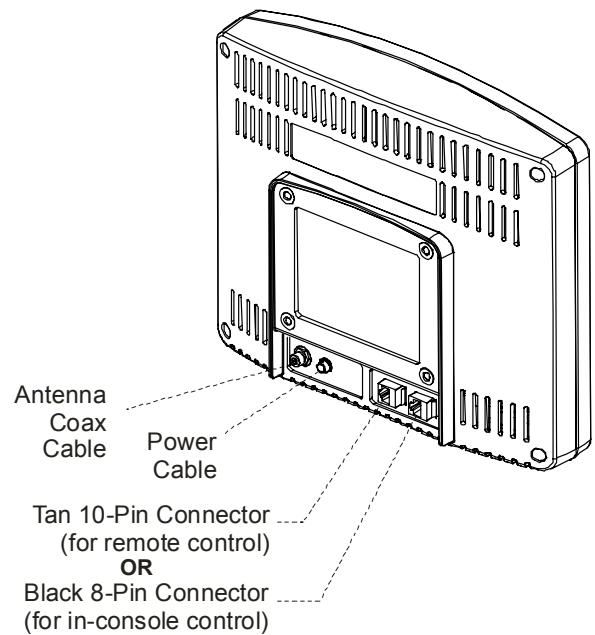


Life Fitness LCD Entertainment System

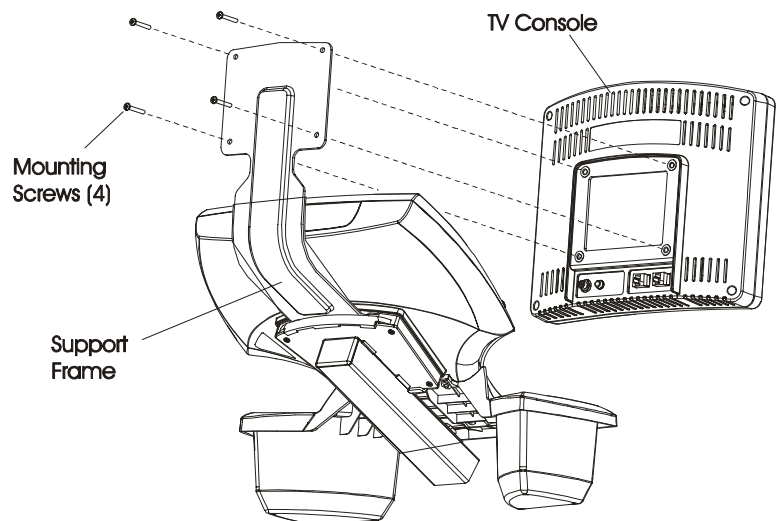
How To Replace the Main PC Board

Special service tools required: none

1. Disconnect the three cables from the back of the console. The power cable and the coax cable are screw-on connectors.



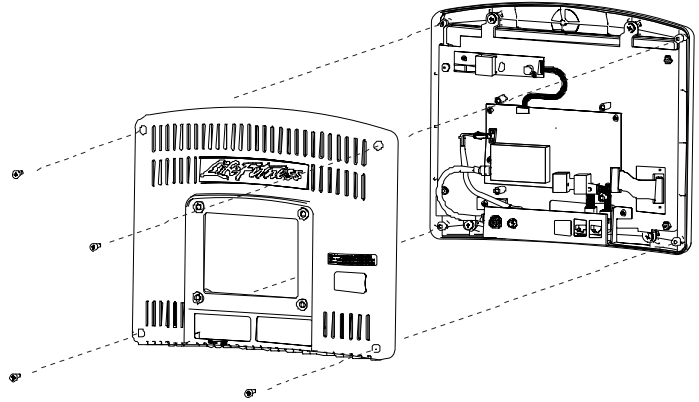
2. Remove the four screws that secure the TV console to the support frame.
3. Remove the TV console assembly.



Life Fitness LCD Entertainment System
How To Replace the Main PC Board - continued

CAUTION! Before replacing any circuit board, ground yourself using an anti-static ground strap.

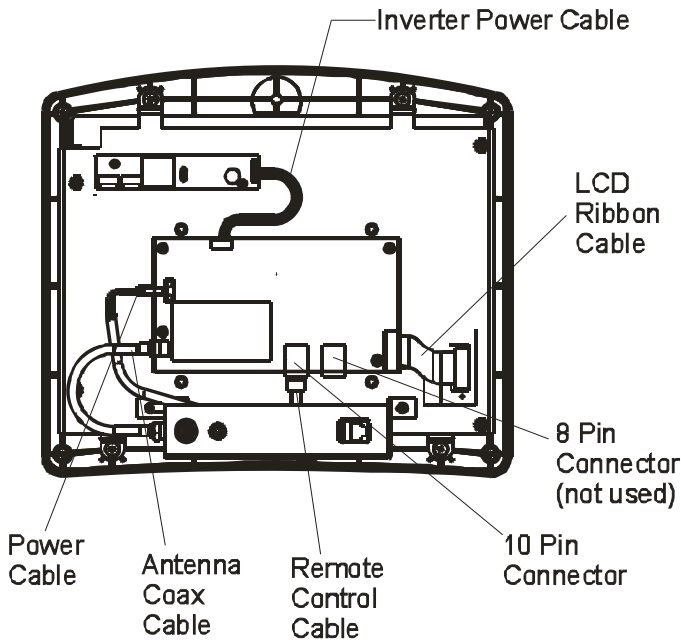
4. Remove the four screws securing the back of the TV console.
5. Separate the front and back halves of the console.



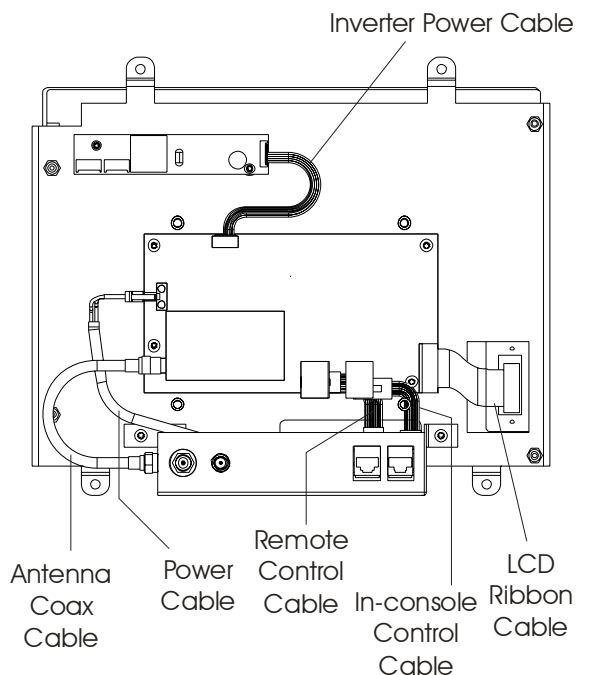
6. Unplug all of the cables from the PC board:

Version 1 (five cables): antenna coax cable inverter power cable power cable remote cable LCD ribbon cable	Version 2 (six cables): power cable antenna coax cable remote cable (8 pin) remote cable (10 pin) inverter power cable LCD ribbon cable
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Version 1 Entertainment TV



Version 2 Entertainment TV

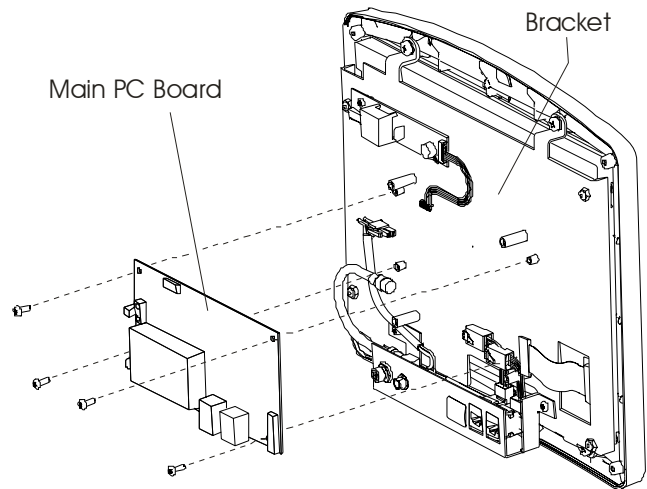


Life Fitness LCD Entertainment System How To Replace the Main PC Board - continued

7. Remove the four screws that secure the main PC board to the bracket.
8. Lift out the main PC board.

Note: For Version 1 units, remove and discard the static PCB and all attached cables.

9. Reverse steps 1 through 8 to install the new main PC board. On Version 1 TVs, connect the remote cable to the 10-pin connector as shown in the diagram on the previous page. On Version 2 TVs, reconnect all cables as they were removed
10. To reprogram the channels, refer to the operation manual.



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