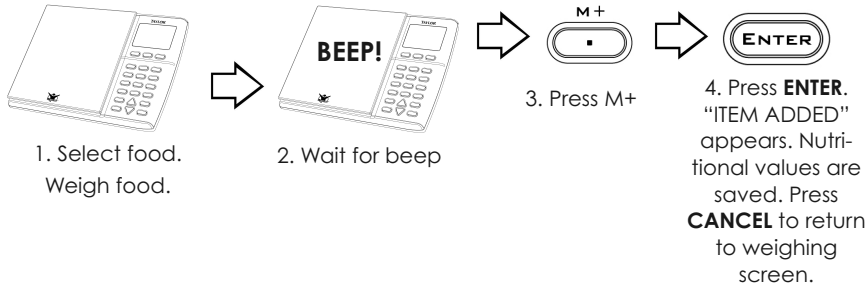


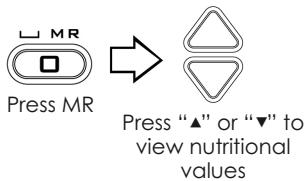
MEMORY FUNCTIONS

To Save Nutritional Values to Memory

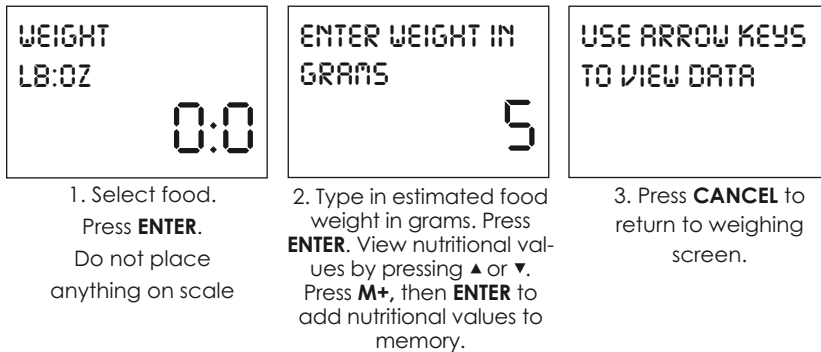


To See Saved Nutritional Values

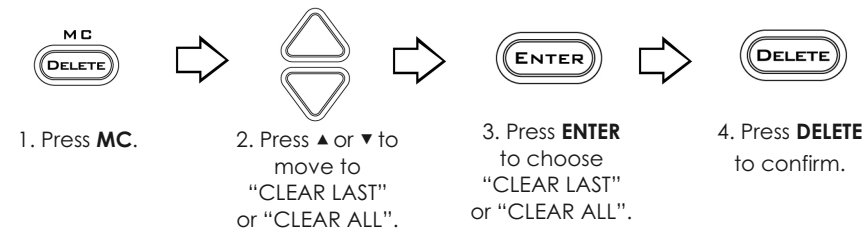
1. Press **MR** while scale is in weighing mode ("0.0" is on screen).
2. Press **▲** or **▼** to view saved nutritional values.
3. Press **CANCEL** to return to weighing screen.



To Add Nutritional Values to Memory Later



To Clear Nutritional Values from Memory



3840BL

THE **BIGGEST LOSER** by TAYLOR

Nutritional Scale
Quick Start Guide



CUSTOMER SERVICE INFORMATION PLEASE READ!

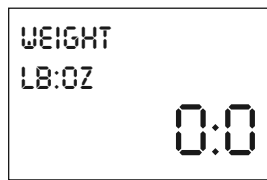
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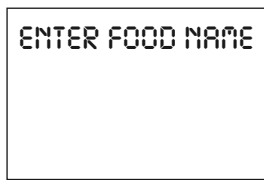
Please contact us before returning to retailer.

For more information on NBC's The Biggest Loser, or to join The Biggest Loser Club, please visit the official Biggest Loser website at www.nbc.com/The_Biggest_Loser.com or www.biggestloserclub.com.
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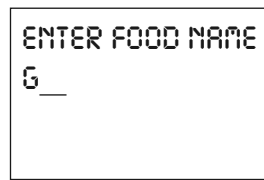
GENERAL NUTRITIONAL WEIGHING



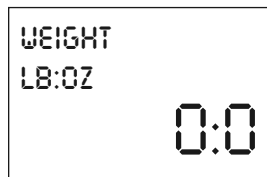
1. Place container (if needed) on scale. Press **ON/OFF**. Add food.



2. Press **FOOD**



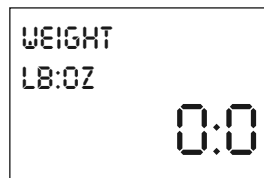
3. Use **keypad** to choose first letter of food name. Use keypad to type out food name, or press **▲** or **▼** to search for food.



4. Press **ENTER** to select displayed food. Wait for weighing screen.

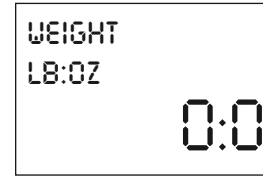


5. Place food on scale. Weight will display. When scale beeps, press **▲** or **▼** to view nutritional values.

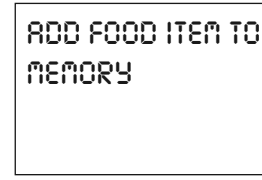


6. Press **CANCEL** to back up to other screens. Press **ZERO** to reset scale to zero.

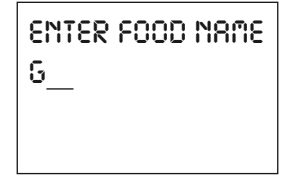
TO ADD NEW FOODS



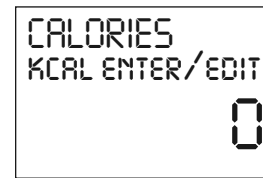
1. Press **ON/OFF** to turn scale on. Press **MENU** to access New Food Database.



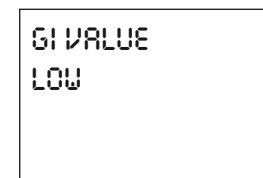
2. Press **▲** or **▼** to display "ADD FOOD ITEM TO DATABASE", then press **ENTER**.



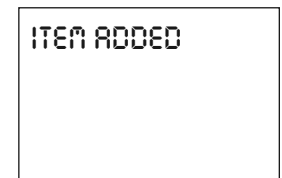
3. Use keypad to enter food name. Press **ENTER** to select displayed food name.



4. Use keypad plus **ENTER** to enter nutritional values.



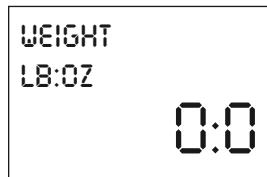
5. Press **ENTER** after last nutritional screen (GI Value).



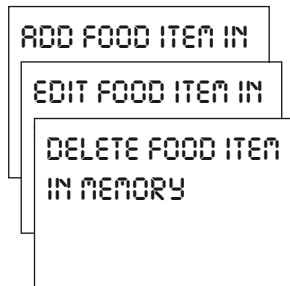
6. New food is added. Repeat steps to add additional foods, or press **▲** or **▼** to scroll to "EXIT MENU", then press **ENTER**.

Note: To select GI value, press 4 = High, 6 = Medium, 5 = Low.

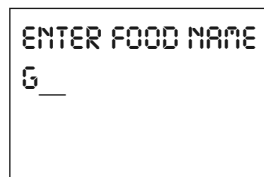
TO EDIT OR DELETE USER-ADDED FOODS



1. Press **ON/OFF** to turn scale on. Press **MENU** to access Food Database.



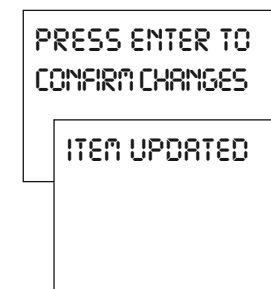
2. Press **▲** or **▼** to display "EDIT FOOD IN MEMORY" or "DELETE FOOD IN MEMORY", then press **ENTER**.



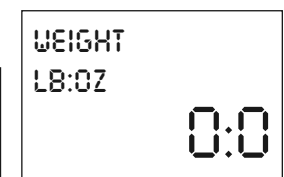
3. Use **keypad** to enter food name. Press **ENTER** to select displayed food name. If editing, press **DELETE** to backspace and use keypad to retype name.



4. Press **ENTER**. Then use keypad plus **ENTER** to change nutritional values. Press **DELETE** to backspace.



5. After last screen, press **ENTER** to confirm changes. If deleting, press **DELETE** to confirm deletion.



6. Repeat steps to edit/delete additional foods, or press **▲** or **▼** to scroll to "EXIT MENU", then press **ENTER** to return to weighing screen.

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