



Smooth 5.3P Treadmill

treadmillbynet.com
advancedfitness.com
The Fitness Superstore

-
SALES: (888) 9TREADS
(888) 987-3237

SERVICE: (888) 340-0482

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TABLE OF CONTENTS

PAGE

Table of Contents	2
Important Safety Information	3
Before You Start	4
Warm Up Exercises	5
Assembly Instructions	6
Power Requirements	7
Console Functions and Descriptions	8
Program and Operating Instructions	9, 10
Program Descriptions and Profiles	11
Belt Adjustments and Tension	12
Maintenance Instructions	13
Troubleshooting Guide	14
Parts and Diagrams	15, 16
Warranty	17

Important Safety Information



- 1) WARNING:** Before using this treadmill or starting any exercise program, consult your physician. This is especially important for persons over the age of 35 and/or persons with pre-existing health problems. The manufacturer or distributor assumes no responsibility for personal injury or property damage sustained by or through the use of this product.
- 2) WARNING:** To reduce the risk of electrical shock, burns, fire, or other possible injuries to the user, it is important to review this manual and the following precautions *before* operation.

SAFETY PRECAUTIONS AND TIPS

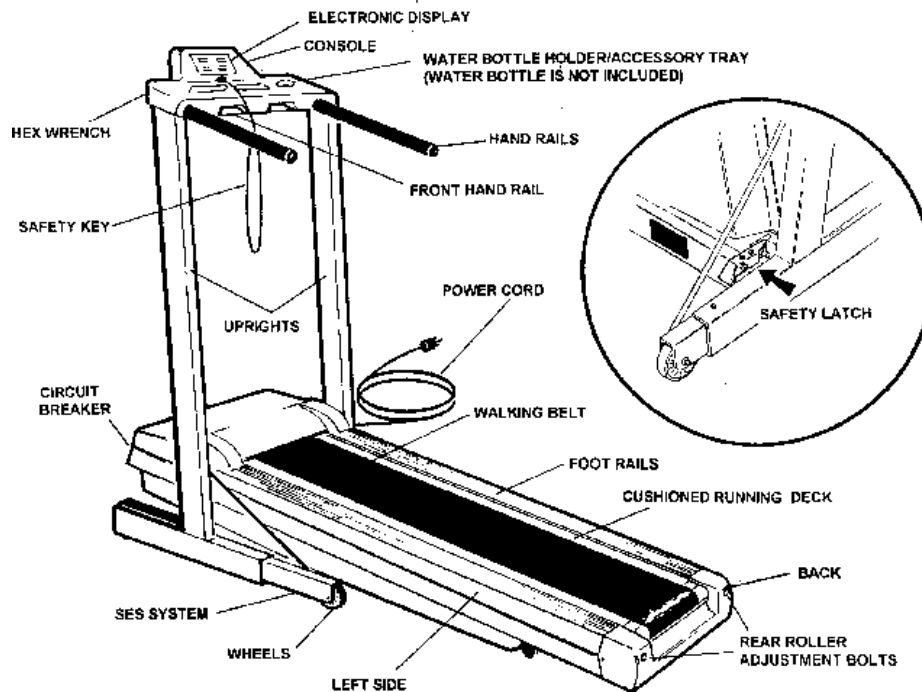
- It is the owner's responsibility to ensure that all users of this treadmill have read the Owner's Manual and are familiar with warnings and safety precautions.
- This treadmill has a user maximum capacity of 300 pounds for the 5.3P.
- The treadmill should only be used on a level surface and is intended for indoor use only. The treadmill should not be placed in a garage, patio, or near water and should never be used while you are wet. Smooth recommends a treadmill mat be placed under the treadmill to protect floor or carpet and for easier cleaning.
- Follow safety information in regards to plugging in your treadmill. Keep the power cord away from the incline wheels and do not run the power cord underneath your treadmill. Do not operate the treadmill with a damaged or frayed power cord.
- Wear comfortable, good-quality walking or running shoes and appropriate clothing. Do not use the treadmill with bare feet, sandals, socks or stockings.
- Always straddle the belt and allow it to start moving before stepping onto the belt.
- Hold on to handrails when adjusting speed, incline, or other controls.
- Always examine your treadmill before using to ensure all parts are in working order.
- Allow the belt to fully stop before dismounting.
- Pets should be never be allowed near or on the treadmill.
- Do not leave children unsupervised near or on the treadmill.
- Never operate the treadmill where oxygen is being administered, or where aerosol products are being used.
- Never insert any object or body parts into any opening.
- For safety and to prevent damage to your treadmill, no more than one person should use the treadmill at a time.
- Always unplug the treadmill before cleaning and/or servicing. Service to your treadmill should only be performed by an authorized service representative, unless authorized and/or instructed by the manufacturer. Failure to follow these instructions will void the treadmill warranty.
- Never leave the treadmill unattended while it is running.



Before You Start

Thank you for purchasing a *SMOOTH* treadmill! This quality product you have chosen was designed to meet your needs for cardiovascular exercise.

- Before you start, please read the Owner's Manual and become familiar with the operation of your new treadmill. Remember to take the time to perform the stretching exercises provided to avoid injury.
- **The Red Safety Key is required to operate the treadmill.**
- Do not stand on the walking belt while pressing the Power button or Start/Stop button.
- Always adjust the speed of the treadmill in small increments as this treadmill is capable of high speeds.
- If you are taking medication, consult your physician to see if the medication will affect your exercise heart rate.
- If you have heart problems, you are not active, and/or are over the age of 50 years, do not use the pre-set treadmill programs or start an exercise program without first contacting and receiving approval from your physician.
- To avoid the risk of electrical shock, always keep the console dry. Do not spill liquids on the console. The manufacturer recommends a sealed water bottle for beverages consumed while using the treadmill.
- **Please review the following drawing below to familiarize yourself with the listed parts. The one pictured below may not be identical to your particular model.**



Warm Up Exercises

WARM UP FIRST !

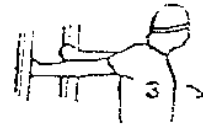
Warming up prepares the body for exercise by increasing circulation, supplying more oxygen to the muscles and raising body temperature. Begin each workout with 5 to 10 minutes of stretching and light exercise to warm up. The drawings on this page show several forms of basic stretching you may perform before your workouts. Again, consult a physician before starting this or any other exercise program.



15 Seconds for each



20 Seconds



20 Seconds



25 Seconds



20 Seconds



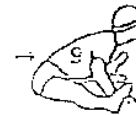
20 Seconds



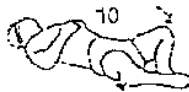
30 Seconds



25 Seconds each leg



30 Seconds



20 Seconds



5 Seconds X 3 times



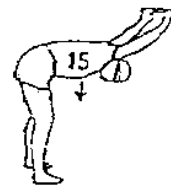
20 Seconds



25 Seconds each leg



5 Times



15 Seconds

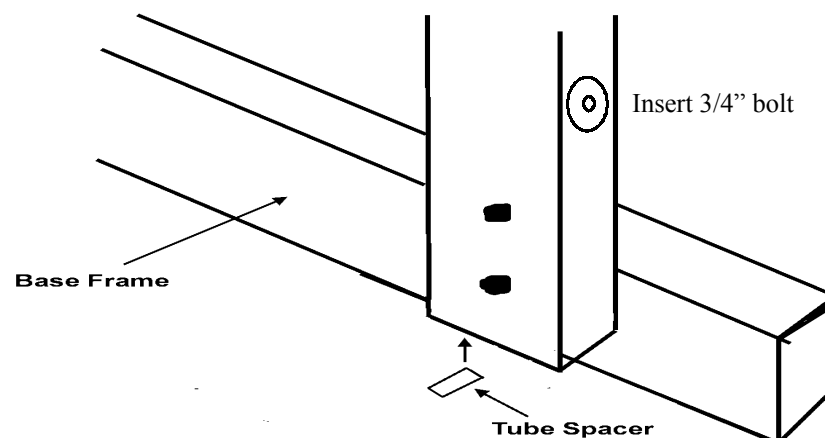
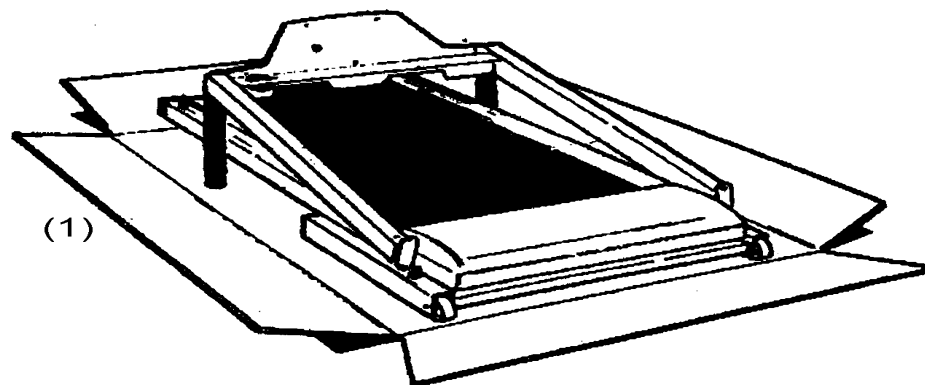


Assembly Instructions

Assembly

The Smooth 5.3P treadmill is shipped in one piece to make assembly easy. After opening the box, remove any packing materials from the treadmill. Do not throw away any packing materials until the unit is working properly. Place the base on a clean, level surface. Make sure the electrical cord will easily reach an electrical outlet.

- 1) Have a second person raise the console to the upright position and hold.
- 2) Insert 3/4" Button Head Bolts in upright (see diagram) and tighten lightly.
- 3) Insert the TUBE SPACER inside the upright frame and line up with the bottom hole. Hold tube spacer while inserting the 1 1/2" Button Head Bolt and lightly tighten. Repeat for opposite side.
- 4) After completing opposite side, Tighten all four assembled bolts.
- 5) Assembly is now complete. The RED SAFETY KEY is required to be placed on the console for operation.





Power Requirements

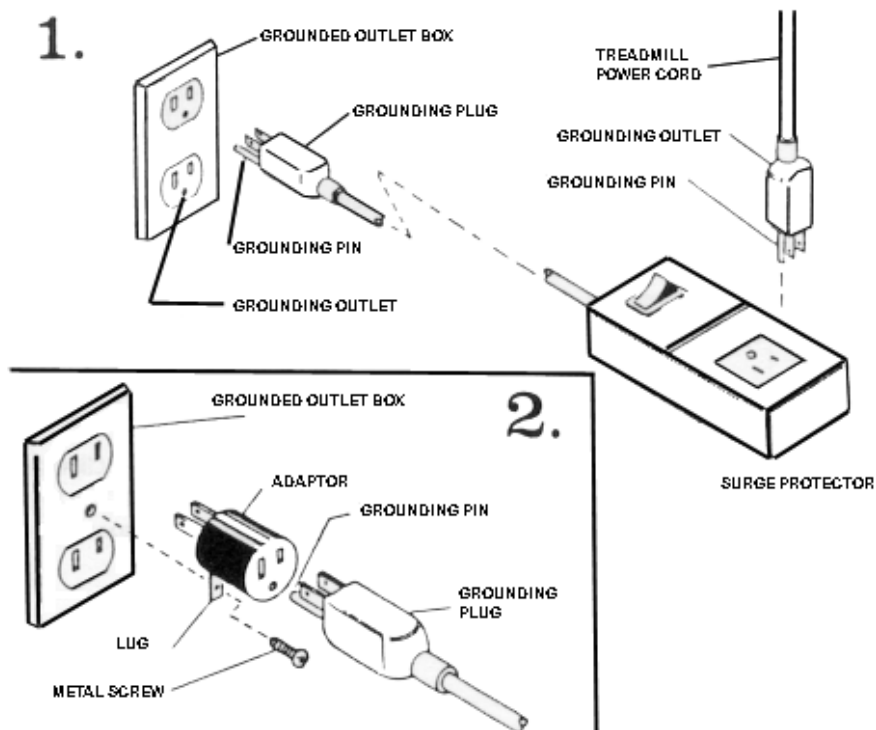
IMPROPER CONNECTION OF THE EQUIPMENT GROUNDING CONNECTOR CAN RESULT IN A RISK OF AN ELECTRIC SHOCK. CHECK WITH A QUALIFIED ELECTRICIAN OR SERVICE MAN IF YOU ARE IN DOUBT AS TO WHETHER THE PRODUCT IS PROPERLY GROUNDING. DO NOT MODIFY THE PLUG PROVIDED WITH THE PRODUCT, IF IT WILL NOT FIT THE OUTLET, HAVE A PROPER OUTLET INSTALLED BY A QUALIFIED ELECTRICIAN.

This treadmill can be seriously damaged by sudden voltage changes in your home's electrical power. Voltage spikes, surges, and noise interference can result from weather conditions or from other appliances being turned on or off. To reduce the possibility of treadmill damage, always use a surge protector (not included) with your treadmill.

Surge protectors can be purchased at most hardware stores. The manufacturer recommends a single outlet surge protector with a UL 1449 rating as a Transient Voltage Surge Suppressor (TVSS) with a UL suppressed voltage rating of 400V or less and an electrical rating of 120VAC, 15 amps.

This treadmill must be grounded to reduce the risk of electrical shock. Grounding provides a path of least resistance for electric current, should the treadmill malfunction. This treadmill comes with an electrical cord having an equipment-grounding conductor and a grounding plug. Always plug the power cord into a surge protector, and plug the surge protector into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

This product is for use on a nominal 120-volt circuit, and has a grounding plug that looks like the plug illustrated in the drawing (1) below.



Console Functions and Descriptions



There are five display windows on the control panel to provide you with vital feedback information.

TIME WINDOW

- TIME: Indicates elapsed time after pressing start in minutes and seconds (0-99 minutes, 0-59 seconds)
- INTERVAL TIME: Indicates countdown in seconds to the next interval starting at 5 seconds and counting to 0 seconds

SPEED WINDOW

- SPEED: Indicates MPH (miles per hour) or Km/H (kilometer per hour) in .1 increments

DISTANCE / CALORIES WINDOW

- DISTANCE: Indicates Miles or Kilometers traveled in .01 increments up to 9.99 and .1 increments starting at 10.0
- CALORIES: Indicates estimated calories used based on 150 lb. person at the indicated speed, incline, and time

INCLINE WINDOW

- INCLINE: Indicates incline in percent of grade 0-12% in 1% increments

CENTER BRICKYARD

- Displays quarter mile track in Manual mode. Indicates position on track by a blink. In program mode, shows the change in speed profile across the interval range (1-10) and shows position with a blinking action.

SPEED BAR

- The Speed Bar allows the user to adjust speed quickly. The Speed Bar works in all manual and program modes. To use the Speed Bar, the belt must already be moving. Press the desired speed (2 through 8), and the treadmill will slowly reach the speed selected. In program mode, the change in speed with the Speed Bar will only work in the current interval. Once the program switches to another interval, the speed will revert to the programmed speed.

TOGGLE SWITCHES IN HANDLEBARS FOR SPEED AND INCLINE

Your treadmill is equipped with toggle switches that conveniently change the incline and speed without reaching up to the console. In program mode, the change in speed and/or incline with the toggle switches will only work in the current interval. Once the program switches to another interval, the speed and incline will revert to the programmed speed and incline.

LED INDICATORS

- PROGRAM SELECTION: The treadmill console will display the program selected with a LED light beside the program., showing on the left hand side of the window.
- TIME: LED indicators will toggle back and forth for the Interval Time and the Workout Time. The Interval Time will be indicated while in a program. The total time for each Interval is the workout time set at the beginning of a program divided by 10. For example, a 30-minute program will have 10 segments of 3 minutes each . The Workout Time is the total time set at the beginning of a program, and will count down from the amount of time set throughout the program.
- CALORIES & DISTANCE: LED indicators will toggle back and forth to show total Calories burned and total Distance covered. The Calorie estimate is based on a 150 lb person at the current speed and incline levels.



Program and Operating Instructions

QUICK START / MANUAL MODE

- Plug into a standard wall outlet (110-Volt AC, 15-amp circuit).
- **Attach Safety Key to treadmill console.**
- Stand on the treadmill and straddle belt.
- Press POWER button. There will be an eight (8) second delay after pressing the POWER button before data can be entered. The TIME window will flash.
- Press START/STOP button. Belt will begin to move after 4 seconds. Step on belt slowly after the belt starts moving. Speed or incline may be adjusted by using the appropriate + (increase) or – (decrease) buttons.
- **To end your workout**, press START/STOP button. Belt will gradually slow to zero.
- **To pause your workout**, press PAUSE.
- **To re-start after pausing**: Press the PAUSE button. **WARNING:** The treadmill belt will resume at the speed the treadmill was moving before pausing.
- **Countdown Time, Preset Speed and/or Incline**: Time, Speed, and Incline may be preset prior to getting started. After pressing the POWER button, the time window will blink. Use the SPEED/TIME + or – arrows to select your workout time, then press the ENTER PROGRAM button. The SPEED/TIME window will now be flashing. Using the same + or – arrows, select the speed for your workout, then press ENTER PROGRAM. Now the INCLINE window will be flashing. Use the INCLINE + or – arrows to set your workout incline, then press ENTER PROGRAM. To start, press the START/STOP button.



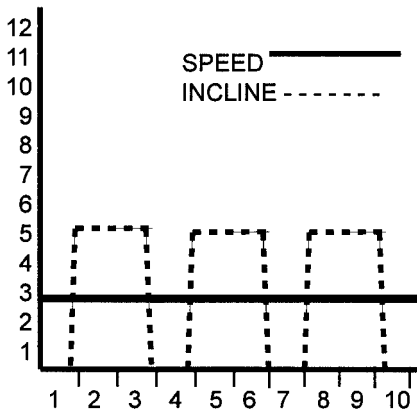
Program and Operating Instructions

PROGRAM MODE

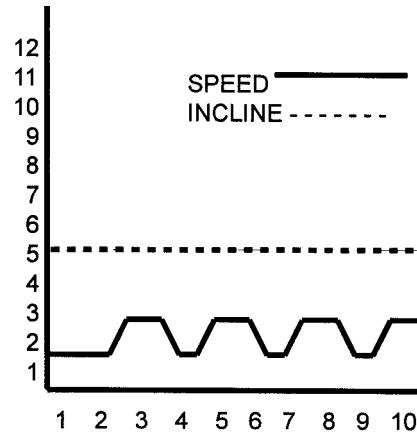
- Plug into a standard wall outlet (110-Volt AC, 15-amp circuit).
- **Attach RED Safety Key to treadmill console.**
- Stand on the treadmill and straddle belt.
- Press POWER button. There will be an eight (8) second delay after pressing the POWER button before data can be entered. The TIME window will flash.
- There are four (4) pre-set programs in the 5.3P. The 5.3P includes Rolling Hills, Speed Intervals, Plateau, Weight Loss and User programs (see the program profiles later in this manual). Select the program by pressing the appropriate button.
- Press START/STOP button. Belt will begin to move after 4 seconds. Step on belt slowly after the belt starts moving.
- **Each of the pre-set programs can also be customized. Follow the instructions below for your particular model.**
- **SMOOTH 5.3P: Customizing programs in P1 and P2 Mode:** Each pre-set program can be customized in the P1 or P2 mode. After making the program selection, the top right window (CALORIES / DISTANCE) will read "OP." "OP" refers to "original program" and is preset. Press the same program button once more, and the CALORIE / DISTANCE window will read P1. The "P1" mode is now accessed. You can now program the Time, Speed, and Incline in P1 mode, which will save your entered information for future use. The time window will blink. Use the SPEED/TIME + or – arrows to select your workout time, then press the ENTER PROGRAM button. The SPEED/TIME window will now be flashing. Using the same + or – arrows, select the speed for your workout, then press ENTER PROGRAM. Now the INCLINE window will be flashing. Use the INCLINE + or – arrows to set your workout incline, then press ENTER PROGRAM. To start, press the START/STOP button. To access P2 mode, press the selected program button three times (once for OP, twice for P1, three times for P2). Follow the above procedure to customize.
- **User Programs:** The 5.3P also has two (2) User programs so that you may customize each of the 10 program segments. Press the User program button, the time window will flash. Set your workout time. Notice the first segment light flashing in the center brickyard. Now the SPEED window will flash, set your speed for the first segment. Now the INCLINE window will flash. Set the incline. At this point, look at the center brickyard and notice the second segment light is now flashing. Repeat steps above to program all ten segments.
- **TO CHANGE A PREVIOUSLY PROGRAMMED P1, P2, or user program:** Once you have programmed the P1 or P2 modes, you will need to use the PAUSE button to change the program you previously entered. For instance, if P1 in Rolling Hills has been programmed, to change to a new setting, press the Rolling Hills button twice to access P1. Then press the PAUSE button to get the TIME window to flash. Follow the directions above to continue to change the program.



Program Profiles

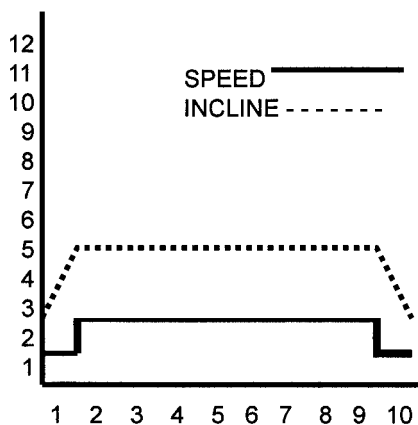


The Rolling Hills Program is designed to vary treadmill elevation while maintaining a constant walking belt speed.

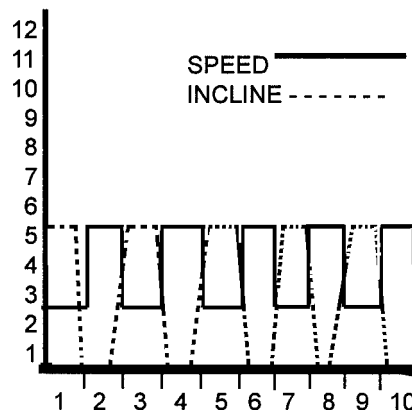


The Speed Intervals Program is designed to vary treadmill speed while maintaining a constant elevation.

Each program contains 10 segments or intervals. For instance, a 30 minute program will have 10 three-minute segments (30 minutes divided by 10). Also, each preset program may be customized for speed, incline, or both. Please see "Program and Operating Instructions" to customize each program.



The Plateau Program is designed to gradually increase treadmill Speed and elevation in the first segment (warm up), and gradually decrease speed and elevation in the last segment (cool down).



The Weight Loss Program is designed to alternate between the programmed speed and incline. The program will alternate between: 1) the full programmed incline and half the programmed speed, to 2) zero incline and the maximum programmed speed.



Belt Adjustment and Tension

WARNING! Do not overtighten rollers! This will cause premature roller bearing failure!

Belt adjustment and tension performs two functions: adjustment for tension and centering. Your new treadmill comes pre-adjusted from the factory for tension and centering. Please follow the procedures below if the belt shifts left or right or if the belt slips while walking:

WALKING BELT HAS SHIFTING TO THE LEFT (Diagram 1)

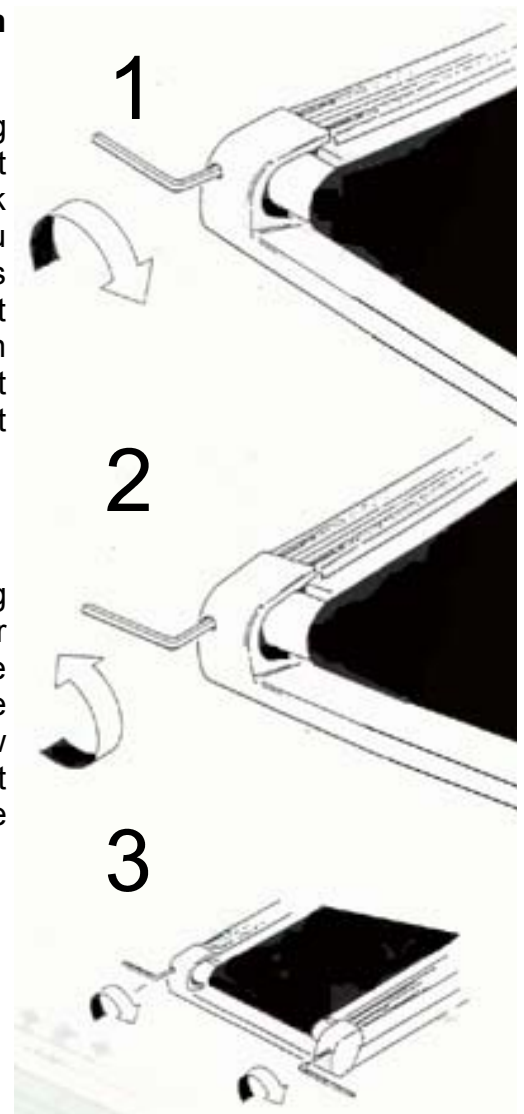
First, unplug the power cord from the surge protector. Using the hex key provided, turn the left rear roller adjustment bolt $\frac{1}{4}$ turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should see the belt start to correct itself, moving back towards the center. Repeat the above procedure until the walking belt is centered. It may be necessary to set walking belt tension once you have completed this procedure if the belt feels like it is slipping while walking. Refer to below to the "Walking Belt Slipping" instructions.

WALKING BELT HAS SHIFTING TO THE RIGHT (Diagram 2)

First, unplug the power cord from the surge protector. Using the hex key provided, turn the right rear roller adjustment bolt $\frac{1}{4}$ turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should see the belt start to correct itself, moving back towards the center. Repeat the above procedure until the walking belt is centered. It may be necessary to set walking belt tension once you have completed this procedure if the belt feels like it is slipping while walking. Refer to below to the "Walking Belt Slipping" instructions.

WALKING BELT IS SLIPPING DURING USE (Diagram 3)

First, unplug the power cord from the surge protector. Using the hex key provided, turn both left and right rear roller adjustment bolts the same distance, usually a $\frac{1}{4}$ turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should now walk on the belt to determine if the belt is still slipping. Repeat the above procedure until the walking belt is not slipping. The tension should be just tight enough not to slip.





Maintenance Instructions

WARNING! Before performing any maintenance to your treadmill, always unplug the power cord from the surge protector.

CLEANING

Routine cleaning of your Smooth treadmill will extend the life of your treadmill. **WARNING!** To prevent electrical shock, be sure the power to the treadmill is OFF and the unit unplugged from the wall electrical outlet before attempting any cleaning or maintenance.

AFTER EACH WORKOUT: Wipe off the console and other treadmill surfaces with a clean, water dampened soft cloth to remove excess perspiration. **USE NO CHEMICALS.**

WEEKLY: Use of a treadmill mat is recommended for ease of cleaning. Dirt from your shoes contacts the belt and eventually makes it to underneath the treadmill. Vacuum underneath treadmill once a week.

DECK LUBRICATION

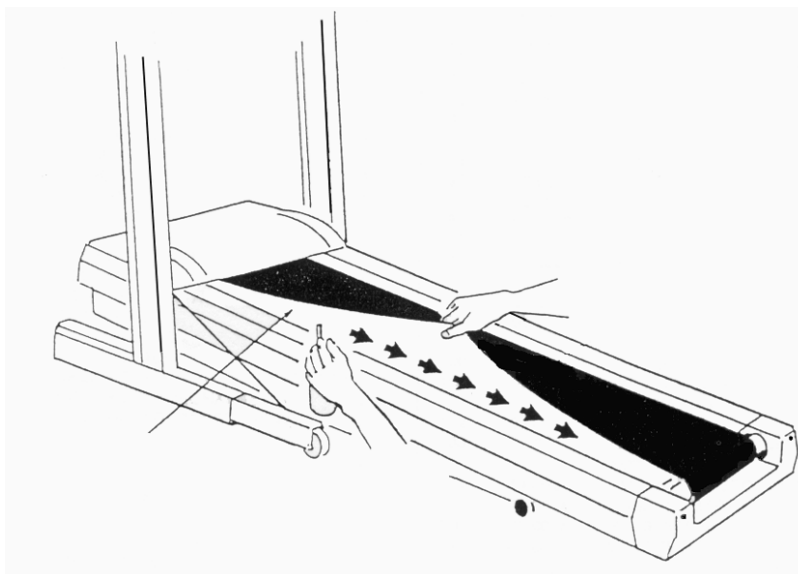
The walking belt has been pre-lubricated at the factory. However, it is recommended that the walking board be checked periodically for lubrication to ensure optimal treadmill performance. Your treadmill should not have to be lubricated usually within the first year or 500 hours of use. If you have questions, call us at (888) 340-0482.

Every 30 days or 30 hours of operation, lift the sides of the walking belt and feel the top surface of the walking board as far under as you can reach. If you feel signs of silicone, no further lubrication is required. If it feels dry to the touch, follow the instructions below.

Please use Lube 'N Walk (can be purchased from your dealer or call the number on the front of the manual), or a non-petroleum based silicone such as "Napa 8300" (available at most stores).

TO APPLY LUBRICANT TO THE WALKING BOARD

- 1) Position the walking belt so that the seam is located on top and in the center of the center of the walking board.
- 2) Insert the spray nozzle into the spray head of the lubricant can.
- 3) While lifting the side of the walking belt, position the spray nozzle between the walking belt and the board approximately 6" from the front of the treadmill. Apply the silicone spray to the walking board, moving from the front of the treadmill to the rear. Repeat this on the other side of the belt. Spray approximately 4 seconds on each side.
- 4) Allow the silicone to 'set' for one minute before using the treadmill.





Troubleshooting Guide

Treadmill will not start.

- 1) Make sure the power cord is plugged into a surge protector, the surge protector is plugged into a properly grounded outlet, and the surge protector is turned on. (Refer to "Power Requirements")
- 2) Check the circuit breaker located on the front of the treadmill. If the switch protrudes, it has tripped. Wait five minutes and then press the switch back in.
- 3) Check the house electrical breaker box and the circuit breaker for the room the treadmill is located in. If it has tripped, reset or have an electrician replace the breaker in home.
- 4) Have an electrician check for inadequate voltage at the outlet.

Treadmill loses power during use.

- 1) Check the circuit breaker located on the front of the treadmill. If the switch protrudes, it has tripped. Wait five minutes and then press the switch back in.
- 2) Check the house electrical breaker box and the circuit breaker for the room the treadmill is located in. If it has tripped, reset or have an electrician replace the breaker in home.

If treadmill still will not operate, please call Technical Service at (888) 340-0482.

Treadmill walking belt slows during use.

- 1) Check to make sure the treadmill is securely plugged into an UL-listed surge protector, rated at 15 amps, with a 14-gauge cord of five feet or less and the surge protector is securely plugged into the outlet.

If treadmill still will not operate, please call Technical Service at (888) 340-0482.

Treadmill walking belt slips or is not centered on rear roller.

- 1) Refer to "Belt Adjustment and Tension" section.
- 2) Need help? Call Technical Service at (888) 340-0482.

Treadmill Error Messages.

Your treadmill is equipped with a software package that enables error messages to be displayed when there is a problem. **To avoid possible damage to the treadmill and the possibility of injury, do not operate the treadmill until the problem is corrected.**

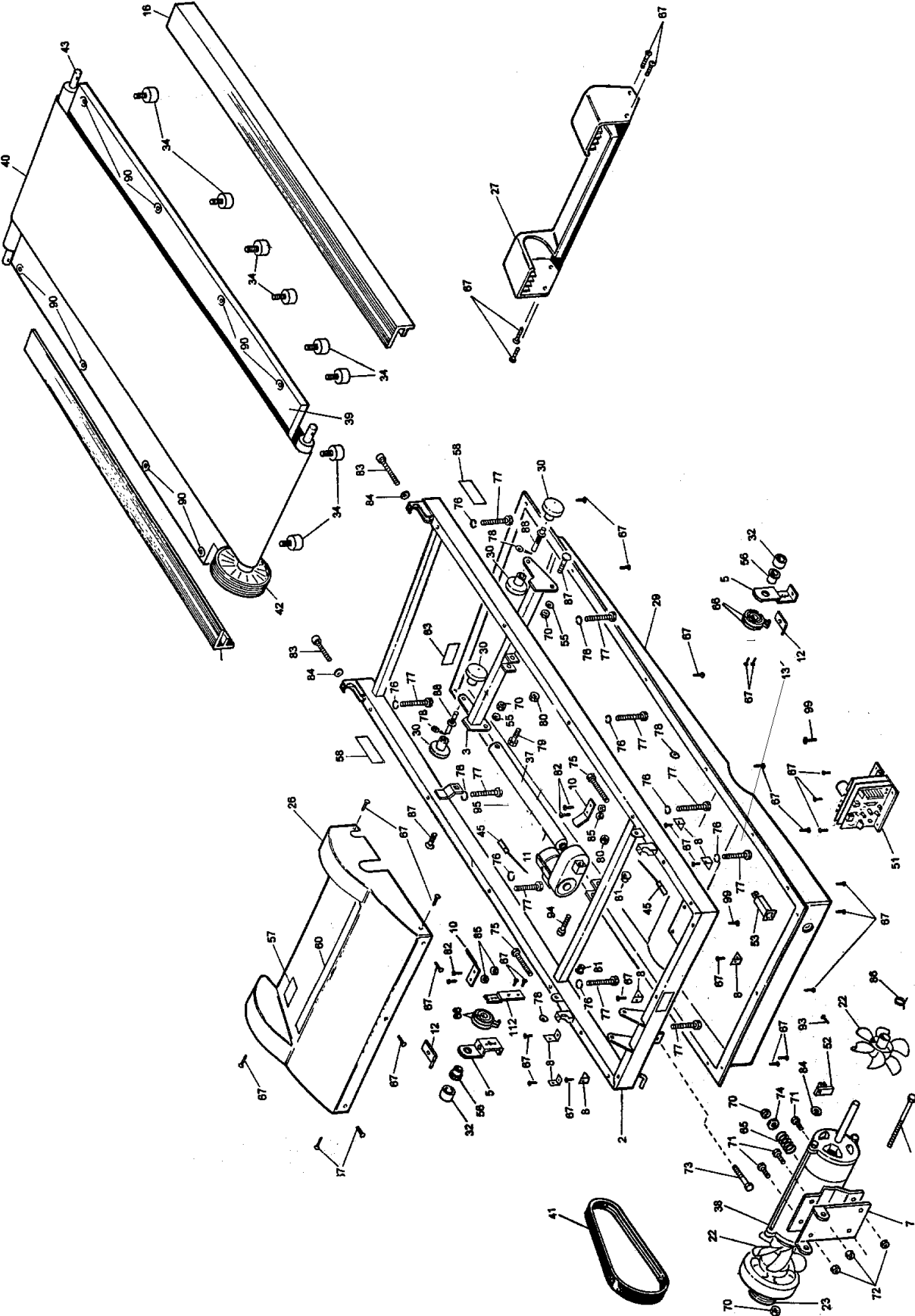


Parts List - Smooth 5.3P

KEY #	PART #	DESCRIPTION	QTY	KEY #	PART #	DESCRIPTION	QTY
1	UP 3K ASSB	UPRIGHT ASSEMBLY	1	53	08-0004	CIRCUIT BREAKER 15 AMP	1
2	20-0001	DECK ASSEMBLY	1	54	13-0017	TELCO HARNESS FOR HEART RATE	1
3	20-0003	ELEVATION ASSEMBLY	1	55	11-0002	REAR ELEVATION BUSHING	2
4				56	11-0003	UPRIGHT PIVOT BUSHING	2
5							
6							
7	19-0014	MOTOR MOUNTING BRACKET	1	59		CONSOLE DECAL	1
8	19-0015	MOTOR COVER BRACKET	6	60		MOTOR COVER DECAL	1
9	19-0029	OPTICAL WHEEL BRACKET	1	62	14-0024	SAFETY LATCH DECAL N/S	1
10	19-0019	BELT GUIDE	2	63	14-0025	WARNING FOLDING DECAL N/S	1
				64	14-0026	WARNING CONSOLE DECAL N/S	1
12	19-0032	SPRING ANCHOR BRACKET	2	65	02-0078	MOTOR TENSION SPRING	1
13	06-0018	BASE PAN MOTOR	1	66	02-0002A	DECK LIFT SPRING	4
	24-0151	CONSOLE ASSEMBLY	1	67	02-0004	SCREW, 8X 5/8 PHIL PH	40
16	05-0019	SIDE BOARD EXTRUSION RIGHT	1	68	02-0005	SCREW, 8X 5/8 PHIL PH HILO	8
16	05-0020	SIDE BOARD EXTRUSION LEFT	1	69	02-0006	BOLT, 5/16 X 5 - 1/2 SHOULDER BOLT	1
17	06-0027	PIVOT SUPPORT COVER	2	70	02-0007	5/16-18 NYLOCK NUT	3
			1	71	02-0008	BOLT, 5/16-18 X 3/4 GRADE 2 ZP	3
21	06-0053	3-PC LCD CENTER PLASTIC CONSOLE	1	72	02-0009	NUT, 5/16-18 WHIZLOC	3
22	06-0071	FAN 5" 5/8" ID	1	76	02-0013	LOCK WASHER, 1/4	8
23	06-0020	BASE PAN END	1	77	02-0014	BOLT, 1/4-20 X 2 - 1/2 HEX	10
24	06-0004	BASE PLUG	2	78	02-0015	SPRING WASHER	4
25	06-0005	DOME PLUG	4	79	02-0016	BOLT, 3/8-16 X 2 - 1/2 HEX	1
26	06-0007	MOTOR COVER	1	80	02-0017	NUT, 3/8-16 NYLOCK	2
27	06-0008	END CAP	1	81	02-0018	PUSH NUT, 3/8 HAT	4
28	06-0009	S.E.S. EXTENSION GLIDE	4	82	02-0019	CARRIAGE BOLT 10-24 X 1-1/2	4
29	06-0019	BASE PAN CENTER	1	83	02-0020	SCREW, 1/4-20 X 2-1/2 SOCKET HEAD	2
30	06-0011	2" ROLLER WHEEL	2	84	02-0021	WASHER, 9/32 X 5/8 X 1/8	3
31	06-0012	3" ROLLER WHEEL	2	85	02-0022	NUT, 10-24 NYLOCK	4
32	06-0013	UPRIGHT SPACE	2	87	02-0024	CARRIAGE BOLT 5/16 X 1	2
33	10-0004	RUBBER FOOT	3	88	02-0025	WHEEL AXLE	2
34	10-0002	BOARD ISOLATOR	8	89	02-0026	PUSH NUT	10
35	10-0013	GRIP MOLDED WITH REMOTE	2	91	02-0028	SAFETY KEY	1
				93	02-0030	SCREW, 8-32 X 5/8 HEX TRILOBE	1
37	12-0022	ACTUATOR (ELEVATION MOTOR)	1	94	02-0031	SCREW, 3/8-16 X 1 3/4 HEX	1
38	12-0018	DRIVE MOTOR	1				
39	03-0006	WALKING BOARD EXTRA LONG	1				
40	04-0012	WALKING BELT EXTRA LONG	1	97	02-0034	SCREW, 8-32 X 5/8 PPH N/SHOWN	1
41	04-0004	POLY V BELT	1	98	02-0035	NUT, 8-32 NYLOCK NOT SHOWN	4
42	09-0012	FRONT ROLLER ASSEMBLY	1	99	02-0036	SCREW, GREEN HEAD 8 X 5/8 PPH	2
43	09-0013	REAR ROLLER	1		08-0094	MEM, LCD PROGRAM WITH INCLINE 815	1
44	13-0011	POWER CORD	1		08-0089	MEM, LCD POWER 815 AND 835HR	1
45	13-0003	ENCODER HARNESS	1	103	02-0040	GUIDE TUBE RETAINER NOT SHOWN	1
				104	14-0027	EMERGENCY STOP DECAL	1
				105	06-0014	BUSHING, STRAIN RELIEF	1
48	13-0016	CONTROL PANEL HARNESS	1	107	06-0016	WIRE TIES NOT SHOWN	10
49	13-0007	JUMPER WIRE 6" NOT SHOWN	1	108	06-0021	WIRE CLAMP NOT SHOWN	5
				109	06-0022	RESET GUIDE TUBE NOT SHOWN	1
51	08-0050	MOTOR CONTROLLER	1	110	06-0024	HEX WRENCH CLIP NOT SHOWN	1
52	08-0047	OPTICAL ENCODER	1	111	10-0007	6" CROSS HANDLEBAR FOAM GRIP	2



Exploded View 5.3P



Smooth Treadmills – LIMITED WARRANTY



CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT.

This Limited Warranty applies in the United States to products manufactured or distributed by Smooth Fitness ("Smooth") under the SMOOTH brand name. The warranty period to the original purchaser is (lifetime) on the frame, (5) years on the motor, (2) years on parts, and (1) year labor. This warranty does not cover wear and tear, only manufacturer defects for the periods specified.

Smooth warrants that the Product you have purchased for non-commercial, personal, family, or household use from Smooth or from an authorized Smooth reseller is free from defects in materials or workmanship under normal use during the warranty period. Your sales receipt, showing the date of purchase of the Product, is your proof of the date of purchase. This warranty only extends to you, the original purchaser. It is not transferable to anyone who subsequently purchases the Product from you. It excludes expendable parts. This Limited Warranty becomes VALID ONLY if the treadmill is assembled/installed by a Smooth Fitness authorized dealer/technician unless otherwise authorized by Smooth Fitness in writing (if anyone other than a Smooth Fitness authorized dealer/technician assembles a Smooth Fitness treadmill the warranty will be void unless accompanied by written authorization by Smooth Fitness).

During the warranty period Smooth will at no additional charge, repair or replace (at Smooth' option) the part or product if it becomes defective, malfunctions, or otherwise fails to conform with this Limited Warranty under normal non-commercial, personal, family or household use. In repairing the Product, Smooth may replace defective parts, or at the option of Smooth, serviceable used parts that are equivalent to new parts in performance. All exchanged parts and Products replaced under this warranty will become the property of Smooth. Smooth reserves the right to change manufacturers of any part to cover any existing warranty.

To obtain warranty service, you must contact a Smooth authorized service technician or Smooth Fitness at our phone numbers located in this manual. Any parts determined to be defective must be returned to Smooth to obtain warranty service. You must prepay any shipping charges, export taxes, custom duties and taxes, or any other charges associated with transportation of the parts or Product. In addition, you are responsible for insuring any parts or Product shipped or returned. You assume the risk of loss during shipment. You must present Smooth with proof-of-purchase documents (including the date of purchase). Any evidence of alteration, erasing or forgery of proof-of-purchase documents will be cause to void this Limited Warranty.

This warranty does not extend to any product not purchased from Smooth or from an authorized Smooth reseller. This Limited Warranty does not extend to any Product that has been damaged or rendered defective; (a) as a result of accident, misuse, or abuse; (b) by the use of parts not manufactured or sold by Smooth; (c) by modification of the Product or normal wear and tear; (d) operation on incorrect power supplies; or (e) as a result of service by anyone other than Smooth, or an authorized Smooth warranty service provider. Product on which the serial number has been defaced or removed is not eligible for warranty service. Should any Product be submitted for warranty service be found ineligible therefore, an estimate of repair cost will furnished and the repair will be made if requested by you upon Smooth's receipt of payment or acceptable arrangements for payment.

EXCEPT AS EXPRESSLY SET FORTH IN THIS WARRANTY, SMOOTH MAKES NO OTHER WARRANTIES, EXPRESSED OR IMPLIED, INCLUDING ANY IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. SMOOTH EXPRESSLY DISCLAIMS ALL WARRANTIES NOT STATED IN THIS LIMITED WARRANTY. ANY IMPLIED WARRANTIES THAT MAY BE IMPOSED BY LAW ARE LIMITED TO THE TERMS OF THIS LIMITED WARRANTY. NEITHER SMOOTH NOR ANY OF ITS AFFILIATES SHALL BE RESPONSIBLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS OR THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATIONS OR EXCLUSION MAY NOT APPLY TO YOU. This Limited Warranty gives you specific legal rights and you may also have other rights that may vary from state to state. This is the only express warranty applicable to Smooth-branded products. Smooth neither assumes nor authorizes anyone to assume for it any other express warranty.

PLEASE SEND IN THE ATTACHED WARRANTY CARD WITHIN TEN (10) DAYS OF PURCHASE TO REGISTER YOUR TREADMILL WITH SMOOTH FITNESS PRODUCTS. MADE IN THE USA. **Thank you for your business! PLEASE MAIL WARRANTY CARD TO: SMOOTH FITNESS, PO BOX 551239, DALLAS, TX 75355.**

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How do you plan to use the treadmill? Walk___ Run___ Both___		Why did you purchase a treadmill? Dr.'s Orders___ Loose Weight___ In-home convenience___ Improve Cardiovascular Fitness___ Safety from outdoors___ Other___		Other Comments: <input type="text"/> <input type="text"/> <input type="text"/>																					
Who will use the treadmill? Male___ Female___ Both___ How many family members? ___		Smooth Fitness respects the rights of your privacy. Our company will not sell or distribute to others the information above. This information is used to track our product quality and to contact you in the event of a product safety concern. It may be used to offer you future product offerings only from Smooth. Please check here if wish not to receive any additional information on Smooth products.																							
AGE: 15-24___ 25-34___ 35-44___ 45-54___ 55-64___ 65+___																									

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