

ALPINE TRAINER



Our Alpine Trainer offers the benefits of traditional elliptical trainers with the added advantage of our rope-&-pulley system, which makes the Alpine Trainer a complete elliptical trainer. With its independent brake system, the Alpine Trainer, provides the ultimate torso training along with all the benefits of elliptical training. The Alpine Trainer is the world's first independent dual action elliptical trainer. The Extended Motion™ technology offers the most ergonomic sequence of movement of any elliptical trainer on the market. The independent dual resistant systems enables the Alpine Trainer to offer the most effective total body workout.



- Cardio Fitness computer with high resolution LCD display featuring various training and goal settings and recovery feature

- Individually controlled manual resistance for both lower body elliptical motion as well as upper body resistance
- Heart rate measured by either ear lobe clip or included wireless Polar® T34 heart rate transmitter
- Smooth gliding Rope Pulley System provide optimum upper body and torso workout
- Extended Motion Technology™ offers a longer stride(19") , from integrated gliding footplates, than typically found on compact home models
- Sturdy powder coated, ergonomically formed tubing frame with transport castors and levelers
- KETTLER® 45 lbs Drive System offers a smooth, fluid and effortless glide that provides an ultra low impact training session
- Individually controlled manual resistance in both elliptical and skiing motion



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