

# Food Chopper Instruction Manual





Item # AC-1250-BL 120V ~ 60Hz 200W Thank you for your purchase of The Biggest Loser™ Food Chopper. Please READ this instruction manual carefully before use.

# **SAVE THESE INSTRUCTIONS**

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# IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed, including the following:

- 1. READ ALL INSTRUCTIONS COMPLETELY BEFORE USING.
- 2. To protect against electrical shock do not immerse or rinse cord, plugs or this appliance in water or any other liquid.
- 3. Close supervision is necessary when any appliance is used by or near children.
- 4. Unplug from outlet when not in use, before putting on or taking off parts and before cleaning.
- 5. Avoid all contact with moving parts and blades.
- 6. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been dropped or damaged in any manner. Return the appliance to Taylor ® (see warranty) for examination, repair or adjustment.
- 7. Do not use attachments that are not supplied for this appliance from Taylor®. The use of attachments is not recommended by Taylor and may cause a risk of injury to persons, or permanently damage this product.
- 8. Do not use outdoors.
- 9. Do not let cord hang over edge of table or counter, or touch hot surfaces including a stove.
- 10. Keep hands and utensils out of the chopper bowl while chopping to reduce the risk of severe injury to persons or damage to the appliance. A scraper may be used but only when the Food Chopper is not running.
- 11. Blades are sharp; handle very carefully. Remove the blade before emptying food from the chopping bowl.
- 12. Ensure the unit is completely assembled before using.
- 13. Do not attempt to remove the cover until blades have come to a complete stop.
- 14. Do not blend liquids in the food chopper.
- 15. Make sure the motor stops completely and the electrical cord is unplugged before disassembling or cleaning.
- 16. To disconnect, be sure the unit is off, then remove the plug from the wall outlet by grasping the plug and pulling. Never unplug the appliance by pulling on the cord.
- 17. Do not place this appliance near a hot gas or electric burner or in an oven.
- 18. Do not leave the appliance unattended during use.
- 19. Do not use this appliance for other than its intended use.
- 20. The Food Chopper does its work in seconds. Never run continuously for more than 20 seconds. Stop the chopper and allow it to cool for one minute in-between each 10 second operation.
- 21. Do not operate the Food Chopper while it is empty.
- 22. Before using, check that there are no unwanted objects inside the chopper bowl.
- 23. Do not attempt to defeat the cover's interlock mechanism, as serious injury may result.

# SAVE THESE INSTRUCTIONS

## SPECIAL INSTRUCTIONS

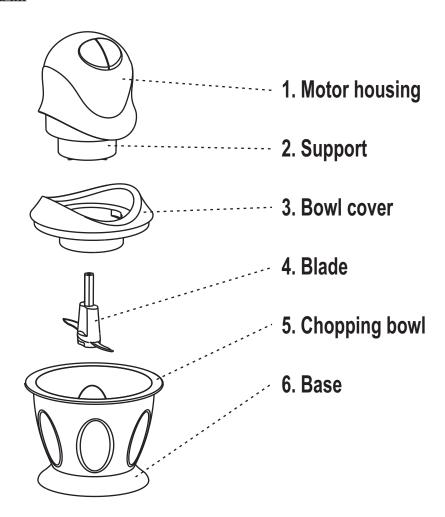
This appliance is for HOUSEHOLD USE ONLY.

- This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electrical shock, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not modify the plug in any way.
- Make sure the voltage in your outlet is the same as the voltage indicated on the appliance. This appliance is for a 120 –Volt AC electrical outlet only.
- The length of the cord used on this appliance was selected to reduce the hazards of becoming tangled in or tripping over a long cord. For safety, it is not recommended to use an electrical extension cord with this appliance.
- Do not immerse motor housing of unit, plug or cord in water or other liquids.
- Use with wall receptacle only.
- Do not attempt to service this unit yourself.

### INTRODUCTION

Now you can learn how to prepare and enjoy great tasting, healthy meals in minutes using your The Biggest Loser™ Food Chopper by Taylor®. You will learn how to make the delicious and easy recipes that cut out calories, but leave in all the taste. The food chopper and recipes are great tools to get you on track. There are over 125 more healthy and delicious recipes that you can find in the Biggest Loser Cookbook. When you start eating right, you may feel better, have more energy and feel empowered. For more information on NBC's The Biggest Loser, or to join The Biggest Loser Club, please visit the official Biggest Loser web site at www.nbc.com/The Biggest Loser.com or www.biggestloserclub.com.

## **DESCRIPTIVE DIAGRAM**



## **USING YOUR FOOD CHOPPER**

## **BEFORE FIRST USE**

- Make sure the voltage in your outlet is the same as the voltage indicated on the appliance. This appliance is for a 120 –Volt AC electrical outlet only.
- Remove any bags, labels or stickers from the appliance.
- Clean the motor housing with a damp soft cloth
- Wash all of the removable parts chopping bowl, bowl cover and blade using a sponge, warm water and mild dish detergent. Rinse and dry carefully.
- NOTE: do not immerse the motor housing in water when cleaning.

## How to use your Food Chopper

- 1. Place the unit on a flat, sturdy surface (i.e., do not place on carpeting or other soft surfaces). This appliance is not for use in convection or conventional ovens, microwaves, or on a stovetop.
- 2. Make sure the appliance is unplugged.
- 3. Wash and dry all components thoroughly.
- 4. Assemble chopper components by placing the blades onto the pin in the chopper bowl. Chopper blades are extremely sharp; never touch the cutting edge of blades. Use the plastic spindle to position the blades in the bowl. Do not use wet or slippery hands when handling the blade assembly.
- 5. Clean and wash the food to be used.
- 6. Add food ingredients to the chopping bowl, distributing them evenly with a spatula (not included). When chopping larger foods, pre-cut them into pieces of an even size, approximately ½ inch to ¼ inch pieces (see CHOPPING GUIDE).
- 7. Place the bowl cover onto the chopper bowl. NEVER OPERATE THE CHOPPER UNLESS THE COVER AND BOWL ARE CORRECTLY POSITIONED. Place the motor housing onto the bowl cover. The motor housing will only fit correctly in 2 positions. Turn the motor housing clockwise until it sets firmly into the bowl cover.
- 8. Plug the appliance into the power outlet.
- 9. Start the chopper by pushing one of the 2 speed buttons intermittently. The chopper operates with pulse control press the button and the chopper will operate; release the button and it will stop. Try chopping on the lower speed first. If that is not adequate, try the high speed.
- 10. If the chopper is laboring, turn off the unit, unplug it, remove some of the mixture and continue to process in smaller batches.
- 11. A spatula can be used to scrape ingredients toward the center of the bowl, but only if the unit is unplugged first and the blades have stopped.
- 12. Hard ingredients such as coffee beans and ice will damage the blade. Do not use the food chopper for hard ingredients.
- 13. The chopper does its work in seconds. Do not operate for longer than 20 continuous seconds at a time. Stop the chopper and allow it to cool for 1 minute after 10 seconds of continuous operation.
- 14. After completion of chopping, unplug the unit.
- 15. Reverse the above procedure to remove the motor housing, bowl cover, blade and bowl.

### **CHOPPING GUIDE**

Food Type	Maximum Quantity	Preparation
Austra	8.5 oz.	Declar and saved then gut into 1 inch nices
Apples		Peeled and cored then cut into 1 inch pieces
Bacon strips	8.5 oz.	Cooked crisp and drained
Bread	2.5 oz.	Cut into ½ inch cubes
Cheese (soft, cheddar, etc.)	3.5 oz.	Cut into ¼ inch cubes
Eggs	6	Hard boiled and quartered
Fruit (soft, berries, etc.)	10.5 oz.	Remove stems and stalks
Herb/Parsley	1.5 oz.	Remove stalks
Meat	7 oz.	Remove bones, fat and gristle, cut into ½ inch cubes
Nuts (soft, almonds, etc.)	10.5 oz.	Use halved or in pieces, scrape down side of bowl to ensure even chopping
Onions	8.5 oz.	Cut into 1/4 inch pieces

### **CLEANING AND MAINTENANCE**

After each use and before cleaning, unplug the appliance from outlet and allow the unit to stop. DO NOT ATTEMPT TO CLEAN WHILE THE MOTOR IS RUNNING OR THE COMPONENTS ARE STILL MOVING.

# CAUTION: NEVER IMMERSE THE MOTOR HOUSING, CORD OR PLUG IN WATER. NEVER TOUCH THE BLADE ITSELF. ALWAYS UNPLUG BEFORE CLEANING.

- Clean the motor housing with a damp soft cloth or sponge and dry thoroughly.
- Never use excess water, treated cloths, harsh cleaning agents, or sprays.
- Wash all of the removable parts, bowl cover, blade and bowl using a sponge, warm water and mild dish detergent. Rinse and dry carefully. You may also wash the bowl cover and bowl in the top rack of an automatic dishwasher. Use caution when handling the blades, as they are very sharp. Do not touch the blade itself; instead handle by the plastic spindle with clean and dry hands. Dry all parts thoroughly.
- Reassemble and store in a dry place, unplugged and away from the reach of children.

### **TROUBLESHOOTING**

### The Food Chopper will not operate.

- Has a household fuse blown, or has a circuit breaker tripped?
- Is the power supply cord properly seated in the unit and the outlet?
- Are the inter-locking bowl and bowl cover secured properly?
- Is the motor housing nested properly into the bowl cover?
- Has the cord been damaged in some way? If so, DO NOT USE THE APPLIANCE. Contact Customer Service for replacement information.

### The Food Chopper is vibrating.

- Are the components securely positioned in the bowl? If not, turn off the unit and reposition the components onto the bowl.
- Has the appliance been overloaded? Attempting to chop large quantities or large pieces of food may cause vibration. See section titled "How to use your Chopper" or the Chopping Guide.

### The motor housing will not seat properly.

- Is the bowl cover sitting securely on the bowl?
- If the motor housing is not sitting down into the bowl cover and resting on the support, turn it clockwise until it dips down and nests securely in the bowl cover.

### Food is unevenly chopped.

• Either you are chopping too much food at one time, or the pieces are not small enough. Try cutting food into smaller pieces of even size and processing a smaller amount per batch.

### Food is chopped too fine or is watery.

• The food is over processed. Use brief pulses, or process for less time.

### Food is collecting on the sides of the bowl or container.

• You may be processing too much food. Turn machine off. When the blade stops completely, unplug then remove the cover and scrape with a spatula, turning food inward toward the blade.

#### Food hangs up on the blade.

• You may be processing too much food or pieces are too large. See "Chopping Guide".

### WARRANTY INFORMATION

Taylor® warrants this product to be free from defects in material or workmanship for one (1) year for the original purchaser from date of retail purchase. It does not cover damages or wear resulting from accident, misuse, abuse, commercial use, or unauthorized adjustment and/or repair. If service is required, do not return to retailer. Should this product require service (or replacement at our option), please contact Taylor Customer Service at:

### 1-800-289-0944

There are no expressed warranties except as listed above. This warranty gives you specific legal rights, and you may have other rights which vary from state to state.

### If you need replacement parts

·Use only Taylor specified parts. These specified parts will fit right and work right because they are made with the same precision used to build every new Taylor appliance.

Keep this book and your sales slip together for future reference. You must provide proof of purchase for warranty purposes.

For additional product information, or warranty information in Canada or elsewhere outside the USA, please contact us through www.taylorusa.com

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