



# Food Group Tabletop Pocket Chart Set Great for your Classroom!



## Includes:

- 34 Magnets
- 48 Cards
- 13 Storage Pockets
- 2 Display Pockets

The food group tabletop pocket chart is perfect for any nutrition learning center or small-group lesson. Use the chart to classify foods according to food groups, discuss what makes a balanced meal, and learn about the food groups and why they are important. Food groups in this chart are based on the 2007 United States Department of Agriculture food pyramid. The chart conveniently folds up for portability and includes cards and pockets for magnet storage.

#### **Chart Setup:**

Unfold and open the chart to create a tri-fold tabletop manipulative. Connect the hook and loop adhesive ends together and fasten. Separate magnets and cards and store them in the labeled pockets on the back side of the chart.



# Food Group Match-Up

Connect the magnetic food-group labels to the board. Labels are color-coded for easy organization. Have students place the food magnets in the correct food group on the board. Fill the pyramid with foods that students enjoy eating. Using a wet-erase marker, add additional foods not included in the magnet set.

### **Food Group Sort**

Place a food-group title card on the top line of the chart. Distribute all the food cards to students and ask them if they have a food that matches the featured food group. Have students add matching cards to the chart.

Since food-group colors are listed on the reverse side of each food card, students can use the cards without the chart. Food and exercise cards and magnets feature real-life photographs to help students relate to lessons.

## Featured Foods:

**Grains:** popcorn, cereal, bread, rice, crackers, pasta **Vegetables:** radishes, carrots, broccoli, celery, peas, lettuce **Fruits:** oranges, apples, strawberries, bananas, blueberries **Oils:** butter, olive oil, French fries

**Milk:** Swiss cheese, American cheese, milk, yogurt, ice cream **Meat & Beans**: lobster, steak, shrimp, peanuts, chicken

**Note:** For multiple uses of the cards and magnetic board and to help prevent erasure of written notes, always use a wet-erase marker. To ensure that your marker doesn't leave a permanent mark, test it on the corner of a card. Use a damp cloth to remove marks. Cards will warp if saturated with water.

RISQUE D'ÉTOUFFEMENT. Petites pièces. Interdit aux enfants en dessous de 3 ans. ERSTICKUNGSGEFAHR. Kleine Teile. Nicht geeignet für Kinder unter 3 Jahren. PELIGRO DE ASFIXIA. Piezas pequeñas. No se recomienda para menores de 3 años.



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