

INSTRUCTION MANUAL 使用説明書 사용 설명서 取扱説明書

MICRO-COMPUTERIZED RICE COOKER/WARMER

_{微電腦}保温電飯鍋 ^{마이컴 제어</sub> 보온밥솥 マイコンジャー炊飯器}

ECJ-E35S (3.5 Cups)



HOUSEHOLD USE ONLY

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Thank you for your purchase of a Sanyo			
Rice Cooker/Warmer.	Please read		
these instructions careful and be sure to keep the safe place for future refere	, manual in a		

感謝您購買**三洋保温電飯鍋**。使用前 請仔細閱讀說明書,並確保將它收藏 好,以備隨時參閱。

산요 보온밥솥을 구입해 주셔서 감사 합니다. 사용 전에 이 설명서를 잘 읽어보시고 나중에 참고할 수 있도록 가까운 곳에 보관 해두십시오.

お買い上げまことにありがとうごいます。 この「取扱説明書」をよくお読みのうえ 正しくお使いください。お読みになった後は、 大切に保存してください。

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IMPORTANT SAFEGUARDS

When using electrical appliances, follow basic safety precautions to reduce the risk of fire, electrical shock, and/or injury:

- 1. Read all instructions.
- 2. Do not touch HOT surfaces. Use handles or knobs.
- To protect against fire, electrical shock, and personal injury, do not immerse cord, plugs or appliance in water or other liquid.
- 4. Close supervision is necessary when the appliance is used by or near children.
- 5. Unplug unit from outlet when not in use and before cleaning. Allow to cool before attaching or removing parts, and before cleaning the appliance.
- Do not operate any appliance with a damaged cord or plug after the appliance malfunctions or has been damaged in any manner. Return appliance to an authorized service facility for examination, repair or adjustment.
- 7. To protect against risk of electrical shock, do not force any foreign objects, such as pins and wires, into any openings.

- The use of accessory attachments not recommended by the appliance manufacturer may result in fire, electric shock or personal injury.
- 9. Do not use outdoors.
- 10. Do not let cord hang over edge of table or counter, or touch hot surfaces.
- 11. Do not place the appliance on or near a hot gas or electric burner, or in a heated oven.
- 12. Extreme caution must be used when moving an appliance containing hot oil or other liquids.
- 13. Do not clean the appliance with cleansers, steel wool pads, or other abrasive material.
- 14. Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn the switch to its "Off" position then remove the plug from wall outlet.
- 15. Do not use appliance for other than intended use. This product is designed for household use only.

SAVE THESE INSTRUCTIONS

Note:

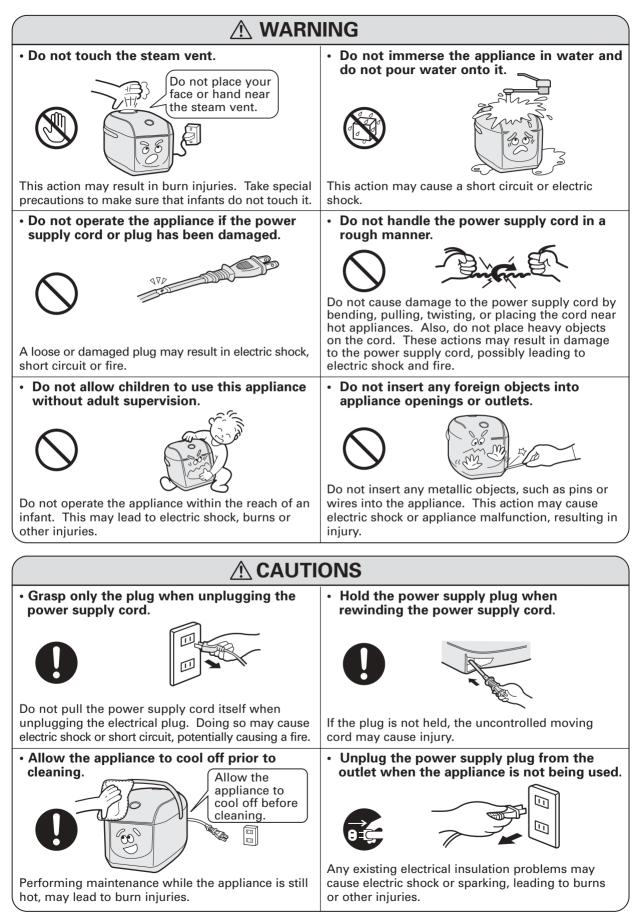
- A. A short power-supply cord is provided to reduce risks of becoming entangled in or tripping over a longer cord.
- B. Extension cords are available and may be used if care is exercised in their use.
- C. If extension cord is used:
 - (1) The marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance.
 - (2) The longer cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over.

The appliance has a polarized plug (one blade is wider than the other is). As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to override this safety feature.

WARNING: Handling the cord on this product or cords associated with accessories sold with this product, will expose you to lead, a chemical known to the State of California to cause cancer, and birth defects or other reproductive harm. **Wash hands after handling**.

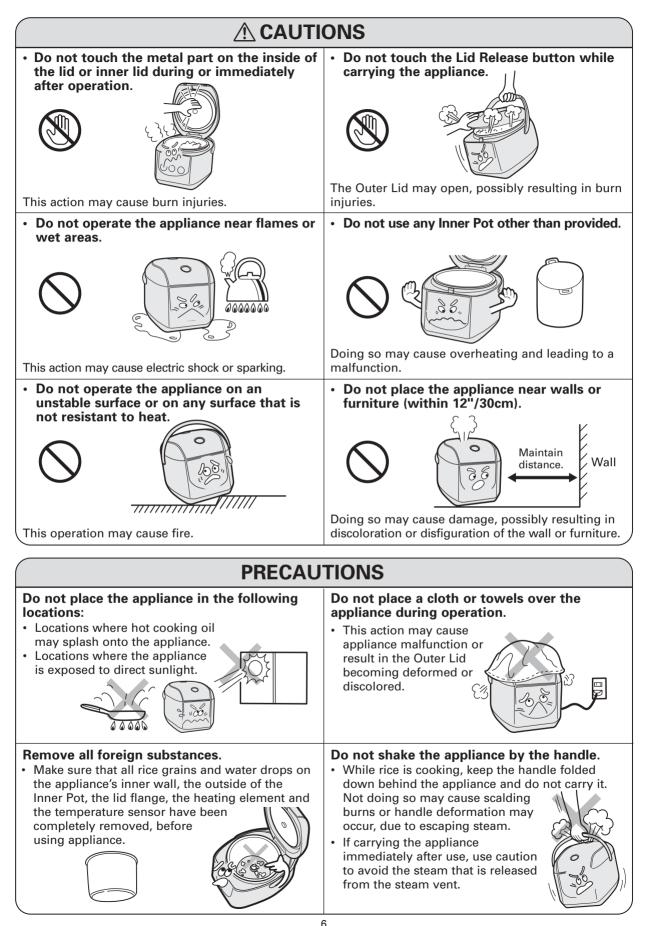
PRECAUTIONS

The important precautions described within this section must be followed carefully to prevent the possibility of personal injuries and/or property damage. The significance of the following cautionary symbols is explained below: • The potential hazards that may exist if these precautions are not followed are denoted by WARNING and CAUTION. **WARNING**: Circumstances that may result in personal injury or death. **CAUTION**: Circumstances that may result in personal injury or property damage. • The explanations below describe the importance of the symbols used throughout this manual. Generally Do not Do not disassemble. prohibited. touch N Indicates prohibited with wet actions (Don't do this). hands. Do not allow. Do not touch. Indicates actions that must This action must be Disconnect the performed. power supply plug. be performed (Do this). WARNING Use only 120 Volt AC electrical current. Plug the appliance into a single electrical outlet only. Do not share outlet 120 V AC with other appliances. Use only an electrical outlet rated at 15 amperes or more. If electrical outlets are shared with other Using any other power supply voltage may result appliances, the circuit may become hot potentially in fire and electric shock. causing a fire. Always keep the power supply plug clean. • Make sure that the power supply plug is firmly inserted all the way into the electrical outlet. If the power supply plug blades or plug surfaces become dirty, be sure that they are cleaned thoroughly. A dirty power supply plug can potentially A fire, electric shock or short circuit may result if the plug is not fully inserted into the outlet. cause a fire. · Do not attempt to modify the appliance. • Do not attempt to plug in or unplug with wet hands. $\langle \nabla D \rangle$ Improper repair may cause fire, electric shock and injury. All repairs must be performed by gualified technicians. If repair is necessary, take it to an This action may cause a short circuit or electric authorized repair center. shock.



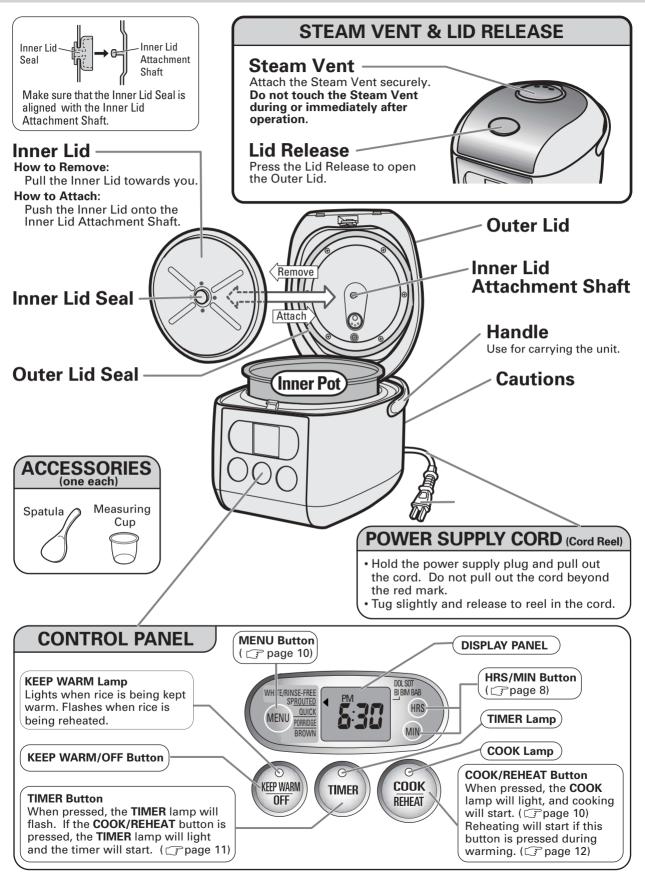
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NAMES AND FUNCTION OF PARTS



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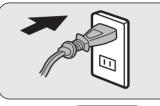
HOW TO SET THE CLOCK

- The time shown on the appliance's clock has been preset to standard time.
- Set the clock according to the following procedure if the time becomes incorrect due to room temperature or other reason.
- The clock cannot be set while the timer is being used for cooking or warming.
- The current operation can be canceled by pressing the KEEP WARM/OFF button.
- Be sure to set the clock to the correct time because timed cooking will not function properly if the time is incorrect.

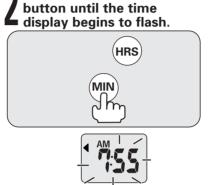
Press the HRS or MIN

EXAMPLE: When the current time is 8:00am, but the display shows 7:55am.

Plug in the power supply plug.

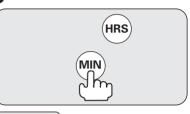






The time display will begin to flash.

Press HRS and MIN to set the correct time.





- Press HRS to set "8". Press MIN to set "00".
- Holding down the buttons will allow the display to fast forward.
- The clock display will stop flashing after 6 seconds.
- The time setting completes when the clock display stops flashing.

THE BUILT-IN LITHIUM BATTERY

- The appliance's internal lithium battery provides power to retain the time display and the timer setting, even when the power supply plug has been disconnected.
- The battery life expectancy is 4-5 years at a room temperature of 68°F/20°C. The battery may last longer when the appliance is plugged into the wall outlet because the battery power is not consumed.
- When the battery begins reaching the end of its life, the display will appear weaker and the timer setting will not be maintained while the appliance is unplugged. When the battery weakens, the appliance can still be used as usual as long as it is plugged in.
- A replacement battery can be purchased at the store where your appliance was purchased or visit www.sanyoservice.com.

POWER FAILURE WHILE THE UNIT IS IN OPERATION

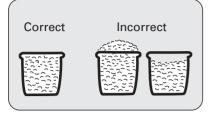
(Information given in this section includes times during operation when the plug is pulled or a circuit breaker goes out.)

- If the power fails momentarily, the appliance will return to the same mode it was in prior to the failure.
- In the event of a longer power outage, the following will occur once power is restored:.

During Timer Operation	During Cooking	While Rice is being Kept Warm
 The appliance will immediately begin cooking if the time has passed the cooking start time. The rice may not be cooked by the exact time programmed in the timer. 	 Cooking will continue, however, the rice may not be cooked properly. If a little cooking time remains, the appliance may switch to the KEEP WARM mode. 	• The appliance will continue to keep the rice warm.

HOW TO COOK RICE

Accurately measure the rice, then wash it.



- Measure the rice using measuring cup provided. 1 cup equals 180 ml.
- The Inner Pot can be used to wash rice.

HOW TO COOK RINSE-FREE RICE

- Fill the Inner Pot with water, up to the **RINSE-FREE** level. Place the Inner Pot into the main unit.
- Select WHITE/RINSE-FREE, SPROUTED from the menu, then begin cooking.

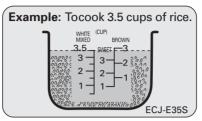
HOW TO COOK SPROUTED BROWN RICE

- Mix washed white rice with sprouted brown rice.
- White rice to Sprouted Brown rice ratio: 2 cups of White rice to 1 cup of Sprouted Brown rice is the ideal ratio. Adjust the amount of rice based on personal preferences.
- Fill the Inner Pot with water up to the **RINSE-FREE / SPROUTED** level. Place the Inner Pot into the main unit.
- Select WHITE/RINSE-FREE, SPROUTED from the menu, then begin cooking.

HOW TO COOK BROWN RICE

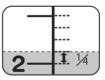
- Wash brown rice and let sit for an hour.
- Up to 3 cups of brown rice can be cooked.
- Fill the Inner Pot with water up to **BROWN** level. Place the Inner Pot into the main unit.
- Select **BROWN** from the menu, then begin cooking.
- For more delicious results with brown rice, soak the rice in water for an hour or more before cooking.

Add the correct amount of water and place the Inner Pot into main unit.



- Choose the level of water, based on the selected menu setting and the quantity of the rice being cooked.
- If the water level is incorrect, excess water may boil over.
- Adjust the water level according to your own preference. The water level may be adjusted by up to ¼ of a graduation level. If the amount of water is too great, it may boil over.

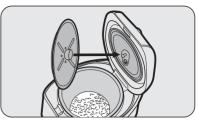
Example: To cook 2 cups of rice.



- Make sure that any rice grains or water droplets remaining on the outside of the Inner Pot or the inner wall of the main body are removed. Water remaining in these areas may cause noise during the cooking process.
- Gently turn the Inner Pot from side to side a few times to level the rice.

WATER MEASUREMENT GUIDELINES FOR PORRIDGE					
Quantity	Porridge W	/ater Level			
of Rice	Regular	Soft			
0.5 cup	Up to "0.5" mark	Up to "1" mark			
1 cup	Up to "1" mark				

Attach the Inner Lid and close the Outer Lid.

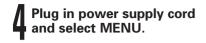


- Align the center hole located on the Inner Lid Seal with the Inner Lid Attachment Shaft.
- Securely close the Outer Lid until you hear a click.
- Make sure that there are no foreign objects such as rice grains, between the Inner Lid and the Inner Pot or between the Inner Pot and Outer Lid Seal.
- Any foreign object between them will cause steam to escape or water to boil over.

HOW TO COOK MIXED/SWEET RICE

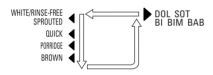
- Wash rice and let sit until right before cooking.
- Mix all ingredients in a bowl.
- Excess ingredients may cause the rice to cook improperly.
- Use of seasonings when cooking rice causes the rice to burn more easily.
- Up to 3 cups of mixed rice or sweet rice can be cooked.
- Fill the Inner Pot with seasoning up to the WHITE/MIXED or SWEET level. Place the Inner Pot into the main unit.
- Select WHITE/RINSE-FREE, SPROUTED from the menu, then begin cooking.
- After cooking the rice mixed with other ingredients, an order may remain. Wash the Inner Pot and Inner Lid thoroughly after each use.

HOW TO COOK RICE



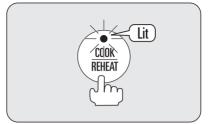


- You cannot select a menu or cook rice until the power supply plug is plugged into the outlet.
- You cannot select a menu or cook rice while the KEEP WARM lamp is on or flashing. Press KEEP WARM/OFF button to cancel KEEP WARM mode.



- Select WHITE/RINSE-FREE/ SPROUTED for cooking sweet rice.
- Select QUICK for faster cooking.
- **QUICK** course is when you would like your rice cooked more quickly than a regular course. The rice may be slightly harder.
- If the wrong menu is selected, the water may boil over or the rice may not be cooked properly.

Press COOK/REHAT button to cook.



- The **COOK** lamp lights and begins cooking. The **DISPLAY PANEL** will show the current time.
- Do not press COOK/REHEAT button without the Inner Pot properly placed in the main unit.
- Be aware that if the COOK/REHEAT button is accidentally pressed without the Inner Pot, the heating element will temporarily become very hot.
- Make sure the COOK lamp is lit.
- If the **COOK** lamp is not on, press the **KEEP WARM/OFF** button to cancel cooking. Press the **MENU** button to reselect the menu and press the **COOK/REHEAT** button again.
- The remaining cooking time until rice is done will be displayed beginning from 13 minutes. **QUICK** or **PORRIDGE** courses, 10 minutes prior to the completion.

Example: With 10 minutes remaining time.



Stir the rice before serving. Cooked rice can be kept warm for up 12 hours.



- Once the cooking is completed, the **COOK/REHEAT** lamp goes off. Then the **KEEP WARM** lamp will light and the unit will automatically switch operation to keep the rice warm.
- The **DISPLAY PANEL** will show the elapsed warming time.



- Do not keep rice warm for more than 12 hours as rice may develop an odor, turn yellow, or dry out.
- Do not unplug unit while in **KEEP WARM** mode.
- Porridge can not be kept warm. When porridge is cooked, the KEEP WARM lamp will flash. Do not keep porridge warm, as it tends to become gluey.
- Do not keep mixed rice, bi bim bab, brown rice, sweet rice or sprouted brown rice warm as they may begin to deteriorate or develop an odor.
- Slight scorching may form on the bottom of the Inner Pot.
- Make sure to press **KEEP WARM**/ **OFF** button and unplug the power cord after use. If this is not done, the unit will enter the **KEEP WARM** mode when it is plugged in next time.

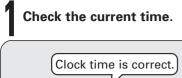
TIME GUIDE FOR WHEN RICE IS DONE

(At the room temperature 68°F/20°C and water temperature 64°F/18°C)

Menu	White Rice	Sprouted Brown Rice	Rinse-Free Rice	Sweet Rice	Brown Rice	Porridge
Capacity (cups)	0.5 - 3.5	0.5 - 3	0.5 - 3	0.5 - 3	1 - 3	0.5 - 1
Time Required (minutes)		37 - 50min.	35-49min.	38-47min.	1hour/25min 1hour/30min.	1hour - 1hour/10min.

• QUICK course will cook rice approximately 13 to 15 minutes sooner than a regular course.

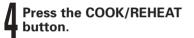
HOW TO USE TIMER COOKING (Rice cooking completes at a specific time.)

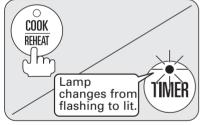




- Set the timer after preparing the rice following steps (1)-(3) in the How to Cook Rice.

The timer cannot be set if the **KEEP WARM** lamp is lit or flashing. Press **KEEP WARM/OFF** button to turn off the lamp.





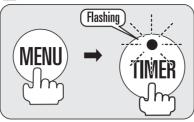
- The **TIMER** lamp will change from flashing to lit and the current time will be shown on the **DISPLAY PANEL**. This completes the timer setting.
- Make sure to press **COOK/REHEAT** button to complete a timer setting.

AFTER TIMER COOKING STARTS:

If you want to change the timer setting: Press the KEEP WARM/OFF button, and then reset the timer following steps (2)-(4) described before.

If you want to check the current time: The current time will be displayed while holding **HRS** and **MIN** buttons.

After selecting a MENU, press the TIMER button.

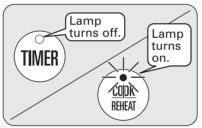


- The **TIMER** lamp will begin flashing and the timer setting will be shown on the **DISPLAY PANEL**.
- Initial Setting: When the timer is set for 6:00am.



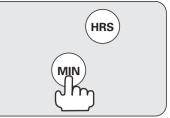
- If the existing timer setting is correct, then proceed to the operation described in section 4.
- 🕝 page 10 for menu selection.

COOKING BEGINS:



• The **TIMER** lamp will go off when cooking starts and the **COOK** lamp will light.

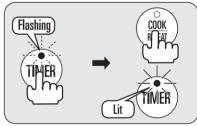
Press the HRS and MIN buttons to set the timer.



- Press **HRS** button to change the hour. The hours change in 1-hour increments. Press **MIN** button to change minutes. The minutes change in 10-minute increments.
- The timer can be fast-forwarded by holding down the **HRS** or **MIN** buttons.
- The time displayed for 12:00 noon is "0:00 PM".
- Example: 12:00 noon



Once the timer has been set, timer cooking can be performed in two steps.



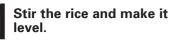
- Press TIMER button after reviewing the menu selection.
 Press COOK/REHEAT button after reviewing the time setting.
- Previous timer settings are stored in memory.

THE TIMER COOKING:

- Timer cooking should be set to begin within 12 hours. The rice may begin to deteriorate if the rice left in the water for an extended time.
- Do not use timer cooking to prepare mixed rice, bi bim bab or sweet rice that contains other ingredients. These ingredients or seasoning may deteriorate or settle to the bottom and fail to cook properly.
- Rice may turn out soft when cooked using the timer.
- THE TIMER SETTING Timer must be set for the minimum times listed below. Otherwise, cooking will start immediately.

Menu	White, Rinse-Free, Sprouted Brown, Quick Rice	Brown Rice	Porridge
Time Required	1 hour	2 hours	1 hour and 30 minutes

HOW TO REHEAT RICE (Rice being kept warm may be reheated.)

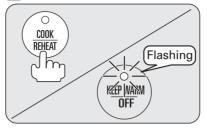




- Always stir the rice in the Inner Pot to prevent scorching.
- Level the rice.
- Close the Outer Lid.

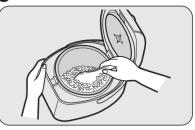
Make sure that the **KEEP WARM** lamp is lit.

Press the COOK/REHEAT button.



- The **KEEP WARM** lamp will flash and reheating will begin.
- The DISPLAY PANEL will show the remaining time. Reheating takes approximately 8 minutes depending on the rice temperature.

Stir the rice again when reheating is completed.



- When reheating is completed, the **KEEP WARM** lamp will light, and the unit will return to **KEEP WARM** mode.
- Make sure to stir the rice thoroughly as the rice at the bottom may become slightly hard.



• To cancel reheating, press the COOK/REHEAT button again. The REHEAT lamp disappears from the DISPLAY PANEL and the unit will return to the KEEP WARM mode.

TIPS FOR REHEATING

- For better results, reheat rice when the Inner Pot is less than half full.
- Do not reheat other than white or rinse-free rice. Do not reheat rice more than once as this may cause rice to burn, turn yellow or develop an odor.
- Sprinkle some water on the rice when reheating a small amount of the rice. This will prevent the rice from becoming dry. Sprinkle 1 tablespoon of water per 2 bowls of rice.
- Do not reheat cold rice as this may cause the rice to develop an odor.

HOW TO COOK DOL SOT BI BIM BAB

- Put up to 4 cups of cooked rice into Inner Pot.
- Add the cooked ingredients of Dol Sot Bi Bim Bab on rice and stir it gently.
- Select **DOL SOT BI BIM BAB** from the menu, then begin cooking. Cooking takes approximately 12 to 20 minutes depending on the rice temperature.
- When cooking is done, stir the rice gently and serve hot.

Note When cooking packaged convenience foods, follow the directions according to package.

CLEANING AND MAINTENANCE

Always unplug the power supply cord from the electric outlet and allow the unit to cool off completely prior to cleaning.

When cleaning the unit, do not use cleaning powder, scrub brush, benzene or thinner. Attach the Inner Lid properly after each cleaning.



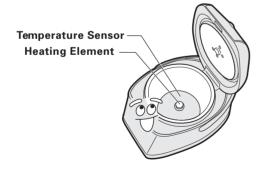
Wipe with a damp cloth.



Make sure to wipe thoroughly any channels where moisture tends to accumulate.

HEATING ELEMENT AND TEMPERATURE SENSOR

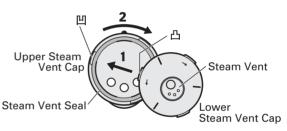
If the rice grains or other dirt becomes stuck to the heating element, gently polish with fine sandpaper (about 320 grit) and then wipe with a damp sponge.



INNER POT AND INNER LID

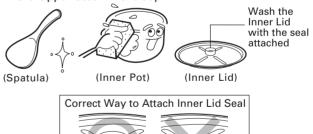
Wash with dishwashing detergent and soft sponge after each use.

- * Attach the Inner Lid properly after each cleaning.
- * Take care not to dent or damage the Inner Pot or Inner Lid.
- * To prevent damage to the fluorine resin-coated surface:
 - Do not wash rice using hard objects, such as metal whisks.
 - Use provided spatula for serving rice.
 - Do not wash hard objects, such as spoons or rice bowls within the Inner Pot.
 - Do not use vinegar in the Inner Pot.
 - Some discoloration of the Inner Pot may occur through normal use. This discoloration is completely safe and poses no health hazard.



How to Attach Steam Vent Cap

- 1 Align the three tabs (凸) on the Lower Steam Vent Cap to the slots (凹) on the Upper Steam Vent Cap.
- 2 Turn the Lower Steam Vent Cap clockwise.
- Make sure the Steam Vent Seal is placed properly in the Upper Steam Vent Cap.



SPECIFICATIONS

Power Co	onsumption	Carabian Canadita			D	imensior	าร	
Cooking	Keep Warm	COOK	ing Capacity	Height	Depth	Width	Weight	Cord Length
		White Rice	0.09~0.63L (0.5~3.5 cups)					
		Rinse-Free Rice	0.09~0.54L (0.5~3.0 cups)					
460 W	23 Wh	Sprouted Brown Rice	0.09~0.54L (0.5~3.0 cups)	195mm	275mm	226mm	3.0 kg	Approx. 0.95m
		Brown Rice	0.18~0.54L (1.0~3.0 cups)	(711/16")	(1013/16")	(8 ^{7/8} ")	(6.6 lbs.)	(37 ^{3/8} ")
		Sweet Rice	0.18~0.54L (1.0~3.0 cups)					
		Porridge	0.09~0.18L (0.5~1.0 cups)					

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TROUBLESHOOTING Check the following before requesting services.

Symptom	Possible Cause	Reference Page #
Rice does not	Is the COOK/REHEAT button pressed while the unit is in keeping warm mode?	10, 11
cook.	Is power supply cord plugged in properly or has any power failure occurred?	8
	Is the water quantity correct?	9
	Are there any foreign objects sticking to the outer Inner Pot, sensor or heating element?	6, 9, 13
	Is the rice stirred thoroughly after cooking?	10
Rice is hard or	Is the correct menu selected?	10, 11
undercooked.	Is power supply cord plugged in properly or has any power failure occurred?	8
	Is the inner lid attached properly?	9
	Are there any foreign objects between the Inner Pot and inner lid, or between the Inner Pot and Outer Lid seal?	9, 13
	Is the water quantity correct?	9
Rice is soft or	Are there any foreign objects sticking to the outer Inner Pot, sensor or heating element?	6, 9, 13
sticky.	Is the rice stirred thoroughly after cooking?	10
	Is the correct menu selected?	10, 11
	Is the water quantity correct?	9
Rice is	Are there any foreign objects sticking to the outer Inner Pot, sensor or heating element?	6, 9, 13
scorched.	Is the correct menu selected?	10, 11
	Is rice washed thoroughly before cooking?	9
	Is the water quantity correct?	9
	Are there any foreign objects sticking to the outer Inner Pot, sensor or	0.0.10
Rice cooking	heating element?	6, 9, 13
takes too long.	Is the correct menu selected?	10, 11
	Is power supply cord plugged in properly or has any power failure occurred?	8
	Are there any foreign objects sticking to the outer Inner Pot, sensor or heating element?	6, 9, 13
While using the	Is the rice stirred thoroughly after cooking?	10
Keep Warm function, the	Is rice washed thoroughly before cooking?	9
rice becomes	Is power supply cord plugged in properly or has any power failure occurred?	8
hard, discolored	Is the rice kept warm over 12 hours?	10
or develops an	Is the inner lid attached properly?	9
odor.	Is the cold rice kept warm or cold rice added? Are there any foreign objects between the Inner Pot and inner lid, or between	12
	the Inner Pot and Outer Lid seal?	9, 13
	Is the water quantity correct?	9
	Are there any foreign objects sticking to the outer Inner Pot, sensor or heating	6, 9, 13
Water boils	element? Is the correct menu selected?	
over during	Is rice washed thoroughly before cooking?	10, 11 9
cooking.	Is the inner lid attached properly?	9
	Are there any foreign objects between the Inner Pot and inner lid, or between the Inner Pot and Outer Lid seal?	9, 13
	Is the water quantity correct?	9
Steam comes	Is the correct menu selected?	10, 11
out from	Is the inner lid attached properly?	9
around the Outer Lid.	Are there any foreign objects between the Inner Pot and inner lid, or between the Inner Pot and Outer Lid seal?	9, 13
	Is the water quantity correct?	9
Rice cooking does not complete at	Are there any foreign objects sticking to the outer Inner Pot, sensor or heating element?	6,91,3
the preset time.	Is the correct menu selected?	10, 11
	Is power supply cord plugged in properly or has any power failure occurred?	8
	Is the timer set properly?	11
The control buttons won't work.	Is power supply cord plugged in properly or has any power failure occurred?	8
There is some	The clicking sound is caused by the unit adjusting power usage. It is not a malfunction.	9
noise during cooking.	Water droplets remaining on the outside of the Inner Pot or the inner wall of the main body may cause noise during cooking. It is not a malfunction.	9
	or the main body may cause holse during cooking. It is not a manufiction.	

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RECIPES

TIPS FOR COOKING RECIPES

- 1. Use the provided measuring cup (6 oz. or 180 ml) for measuring rice.
- 2. Do not measure seasonings with the provided measuring cup. Use a standard measuring cup and spoons for seasonings.
- 3. Do not cook more than the unit allows for cooking certain type of rice or recipe.
- 4. Mix seasonings thoroughly such as soy sauce or salt with the broth, soup, or water, and add to Inner Pot right before cooking.
- 5. Excess ingredients or poor mixing of the seasoning may cause the rice to cook improperly.
- 6. Use of seasonings when cooking rice causes the rice to burn more easily.
- 7. After cooking the rice mixed with other ingredients, an odor may remain. Wash the Inner Pot and Inner Lid thoroughly after each use.

Rice with Meat and Vegetables (Kayaku Gohan)

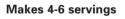
MIXED RICE



- 1. Wash rice and let sit for 30-60 minutes.
- 2. Soak dried shiitake mushrooms in water and cut into thin strips.
- 3. Remove outer skin of the burdock, shred into fine strips, and soak in water.
- 4. Chop carrots into thin strips and cut chicken into small, bite sizes.
- 5. Cut yam cake into thin strips and boil briefly.
- 6. Briefly boil deep-fried tofu and cut into thin slices.
- 7. Make seasoning by adding soy source, sake, and salt to the Japanese broth (dashi) and mix well.
- Drain rice and pour into Inner Pot. Add enough seasoning prepared in step 7 to fill up to "3" on the "MIXED" water level line. Then mix ingredients from steps 2 through 6 and place on top of rice.
- Close Outer Lid and select WHITE/MIXED with the MENU button. Press the COOK/REHEAT button.
- 10. Briefly boil snow peas in salted water and cut into thin strips.
- 11. When rice is cooked, stir the rice. Place in bowl and garnish with snow peas.

Teriyaki Mushroom Sprouted Brown Rice

SPROUTED BROWN RICE



Ingredients:

- 2 cups rice
- 1 cup sprouted rice
- 1 can (3 oz.) chunk chicken breast, break into small pieces 1 can (7 oz.) mushrooms pieces & stems

 $1/_{2}$ can (10 $1/_{2}$ oz.) condensed French onion soup

- 1 Tbs. sugar
- 4 Tbs. soy sauce
- 3 Tbs. butter or margarine

Preparation:

- 1. Wash rice and let sit for one hour.
- 2. Break chunk chicken breast into small bite sizes.
- Drain rice and pour into Inner Pot. Add ②, the remaining ingredients and water up to "3" on the "MIXED" water level line and mix well.
- Close Outer Lid and select "SPROUTED" with the MENU button. Press the COOK/REHEAT button.
- 5. After approx. 20 minutes into cooking, open the lid and stir the rice quickly and close the lid. Continue cooking until rice is done.
- 6. When rice is cooked, stir the rice gently and place in bowl.





Makes 4-6 servings

Ingredients:

- 3 cups rice ¹/₃ cup burdock ¹/₃ cup chopped carrots
- 3 dried shiitake mushrooms 1.5 oz. yam cake (konnyaku)
- 1 sheet deep-fried tofu (abura-age)
- 2 oz. chicken
- 2 cups Japanese broth (dashi)
- 2 Tbs. light-colored soy sauce
- 3 Tbs. sake
- $\frac{1}{2}$ tsp. salt
- 2 or 3 snow peas

Seasoned Brown Rice

BROWN RICE



Makes 6 servings

Ingredients:

3 cups long-grain brown rice

- $2\ \text{cans}\ (10.5\ \text{oz.})$ chicken broth
- 3 Tbs. margarine
- $1/_2$ tsp. crushed garlic (from jar)
- 1 tsp. dried parsley

Rice with Red Beans (Sekihan)

SWEET RICE

Makes 4-6 servings

Ingredients:

2 cups sweet rice (rice for making rice dumplings)
1 cup rice
1/2 cup red beans (azuki)
1 tsp. salt with black sesame (gomashio)

Preparation:

- 1. For better results, wash brown rice and let sit for 2 hours.
- 2. Drain rice and pour into Inner Pot.
- Add chicken broth, margarine and crushed garlic into Inner Pot and water up to "3" on the "BROWN" water level line and mix well.
- 4. Close Outer Lid and select "**BROWN**" with the **MENU** button. Press the **COOK/REHEAT** button.
- 5. When rice is cooked, add dried parsley and stir the rice gently. Add 1 teaspoon of Poultry Seasoning, if desired.

Preparation:

- 1. Mix the two kinds of rice together, wash, and let sit for 30-60 minutes.
- 2. Heat red beans in a pot full of water over strong flame. Bring to a boil and discard broth. Add another half quart of water and simmer until beans are just a little hard.
- 3. When red beans are cooked, separate beans from broth. Scoop broth with ladle and pour back into pot four or five times to air broth.
- 4. Drain rice and pour into Inner Pot. Add broth from step ③ and water up to "3" on the "SWEET" water level line. Place red beans on top of rice.
- 5. Close Outer Lid and select "WHITE/MIXED" with the MENU button. Press the COOK/REHEAT button.
- 6. When rice is cooked, stir the rice gently and place in bowl. Sprinkle with the salt with black sesame.

Kasha with Asari Clams (Russian-type Porridge)

PORRIDGE



Makes 4 servings

Ingredients:

- ¹/₂ cup rice
- $\frac{1}{2}$ cup asari clams (drained) 2 Tbs. and $\frac{1}{2}$ tsp. white wine
- $\frac{1}{2}$ cup shimeji mushrooms
- $\frac{1}{3}$ cup green peas (frozen)
- 2 cubes soup broth
- ³/₄ cup hot water
- pinch of salt
- 2 Tbs. parsley (chopped)

Preparation:

- 1. Wash rice and let sit for 30-60 minutes.
- 2. Pour white wine (2 Tbs. + $1/_2$ tsp.) into pot and bring to boil. Add asari clams, close lid, and steam. Once clams open, sprinkle with salt. Then strain broth with cloth.
- 3. Remove bottom of the stem of the shimeji mushrooms and separate into small pieces.
- 4. Pour green peas into boiling water with salt, and boil briefly.
- 5. Soak cubes in hot water to dissolve.
- 6. Drain rice and pour into Inner Pot. Add broth from step ②, broth in step ⑤ and enough water to fill up to "1" on the "PORRIDGE" water level line. Then add the asari clams, shimeji mushrooms and green peas.
- Close Outer Lid and select "PORRIDGE" with the MENU button. Press the COOK/REHEAT button.
- 8. When rice is cooked, stir the rice gently and place in bowl. Garnish with finely chopped parsley.

Easy Risotto (Western porridge)

PORRIDGE

Makes 2-3 servings

Ingredients:

- 1¹/₂ cups cold rice
- 1 cup mixed vegetables (frozen)
- 1 cube soup broth
- 2 cups hot water
- 4 Tbs. butter
- pinch of salt
- 2 Tbs. parsley (chopped)

Risotto

PORRIDGE

Makes 4-6 servings

Ingredients:

- 1 cup rice ¹/₂ medium onion, minced
- 4 stalks asparagus
- 1 clove garlic, minced
- 1/2 cup canned tuna (optional)
- 1 Tbs. olive oil
- 2 tsp. chicken bouillon
- Salt & pepper
- 3¹/₄ cups water

Shrimp Pilaf

Makes 4-6 servings

Ingredients:

- 3 cups rice
- 6 medium size shrimps (or 1/4 cup cocktail shrimp) 6 _ oz. can chopped clam, (optional, save the juice) 3 _ oz. octopus or squid, chopped (optional) 1/4 cup mixed vegetable (frozen or canned) 3 Tbs. olive oil 2 tsp. chicken bouillon 2 cups water
- ¹/₂ tsp. curry powder
- Salt & pepper

Preparation:

- 1. Prepare mixed vegetables according to package.
- 2. Soak cube in hot water to dissolve.
- 3. Put cold rice and ingredients in step (1) and (2) into Inner Pot.
- 4. Close Outer Lid and select "**PORRIDGE**" with the "**MENU**" button. Press the "**COOK/REHEAT**" button.
- 5. When rice is cooked, add salt and butter to taste and stir the rice gently.
- 6. Place in bowl and garnish with finely chopped parsley.

Preparation:

- 1. Wash rice and drain well
- 2. Mince onion and garlic.
- 3. Cut asparagus diagonally into bite-size pieces and parboil. Drain and set aside.
- 4. Dissolve chicken bouillon in 3¹/₄ cups of water.
- 5. Heat ¹/₂Tbs. of olive oil in skillet. Sauté minced garlic well to bring out the flavor. Add minced onion and sauté well. Add tuna and season with salt and pepper. Remove from skillet and set aside.
- 6. Heat ¹/₂Tbs. olive oil in skillet. Sauté drained rice in step ① until rice become transparent.
- 7. Place the sautéed rice in step ⁽⁶⁾ into Inner Pot. Add liquid from step ⁽⁴⁾ to fill up to "1" on the "**PORRIDGE**" water level line. Then place sautéed garlic, onion, and tuna from step ⁽⁵⁾ on top of rice.
- 8. Close Outer Lid and select "**PORRIDGE**" with the "**MENU**" Button. Press the **COOK/REHEAT** Button.
- 9. When rice is cooked, add parboiled asparagus from step ③ and mix well. Let it steam for few minutes before serving.

Preparation:

- 1. Wash rice and drain well.
- 2. Cook shrimps in boiling water for 2-3 minutes. Peel and cut into bite-size pieces.
- 3. Heat 2 Tbs. olive oil in skillet. Sauté drained rice until rice become transparent. Remove from skillet and set aside.
- 4. Heat 1 Tbs. olive oil in skillet. Sauté chopped shrimp from step 2, clam or other seafood, and mixed vegetable. Season with salt, pepper, and curry powder.
- 5. Dissolve chicken bouillon in 2 cups of water. If the juice from the can of clam is available, reduce the water to make up 2 cups of liquid.
- 6. Place the sautéed rice in step ③ into inner pot. Add the liquid from step ⑤ and enough water to fill up to "3" on the "WHITE/MIXED" water level line. Then place sautéed seafood from step ④ on top of rice.
- 7. Close Outer Lid and select "WHITE/RINSE-FREE" with the MENU Button. Press the COOK/REHEAT button.
- 8. When rice is cooked, fluff the rice and serve.

Bread Pudding

PUDDING

Makes 6-8 servings

Ingredients:

5 slices of bread 2 oz. butter or margarine 1/₃ cup sugar 1 cup milk 3 eggs 1/₂ tsp. vanilla

¹/₄ tsp. cinnamon

Dol Sot Bi Bim Bab

Makes 4-6 servings

Ingredients:

- 3 cups cooked rice
- _ lb. thin sliced or ground beef
- _ bunch spinach
- _lb. bean sprouts
- 1 medium carrot
- 1 Tbs. sugar
- 1 Tbs. soy sauce
- 1 Tbs. minced green onion
- 1 tsp. crushed garlic
- 1 Tbs. ground sesame seeds
- 2 1/2 Tbs. sesame oil
- 2-3 eggs, fried easy-over or sunny-side up 1/2 Tbs. Kochujang, Korean chili bean paste
- (available in Korean grocery)

Preparation:

- 1. Tear bread into bite-size pieces and place into Inner Pot.
- 2. Heat milk, sugar and butter until butter melts in a saucepan.
- 3. In a bowl, beat eggs and add vanilla and cinnamon. Add to 2 mixture.
- 4. Pour ③ over bread prepared in step ①.
- Place the Inner Pot in the rice cooker. Close Outer Lid and select "WHITE/RINSE-FREE" with the MENU button. Press the COOK/REHEAT button.
- 6. After cooking is done, let stand for 5 minutes. Serve the pudding warm or cool, if desired.

Optional:

- Add 1/4 cup raisin or chopped nuts for variety.
- Sprinkle powdered sugar or liquor sauce for more flavors.

Preparation:

- In a bowl, combine 1 Tbs. sugar, 1 Tbs. soy sauce, 1 Tbs. minced green onion, and 1 tsp. crushed garlic. Marinate beef in the mixture for one hour. Heat ¹/₂Tbs. sesame oil in skillet. Cook beef until browned and liquid is absorbed.
- Cut carrot into fine strips. Boil carrot, spinach, and bean sprouts individually until vegetables are tender. Drain and squeeze out water. Cut spinach into 1-inch. Season each boiled vegetables with 1 tsp. ground sesame seeds and 1 tsp. sesame oil.
- 3. Spread 1 Tbs. sesame oil in Inner Pot. Add cooked rice into Inner Pot. Arrange seasoned vegetables from step 2 and meat from step 1 over the rice.
- 4. Close Outer Lid and select "DOL SOT BI BIM BAB" with the MENU button. Press the COOK/REHEAT Button.
- After cooking is done, add fried eggs and Kochujian. Mix well and serve hot.

Tips for making Kochujan (Korean chili bean paste)

Ingredients:

1/3 cup soy sauce
1/2 cup miso, soy bean paste
1/4 cup sugar
1/2 tsp. salt
1/2 tsp. cayenne pepper powder

Preparation:

In a sauce pan, cook soy sauce, miso, and sugar. Mix well and remove from heat when it starts bubbling. Add salt and cayenne pepper to taste. Cool off.

SANYO RICE COOKER/WARMER ECJ-E35S LIMITED WARRANTY

OBLIGATIONS

In order to obtain factory warranty service, call the toll-free number below. The unit must be packed in the original carton or a well-padded sturdy carton in order to avoid shipping damage. Note: Do not return this unit to the retail store for service.

To obtain factory warranty service, product operation information or for problem resolution, call 1-800-421-5013 Weekdays 8:00 AM – 5:00 PM Pacific Time Or visit web at www.sanyoservice.com

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LABOR	PARTS
1 YEAR	1 YEAR

EXCLUSIONS

This warranty does not cover (A) the adjustment of customer-operated controls as explained in the appropriate model's instruction manual, or (B) the repair of any product whose serial number has been altered, defaced or removed.

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THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS. YOU MAY HAVE OTHER RIGHTS, WHICH VARY FROM STATE TO STATE.

For your protection in the event of theft or loss of this product, please fill in the information below for your own personal records.

Model No	Serial No
	(Located on back or bottom side of unit)
Date of Purchase	Purchase Price
Where Purchased	

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