

HealthTrainer®

840EL



- Total body cross-training works all your major muscle groups and burns more calories
- Ergonomically correct handlebars for a great upper body workout

Self powered convenience – cordless for use anywhere
Reliable belt-drive system – smooth and quiet performance
Programs – 12 including 2 heart rate control programs
Console – large, easy to operate
Displays – time, speed, distance, RPM, calories, heart rate and watts
EKG pulse grips – provides accurate heart rate information
Heavy duty construction – provides long durable use
Front transport wheels – easy to move

| Model | 840EL |
|---------------------|-----------------|
| Frame Style | Elliptical |
| Resistance | Magnetic |
| Electronics | 2 Window LCD |
| Preset Programs | 10 |
| Heart Rate Programs | 2 |
| EKG Pulse Grips | Yes |
| User Capacity | 300 lbs |
| Warranty: Frame | Lifetime |
| Warranty: Parts | 2 years |
| Warranty: Labor | 1 year |
| Dimensions (L,W,H) | 80" x 26" x 65" |

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