

Life Fitness Models 4000 and 4500HR Treadmills

How To... Install the Monocolumn Pad Kit

Tools required: Phillips screwdriver, Socket set

Step 1

Turn the power **OFF** at the ON/OFF switch and then unplug the unit from the electrical outlet.

Step 2

Using a Phillips screwdriver, remove the two **SCREWS** securing the sides of the **VENT COVER** to the **MOTOR COVER**.

Step 3

Grasp the **VENT COVER** in the center and pull away from the **MOTOR COVER** to disengage the two snap down **CLIPS** located on the inside, center of the **VENT COVER**.

Step 4

Using a Phillips screwdriver, remove the **SCREW** securing the **RETAINING PLATE** and **FIBERBOARD WEDGE** in place on the **MONOCOLUMN**. Discard the **RETAINING PLATE**, **FIBERBOARD WEDGE** and **SCREW**.

Step 5

Loosen, but do not remove, the two nuts on the **U-BOLT** securing the **MONOCOLUMN** to the **FRAME** and the **SCREW** located at the base of the **MONOCOLUMN**.

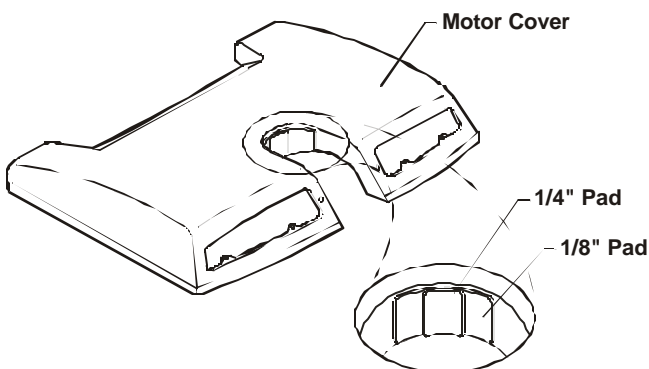
CAUTION: BE CAREFUL NOT TO STRAIN OR DAMAGE THE WIRE HARNESS THAT RUNS THROUGH THE MONOCOLUMN.

Step 6

Remove the four **SCREWS** securing the **MOTOR COVER** in place against the treadmill **FRAME**. Carefully lift the **MOTOR COVER** from the machine.

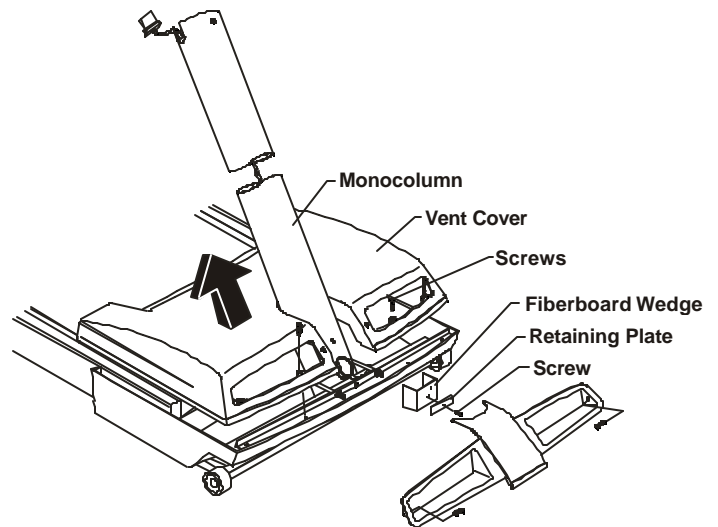
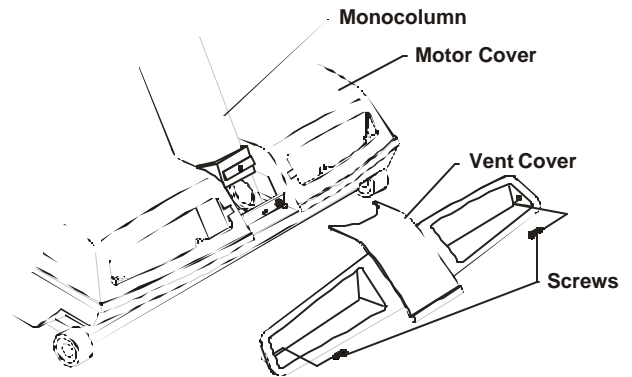
Step 7

Place the supplied 1/8" **PAD** (large pad) into the center area of the recess in the **MOTOR COVER** (as shown).



Step 12

Place the **VENT COVER** back into position on the **MOTOR COVER** and secure it using the two **VENT COVER SCREWS**.



Step 8

Place the supplied 1/4" **PAD** (small pad) centered against the 1/8" **PAD** previously placed in **STEP 7** (as shown).

Step 9

Carefully slide the **MOTOR COVER** into position and re-install the four **MOTOR COVER SCREWS**.

Step 11

Tighten the **U-BOLT** nuts and the Phillips **SCREW** securely.

INSTALLATION COMPLETE

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