near stairs.
-  **WARNING:** When towing, always be aware of traffic around you.
-  **WARNING:** Tie trailer/stroller down when transporting.
-  **WARNING:** Not for use with children under one year of age.

## SAFE "TOWING" TIPS

-  **WARNING:** Make sure your bike's brakes are in top condition. Braking distance will be longer than normal when pulling bike trailer.
-  **WARNING:** Remember that the bike trailer is much wider than your bike, so you must allow more clearance when approaching obstacles such as curbs, rocks, signposts, parked cars, etc.
-  **WARNING:** Children should always be securely strapped in and wearing approved helmets.
-  **WARNING:** Install rear view mirror on your bike to check on bike trailer and occupants.
-  **WARNING:** Always use safety flag when towing bike trailer.
-  **WARNING:** Always signal your turn.
-  **WARNING:** Avoid sudden or sharp turns.
-  **WARNING:** When using with one child, the maximum weight of the child is 50 pounds. Not intended for adult use.
-  **WARNING:** Not for use with children under the age of 12 months. Children should be able to support the weight of their heads on their own.
-  **WARNING:** Use extra caution when turning on uneven pavement.
-  **WARNING:** Not for use at high speeds. Do not exceed 10 MPH.
-  **WARNING:** Use extra caution when going up and down hills.
-  **WARNING:** Keep tire pressure at 30-35 PSI.
-  **WARNING:** On cool days, dress children appropriately and make sure they stay warm. A child's temperature can fall if you're riding in the wind.
-  **WARNING:** Always use safety flag.

# IMPORTANT

Read and follow these Safety Rules and Assembly Instructions before operating your trailer/stroller. If you have any questions concerning the safe use of this product, contact InSTEP, LLC at 1-800-242-6110, M-F, 8:00am - 5:00pm CST or visit our web site at [www.instep.net](http://www.instep.net) or Email us at [info@instep.net](mailto:info@instep.net) before using.

## MAINTENANCE AND CLEANING

- Step 1.** Fabric seat and canopy can be hand washed with mild soap and a damp cloth or sponge and then air dry.
- Step 2.** After one hour of use, recheck all fasteners to make sure they are secure.
- Step 3.** Periodically recheck all fasteners.

## RIDE N STRIDE TRAILER PARTS LIST

<u>Qty.</u>	<u>Description</u>	<u>Qty.</u>	<u>Description</u>
1	Allen Head Wrench (4mm)	1	8" Front Wheel Assembly
2	1/4" x 2 1/4" Allen Head Machine Screw	1	Front Wheel Mounting Pin
2	1/4" Nylon Locknuts	1	Handle Bar with 2 Quick Release Pins
2	1/4" Washers	1	Wrist Strap
2	Plastic Nylon Bushings	1	Two-in-One Canopy and Raincover
1	Complete Frame and Fabric	1	Safety Flag
2	20" Rear Wheels		

### IMPORTANT!

Tires are shipped uninflated. Please inflate to 30-35 PSI.

**Don't Go Back to the Store!** We appreciate your purchase of one of our many fine products. We are sure that you will be satisfied with your selection. We regret that although great care and effort have been taken, occasionally problems may occur. To ensure prompt and correct handling of any problems, or to answer any questions, please contact us on our Toll-Free Customer Service Number listed below. Service will be quicker if you have your model number (found on carton) and assembly instructions ready when calling. If neither are available, please know the model name which is usually printed somewhere on the product.

**If you have any questions concerning the safe use of this product, please call InSTEP at:**

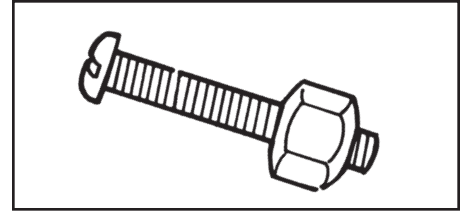
**1-800-242-6110**

Press "1" for Customer Service and then "2" to speak with a representative.

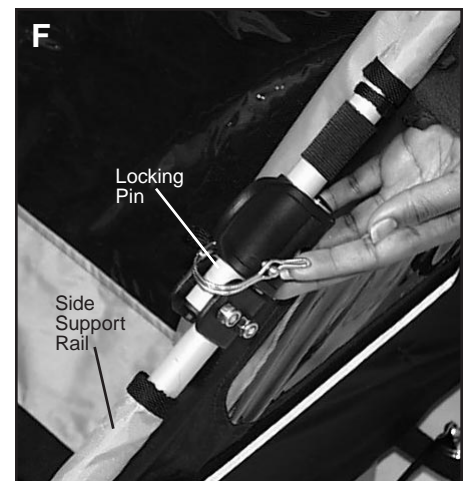
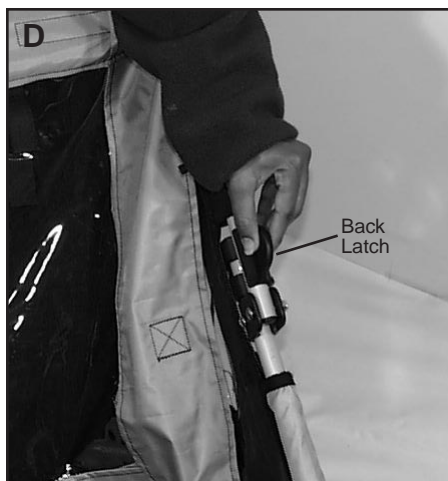
# TRAILER/STROLLER ASSEMBLY

## To attach axle to shell

**WARNING:** This product uses nylon lock nuts to help eliminate loosening of fasteners from vibration of trailer/stroller. When tightening lock nuts, the bolts must extend through the nuts completely.



**Step 1.** Place folded frame on floor with seat portion facing up (Figure A). Standing behind the trailer/stroller lift up on the top of the canopy (Figures B and C). Next, lock the two black latches into place by locking them on the side rails (Figure D). Insert locking pin through hole in the frame and the black latch (Figure E). Finally, lock loop end over the end of the pin (Figure F).

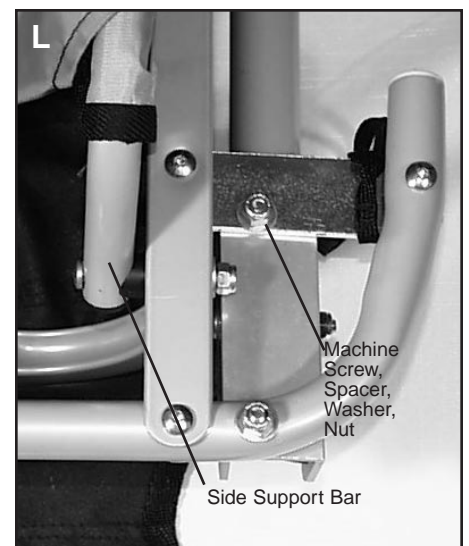
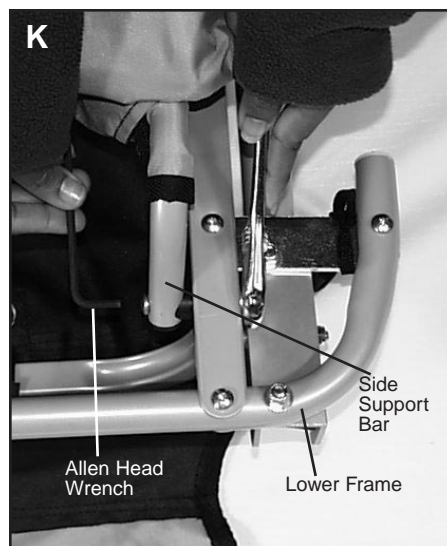
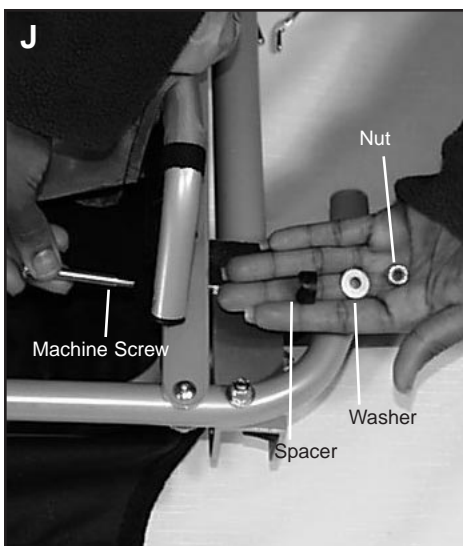
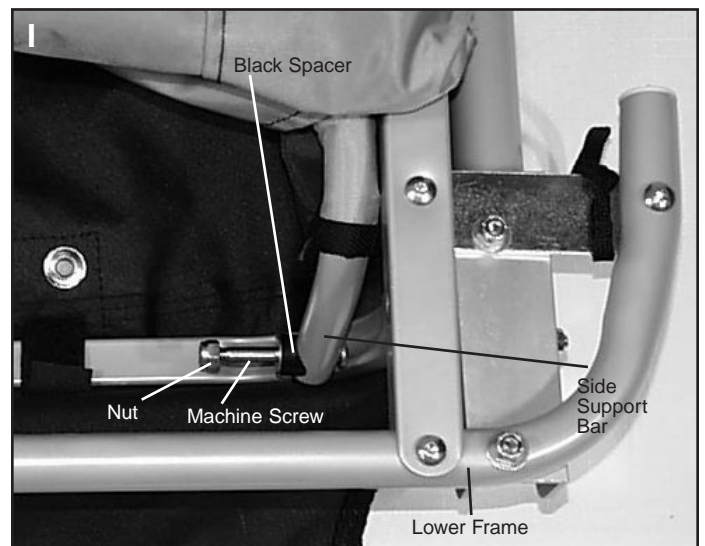


# FRAME ASSEMBLY

**Step 2.** Undo the two buckles on the sides and at the front end of the trailer/stroller (Figure G). Then fold down fabric to expose the framing (Figure H). Machine screw, nut, spacer and washer will be attached to the side support rails (Figure I). Undo the machine screw, nut, spacer and washer from the side support rails (Figure J). Insert machine screw on the inside of the side support rail and push through the holes in the side support rails. Once the machine screw has extended through the side support rail, attach the black spacer.

**Note:** the curved side will be against the side support rail and the flat side of the spacer will be against the lower frame. Next, insert the machine screw through the lower frame.

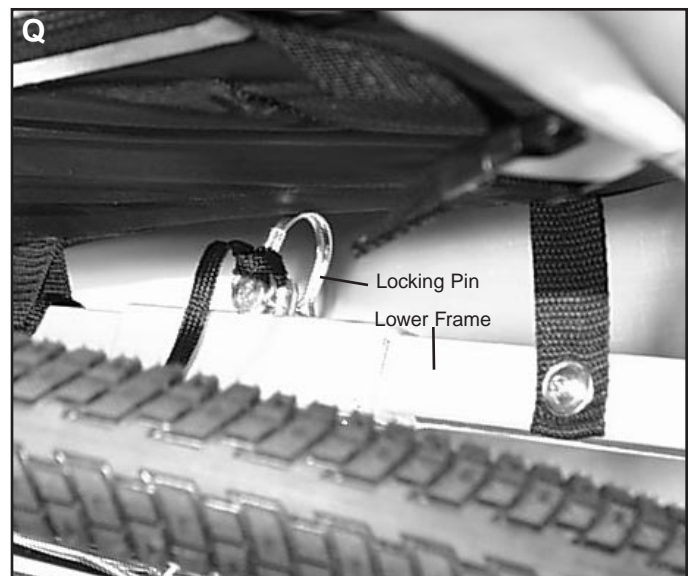
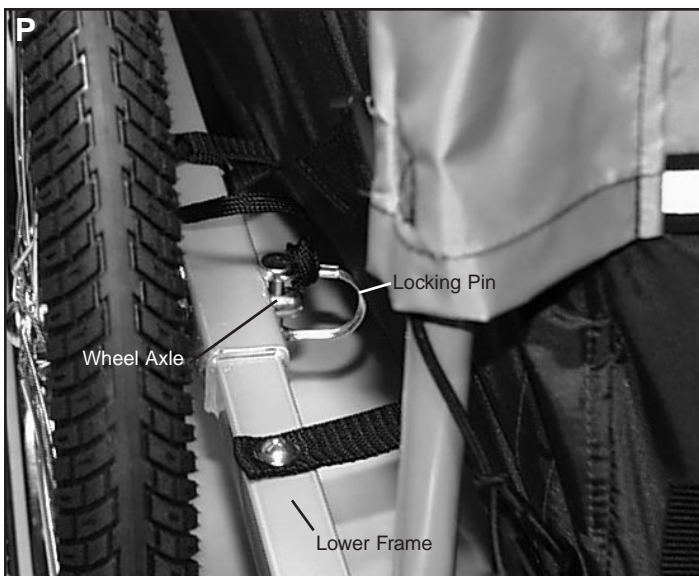
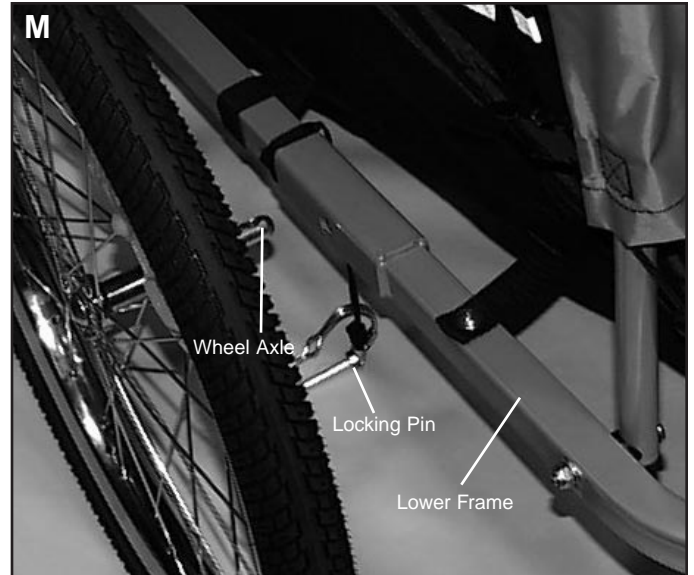
Then, put the washer over the machine screw on the outside of the lower frame and tighten down locknut (Figure K). Repeat this for the other side. The assembly should be as follows: machine screw, spacer, washer and locknut (Figure L).





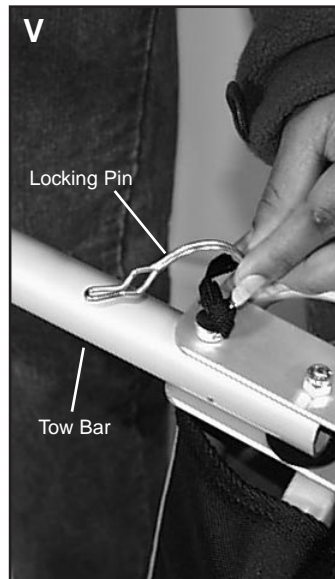
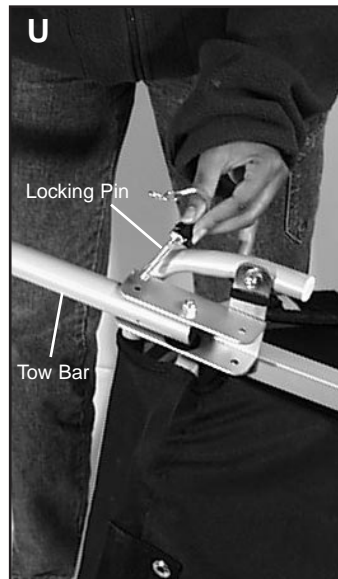
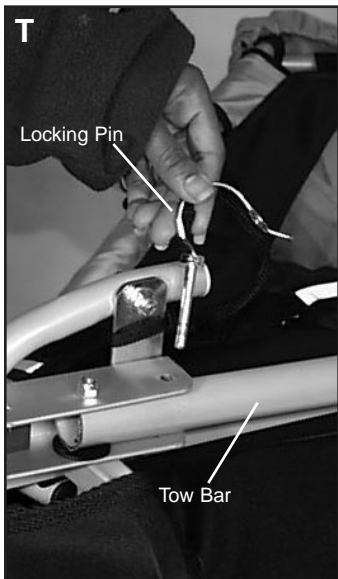
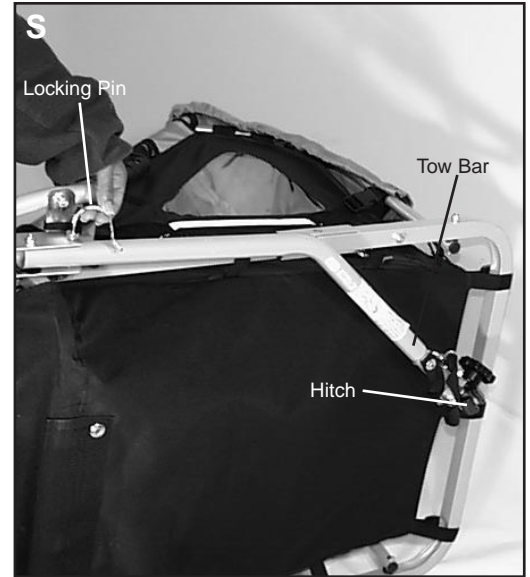
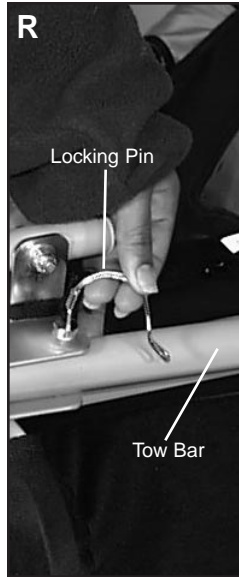
# WHEEL ASSEMBLY

**Step 3.** To attach rear wheels, line up the hole in the frame with the axle on the rear wheel (Figure M). Then, insert the axle through the hole on the frame (Figure N). Then, insert locking pin through the hole in the axle (Figure O). Then, lock the loop end over the other end of the pin (Figure P and Q). Repeat for other side of the trailer/stroller.




# TOW BAR ASSEMBLY

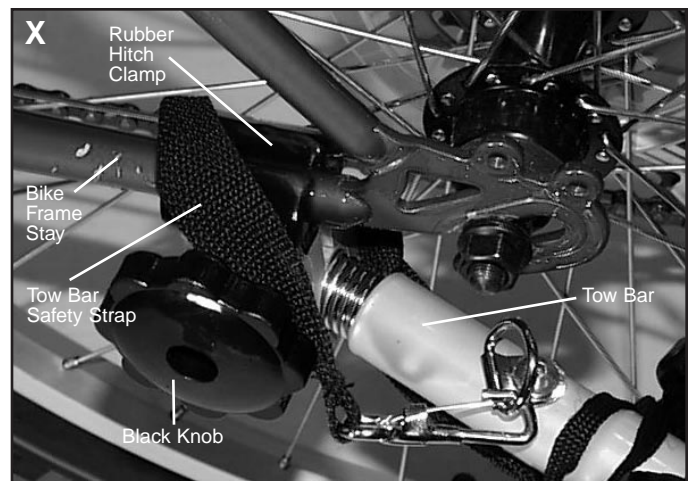
**Step 4.** To unfold tow bar, undo locking pin that is already inserted in the frame and the tow bar (Figures R and S). Remove locking pin from the frame and the tow bar (Figure T). Rotate the tow bar forward so the hitch is at the front of the trailer/stroller (Figure U). To lock tow bar in place re-insert the locking pin back through the set of holes in the tow bar and the frame (Figure V). Lock the loop end of the locking pin over the other end (Figure W).



## TO ATTACH TO BICYCLE

**Step 5.** Open the rubber hitch clamp on the tow bar by turning the black knob counter clockwise. Slide rubber hitch clamp under the horizontal frame on the bicycle. This is the side opposite the chain. Tighten black knob clockwise until secured. Wrap tow bar safety strap around horizontal frame stay and clip to metal ring on tow bar (Figure X).

 **WARNING:** You must install the tow bar safety strap around stay on bicycle frame and lock it in place.



# PROPER USE OF SEAT BELTS

**WARNING:** Avoid serious injury, always use seat belts.

**Please Note:** For the following instructions see Figure Y.

- Step 1.** To place child in seat, undo front and side Velcro, pull flap all the way up, and drape over rollbar.
- Step 2.** Place children in seat. Snap the lap belt together over the children's lap. Please note that there is one lap belt for both children. Make sure belt is adjusted to fit snugly.
- Step 3.** Place set of shoulder harnesses over shoulder of each child and clip the hook end of shoulder harness by pulling the strap on harness. You can adjust the crotch strap length according to the size of the child. Make sure the connection of the crotch strap to the shoulder harness is located near the child's stomach. You do not want the crotch strap too high on the child's chest.
- Step 4.** When using with one child, you must place the child in the center of the seat. Attach lap strap across child. There is a crotch belt for the center position. Take the two shoulder harnesses in the center of the seat and clip into the center crotch strap. Make sure crotch strap comes up between child's legs. Adjust belts for a snug fit.



- Step 5.** When not in use, always hook crotch strap to shoulder harnesses so belts will not drag on ground. Adjust center crotch strap too.
- Step 6.** Be sure to securely fasten canopy over front end of trailer/stroller. Your trailer/stroller comes with a mesh front and rain shield. The mesh front must always be down to protect your child from objects that may fly up from your rear bicycle wheel. Protect your child in inclement weather by rolling rain shield down.

## FOR TRANSPORTATION OR STORAGE OF TRAILER/STROLLER

- Step 1.** Remove hitch from bicycle by turning knob counter clockwise. Unclip tow bar safety strap (Figure X).
- Step 2.** Remove quick release tow bar pin. Flip the tow bar 180 degrees so it is resting underneath the trailer/stroller. Reattach quick release tow bar pin (Figures R thru W).
- Step 3.** Remove rear wheels. Remove locking pins from axle on the rear wheels (Figure O).
- Step 4.** Fold trailer by removing locking pins from black latches. Unclip the black latches and push the top of the trailer/stroller to fold down completely (Figures E and F).
- Step 5.** Remove flag by sliding it from the Two-in-One Canopy and Raincover. If necessary, disassemble flag for storage.
- Step 6.** Be sure to keep this manual handy for reassembly.



 **WARNING:**

When you reassemble your trailer for use, make sure you follow prior assembly instructions. Follow and review all safety rules and warnings to make sure your trailer is safe for use.

 **WARNING:**

**Minimum size:** Children must be at least one year old and be able to hold their head up on their own. Check with your child's doctor to make sure your child has developed enough to be given rides in this product. Children must be old enough to wear an approved bicycle helmet.

 **WARNING:**

**Maximum size:** 50 pounds per child or total of 100 pounds for two children, including accessories. Not for use by children over 50 pounds. Immediately replace worn out or broken straps. All children must wear approved bicycle helmets. Never use a car seat or infant seat in the trailer/stroller. Never leave children unattended. Never use at night.

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**1-800-242-6110**

8am-5pm CST, Monday-Friday,

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