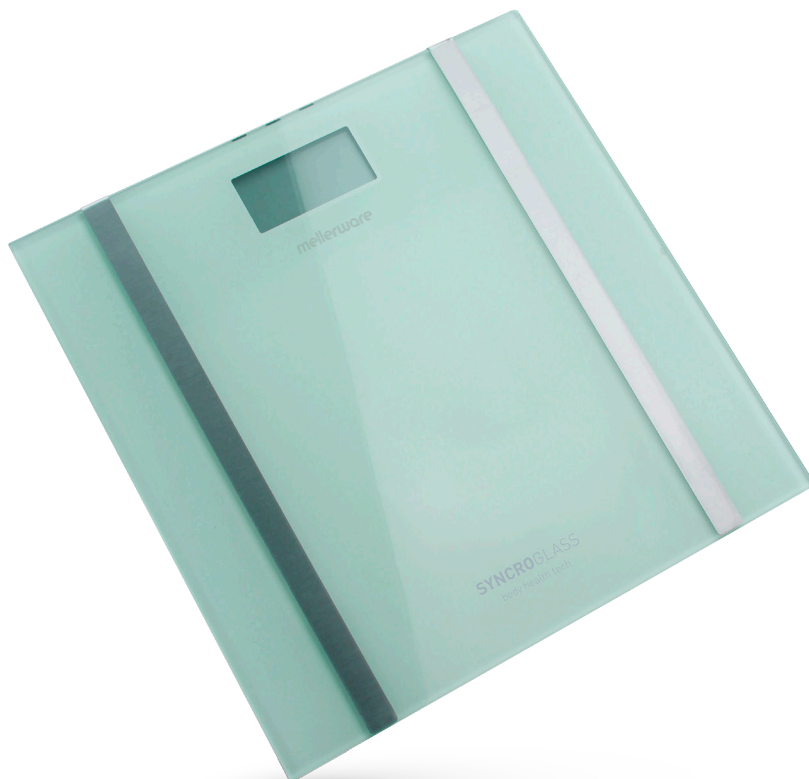


mellerware®

makes life easier

BODYMAX health scale



Measures body fat

Measures body water

150Kg Capacity

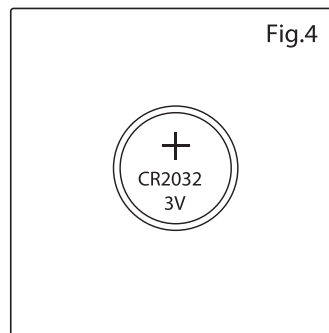
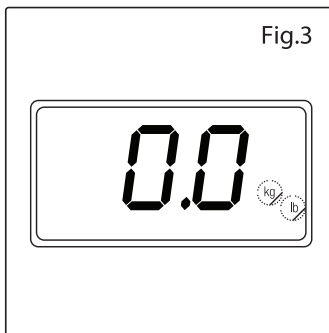
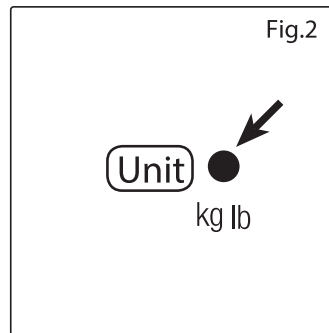
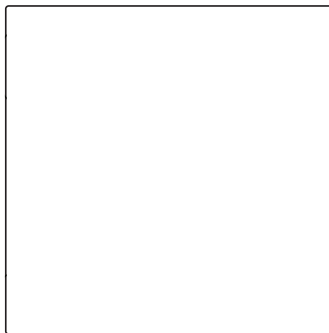
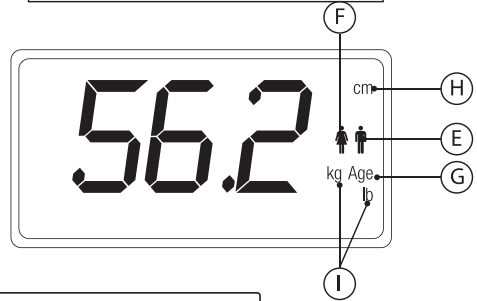
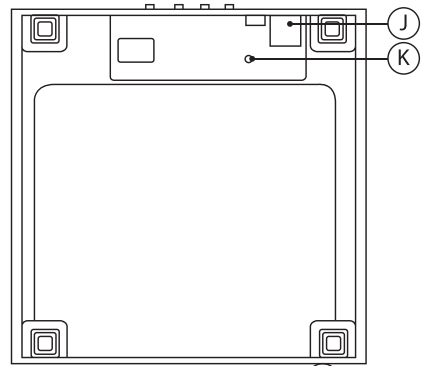
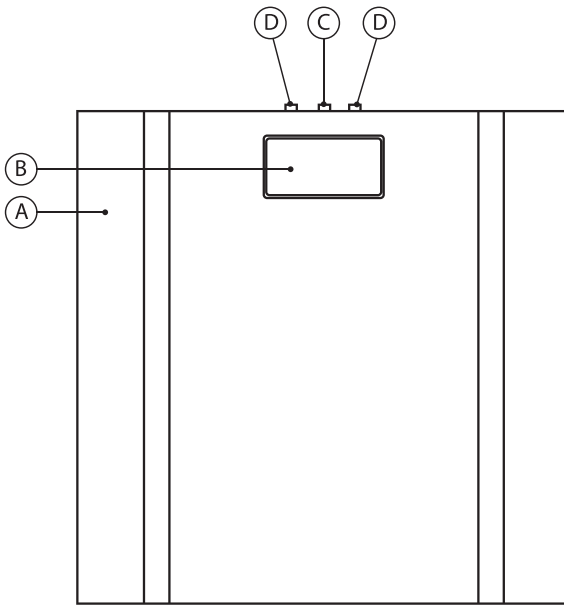


complies with
INTERNATIONAL
IEC60335
SAFETY SPECIFICATIONS

m

2 YEAR
GUARANTEE

Model:
20551





Description

- A. Platform
- B. LCD screen
- C. Set button
- D. Up/down buttons
- E .Male symbol
- F. Female symbol
- G. Age symbol
- H. Height symbol
- I. Kilogram/pounds symbol
- J. Battery compartment lid
- K. Weight unit selector button

Safety advice and warnings

- Read these instructions carefully before switching on the appliance and keep them for future reference.
- Failure to follow and observe these instructions could lead to an accident.

Working environment:

- Place the appliance on a horizontal, hard, rigid, flat, stable surface that is free from vibrations.
- Avoiding any contact of the weighing area with objects not to be weighed. Otherwise, it will not show the right weight.

Personal safety:

Do not use the appliance with wet feet.

Use and care:

- Do not move the appliance while in use.
- Do not overload the appliance's weight capacity.
- Remove the batteries from the appliance if you are not going to use it for a while.
- This appliance is not for professional or industrial or medical/hospital use, it is intended for household use only.
- Children should be supervised to ensure that they do not play with the appliance.
- This appliance is intended for adult use. Ensure that this product is not used by the disabled, children or people with less or no knowledge of the use of this appliance unless supervision has been given by the person responsible for their safety.
- This appliance should be stored out of reach of children and/or the disabled.

- Do not store the appliance in a vertical position.

CAUTION:

- Do not use the appliance if the glass is cracked or broken.
- Any misuse or failure to follow the instructions for use renders the guarantee and the manufacturer's liability null and void.

Assembling the battery/s

Caution:

- During the handling of batteries, do not touch both poles at the same time, as this will provoke the partial discharge of the stocked energy therefore affecting longevity.
- Remove the cover of the battery compartment.
- Check that the plastic covering that protects the battery has been removed (some batteries are sold with a protective covering)
- Put the battery in its compartment. Caution: During the handling of batteries, do not touch both poles at the same time, as this will provoke the partial discharge of the stocked energy therefore affecting longevity.
- Replace the cover of the battery compartment.
- It is essential that the batteries should always be the same kind and the same charge. Never mix alkaline batteries with normal one (Carbon- Zinc) and/or rechargeable ones.
- N.B. When changing the batteries, the configuration of the appliance will be removed, and you will need to reset the parameters of the appliance.

INSTRUCTIONS FOR USE

Before use:

- Prepare the appliance according to the function you wish to use:
- Weighing units selector Kg/Lb
- The appliance has a selector of weighing units, put the selector in the position according to those units you want to work with. (KG/Lb) use:



- To do so, press the “unit” button, the measuring unit selected will then be shown on screen one after the other.

Normal weighing system:

- Gently press the surface of the scale with your foot to switch it on and wait for the screen to show “8888”, then wait until “0,0” appears on the screen.
- Place yourself in the centre of the platform avoiding abrupt movements and without touching other objects, until the appliance shows your weight.

Programming personal data:

- Gently press the surface of the scale with your foot to switch it on.
- Press the Set button and use Up/down button to find the memory number under which you wish to save your personal data (10 memories available). Then press the Set button to confirm your choice.
- Select the weight unit using the Up/down buttons and confirming the chosen option by pressing the Set button.
- Select male or female by using up/down buttons and confirming by pressing Set button.
- Log in your age using the up/down buttons and confirming by using Set button.
- Log in your height using the up/down buttons and confirming by using Set button. These steps can be repeated to program the remaining 9 memories if desired.

Calculate percentage body fat:

- This appliance has the built-in option to calculate the percentage of your body fat by using bioelectrical impedance techniques.
- This analysis measures the different conductivity between the muscle mass and body mass formed by fat cells using very low-intensity electrical micro current that runs through the lower members of the body.
- The percentage body weight is calculated using the procedure described above and also involves the following variables: height, age, gender and weight.
- Optimum results according to standards generally applied to adults:
 - Men: 14 – 24%
 - Woman: 20 – 30%
- Any results below these indicators are con-

sidered underweight and higher than these is considered overweight.

- In the event of doubt, consult your doctor or pharmacist for clarification.
- System for measuring percentage body fat
- Gently press the surface of the scale with your foot to switch it on.
- Use the up/down buttons to access the memory code under which your personal data have already been saved.
- Wait a few seconds until your personal data appears on screen briefly – Gender , age, height and weight unit.
- Wait for the display to show “0,0kg” and then the scale is ready for use.
- Place yourself in the centre of the platform avoiding abrupt movements and without touching other objects, until the appliance shows your weight.
- Do not move and the percentage body fat will be displayed on screen.
- After stepping down the “Auto shutdown” system will turn it off automatically.

Automatic disconnection function:

(stand-by):

- In order to save energy, the appliance passes to stand-by after few seconds if the user does not use it.
- To return to normal operation simply press lightly on the weighing platform and wait for the screen to show “0.0”.

Once you have finished using the appliance:

- Remove the battery from the appliance if you are not intending to use the appliance during an extended period.

Special messages:

- The following messages can appear on the screen:
- EEEE: means that the appliance’s capacity has been exceeded
- Er: means that there’s an error in the body fat percentage measurement.
- Lo: means that the battery has to be changed/ recharged

Cleaning:

- Clean the equipment with a damp cloth with a few drops of washing-up liquid and then dry.
- Do not use solvents, or products with an acid





or base pH such as bleach, or abrasive products, for cleaning the appliance.

- Never submerge the appliance in water or any other liquid or place it under running water.

Supplies:

Only the following type of supplies must be used with the appliance (Fig. 4)

Battery type: 3V CR2032

These supplies are available in the majority of retail stores.

Repair:

- Take the appliance to an authorised technical support service if the product is damaged or other problems arise.
- Do not try to dismantle or repair as this may be dangerous
- If the connection to the mains has been damaged, it must be replaced by an authorised service

Ecology and recyclability of the product:

- The materials of which the packaging of this appliance consists are included in a collection, classification and recycling system.
- Should you wish to dispose of them, use the appropriate public recycling bins for each

type of material.

- The product does not contain concentrations of substances that could be considered harmful to the environment.
- This appliance contains, or could contain, oil.
- Remember that one should abide by the regulations concerning the elimination of this type of contaminant.
- This symbol means that in case you wish to dispose of the product once its working life has ended, take it to an authorised waste agent for the selective collection of waste electrical and electronic equipment (WEEE).
- This symbol means that the product may include a battery or batteries; user must remove them before disposing the product.
- Remember that batteries must be disposed of in duly authorised containers. Do not dispose of them in fire.
- This symbol indicates that the scale is slippery when wet.

Recycling:

If the product includes batteries, remove them before disposing the product. Remember that batteries must be disposed of in duly authorised containers.

Do not dispose of the batteries in a fire.





creative housewares

🏠 20 Tekstiel Street, Parow, Cape Town, 7493, South Africa

✉ P.O. Box 6156 Parow East, 7501, South Africa

☎ +27 21 931 8117 📠 +27 21 931 4058

Service Centre Helpline: 086 111 5006

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