

Life Fitness LCD Entertainment System

How To Program TV Consoles

Special service tools required: none

Description: Procedures for programming a.) EZ consoles (on this page) and b.) TV consoles with remote control units (on page 2).

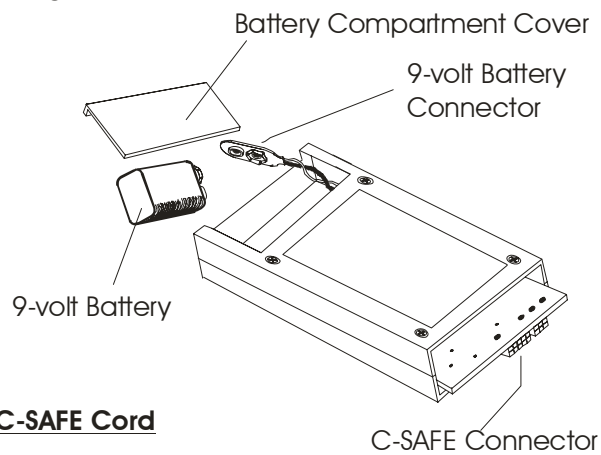
Kit Contents: Programming device and cable (see illustration). A 9-volt battery (not supplied) is required to reprogram the TV console.

Procedure: In both procedures, the TV console stays mounted and the power and coax cables stay plugged in (see illustration).

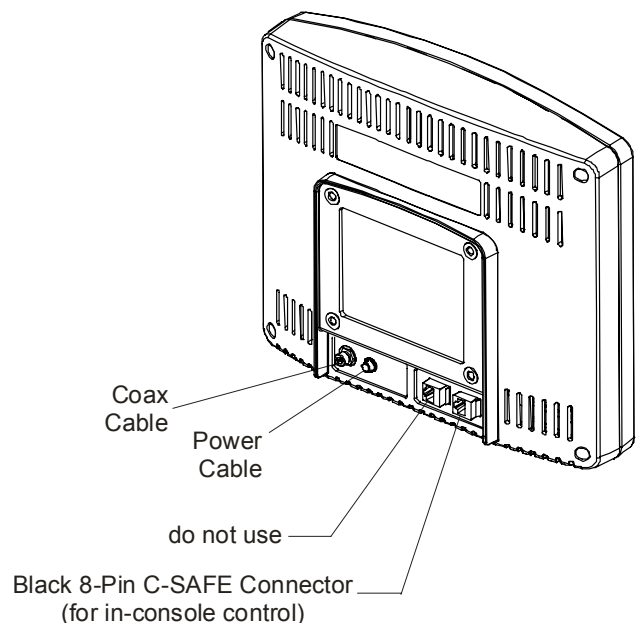
To program the TV on EZ console products:

1. Remove the EZ console cable from the black 8-pin connector on the back of the console.
2. Plug the C-SAFE cord into that 8-pin connector.
3. Place the 9-volt battery in the programmer.
4. Plug the other end of the C-SAFE cord into the programmer.
5. The programmer will give this feedback that the updating procedure is taking place:
 - a. The green LED will glow steadily.
 - b. The yellow LED will then glow steadily.
 - c. The yellow LED will then begin flashing.
 - d. The console software has been updated when the green LED begins flashing slowly.
6. Unplug the C-SAFE cord from the programmer.
7. Unplug the C-SAFE cord from the console.
8. Reconnect the EZ console cable.
9. Verify that the console's software version matches the software version on the programmer. If the console version number is still lower, repeat the procedure.

Programmer



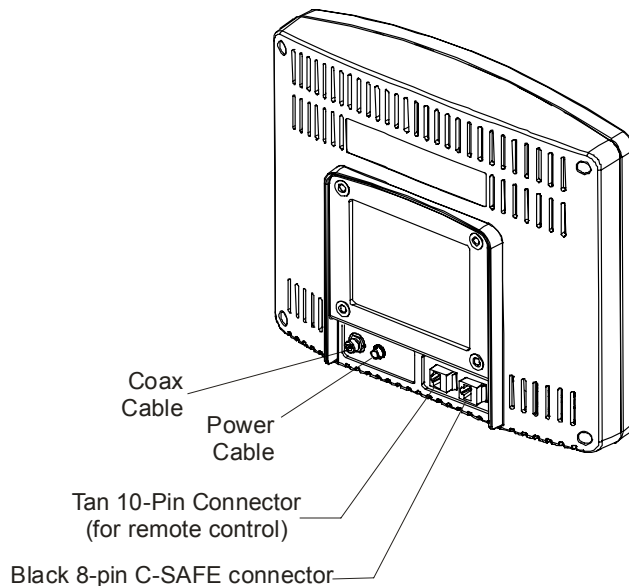
C-SAFE Cord



Life Fitness LCD Entertainment System How To Program TV Consoles - continued

To program TVs with remote control consoles:

1. Leave the remote control cable plugged in.
2. Plug the C-SAFE cord into the black 8-pin connector on the back of the console.
3. Place the 9-volt battery in the programmer.
4. Plug the other end of the C-SAFE cord into the programmer.
5. The programmer will give this feedback that the updating procedure is taking place:
 - a. The green LED will glow steadily.
 - b. The yellow LED will then glow steadily.
 - c. The yellow LED will then begin flashing.
 - d. The console software has been updated when the green LED begins flashing slowly.
6. Unplug the C-SAFE cord from the programmer.
7. Unplug the C-SAFE cord from the console.
8. Verify that the console's software version matches the software version on the programmer. If the console version number is still lower, repeat the procedure.



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