



**NOTE:** Use and care instructions for the lower oven are provided in a separate manual.

### **KitchenAid**

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In the U.S.A. for assistance or service, call the Consumer Assistance Center:

1-800-422-1230

In Canada for assistance or service, see page 57.

# KITCHENAID\* Upper Microwave Ovens with Broil Element

PART NO. 4451400

# Models: KEMS377D KEMS307D

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# ${\mathcal A}$ Note to You

# Thank you for buying a KITCHENAID\* appliance!

KitchenAid designs the best tools for the most important room in your house. To ensure that you enjoy many years of trouble-free operations, we developed this Use and Care Guide. It contains valuable information concerning how to operate and maintain your new appliance properly and safely. Please read it carefully.

Also, please complete and mail the enclosed Product Registration Card.

# Please record your model's information.

If you need assistance or service, first see the "Troubleshooting" section of this book. After checking "Troubleshooting," additional help can be found by checking the "Requesting Assistance or Service" section.

When calling, you will need to know your appliance's complete model number and serial number. You can find this information on the model and serial number plate (see diagram in the "Getting to Know" section).

Keep this book and the sales slip together in a safe place for future reference. You must provide proof of purchase or installation date for in-warranty service.

Model Number
Serial Number
Purchase/ Installation Date
Builder/Dealer Name
Address
Phone

# Microwave Oven Safety

# Your safety and the safety of others is very important.

We have provided many important safety messages in this manual and on your appliance. Always read and obey all safety messages.



This is the safety alert symbol.

This symbol alerts you to hazards that can kill or hurt you and others.

All safety messages will be preceded by the safety alert symbol and the word "DANGER" or "WARNING." These words mean:

# ADANGER

# AWARNING

You <u>will</u> be killed or seriously injured if you don't follow instructions.

You <u>can</u> be killed or seriously injured if you don't follow instructions.

All safety messages will identify the hazard, tell you how to reduce the chance of injury, and tell you what can happen if the instructions are not followed.

# **IMPORTANT SAFETY INSTRUCTIONS**

When using electrical appliances basic safety precautions should be followed, including the following:

**WARNING:** To reduce the risk of burns, electric shock, fire, injury to persons, or exposure to excessive microwave energy:

- Read all instructions before using the microwave oven.
- Read and follow the specific "PRE-CAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY" found in this section.
- The microwave oven must be grounded. Connect only to properly grounded outlet. See "GROUNDING INSTRUCTIONS" found at the end of this section.
- Install or locate the microwave oven only in accordance with the provided Installation Instructions.
- Some products such as whole eggs in the shell and sealed containers – for example, closed glass jars – may explode and should not be heated in the microwave oven.

- Use the microwave oven only for its intended use as described in this manual. Do not use corrosive chemicals or vapors in the microwave oven. This type of oven is specifically designed to heat, cook, or dry food. It is not designed for industrial or laboratory use.
- As with any appliance, close supervision is necessary when used by children.
- Do not operate the microwave oven if it has a damaged cord or plug, if it is not working properly, or if it has been damaged or dropped.
- The microwave oven should be serviced only by qualified service personnel. Call an authorized KitchenAid service company for examination, repair, or adjustment.
- Do not cover or block any openings on the microwave oven.
- Do not store the microwave oven outdoors. Do not use the microwave oven near water – for example, near a kitchen sink, in a wet basement, or near a swimming pool, and the like.

# ${\mathcal M}$ icrowave Oven Safety



- Do not immerse cord or plug in water.
- Keep cord away from heated surfaces.
- Do not let cord hang over edge of table or counter.
- · See door surface cleaning instructions in the "Caring for Your Microwave Oven" section.

### For microwave ovens with a ventilating hood:

- Clean Ventilating Hoods Frequently Grease should not be allowed to accumulate on hood or filter.
- When flaming foods under the hood, turn the fan off. The fan, if operating, may spread the flame.
- Use care when cleaning the vent-hood filter. Corrosive cleaning agents, such as lye-based oven cleaners, may damage the filter.

- To reduce the risk of fire in the oven cavity:
  - Do not overcook food. Carefully attend the microwave oven if paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking.
  - Remove wire twist-ties from paper or plastic bags before placing bag in oven.
  - If materials inside the oven should ignite, keep oven door closed, turn oven off, and disconnect the power cord, or shut off power at the fuse or circuit breaker panel.
  - Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils, or food in the cavity when not in use.
  - Do not mount over a sink.
  - Do not store anything directly on top of the microwave oven when the microwave oven is in operation.

# – SAVE THESE INSTRUCTIONS –

# PRECAUTIONS TO AVOID **POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY...**

- (a) Do not attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.
- (b) Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- (c) Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the:
  - (1) Door (bent),
  - (2) Hinges and latches (broken or loosened).
  - (3) Door seals and sealing surfaces.
- (d) The oven should not be adjusted or repaired by anyone except properly qualified service personnel.



# **Electrical requirements**

Observe all governing codes and ordinances. A 120 Volt, 60 Hz, AC only, 15 amp fused electrical supply is required. (A time-delay fuse is recommended.) It is recommended that a separate circuit serving only this appliance be provided.

# AWARNING



Electrical Shock Hazard Plug into a grounded 3 prong outlet. Do not remove ground prong. Do not use an adapter. Do not use an extension cord. Failure to follow these instructions can result in death, fire, or electrical shock.

# **GROUNDING INSTRUCTIONS**

For all cord connected appliances: The microwave oven must be grounded. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electric current. The microwave oven is equipped with a cord having a grounding wire with a grounding plug. The plug must be plugged into an outlet that is properly installed and grounded.

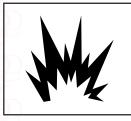
**WARNING:** Improper use of the grounding can result in a risk of electric shock.

Consult a qualified electrician or serviceman if the grounding instructions are not completely understood, or if doubt exists as to whether the microwave oven is properly grounded. Do not use an extension cord. If the power supply cord is too short, have a qualified electrician or serviceman install an outlet near the microwave oven.

For a permanently connected appliance: This appliance must be connected to a grounded, metallic, permanent wiring system, or an equipment grounding conductor should be run with the circuit conductors and connected to the equipment grounding terminal or lead on the appliance.

# Getting to Know Your Microwave Oven

This section discusses the concepts behind microwave cooking. It also shows you the basics you need to know to operate your microwave oven. Please read this information before you use your oven.



# **AWARNING**

**Explosion Hazard** 

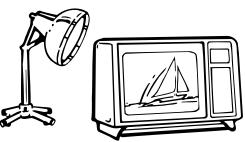
Do not store flammable materials such as gasoline near the microwave oven.

Doing so can result in death, explosion, or fire.

# How your microwave oven works

**Microwave ovens are safe.** Microwave energy is not hot. It causes food to make its own heat, and it's this heat that cooks the food.

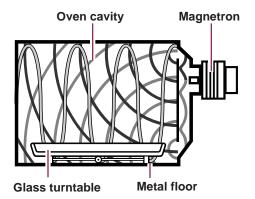
Microwaves are like TV waves or light waves. You cannot see them, but you can see what they do.



**A magnetron** in the microwave oven produces microwaves. The microwaves move into the oven where they contact food as it turns on the turntable.

Your microwave oven has the KITCHENAID\* patented Double Emission System, which releases microwaves from two locations (one above food and one at bottom of food). Because the microwaves enter the oven at two different times, a third wave of microwaves is created. This gives you uniform cooking.

The glass turntable of your microwave oven lets microwaves pass through. Then they bounce off a metal floor, back through the glass turntable, and are absorbed by the food.



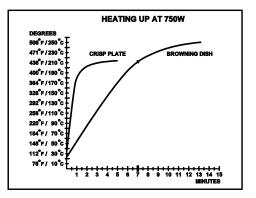
# continued on next page

# Getting to Know Your Microwave Oven

**Microwaves** pass through most glass, paper, and plastics without heating them so food absorbs the energy. Microwaves bounce off metal containers so food does not absorb the energy.

Microwaves do heat the CRISPWARE\* Crisper Pan, however. The rubberized pad on the bottom of the Crisper Pan is made of a special material which absorbs microwaves. This heats the pan very rapidly, browning and crisping the bottom of the food.

**The Crisper Pan** reaches 436°F (210°C) in about 2 minutes (faster than a browning dish) and stays at that temperature. The bottom coating of the Crisper Pan is designed to stop absorbing microwaves at 436°F (210°C), which is the best temperature for frying.

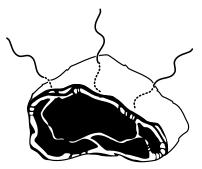


**Microwaves** may not reach the center of a roast. The heat spreads to the center from the outer, cooked areas just as in regular oven cooking. This is one of the reasons for letting some foods (for example, roasts or baked potatoes) stand for a while after cooking, or for stirring some foods during the cooking time.

The microwaves disturb water molecules in the food. As the molecules bounce around bumping into each other, heat is made, like rubbing your hands together. This is the heat that does the cooking.

Although your CRISPWARE microwave oven cooks this way also, the Double Emission System allows microwaves to reach the center of the food more easily. This results in faster cooking.

**NOTE:** Do not deep fry in the oven. Microwavable cookware is not suitable and it is difficult to maintain appropriate deep frying temperatures.



# Getting to Know Your Microwave Oven



# For the best cooking results

- Always cook food for the shortest cooking time recommended. Check to see how the food is cooking. If needed, touch the easy minute pad while the oven is operating or after the cooking cycle is over (see the "Using EASY MINUTE" section).
- Stir, turn over, or rearrange the food being cooked about halfway through the cooking time for all recipes. This will help you make sure food is cooked evenly.
- NOTE: Some cycles may have to be reset if you have interrupted the cycle.

# **Radio interference**

Using your microwave oven may cause interference to your radio, TV, or similar equipment. When there is interference, you can reduce it or remove it by:

- Cleaning the door and sealing surfaces of the oven.
- Adjusting the receiving antenna of the radio or television.

# Testing your microwave oven

To test the oven put about 1 cup of cold



water in a glass container in the oven. Close the door. Make sure it latches. Follow the directions in the "Cooking at high cook power" section to

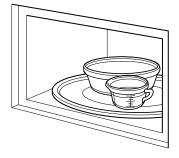
set the oven to cook for 2 minutes. When the time is up, the water should be heated.  If you do not have a cover for a dish, use wax paper or microwave-approved paper towels or plastic wrap. Turn back a corner of the plastic wrap to vent steam during cooking.

- Moving the receiver away from the microwave oven.
- Wiring the microwave oven into a different circuit so that the microwave oven and receiver are on different branch circuits.



# Testing your dinnerware or cookware

Test dinnerware or cookware before using. To test a dish for safe use, put it into the oven with a cup of water beside it. Cook at 100% cook power for one minute. If the dish gets hot and water stays cool, do not use it. Some dishes (melamine, some ceramic dinnerware, etc.) absorb microwave energy, becoming too hot to handle and slowing cooking times. Cooking in metal containers not designed for microwave use could damage the oven, as could containers with hidden metal (twist-ties, foil lining, staples, metallic glaze or trim).



# **Operating safety precautions**

Never cook or reheat a whole egg inside the shell. Steam buildup in whole eggs may cause them to burst and burn you, and possibly damage the oven. Slice hard-boiled eggs before heating. In rare cases, poached eggs have been known to explode. Cover poached eggs and allow a standing time of one minute before cutting into them.

For best results, stir any liquid several times before heating or reheating. Liquids heated in certain containers (especially containers shaped like cylinders) may become overheated. The liquid may splash out with a loud noise during or after heating or when adding ingredients (coffee granules, tea bags, etc.). This can harm the oven and possibly injure someone.

**Never** lean on the door or allow a child to swing on it when the door is open. Injury could result.





Stir before heating



# Getting to Know Your Microwave Oven

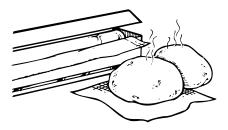


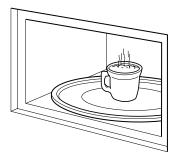
Use hot pads. Microwave energy does not heat containers, but heat from the food can make the container hot.

**NOTE:** Heat from the broil element will cause container and oven parts to become hot. Also, the Crisper Pan always becomes very hot when used. Use oven mitts when touching containers, oven parts, and pan after broiling to prevent burns.

Do not overcook potatoes. Fire could result. At the end of the recommended cooking time, potatoes should be slightly firm because they will continue cooking during standing time. After microwaving, wrap potatoes in foil and set aside for 5 minutes. They will finish cooking while standing.

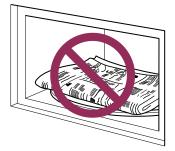
Do not start a microwave oven when it is empty. Product life may be shortened. If you practice programming the oven, put a container of water in the oven. It is normal for the oven door to look wavy after the oven has been running for a while.





**Do not** use newspaper or other printed paper in the oven. Fire could result.

Do not dry flowers, fruit, herbs, wood, paper, gourds, or clothes in the oven. Fire could result.



# Getting to Know Your Microwave Oven

**Do not** try to melt paraffin wax in the oven. Paraffin wax will not melt in a microwave oven because it allows microwaves to pass through it.

**Do not** operate the microwave oven unless the glass turntable is securely in place and can rotate freely. The turntable can rotate in either direction.

Make sure the turntable is correct-side up in the oven. Carefully place the cookware on your turntable to avoid possibly breaking it.

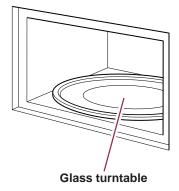
Make sure support base is all the way on the shaft in oven cavity floor. Make sure support rollers are completely inside center circle of turntable for proper rotation.

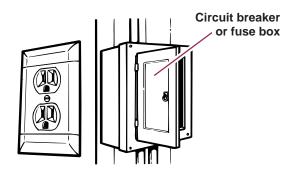
Handle your turntable with care when removing it from the oven to avoid possibly breaking it. If your turntable cracks or breaks, contact your appliance dealer for a replacement.

# **Electrical connection**

If your electric power line or outlet voltage is less than 110 volts, cooking times may be longer. Have a qualified electrician check your electrical system.

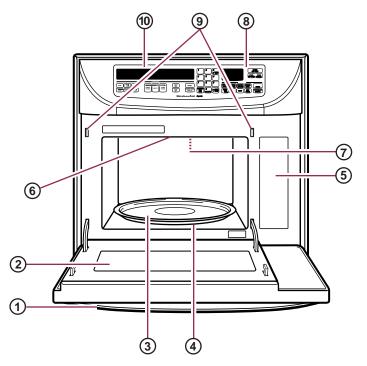








# Microwave oven features



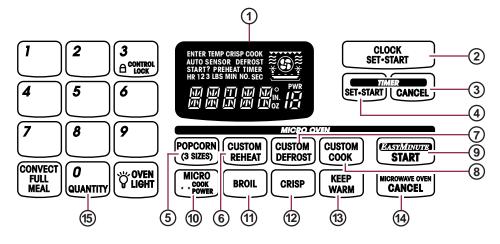
Your microwave oven is designed to make your cooking experience as enjoyable and productive as possible. To help get you up and running quickly, the following is a list of the oven's basic features:

- 1. Door Handle.
- Window with Metal Shield. Shield prevents microwaves from escaping. It is designed as a screen to allow you to view food as it cooks.
- 3. Glass Turntable. This turntable turns food as it cooks for more even cooking. It must be in the oven during operation for best cooking results. See pages 7, 12, 47, and 52 for more details.
- 4. Removable Turntable Support (under turntable).
- 5. Cook Guide Label.
- 6. Light. Automatically turns on when door is opened or when oven is operating.

- 7. Quartz Broil Element (hidden in ceiling). This element is used for the CRISP and BROIL functions. It is in a special computer-designed compartment that helps focus heat from the element onto the food. The quartz broil element is better than traditional broil elements because it gets hotter faster. And it is not in your way when you are cleaning the oven. See pages 40 to 42 for more information.
- 8. Microwave Oven Control Panel. Touch pads on this panel to perform all functions. See pages 14 to 15 for more information.
- 9. Door Safety Lock System. The oven will not operate unless the door is securely closed.
- 10. Lower Oven Control Panel. See Lower Oven Use and Care Guide for more information.

**NOTE:** For information on the utensils that come with your microwave oven, see "Utensils" on page 16.

# **Control panel features**



Your microwave oven control panel lets you select the desired cooking function quickly and easily. All you have to do is touch the necessary Command pad. The following is a list of all the Command and Number pads located on the control panel. The function explanations on pages 17 to 43 use Command pads.

You can also make cooking function choices by using Code pads. Code pads are Number pads used to select a cook power, food setting, or quantity. For more information about using Number pads as Code pads, see "Using code pads" on page 44.

- 1. **Display.** This display includes indicators to tell you cooking time settings, temperatures, and cooking functions selected.
- 2. CLOCK SET•START. Touch this pad to enter the correct time of day. See page 17 for more information.
- 3. TIMER CANCEL. Touch this pad to cancel the Minute Timer. See page 18 for more information.
- TIMER SET•START. Touch this pad to set the Minute Timer. See page 18 for more information.
- **5. POPCORN.** Touch this pad to pop popcorn in your microwave oven. The oven will automatically cook at a preset cook power and time. See page 34 for more information.

- 6. CUSTOM REHEAT. Touch this pad to reheat food at a preset cook power and time. See page 26 for more information.
- CUSTOM DEFROST. Touch this pad to thaw frozen food by weight. See page 31 for more information.
- 8. CUSTOM COOK. Touch this pad to cook foods at a preset cook power and time. See page 35 for more information.
- 9. EASY MINUTE/START. Touch this pad to start a function you have set (see next page). You can also use it to cook for 1 minute at 100% cook power or to add an extra minute to your cooking cycle (see page 19 for more information).
- **10. MICRO.** Touch this pad before entering a cooking time when setting a second or third cycle in multi-cycle cooking. See page 22 for more information.
- **11. BROIL.** Touch this pad to broil with the broil element. See page 42 for more information.
- **12. CRISP.** Touch this pad to crisp precooked pizza and other dough-based foods. Use it also for baking and for frying bacon and eggs, sausages, etc. See page 40 for more information.





- **13. KEEP WARM.** Touch this pad to keep hot, cooked food safely warm in your microwave oven for up to 99 minutes. KEEP WARM can be used by itself, or it can automatically follow a cooking cycle. See page 39 for more information.
- 14. MICROWAVE OVEN CANCEL. Touch this pad to cancel a function. See next column for more information.
- 15. Number Pads. Touch Number pads to enter cooking times and temperatures and to choose special settings.

### NOTES:

- If you touch one Command pad and then want to choose another Command pad in the same cycle, you must press CANCEL first.
- If you attempt to enter unacceptable instructions three tones will sound. Touch CANCEL and re-enter the instructions.

# Audible signals

Audible signals are available to guide you when setting and using your oven:

- A programming tone will sound each time you touch a pad.
- Four tones signal the end of a cooking cycle or the Minute Timer countdown.

# Choosing cooking function settings

The cooking functions discussed in the "Getting to Know Your Microwave Oven" and "Microwave Cooking" sections use Command pads to choose cooking function settings. Another way to choose cooking function settings is by using Code pads. Code pads are Number pads used to select a cook power, food settings, or quantities. Food setting charts found in the "Using CUSTOM REHEAT," Using CUSTOM DEFROST," and "Using CUSTOM COOK" sections list only Code pads for food settings. The charts in "Using code pads" in the "Cooking with CRISP and BROIL" section list all the available Code pads.

# Interrupting cooking

You can stop the oven during a cycle by opening the door. The oven stops heating and the fan stops, but the light stays on. To restart cooking for all cycles, close the door and





If you do not want to continue cooking:

 Close the door and the light goes off OR

• TOUCH





# **Utensils**

Your microwave oven comes with two useful cooking utensils. Please review this chart to become familiar with their use.



AWARNING

Burn Hazard Use oven mitts when removing broiling grid and CRISPWARE\* Crisper Pan.

Use Crisper Pan handle when removing Crisper Pan.

Failure to do so can result in burns.

UTENSIL	HOW TO USE IT
Broiling Grid	Use for faster browning of small amounts of food. Place the broiling grid securely on the turntable. Using the broiling grid will put food close to the broil element.
CRISPWARE Crisper Pan	Use to give foods such as pizza and pies a nice crisp, brown bottom surface. Do not place any other utensils on the Crisper Pan since the pan quickly becomes very hot and can cause damage to the utensil. Always use the turntable as support for the Crisper Pan.
Crisper Pan Handle	The Crisper Pan is designed specifically for use with the patented Double Emission System in this oven. <b>Do not use Crisper Pan in any other</b> <b>microwave oven or in a thermal oven.</b> The Crisper Pan is dishwasher safe. <b>NOTE:</b> Only use wooden or plastic cooking utensils on the Crisper Pan to prevent scratches.

# Pan order chart

12<sup>1</sup>/<sub>4</sub>" x 1" Crisper Pan P.N. 4375191 11<sup>1</sup>/<sub>2</sub>" x 1" Crisper Pan P.N. 4378131 11" x 1<sup>%</sup>" Baking Pan P.N. 4378132 To order additional Crisper or Baking Pans, see the chart above. Then call 1-800-422-1230 and follow the instructions and telephone prompts you hear.

### OR

Use the CRISPWARE order card included with your Use and Care Guide.

Getting to Know Your Microwave Oven



# Setting the clock

To set time:

When your microwave oven is first plugged in or after a power failure, the colon and time of day will flash for 5 minutes. "PF" will show on the lower oven Temperature Display until any pad is touched.

# NOTES:

- You can only set the clock when the lower oven and the microwave oven are not cooking food and when the Minute Timer is not counting down.
- You can clear the time of day from the Display by touching and holding CLOCK SET•START for 5 seconds. Touch CLOCK SET•START to see the time of day again.
- 1. Choose the clock. TOUCH **YOU SEE** ENTER CLOCK TIME SET•START  $\Box$   $\Box$   $\Box$   $\Box$ 2. Enter time of day. TOUCH **YOU SEE** Example for 5:30: 5 TIME 3 0 QUANTITY 3. Complete entry. TOUCH **YOU SEE** CLOCK SET•START 5:30 OR **EASYMINUTE** START



# **Using the Minute Timer**

**NOTE:** You can use other Command pads while the Minute Timer is counting down.

1. Choose the Minute Timer.

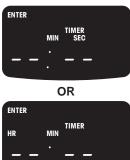
**NOTE:** The Timer does not start or stop the microwave oven. It works like a regular kitchen timer. It can be set in hours and minutes up to 99 hours and 59 minutes, or in minutes and seconds up to 99 minutes and 59 seconds.

# TOUCH



minutes and seconds OR twice for hours and minutes

### YOU SEE



**2. Enter time to be counted down.** Example for 10 minutes:



# YOU SEE



# 3. Start countdown.

When countdown ends:

Four tones will sound and repeat every minute until you touch the Timer Cancel

pad. This will clear the Display.



YOU SEE



(display shows time counting down)

### YOU SEE



To cancel any time:



*TIMER* CANCEL





(time of day)

Getting to Know Your Microwave Oven



# **Using EASY MINUTE**

EASY MINUTE lets you cook food for 1 minute at 100% cook power or add an extra minute to your cooking cycle. You can also use it to extend cooking time in multiples of 1 minute, up to 99 minutes.

# NOTES:

- To extend cooking time in multiples of 1 minute, touch EASY MINUTE during cooking.
- You can enter EASY MINUTE only after closing the door.
- You can use EASY MINUTE with all timed cooking.
- If the door has been opened during cooking, you can restart cooking by closing the door and touching EASY MINUTE/START.

# 1. Make sure food is in oven and door is closed.

# 2. Choose setting.

Example for one minute:

# TOUCH



once

### YOU SEE



### **YOU SEE**



When cooking time ends:

Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

# **Microwave Cooking**

This section gives you instructions for operating each microwave function. Please read these instructions carefully.

# Cooking at high cook power

# 1. Put food in oven and close the door.

# 2. Set cooking time.

Example for 1 minute, 30 seconds: **NOTE:** During setup, if you want to change the cooking time you have entered, you must touch four digits. For example, to change 1 minute and 30 seconds to 1 minute and 45 seconds, touch Number pads 0, 1, 4, and 5.

# 

TOUCH





# 3. Start oven.

### NOTES:

- If you want to add more time during cooking use EASY MINUTE. See "Using EASY MINUTE" in the "Getting to Know Your Microwave Oven" section for more information.
- If you want to change the cooking time after cooking has started, touch MICRO and enter the new cooking time within 5 seconds.

When cooking time ends: Four tones will sound.

### TOUCH

QUANTITY

0



# YOU SEE



(oven automatically cooks at high cook power/display counts down time)

### YOU SEE



### **4.** After cooking, open the door OR Four tones will repeat every minute until you open the oven door or touch the

you open the oven door or touch the Cancel pad. This will clear the display.

### TOUCH



# YOU SEE



(time of day)

Microwave Cooking



# Cooking at different cook powers

For best results, some recipes call for different cook powers. The lower the cook power, the slower the cooking. Each Number pad also stands for a different percentage of cook power. Many microwave cookbook recipes tell you by number. percent, or name which cook power to use.

The following chart gives the percentage of cook power each Number pad stands for, and the cook power name usually used. It also tells you when to use each cook power. Follow recipe or food package instructions if available.

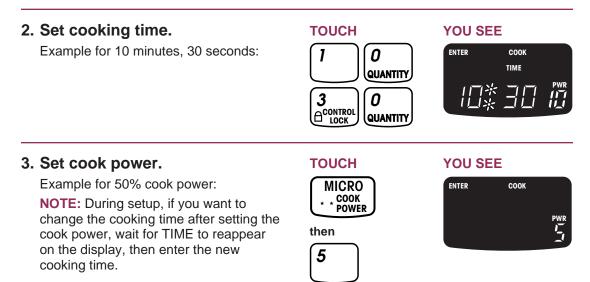
COOK POWER	NAME	WHEN TO USE IT
10=100% of full power	High	<ul> <li>Quick heating many convenience foods and foods with high water content, such as soups and beverages</li> </ul>
		<ul> <li>Cooking small tender pieces of meat, ground meat, poultry pieces, fish fillets, and vegetables</li> </ul>
9=90% of full power		Heating cream soups
8=80% of full power		<ul> <li>Heating rice, pasta, or casseroles</li> </ul>
7=70% of full power	Medium-High	<ul> <li>Cooking and heating foods that need a cook power lower than high (for example, whole fish and meat loaf) or when food is cooking too fast</li> </ul>
		<ul> <li>Reheating a single serving of food</li> </ul>
6=60% of full power		<ul> <li>Cooking requiring special care, such as cheese and egg dishes, pudding, and custards</li> </ul>
		<ul> <li>Finishing cooking casseroles</li> </ul>
5=50% of full power	Medium	<ul><li>Cooking ham, whole poultry, and pot roasts</li><li>Melting chocolate</li></ul>
4=40% of full power		<ul><li>Simmering stews</li><li>Heating pastries</li></ul>
3=30% of full power	Medium-Low, Defrost	<ul> <li>Defrosting foods, such as bread, fish, meats, poultry, and precooked foods</li> </ul>
2=20% of full power		<ul> <li>Softening butter, cheese, and ice cream</li> </ul>
1=10% of full power	Low	<ul><li>Keeping food warm</li><li>Taking chill out of fruit</li></ul>

**NOTE:** For information on which cook powers and cooking times you need for specific foods, see the "Microwave cooking chart" in the "Cooking Guide" section.

### continued on next page



# 1. Put food in oven and close the door.



### 4. Start oven.

### NOTES:

- If you want to add more time during cooking use EASY MINUTE. See "Using EASY MINUTE" in the "Getting to Know Your Microwave Oven" section for more information.
- If you want to change cooking time after cooking has started, touch MICRO and enter the new cooking time within 5 seconds.

When cooking time ends:

Four tones will sound.

### TOUCH







(display counts down time)

### YOU SEE







5. After cooking, open the door OR Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

**Cooking in stages** 

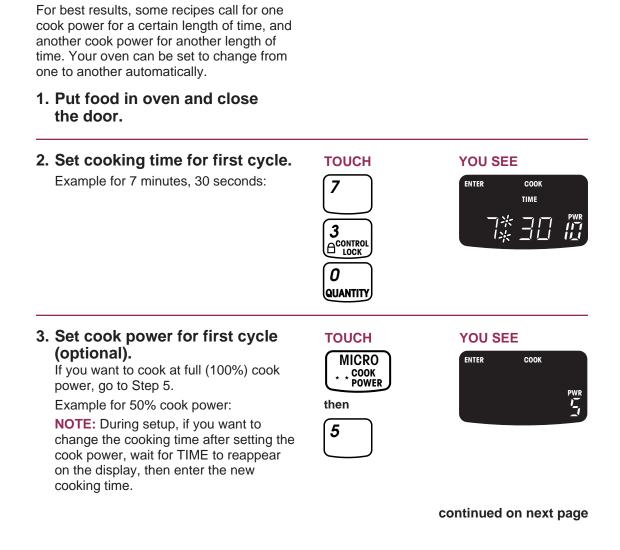
### TOUCH



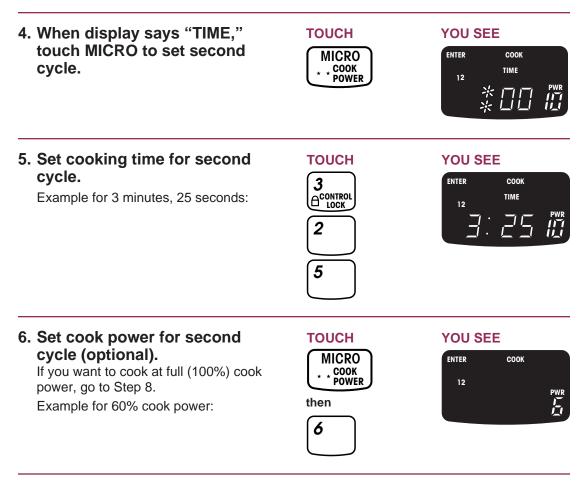
### **YOU SEE**



(time of day)







# 7. Repeat Steps 4 to 6 above for third cycle (optional).

# Microwave Cooking



# 8. Start oven.

One short tone will sound between cycles. NOTES:

- If you want to add more time during cooking use EASY MINUTE. See "Using EASY MINUTE" in the "Getting" to Know Your Microwave Oven" section for more information.
- During any Micro cooking stage, you can change the cooking time after touching START. Simply touch MICRO and enter the new cooking time within 5 seconds.

When cooking time ends:

Four tones will sound.

### TOUCH



### YOU SEE



(display counts down cooking time in each cycle, starting with first cycle)

# **YOU SEE**



9. After cooking, open the door OR Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

# TOUCH



# **YOU SEE**



(time of day)



# **Using CUSTOM REHEAT**

Your microwave oven automatically reheats food. You do not have to enter times or temperatures.

**NOTE:** If you want to manually reheat using a cook time and cook power see "Reheating chart" in the "Cooking Guide" section.

# Summary of steps for setting CUSTOM REHEAT

- 1. Touch CUSTOM REHEAT.
- 2. Touch CUSTOM REHEAT again to scan and select reheat food settings.
- Touch QUANTITY to scan and select available quantity settings.

# Custom reheat chart

CODE	FOOD SETTING	QUANTITY
1	Dinner Plate	1 to 2 servings
2	Bread	1 to 6 slices
3	Meats	1 to 6 servings
4	Cheese Dip	1 to 3 cups
5	Soups	1 to 4 cups
6	Sauce	1 to 3 cups
7	Pizza	1 to 2 servings
8	Beverage	SERVING TEMPERATURE
	<ul> <li>Coffee</li> </ul>	Warm
	• Tea	Hot
	<ul> <li>Hot Chocolate</li> </ul>	Very Hot



ENTER

REHEAT NO.

continued on next page



- 1. Put food in oven and close door.
- 2. Touch CUSTOM REHEAT. TOUCH **YOU SEE** ENTER CUSTOM REHEAT REHEAT 3. Choose food setting. TOUCH **YOU SEE** Keep touching CUSTOM REHEAT until CUSTOM the food that you are cooking appears REHEAT REHEAT on the display. <u>PL ATE</u> Example for Dinner Plate (Setting 1): once NOTE: To choose the desired food code, see the Cooking Guide Label on the front frame of the oven or the "Custom reheat chart" earlier in this section. After 3 seconds: **YOU SEE** NOTE: You can disable or enable the ENTER Quantity pad prompt. See the "Using help REHEAT NO prompts" section for more information. After 1 second: **YOU SEE**

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# 4. Enter food quantity.

Example for 2 servings:

Touch Start pad or wait 5 seconds for oven to start automatically.

If you have chosen any of settings 4, 5,

or 6, four tones will sound in the middle

"STIR" for 5 seconds. You can then stir food if desired. To restart the cycle you must close the door and touch the

of the cycle and the display will show

The remaining time will count down:



**EASYMINUTE** 

START

TOUCH

QUANTITY

0





### **YOU SEE**



### **YOU SEE**



### YOU SEE



# 5. After reheating, open the door

When reheating time ends: Four tones will sound.

Start pad.

Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

# TOUCH

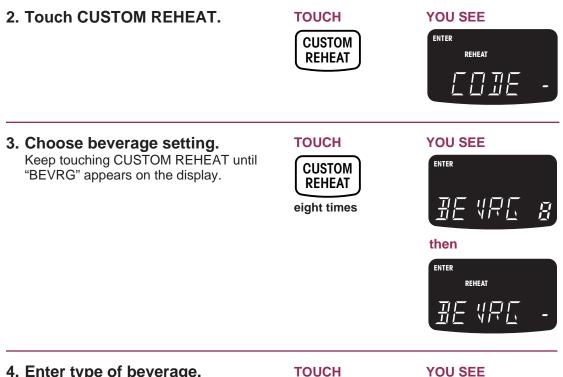
OR





# Heating a beverage (Setting 8)

1. Place beverage in oven and close door.



# 4. Enter type of beverage.

Touch CUSTOM REHEAT until the type of beverage you want appears on the display.

Example for Hot Chocolate:

mes
ſ



three times





then



continued on next page



# 5. Enter serving temperature.

Keep touching CUSTOM REHEAT until the temperature you want shows on the display.

Example for Hot:

### Serving temperatures:

SERVING TEMPERATURE	TOUCH CUSTOM REHEAT
Warm	once
Hot	twice
Very Hot	three times

Touch Start pad or wait 5 seconds for oven to start automatically. The heating time will count down:

**NOTE:** Liquid may splash out during or after heating while stirring or adding ingredients such as coffee granules, tea bags, etc. (See "Operating safety precautions" in the "Getting to Know Your Microwave Oven" section for more information.)

When heating time ends:

Four tones will sound.

# TOUCH







### тоисн





### **YOU SEE**



6. After heating, open the door OR Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

# TOUCH



Microwave Cooking



# Using CUSTOM DEFROST

Your microwave oven uses a preset defrost time and power according to the food setting and the food quantity that you choose.

**NOTE:** Standing time is included in the defrosting time selected by your microwave oven. This may make defrosting times seem longer than in other microwave ovens. (See "Defrosting tips" later in this section for more information.)

# Summary of steps for setting CUSTOM DEFROST

- 1. Touch CUSTOM DEFROST.
- 2. Touch CUSTOM DEFROST again to scan and select food settings.
- 3. Enter weight or touch QUANTITY to select quantity.

# Custom defrost chart

CODE	FOOD SETTING	WEIGHT OR QUANTITY
1	Meats	0.10 lb (1 oz) to 6.60 lbs (6 lbs, 8 oz)
2	Chicken/Poultry	0.10 lb (1 oz) to 6.60 lbs (6 lbs, 8 oz)
3	Fish/Seafood	0.10 lb (1 oz) to 4.40 lbs (4 lbs, 6 oz)
4	Bagel	1 to 6
5	Fruit Juice	6, 12, or 16 oz
6	Roll/Muffin	1 to 6

**NOTE:** Bagel quantity settings 1 and 2 may appear to have longer defrost times than necessary. However, longer times use less cook power.

# 1. Put food in oven and close door.

2. Touch CUSTOM DEFROST.

TOUCH CUSTOM

DEFROST

### **YOU SEE**



### continued on next page



# 3. Choose food setting.

Keep touching CUSTOM DEFROST until the food that you are cooking appears on the display.

Example for Meats (Setting 1):

**NOTE:** To choose the desired food setting, see the Cooking Guide Label on the front frame of the oven, the "Custom defrost chart" earlier in this section, or scan through the settings by pressing the Quantity pad (once for each setting).

After 3 seconds:



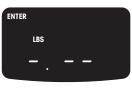
CUSTOM DEFROST







### YOU SEE



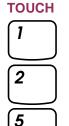
# 4. Enter food weight.

Example for 1.25 lbs:

### NOTES:

- Use Number pads for settings 1 to 3. Use the Quantity pad for settings 4 to 6.
- If you enter a weight greater than the maximum weight listed in the "Custom defrost chart" earlier in this section, "RETRY" shows on the display.
- See the "Weight conversion chart" later in this section for help in converting food weight to decimals.
- See the "Custom defrost chart" earlier in this section for weight ranges available for each food category.
- Each time you touch the Quantity pad to select a cooking weight for settings 1-3, the display increases by a quarter pound. For settings 4 to 6 the display changes to the next higher quantity/ weight.

Touch Start pad or wait 5 seconds for oven to start automatically. The remaining time will count down:



### YOU SEE



# тоисн



### **YOU SEE**



# Microwave Cooking



If you have chosen any of settings 1, 2, or 3, four tones will sound in the middle of the cycle and the display will show "TURN" for 5 seconds. You can then turn food if desired. To restart the cycle you must close the door and touch the Start pad.

When defrosting time ends: Four tones will sound.

### **YOU SEE**



### **YOU SEE**



### OR 5. After defrosting, open the door

Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

# Weight conversion chart

You are probably used to food weights as being in pounds and ounces that are fractions of a pound (for example, 4 ounces equals 1/4 pound). However, in order to enter food weight in CUSTOM DEFROST, you must specify pounds and tenths of a pound. If the weight on the food package is in fractions of a pound, you can use the following chart to convert the weight to decimals.

OUNCE WEIGHT	DECIMAL	POUND WEIGHT
1.6	.10	
3.2	.20	
4.0	.25	One-Quarter Pound
4.8	.30	
6.4	.40	
8.0	.50	One-Half Pound
9.6	.60	
11.2	.70	
12.0	.75	Three-Quarters Pound
12.8	.80	
14.4	.90	
16.0	1.00	One Pound

# TOUCH





# **Defrosting tips**

- When using CUSTOM DEFROST, the weight to be entered is the net weight in pounds, and tenths of pounds (the weight of the food minus the container).
- CUSTOM DEFROST gives best results when food to be thawed is a minimum of 0°F or colder.
- If the food is kept outside the freezer for more than 20 minutes, and for defrosting ready-made food, defrost by time and power and let stand after defrosting.
- The shape of the package affects how quickly food will defrost. Shallow packages will defrost more quickly than a deep block.

# Popping popcorn

POPCORN lets you pop commercially packaged microwave popcorn by touching just one pad. Pop only one package at a time. If you are using a microwave popcorn popper, follow manufacturer's instructions. Try several brands to decide which gives best popping results. For best results, use fresh bags of popcorn. Cooking performance may vary with brand and fat content.

**NOTE:** If you want to add more time during or after popping use EASY MINUTE. See "Using EASY MINUTE" in the "Getting to Know Your Microwave Oven" section for more information.

1. Place bag in center of turntable and close door.

# 2. Touch POPCORN.

The microwave oven will automatically pop a 3.50 oz bag of popcorn when you touch the Popcorn pad. If you want to pop a different size bag of popcorn, follow the chart below:

SIZE OF BAG	TOUCH POPCORN PAD
3.50 oz (100 g)	once
3.00 oz (85 g)	twice
1.75 oz (50 g)	three times

- As food begins to defrost, separate the pieces. Separated pieces defrost more evenly.
- Use small pieces of aluminum foil to shield parts of food such as chicken wings, leg tips, fish tails, or areas that start to get warm. Make sure the foil does not touch the sides, top, or bottom of the oven. The foil can damage the oven lining.
- For better results, a preset standing time is included in the defrosting time. This may make the defrosting time seem longer than expected. (For more information on standing time, see "Cooking tips" in the "Cooking Guide" section.)



# TOUCH



once

### **YOU SEE**



# Microwave Cooking



# 3. Start oven.

Touch Start pad or wait 5 seconds for the oven to start automatically. The popping time will count down:

When popping time ends: Four tones will sound.

### 4. After popping popcorn, open **OR TOUCH** the door

Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

# Using CUSTOM COOK

Cooking with CUSTOM COOK lets you cook food without needing to set times and cook powers. CUSTOM COOK has preset times and cook powers (see the "Custom cook chart").

NOTE: When cooking with cook time and cook power, see the "Microwave cooking chart" in the "Cooking Guide" section.

# Summary of steps for setting CUSTOM COOK

- 1. Touch CUSTOM COOK.
- 2. Touch CUSTOM COOK again to scan and select food settings.
- 3. Touch QUANTITY to scan and select quantity settings.

### TOUCH



COOK ≋ ≈ TIME

# **YOU SEE**

**YOU SEE** 







# Custom cook chart

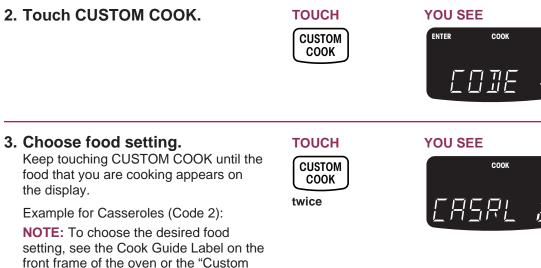
CODE	FOOD	QUANTITY	PREPARATION
1	Frozen Entree	9 oz (240 g), 11 oz (311 g), 16 oz (425 g)	Follow package directions.
2	Casserole	2 cups (.5 L), 4 cups (1 L), 6 cups (1.5 L), 8 cups (2 L)	To reheat, flatten on plate or place in bowl. Cover with lid or vented plastic wrap. Stir before serving.
3	Frozen Vegetables	1 to 4 cups (.1 to .45 k)	Place in a microwave safe container. Cover with lid or plastic wrap. After cooking remove from oven, stir, cover, and let stand 3 minutes before serving.
			<b>NOTE:</b> When cooking a 10 oz (238 g) package of frozen vegetables (this equals about 1½ cups), touch Quantity pad once for 1 cup of "tender crisp" vegetables (you cannot enter ½-cup amounts) or touch Quantity pad twice for 2 cups of vegetables more fully cooked.
4	Bacon	2, 3, 4, or 6 strips	Place on microwave safe container. Cover with paper towel. After cooking remove from oven carefully.
5	Fresh Vegetables	1 to 4 cups (.1 to .45 k)	Place in a microwave-safe container. For beans, carrots, corn, and peas, add 1 tablespoon water per cup. For broccoli, brussels sprouts, cabbage, and cauli- flower, cook immediately after washing with no additional water. If you like tender-crisp vegetables, set the Custom Cook quantity for half the amount of vegetables you are actually cooking. For example, when cooking 2 cups of veg- etables, set QUANTITY for 1 cup. Cover with lid or plastic wrap. After cooking, remove from oven, stir, cover, and let stand 3 to 5 minutes before serving.
6	Frozen Burrito	1, 2, 3, or 4	Follow package directions.
7	Hot Dogs	1, 2, 4, or 6	Pierce hot dogs with a fork and place on a microwave safe container. Cover hot dogs with a paper towel.
8	Baked Potatoes	1 to 6	Before baking, remember to pierce potatoes with a fork several times. After cooking, wrap in foil and let potato stand 5 minutes.

٦





## 1. Put food in oven and close door.



After 3 seconds:

**NOTE:** You can disable or enable the Quantity pad prompt. See "Using help prompts" in the "Cooking with CRISP and BROIL" section for more information.

cook chart" earlier in this section.

After 1 second:



#### **YOU SEE**



#### **YOU SEE**



#### continued on next page



4. Enter food size or weight. **YOU SEE** TOUCH Example for 4 cups (1 L): ENTER соок 0 QUANTITY NO. twice TOUCH **YOU SEE** Touch Start pad or wait 5 seconds for oven to start automatically. COOK **EASYMINUTE** ≈ The cooking time will count down: TIME **START** <u> 5: 01</u> When cooking time ends: **YOU SEE** Four tones will sound.



5. After cooking, open the door OR

Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

## TOUCH



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Microwave Cooking



## **Using KEEP WARM**

You can safely keep hot, cooked food warm in your microwave oven for up to 99 minutes. You can use KEEP WARM by itself, or to automatically follow a micro cooking cycle.

#### NOTES:

- Food cooked covered should be covered during KEEP WARM.
- Pastry items (pies, turnovers, etc.) should be uncovered during KEEP WARM.
- Complete meals kept warm on a dinner plate should be covered during KEEP WARM.
- 1. Put hot, cooked food in oven and close the door.
- 2. Start oven.

TOUCH

KEEP

WARM

YOU SEE



## To make KEEP WARM automatically follow a micro cycle:

 Touch KEEP WARM after you set the micro cycle. The microwave will start automatically, and KEEP WARM will follow the micro cycle.

#### OR

• Program KEEP WARM as the last stage in multi-stage cooking. When the display says "TIME," press KEEP WARM.

**NOTE:** When the last cooking cycle is over, you will hear one tone. "WARM" will come on while the oven continues to run.

ooking with CRISP and BROIL

This section gives you step-by-step instructions for operating the Crisp and Broil functions.

## To get the best cooking results



Burn Hazard Use oven mitt when removing broiling grid and CRISPWARE\* Crisper Pan. Use Crisper Pan handle when removing Crisper Pan.

ARNING

Use the broiling grid to place food closer

"Utensils" in the "Getting to Know Your

cooking use EASY MINUTE. See "Using

EASY MINUTE" in the "Getting to Know Your Microwave Oven" section for more

Microwave Oven" section for more

• If you want to add more time during

to the broil element for faster cooking. See

Do not touch the top of the microwave oven when broiling. Failure to follow these instructions can result in burns.

information.

information.

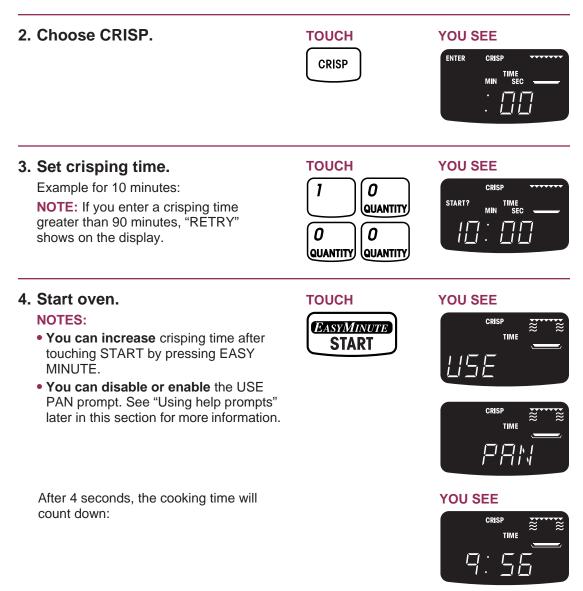
- The CRISPWARE Crisper Pan is specially designed for crisping and browning food. It can be preheated for 2 to 3 minutes before use.
- Brush Crisper Pan with ½ tsp of oil or spray with nonstick cooking spray before heating. This will make it easier to remove food from the pan and clean the pan after use.
- Use the broiling grid with or without the Crisper Pan. When cooking with the broil element, the Crisper Pan will catch drippings from the food.
- Using CRISP

Use CRISP to cook and brown food in the Crisper Pan. For example, use CRISP for sautéing meats and vegetables, for pan frying bacon and eggs, and for crisping and browning pizza and cheese sandwiches.

When using CRISP, microwaves heat the Crisper Pan to brown and crisp the bottom of food while the broil element cooks and browns food from the top.



1. Place food on Crisper Pan, put pan on turntable, and close door.



When cooking time ends: Four tones will sound.

#### **YOU SEE**



#### continued on next page



**5.** After cooking, open the door OR Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

### TOUCH

MICROWAVE OVEN

## **Using BROIL**

Broil lets you cook and brown small amounts of food (from 1 to 4 pieces). The broil element is located in the microwave oven ceiling near the door.

#### For best results when broiling:

- **Remove** turntable coupling located in the center of the oven bottom under the glass turntable. See the "Caring for Your Microwave Oven" section for more information.
- Replace the glass turntable.
- **Preheat** the broil element for 2 to 3 minutes.
- After preheating, place all food on one half of the broiling grid only.

## 1. Put food in oven and close door.

- **Place** grid securely on turntable with food positioned in the front area close to the door and directly under the broil element.
- For even browning, turn food over halfway through cooking.
- **Do not leave** the oven door open for long periods of time when using the broil element. This could affect cooking performance.



**NOTE:** If you try to enter a broiling time greater than 90 minutes, "RETRY" shows on the display.









#### 4. Start oven.

#### NOTES:

- You can increase broiling time after touching START by pressing EASY MINUTE.
- You can disable or enable the USE GRID prompt. See "Using help prompts" later in this section for more information.

TOUCH

## **EASYMINUTE** START







**YOU SEE** 



#### When cooking time ends: Four tones will sound.

#### 5. After cooking, open the door OR Four tones will repeat every minute until you open the oven door or touch the Cancel pad. This will clear the display.

TOUCH



**YOU SEE** 



(time of day)



## Using code pads

You can use Number pads as shortcuts when cooking with your microwave oven. For example, to reheat one cup of cheese dip:

- 1. Press the Reheat pad.
- 2. Choose category 4 by pressing Number pad 4.
- 3. Choose one cup by pressing the Number pad 1.

All food categories and many food quantities have matching Number pads. The charts below show how you may use the Number pads to choose cook powers, food categories, and food quantities.

## **COOK POWER**

% OF FULL COOK	
POWER	TOUCH
90%	9
80%	8
70%	7
60%	6
50%	5
40%	4
30%	3
20%	2
10%	1
0%	0

## **CUSTOM REHEAT**

CATEGORY	TOUCH	QUANTITY		TOUCH	
Dinner Plate	1	1 to 2 servings		1 or 2	
Bread	2	1 to 6 slices		1, 2, 3, 4, 5, o	r 6
Meats	3	1 to 6 servings		1, 2, 3, 4, 5, o	r 6
Cheese Dip	4	1 to 3 cups		1, 2, or 3	
Soups	5	1 to 4 cups		1, 2, 3, or 4	
Sauce	6	1 to 3 cups		1, 2, or 3	
Pizza	7	1 to 2 servings		1 or 2	
Beverage	8	Beverage		Serving Temp	perature
		Coffee	1	Warm	1
		Tea	2	Hot	2
		Hot Chocolate	3	Very Hot	3

## Cooking with Crisp and Broil



## **CUSTOM DEFROST**

CATEGORY	TOUCH	QUANTITY	TOUCH
Meats	1	0.10 to 6.60 lbs	Enter actual weight or
Chicken/Poultry	2	0.10 to 6.60 lbs	press the Quantity Pad to increase displayed
Fish/Seafood	3	0.10 to 4.40 lbs	weight by $\frac{1}{4}$ pounds.
Bagel	4	1 to 6	1, 2, 3, 4, 5, or 6
Fruit Juice	5	6 oz (170 mL), 12 oz (350 mL), 16 oz (.5 L)	Quantity Pad
Roll/Muffin	6	1 to 6	1, 2, 3, 4, 5, or 6

## **CUSTOM COOK**

FOOD SETTING	TOUCH	QUANTITY	TOUCH
Frozen Entre	1	9 oz (240 g), 11 oz (311 g), 16 oz (425 g)	Quantity Pad
Casserole	2	2 cups (.5 L), 4 cups (1 L), 6 cups (1.5 L), 8 cups (2 L)	Quantity Pad
Frozen Vegetables	3	1 to 4 cups (250 mL to 1 L)	1, 2, 3, or 4
Bacon	4	2, 3, 4, or 6 strips	Quantity Pad
Fresh Vegetables	5	1 to 4 cups (250 mL to 1 L)	1, 2, 3, or 4
Frozen Burrito	6	1 to 4	1, 2, 3, or 4
Hot Dogs	7	1, 2, 4, 6	Quantity Pad
Baked Potato	8	1 to 6	1, 2, 3, 4, 5, or 6

## POPCORN

SIZE OF BAG	TOUCH
3.50 oz (100 g)	1
3.00 oz (85 g)	2
1.75 oz (50 g)	3

## Using help prompts

When you are not using the microwave oven, you can disable or enable help prompts by pressing and holding Number pad 2 for 5 seconds. The display will tell you when the help prompt changes to on or off.

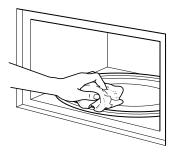
## Caring for Your Microwave Oven

To make sure your microwave oven looks good and works well for a long time, you should maintain it properly. For proper care, please follow these instructions carefully.

#### NOTES:

- Your CRISPWAVE\* microwave oven has a stainless steel interior. Unlike painted steel interiors found in most other microwave ovens, the surface will not chip, rust, or corrode. Over time, stains can occur on the stainless steel surface as the result of food particles splattering during cooking. This is normal.
- **Do not use** metal scouring pads on inside of oven cavity. They will scratch the surface.

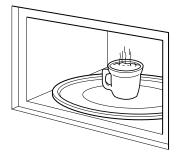
For interior surfaces: Wash often with warm, sudsy water and a sponge or soft cloth. Use only mild, nonabrasive soaps or a mild detergent. Be sure to keep the areas clean where the door and oven frame touch when closed. Wipe well with clean water.



For stubborn soil, **boil** a cup of water in the oven for 2 or 3 minutes. Steam will soften the soil. To get rid of odors inside the oven, **boil** a cup of water with lemon juice or vinegar.

**For exterior surfaces and control panel:** Use a soft cloth with spray glass cleaner. Apply the spray glass cleaner to the soft cloth; do not spray directly on the oven.

NOTE: Abrasive cleansers, steel-wool pads, gritty wash cloths, some paper towels, etc., can damage the control panel and the interior and exterior oven surfaces.



#### For stainless-steel surfaces:

- **Do not use** steel wool or soap-filled scouring pads.
- **Rub** in the direction of the grain line to avoid marring the surface.
- Always wipe dry to avoid water marks.
- If commercial cleaners are used, follow label directions. If product contains chlorine (bleach), wipe thoroughly with clean water and dry with a soft lint-free cloth. Chlorine is a corrosive substance.

CLEANING TASK	WHAT TO USE	HOW TO CLEAN
Routine cleaning and fingerprints	Liquid detergent/soap and water, or all-purpose cleaner	Wipe with damp cloth or sponge, then wipe with clean water and dry.
Stubborn stains and baked-on residue	Mildly abrasive cleanser or stainless-steel cleaners	To avoid marring the surface, rub in the direction of grain lines with a damp cloth or sponge and cleanser. Wipe thoroughly with clean water. Repeat if necessary.
Hard water spots	Vinegar	Swab or wipe with cloth. Wipe with clean water and dry.

#### To clean turntable and turntable support,

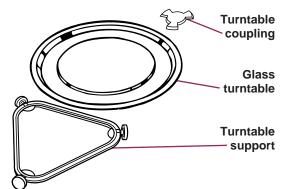
**wash** in mild, sudsy water; for heavily soiled areas **use** a mild cleanser and scouring sponge. The turntable and turntable support are dishwasher safe.

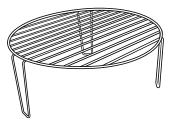
You can remove the glass turntable to clean the oven cavity floor; however, this oven is designed to operate with the turntable in place. **Do not** operate the microwave oven when turntable is removed for cleaning. See the "How your microwave oven works" section for further information about the turntable.

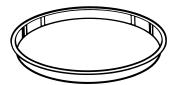
#### To clean the Broiling Grid, wash with

steel-wool pad and warm, soapy water. Grid is dishwasher-safe.

**To clean CRISPWARE\* Crisper Pan, wash in** mild, sudsy water; for heavily soiled areas **use** a mild cleanser and scouring sponge. Pan is dishwasher-safe.







# **Cooking Guide**

## **Reheating chart**

Times are approximate and may need to be adjusted to individual tastes.

ITEM	STARTING TEMP	TIME/POWER	PROCEDURE
<b>Meat</b> (Chicken pieces, chops, hamburgers, meat loaf slices)			Cover loosely. (Do not cover when broiling.)
1 serving 2 servings	Refrigerated Refrigerated	1 to 2 min at 70% 2½ to 4½ min at 70%	
Meat Slices (Beef, ham, pork, turkey) 1 or more servings	Room temp Refrigerated	45 sec to 1 min per serving at 50% 1 to 3 min per serving at 50%	Cover with gravy or wax paper. (Do not cover when broiling.) Check after 30 sec per serving.
Stirrable Casseroles and Main Dishes 1 serving 2 servings 4-6 servings	Refrigerated Refrigerated Refrigerated	2 to 4 min at 100% 4 to 6 min at 100% 6 to 8 min at 100%	Cover. Stir after half the time.
Nonstirrable Casseroles and Main Dishes 1 serving 2 servings 4-6 servings	Refrigerated Refrigerated Refrigerated	5 to 8 min at 50% 9 to 12 min at 50% 13 to 16 min at 50%	Cover with wax paper.
<b>Soup, Cream</b> 1 cup (250 mL) 1 can (10¾ oz [325 mL])	Refrigerated Room temp	3 to 4½ min at 50% 5 to 7 min at 50%	Cover. Stir after half the time.
<b>Soup, Clear</b> 1 cup (250 mL) 1 can (10¾ oz [325 mL])	Refrigerated Room temp	2½ to 3½ min at 100% 4 to 5½ min at 100%	Cover. Stir after half the time.
Pizza 1 slice 1 slice 2 slices 2 slices	Room temp Refrigerated Room temp Refrigerated	15 to 25 sec at 100% 30 to 40 sec at 100% 30 to 40 sec at 100% 45 to 55 sec at 100%	Place on preheated CRISPWARE* Crisper Pan.
<b>Vegetables</b> 1 serving 2 servings	Refrigerated Refrigerated	¾ to 1½ min at 100% 1½ to 2½ min at 100%	Cover. Stir after half the time.
Baked Potato 1 2	Refrigerated Refrigerated	1 to 2 min at 50% 2 to 3 min at 50%	Cut potato lengthwise and then several times cross- wise. Cover with wax paper.
<b>Breads</b> (Dinner or breakfast roll) 1 roll 2 rolls 4 rolls	Room temp Room temp Room temp	8 to 12 sec at 50% 11 to 15 sec at 100% 18 to 22 sec at 100%	Wrap single roll, bagel, or muffin in paper towel. To reheat several, line plate with paper towel. Cover with another paper towel.
<b>Pie</b> Whole 1 slice	Refrigerated Refrigerated	5 to 7 min at 70% 30 sec at 100%	



## Microwave cooking chart

Times are approximate and may need to be adjusted to individual taste.

MEATS, POULTRY, FISH, SEAFOOD Allow standing time after cooking.		VEGETABLES (continued) Cook at 100% cook power.			
				TIME	
FOOD	COOK POWER	TIME	FOOD		
Bacon (per slice)	100%	45 sec to 1 min 15 sec	Cauliflower (medium head	)	6 to 9 min
		per slice	Corn on the Cob (2)		4 to 9 min
Ground Beef for Casse-	100%	4 to 6 min	(4)		6 to 16 min
roles (1 lb [.45 k])			Potatoes, Bal (4 medium)	ked	13 to 19 min
Hamburger Patties (2)	100%	1st side 2 min 2nd side 1½ to	Squash, Summer (1 lb	[.45 k])	3 to 8 min
		2½ min	<u>OTHER</u>		
Hamburger Patties (4)	100%	1st side 2½ min 2nd side 2 to 3 min	FOOD	COOK POWER	TIME
<b>Meat Loaf</b> (1½ lbs [.7 k])	100%	13 to 19 min	Applesauce (4 servings)	100%	7 to 10 min
Chicken Pieces	100%	6 to 9 min/lb	Baked Apples (4)	100%	4 to 6 min
after standing.	ature shot	uld be 185°F (85°C)	Chocolate	50%	1 to 2 min
Turkey Breast the	100% n 70%	5 min 8 to 12 min/lb	(melt 1 square)		
Internal temperature should be 185°F (85°C) after standing.		Eggs, Scrambled	100%		
Fish Fillets (1 lb [.45 k])	100%	5 to 6 min	(2)		1 min 15 sec to 1 min 45 sec
Scallops and Shrimp	100%	3½ to 5½ min	(4)		2 to 3 min
(1 lb [.45 k])			Hot Cereals	100%	
VEGETABLES Cook at 100%		ar	(1 serving) (4 servings)		1½ to 5 min 4½ to 7 min
FOOD		TIME	Nachos	50%	11/2 to 21/2 min
Beans, Green		6 to 12 min	(large plate)		
or Yellow (1 lb			Water for Beverage	100%	
Broccoli (1 lb	[.45 k])	6 to 10 min	(1 cup [250 ml (2 cups [500 n		21/2 to 4 min 41/2 to 6 min
Carrots (1 lb [.	45 k])	8 to 12 min			



## **Cooking tips**

## Amount of food

 If you increase or decrease the amount of food you prepare, the time it takes to cook that food will also change. For example, if you double a recipe, add a little more than half the original cooking time. Check for doneness and, if necessary, add more time in small increments.

## Starting temperature of food

• The lower the temperature of the food being put into the microwave oven, the longer it takes to cook. Food at room temperature will be reheated more quickly than food at refrigerator temperature.

## Composition of food

- Food with a lot of fat and sugar will be heated faster than food containing a lot of water. Fat and sugar will also reach a higher temperature than water in the cooking process.
- The more dense the food, the longer it takes to heat. "Very dense" food like meat takes longer to reheat than lighter, more porous food like sponge cakes.

## Size and shape

- Smaller pieces of food will cook faster than larger pieces and same-shaped pieces of food cook more evenly than irregularly-shaped foods.
- With unevenly shaped foods, the thinner parts will cook faster than the thicker areas. Place the thinner parts of chicken wings and legs in the center of the dish.

## Stirring, turning foods

 Stirring and turning foods distributes heat quickly to the center of the dish and avoids overcooking at the outer edges of the food.

## Covering food

#### Cover food to:

- Reduce splattering
- Shorten cooking times
- Retain food moisture

All coverings that allow microwaves to pass through are suitable.

## Releasing pressure in foods

Several foods (for example: baked potatoes, sausages, egg yolks, and some fruits) are tightly covered by a skin or membrane. This can cause the food to burst from steam building up in them during cooking. To relieve the pressure and to prevent bursting, pierce these foods before cooking with a fork, cocktail pick, or toothpick.

**NOTE:** Food cooked in the CRISPWARE\* Crisper Pan will not burst and does not need to be pricked.

## Using standing time

- Always allow food to stand for a while after cooking. Standing time after defrosting, cooking, or reheating always improves the result since the temperature will then be evenly distributed throughout the food.
- The length of the standing time depends on the volume and density of the food. Sometimes it can be as short as the time it takes you to remove the food from the oven and take it to the serving table. However, with larger, denser food, the standing time may be as long as 10 minutes.



## Arranging food

For best results, distribute food evenly on the plate. You can do this in several ways:

- If you are cooking several items of the same food, such as baked potatoes, place them in a ring pattern for uniform cooking.
- When cooking foods of uneven shapes or thickness such as chicken breasts, place the smaller or thinner area of the food towards the center of the dish where it will be heated last.
- Choose a tall, narrow container rather than a low and wide container. When reheating gravy, sauce, or soup, do not fill the container more than <sup>2</sup>/<sub>3</sub>.
- When you cook or reheat whole fish, score the skin – this prevents cracking. Shield the tail and head of whole fish with small pieces of foil to prevent overcooking and ensure the foil does not touch the sides of the oven.
- **Do not** let food or container touch the top or sides of the oven. This will prevent possible arcing.

## Using aluminum foil

Metal containers should not be used in a microwave oven. There are, however, some exceptions. If you have purchased food which is prepackaged in an aluminum foil container, then refer to the instructions on the package. When using aluminum foil containers, cooking times may be longer because microwaves will only penetrate the top of the food. If you use aluminum containers without package instructions, follow these guidelines:

- **Do not place** container on the wire Broiling Grid. Sparking may occur.
- Place container in a glass bowl and add some water so that it covers the bottom of the container, not more than 1/4 inch high. This ensures even heating of the container bottom.
- Always remove the lid to avoid damage to the oven.
- Use only undamaged containers.
- **Do not use** containers taller than <sup>3</sup>/<sub>4</sub> inch.
- Container must be half filled.
- **To avoid arcing,** there must be a minimum 1/4 inch between the aluminum container and the walls of the oven and also between two aluminum containers.
- Always place container on turntable.
- Reheating food in aluminum foil containers usually takes up to double the time compared to reheating in plastic, glass, china, or paper containers. The time when food is ready will vary a great deal.
- Let food stand for 2 to 3 minutes after heating so that heat is spread evenly throughout container.

**NOTE:** Because of the unique design of the aluminum CRISPWARE\* Crisper Pan and the Double Emission System, the Crisper Pan is safe to use in your microwave oven.

## Cooking you should not do in your microwave oven

- **Do not** do canning of foods in the oven. Closed glass jars may explode, resulting in damage to the oven or possible personal injury.
- **Do not** use the microwave oven to sterilize objects (baby bottles, etc.). It is difficult to maintain the high temperature required for safe sterilization.

# Questions and Answers

QUESTIONS	ANSWERS
Can I operate my microwave oven without the turntable or turn the turntable over to accommodate a large dish?	No. If you remove or turn over the turntable, you will get poor cooking results. Dishes used in your oven must fit on the turntable.
Can I use a grid in my microwave oven so that I may reheat or cook on two levels at a time?	You can use a grid only if grid is supplied with your microwave oven. Use of any grid not sup- plied with the microwave oven can result in poor cooking performance and/or arcing.
Can I use either metal or aluminum pans for microwave cooking?	Usable metal includes aluminum foil for shielding (use small, flat pieces), small skewers, and shallow foil trays (if tray is not taller than <sup>3</sup> / <sub>4</sub> inch (19 mm) deep and half filled with food to absorb microwave energy). When broiling or using CRISP, use the specially designed CRISPWARE* Crisper Pan that comes with your oven. Never allow metal to touch walls or door. (For more information, see "Cooking tips" in the "Cooking Guide" section.)
Is it normal for the turntable to turn in either direction?	Yes. The turntable rotates clockwise or counter- clockwise, depending on the rotation of the motor when the cooking cycle begins.
Sometimes the door of my micro- wave oven appears wavy. Is this normal?	This appearance is normal and does not affect the operation of your oven.
What are the humming noises that I hear when my microwave oven is operating?	You hear the sound of the transformer when the magnetron tube cycles on.
Why does the dish become hot when I microwave food in it? I thought that this should not happen.	As food becomes hot it will conduct the heat to the dish. Also, when broiling remember that the Crisper Pan is made of a special material that absorbs microwave energy, making the pan very hot for browning. To avoid burns, use hot pads or the Crisper Pan handle to remove food after cooking and broiling.
What does "standing time" mean?	"Standing time" means that food should be removed from the oven and covered for additional time to allow it to finish cooking. This frees the oven for other cooking.

## Questions and Answers



QUESTIONS	ANSWERS
Can I pop popcorn in my microwave oven? How do I get the best results?	Yes. Pop packaged microwave popcorn following manufacturer's guidelines or use the preprogrammed Popcorn pad. Do not use regular paper bags. Use the "listening test" by stopping the oven when the popping slows to a "pop" every 1 or 2 seconds. Do not repop unpopped kernels. You can also use special microwave poppers. When using a popper, be sure to follow manufacturer's directions. Do not pop popcorn in glass utensils.
How does my CRISPWARE* Crisper Pan aid browning and crisping?	The bottom of your Crisper Pan is coated with a special material that absorbs the magnetic part of the microwave energy. This material becomes very hot and transfers heat to the bottom of the Crisper Pan for higher temperature cooking.
Sometimes I notice sparking when broiling. What causes this?	Sparking is caused by the burning off of fat from past cooking. It will stop when fat is all burned off of the oven.



Most cooking problems often are caused by little things you can find and fix without tools of any kind. Check the lists below and on the next page before calling for assistance or service. If you still need help, see "Requesting Assistance or Service" on pages 56 and 57.

## If nothing operates, check the following:



Is the microwave oven wired into a live circuit with the proper voltage? (See Installation Instructions.)



Have you blown a household fuse or tripped a circuit breaker?





Has the electric company experienced a power failure?

## Other possible problems and their causes:

PROBLEM	CAUSE
The microwave oven will not run	<ul> <li>The door is not firmly closed and latched.</li> <li>You did not touch START.</li> <li>You did not follow directions exactly.</li> <li>An operation that was programmed earlier is still running.</li> </ul>
Microwave cooking times seem too long	<ul> <li>The electric supply to your home is low or lower than normal. Your electric company can tell you if the line voltage is low.</li> <li>The cook power is not at the recommended setting. Check the "Microwave cooking chart" on page 49.</li> <li>Larger amounts of food need longer cooking times.</li> </ul>
The turntable will not turn	<ul> <li>The turntable is not correctly in place. Make sure the turntable is correct-side up and is sitting securely on center shaft.</li> <li>The support is not operating correctly. Call an authorized KitchenAid service technician for repair. Cooking without the turntable can give you poor results.</li> </ul>



PROBLEM	CAUSE
The Display shows a time counting down but the oven is not cooking	<ul> <li>The oven door is not closed completely.</li> <li>You have set the controls as a kitchen timer. Touch CANCEL to cancel the Minute Timer.</li> </ul>
You do not hear the Programming Tone	• The command is not correct.
Smoke is coming out of vent during broiling	<ul> <li>This is normal, just as in conventional broiling.</li> </ul>
"F" followed by a number appears on Display	<ul> <li>There has been a command pad failure. Call for service. See Step 2 on page 56. Touch Number pad 1 to clear failure code from Display.</li> </ul>

If none of these items was causing your problem, see "Requesting Assistance or Service" on pages 56 and 57.

# Requesting Assistance or Service

## If you need assistance or service in the U.S.A.:

- If the problem is not due to one of the items listed in the "Trouble shooting" section<sup>†</sup>:
- Call the KitchenAid Consumer Assistance
   Center:



## 1-800-422-1230

One of our trained consultants can instruct you in how to obtain satisfactory operation

from your appliance or, if service is necessary, recommend a qualified service company in your area.

If you prefer, write to:

KitchenAid Brand Home Appliances Consumer Assistance Center c/o Correspondence Dept. 2000 North M-63 Benton Harbor, MI 49022-2692

Please include a daytime phone number in your correspondence.

## 2. If you need service<sup>†</sup>:

• Call your dealer or the repair service he recommends.



• All service should be handled locally by the dealer from whom you purchased the unit or an authorized

KitchenAid servicer.

 If you are unable to obtain the name of a local authorized KitchenAid servicer, call our Consumer Assistance Center telephone number (see Step 1).

## 3. If you are not satisfied with the action taken:

- Contact the Major Appliance Consumer Action Program (MACAP). MACAP is a group of independent consumer experts that voices consumer views at the highest levels of the major appliance industry.
- Contact MACAP only when the dealer, authorized servicer, and KitchenAid have failed to resolve your problem.

Major Appliance Consumer Action Program 20 North Wacker Drive Chicago, IL 60606

- MACAP will in turn inform us of your action.
- \* When asking for help or service: Please provide a detailed description of the problem, your appliance's complete model and serial numbers, and the purchase date. (See the "A Note to You" section.) This information will help us respond properly to your request.

#### Don't forget, KitchenAid offers a full line of quality home appliances.

Built-In Refrigerators Freestanding Refrigerators 50-Pound Ice Makers Dishwashers Trash Compactors Hot Water Dispensers Food Waste Disposers Built-In Ovens Ranges & Cooktops Microwave Ovens Washers & Dryers Mixers & Blenders

For more information on these appliances, or the one you have purchased, call our toll free Consumer Assistance Center telephone number, **1-800-422-1230**.



## If you need assistance or service in Canada:

#### 1. If the problem is not due to one of the items listed in "Troubleshooting"<sup>†</sup>...

Contact the dealer from whom you



purchased your appliance, or call the KitchenAid Canada **Consumer Assistance Centre** toll free, 8:30 a.m. - 6 p.m. (EST), at 1-800-461-5681.

## 2. If you need service<sup>†</sup>...

Contact your nearest KitchenAid Canada Appliance Service branch or authorized servicing outlet to service your appliance. (See list below.)

<sup>†</sup> When asking for help or service: Please provide a detailed description of the problem, your appliance's complete model and serial numbers, and the purchase date. (See the "A Note to You" section.) This information will help us respond properly to your request.

## KitchenAid Canada Appliance Service – Consumer Services

Direct service branches:

BRITISH COLUMBIA		1-800-665-6788
ALBERTA		1-800-661-6291
ONTARIO	Ottawa area	1-800-267-3456
(except 807 area code)	Outside the Ottawa area	1-800-807-6777
MANITOBA, SASKATCHEWAN and 807 area code in ONTARIO		1-800-665-1683
QUEBEC	Montreal (except South Shore)	1-800-361-3032
	South Shore Montreal	1-800-361-0950
	Quebec City	1-800-463-1523
	Sherbrooke	1-800-567-6966
ATLANTIC PROVINCES		1-800-565-1598

## For further assistance

If you need further assistance, you can write to KitchenAid Canada with any questions or concerns at:

**Consumer Relations Department** KitchenAid Canada 1901 Minnesota Court Mississauga, Ontario L5N 3A7

Please include a daytime phone number in vour correspondence.



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## **KitchenAid**<sup>\*</sup>

Electric Built-In Combination Microwave/Single Oven



LENGTH OF WARRANTY:	KITCHENAID WILL PAY FOR:	KITCHENAID WILL NOT PAY FOR:
ONE-YEAR FULL WARRANTY FROM DATE OF INSTALLATION	Replacement parts and repair labor costs to correct defects in materials or workman- ship. Service must be provided by an autho- rized KitchenAid servicing outlet.	<ul> <li>A. Service calls to:</li> <li>1. Correct the installation of the oven.</li> <li>2. Instruct you how to use the oven.</li> <li>3. Replace house fuses or correct house wiring.</li> <li>B. Repairs when oven is used in other than normal home use.</li> </ul>
SECOND- THROUGH FIFTH- YEAR LIMITED WARRANTY FROM DATE OF INSTALLATION	Replacement micro- wave magnetron or any oven electric element to correct defects in mate- rials or workmanship. Replacement parts for solid state touch control system to correct defects in materials or workmanship.	<ul> <li>C. Damage resulting from accident, alteration, misuse, abuse, improper installation, or installation not in accordance with local electrical codes.</li> <li>D. Any labor costs during the limited warranties.</li> <li>E. Replacement parts or repair labor costs for units operated outside the United States.</li> </ul>
SECOND- THROUGH TENTH-YEAR LIMITED WARRANTY FROM DATE OF INSTALLATION	Replacement parts for the porcelain oven cavity/inner door if the part rusts through due to defects in materials or workmanship.	<ul> <li>F. Pickup and delivery. This product is designed to be repaired in the home.</li> <li>G. Repairs to parts or systems caused by unauthorized modifications made to the appliance.</li> </ul>

KITCHENAID AND KITCHENAID CANADA DO NOT ASSUME ANY RESPONSIBILITY FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES. Some states or provinces do not allow the exclusion or limitation of incidental or consequential damages, so this exclusion or limitation may not apply to you. This warranty gives specific legal rights and you may also have other rights which vary from state to state or province to province.

## Outside the United States and Canada, a different warranty may apply. For details, please contact your authorized KitchenAid dealer.

If you need assistance or service, first see the "Troubleshooting" section of this book. After checking "Troubleshooting," additional help can be found by checking the "Requesting Assistance or Service" section. In the U.S.A., call our Consumer Assistance Center at **1-800-422-1230**. In Canada, call KitchenAid Canada at one of the telephone numbers listed in the "Requesting Assistance or Service" section.

> KitchenAid Benton Harbor, Michigan 49022-2692 U.S.A.

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