



by **TAYLOR**®

Workout Drink Mixer & Smoothie Maker Instruction Manual



Item # AM-1700-BL
120V ~ 60Hz 100W

Thank you for your purchase of The Biggest Loser™ Workout Drink Mixer & Smoothie Maker. Please READ this instruction manual carefully before use.

SAVE THESE INSTRUCTIONS

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IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed, including the following:

1. **READ ALL INSTRUCTIONS COMPLETELY BEFORE USING.**
2. This appliance should not be used by children and care should be taken when used near children.
3. To protect against risk of electric shock, do not immerse or rinse the motor housing, cord or plug in water or other liquids.
4. Make sure that the voltage in our outlet corresponds to that shown on the appliance's rating plate.
5. Unplug unit from outlet when not in use, before putting on or taking off parts, and before cleaning.
6. To disconnect, make sure the unit is off, then remove the plug from the wall outlet by grasping the plug and pulling. Never unplug the appliance by pulling on the cord.
7. Do not let cord hang over edge of table or counter, or touch hot surfaces, including the stove. Do not place this appliance near a hot gas or electric burner or in an oven.
8. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions, or is dropped or has been damaged in any manner. Return the appliance to Taylor® (see warranty) for examination, repair or adjustment. Do not attempt to repair or replace any parts yourself.
9. Do not use outdoors or in damp areas.
10. Do not use attachments that are not supplied for this appliance by Taylor®. The use of attachments not recommended or sold by Taylor may cause fire, electric shock or injury.
11. The mixer does its work in seconds. Never process for extended periods.
12. Do not run the unit empty.
13. Before using, check that preparation cup has no presence of foreign objects.
14. Avoid contacting moving parts. Keep hands and utensils out of the container and away from moving parts while mixing to prevent the possibility of severe injury to persons or damage to the unit. A scraper may be used, but only when the unit is not running.
15. Mixing wand blades can be sharp; use caution when handling and cleaning.
16. Do not attempt to defeat the cup interlock mechanism, as serious injury may result.
17. When mixing liquids, especially hot liquids, do not fill the container past $\frac{3}{4}$ of capacity to prevent overflow. If necessary, make two smaller batches.
18. To avoid injury, be sure to insert, remove or clean blade by using its hub. Never touch the blade itself. Never touch the blade while the mixer is plugged in and operating.
19. Never add to container while appliance is operating.
20. Container must be properly in place before operating appliance.
21. Do not leave the appliance unattended during use.
22. Do not use this appliance for other than its intended use.

SAVE THESE INSTRUCTIONS

SPECIAL INSTRUCTIONS

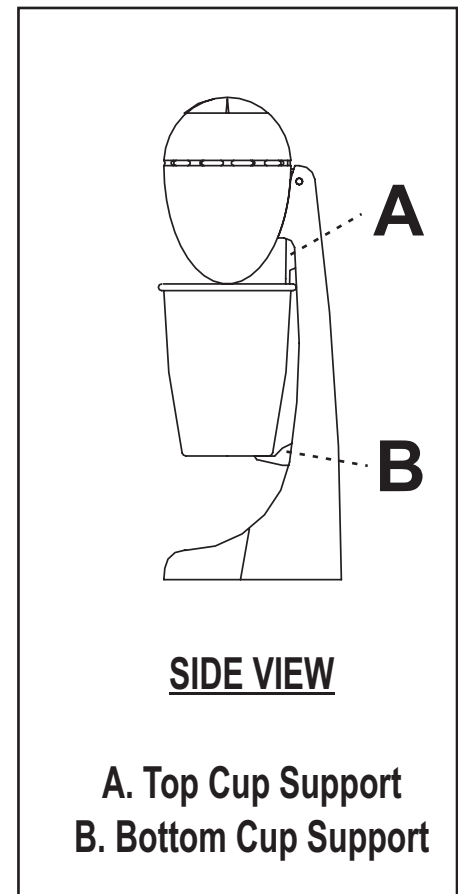
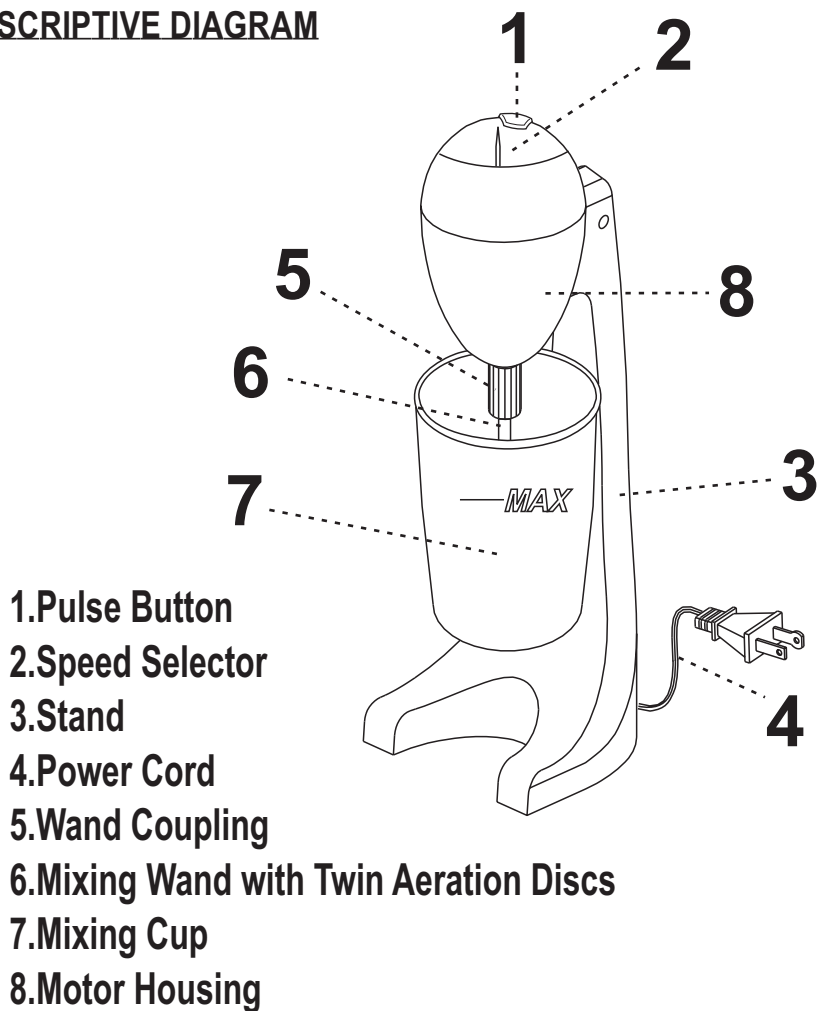
This appliance is for **HOUSEHOLD USE ONLY**.

- This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electrical shock, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not modify the plug in any way.
- Make sure the voltage in your outlet is the same as the voltage indicated on the appliance. This appliance is for a 120 –Volt AC electrical outlet only.
- The length of the cord used on this appliance was selected to reduce the hazards of becoming tangled in or tripping over a long cord. For safety, it is not recommended to use an electrical extension cord with this appliance.
- Do not immerse base of unit, plug or cord in water or other liquids.
- Use with wall receptacle only.
- Do not attempt to service this unit yourself.

INTRODUCTION

Now you can learn how to prepare and enjoy great tasting, healthy snacks and beverages in minutes using your The Biggest Loser™ Workout Drink Mixer & Smoothie Maker by Taylor®. You will learn how to make the delicious and easy recipes that cut out calories, but leave in all the taste. The mixer and recipes are great tools to get you on track. There are over 125 more healthy and delicious recipes that you can find in the Biggest Loser Cookbook. When you start eating right, you may feel better, have more energy and feel empowered. For more information on NBC's The Biggest Loser, or to join The Biggest Loser Club, please visit the official Biggest Loser web site at www.nbc.com/The_Biggest_Loser.com or www.biggestloserclub.com

DESCRIPTIVE DIAGRAM



USING YOUR DRINK MIXER

BEFORE FIRST USE

- Make sure the voltage in your outlet is the same as the voltage indicated on the appliance. This appliance is for a 120 –Volt AC electrical outlet only.
- Remove any bags, labels or stickers from the appliance and mixing cup/jug.
- Clean the motor unit with a damp soft cloth
- Wash all of the removable parts – drink container, mixing wand and blade coupling using a sponge, warm water and mild dish detergent. Rinse and dry carefully. To remove the mixing wand, hold the wand firmly and turn the wand coupling counter-clockwise. When the coupling is loose, pull the wand down and out.
- **NOTE: do not immerse the motor unit in water when cleaning.**

HOW TO USE YOUR DRINK MIXER

1. Place the Drink Mixer on a dry and level surface.
2. Be sure the two speed switch (2) is in the “OFF” (0) position.
3. Add your ingredients to the mixing cup (7). Do not fill the cup beyond the “MAX” fill level.
4. Hold the Drink Mixer with one hand by the stand (3). Grasp the motor housing (8) and keep it in the “down” position. Place the mixing cup onto the unit ensuring the top of the cup is behind the top of the cup support (A) and the bottom of the cup is resting on the bottom cup support (B). The motor housing must be in the down position to insert the cup and for operation.
5. Plug in the unit and switch to the desired speed setting by turning the speed selector (2) to I or II. You may also use the pulse button (1) for intermittent mixing.
6. When the drink is completely mixed, turn the speed selector back to (0) - the middle position - to stop the unit.
7. Remove the mixing cup by lifting the cup upwards slightly to release from the bottom cup support then by lifting out of the top cup support. To remove the mixing wand, pull the motor housing forward slightly; it will move in two small steps. When it is fully extended forward, hold the wand with one hand and turn the coupling clockwise. This will release the wand for cleaning.
8. Due to the power of the mixer, keep one hand on the stand while operating.
9. **Maximum Operation Time:** Do not use the mixer continuously for more than 1 minute at a time. After continuous use for more than 1 minute, unplug the mixer and let it rest for 5 minutes before using again. **Note:** The Workout Drink Mixer & Smoothie Maker does its work in seconds due to the twin aeration discs. You should **NEVER NEED** to mix any drink for more than 1 minute, and usually less.

MIXING TIPS

- The mixing cup should not be filled beyond the MAX fill level. The level of the mixture will rise when blending and can splash or overflow the cup. If you are mixing large amounts, separate into smaller batches.
- Do not immerse the motor unit in liquid or water.
- Do not put fruit pits, bones or other hard ingredients into the mixture, as these are liable to damage the blades.
- When recipes call for ice, use crushed ice, not cubed ice. The mixer will not crush ice. Putting large solid objects like cubed ice may damage the mixer.
- When using foods, such as fruit, the volume of your workout drink will increase. You can increase the volume further by chilling the ingredients.
- It is easier to attach and remove the mixing cup if you tilt the motor housing up slightly and then down again for operation.
- The mixing cup activates the safety switch. That is why the motor will only run if the mixing cup is in the proper position.
- Always unplug the unit before removing the mixing wand.
- Low Fat Milk will froth up best.
- Add sugar free syrups, sugar substitutes and other thicker ingredients just before mixing to prevent them from sinking to the bottom.
- The Drink Mixer is not a slicer; pieces of fruit will not be finely chopped by the mixer. If using fresh fruit you should slice or dice it into fine pieces before adding to your mixture.
- A mixing time of one minute or less is usually sufficient for most mixtures. You may have to experiment before you find just the right mixing time for each recipe.
- If the motor stops or you hear it running more slowly, switch off the drink mixer immediately, unplug it and remove the cup. Use a spatula or long handled spoon to check that ingredients are mixing smoothly.

CLEANING AND MAINTENANCE

After each use and before cleaning, turn to the OFF position, unplug the appliance from outlet and allow the unit to stop. **DO NOT ATTEMPT TO CLEAN WHILE THE MOTOR IS RUNNING OR THE COMPONENTS ARE STILL MOVING. CAUTION: NEVER IMMERSER THE MOTOR HOUSING, CORD OR PLUG IN WATER. ALWAYS UNPLUG BEFORE CLEANING.**

- Clean the mixing cup, mixing wand and coupling immediately after every use; this will extend the life of your mixer.
- If you are mixing multiple batches of the same recipe, fill the cup with warm water in-between batches to clear off the mixing wand.
- To remove the mixing cup, lift the cup up and out of the bottom cup support. The cup should easily remove from the top support.
- To remove the mixing wand, pull the motor housing forward slightly; it will move in two small steps. When it is fully extended forward, hold the wand with one hand and turn the coupling counter-clockwise then pull down on the wand.
- Wash wand, coupling and cup in warm water using a mild dish detergent. Do not use any abrasive cleaners or scrubbers on any part of the drink mixer. Do not place any components in the dishwasher.
- Clean the motor housing and stand with a damp sponge or cloth. Do not immerse in water or any other liquid ending wand. Dry thoroughly.
- Reassemble and store in a dry place, unplugged and away from the reach of children.

TROUBLESHOOTING

The Drink Mixer & Smoothie Maker will not operate.

- Has a household fuse blown, or has a circuit breaker tripped?
- Is the power supply cord properly seated in the unit and the outlet?
- Has the cord been damaged in some way? If so, **DO NOT USE THE APPLIANCE.** Contact Customer Service for replacement information.
- Is the mixing cup properly seated in the top and bottom cup supports?

Liquid is spilling, splashing or overflowing the container.

- You may be mixing too much liquid. Divide the mixture into smaller batches.

The recipe is not mixing properly.

- Try blending liquids first before adding powders or minced fruit.
- Try mixing smaller batches of your recipe.
- Dice or mince fruit or other foods into smaller pieces before adding to the mixture.
- Puree or mince fruit or other solids using your Biggest Loser Chopper or Hand Blender before adding to your recipe.
- Try chilling ingredients first if making a cold beverage mixture.

WARRANTY INFORMATION

Taylor® warrants this product to be free from defects in material or workmanship for one (1) year for the original purchaser from date of retail purchase. It does not cover damages or wear resulting from accident, misuse, abuse, commercial use, or unauthorized adjustment and/or repair. If service is required, do not return to retailer. Should this product require service (or replacement at our option), please contact Taylor Customer Service at:

1-800-289-0944

There are no expressed warranties except as listed above. This warranty gives you specific legal rights, and you may have other rights which vary from state to state.

If you need replacement parts

• Use only Taylor specified parts. These specified parts will fit right and work right because they are made with the same precision used to build every new Taylor appliance.

Keep this book and your sales slip together for future reference. You must provide proof of purchase for warranty purposes.

For additional product information, or warranty information in Canada or elsewhere outside the USA, please contact us through www.taylorusa.com

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