



THANK YOU FOR PURCHASING YOUR TIMEX® WATCH.

EXTENDED WARRANTY

Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

Please read instructions carefully to understand how to operate your Timex® watch. **Your model may not have all of the features described in this booklet.**

FEATURES

- **Dual Tech feature:** Provides you with the option to turn off the digital display providing a clean analog look.
- **Time and Date:** Analog and digital time display • 12/24-hour digital time formats • Day-Month or Month-Day date format • 3 time zones • Hide digital display
- **Chronograph:** Time 100 laps and store 50
- **Countdown Timer:** 24-hour countdown timer with repeat
- **Alarm:** Daily, weekday or weekend settings • Backup alarm
- **Optional Hourly Chime**
- **Customizable mode set**
- **INDIGLO® night-light:** Illuminates watch display for 3-4 seconds
- **NIGHT-MODE® feature:** When activated allows you to turn on Indiglo® night-light by pressing any button.
- **Solar cell and rechargeable battery**

BASIC OPERATIONS

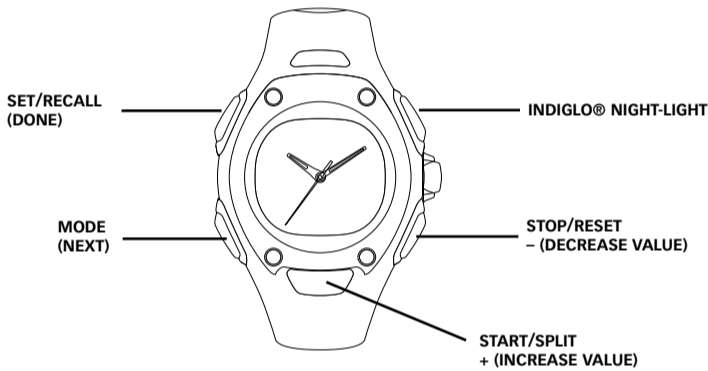
Select functions by repeatedly pressing the **MODE** button to cycle through TIME, CHRONOGRAPH, TIMER, and ALARM modes. In any mode, you can view the time by pressing the **MODE** button. Symbols appear in the display to indicate what functions are active.

In each mode, press **SET/RECALL** to change values. Button functions change when setting your watch. The watch face displays the new functions. Press **SET/RECALL** (Done) to exit and return to the active mode.

Pressing the **INDIGLO® night-light** button illuminates your watch face for viewing the display in low light. When in **NIGHT-MODE®** feature, pressing any button will illuminate watch display for 3-4 seconds

The **INDIGLO® night-light** flashes and a melody plays whenever an alert occurs, such as at end of a countdown. Press any button to stop the alert.

Watch includes a built-in solar cell that charges the battery. Expose watch to bright sunlight or fluorescent light to charge the battery prior to use.



Items in () appear in display only while setting.

TIP: Hold + or – to change values rapidly.

ANALOG TIME

Pull crown and turn to set HOUR and MINUTE hands. Second hand stops when crown is pulled.

DIGITAL TIME AND DATE, HOURLY CHIME, BUTTON BEEP

To turn off digital display, press and hold **STOP/RESET** while time is shown. Press and hold again to turn digital display on.

To set time, date, and options:

- 1) With time and date showing, press and hold **SET/RECALL**.
- 2) Current time zone (1, 2, or 3) flashes. Press + or – to select time zone to set, if desired.
- 3) Press **NEXT**. Hour flashes. Press + or – to change hour (including AM/PM); hold button to scan values
- 4) Press **NEXT**. Minutes flash. Press + or – to change minutes
- 5) Press **NEXT**. Seconds flash. Press + or – to set seconds to zero.
- 6) Press **NEXT**. Month flashes. Press + or – to change month.
- 7) Press **NEXT**. Day flashes. Press + or – to change day.
- 8) Press **NEXT**. Year flashes. Press + or – to change year.
- 9) Press **NEXT** to set options. Press + or – to change value and then press **NEXT** to go to next option. Press **DONE** at any step to exit and save settings. Available options are 12- or 24-hour time format, MM-DD or DD.MM date format, hourly chime \mathcal{J} , beep for button presses, mode customization (Select "HIDE" for unwanted modes – they are removed from mode sequence – Select "ON" to view a mode).


Press **START-SPLIT** once and hold to see 2nd time zone. Press **START-SPLIT** twice and hold to see third time zone. Continue to hold button for 4 seconds to switch to displayed time zone.

CHRONOGRAPH — COUNT AND STORE YOUR LAPS/SPLITS

- A. To operate the Chronograph, press **MODE** repeatedly until CHRONO appears.
 - B. Press **START/SPLIT** to start the Chronograph. Press again to take lap/split time. The primary display shows both the lap/split time for 10 seconds or until the **MODE** button is pressed.
 - C. Press **STOP/RESET** to stop timing. Press **START/SPLIT** to resume.
 - D. If feature available, to recall your stored lap/split times while the Chrono is stopped or running, press **SET/RECALL** and then + / – repeatedly.
 - E. Press **NEXT** and + / – to change display format between LAP/SPLIT and SPLIT/LAP. Press **DONE** to exit.
 - F. While the Chrono is stopped, press and hold **STOP/RESET** to reset the Chrono.
- Lap and split times are stored in memory until a new workout is started (chrono started from zero).

LAP 1	LAP 2	LAP 3	LAP 4
7:11 MIN	7:50 MIN	7:08 MIN	7:30 MIN
7:11 MIN			
SPLIT 1	15:01 MIN		
	SPLIT 2	22:09 MIN	
		SPLIT 3	29:39 MIN
			SPLIT 4

Chronograph continues to run if you exit mode. Stopwatch icon \odot appears in Time mode.

- A. To operate the Timer, press **MODE** repeatedly until **TIMER** appears.
 B. To set the timer, press and hold **SET/RECALL**. Timer must be stopped. Press **NEXT** to select **HOURS**, **MINUTES**, **SECONDS**, and **STOP** or **REPEAT AT END**. Press +/- to change settings. Press **DONE** to exit.
 C. Press **START/SPLIT** to begin timing, **STOP/RESET** to stop, **START/SPLIT** to resume.
 D. With the Timer stopped, press **STOP/RESET** to reset the Timer to the beginning of the countdown time.
TIP: Watch beeps and night-light flashes when countdown ends (timer reaches zero). Press any button to silence. If **REPEAT AT END** is selected, timer repeats countdown indefinitely. Timer continues to run if you exit mode; hourglass icon  appears in Time mode.

ALARM — NEVER MISS APPOINTMENTS OR EVENTS

- A. To set the Alarm, press **MODE** repeatedly until **ALARM** appears. Press and hold **SET/RECALL**. Press **NEXT** repeatedly to select **HOURS**, **MINUTES**, **AM** or **PM** (in 12-hour time format), and alarm frequency (**DAILY**, **WEEKDAYS**, or **WEEKENDS**). Press + / - to change settings. Press **DONE** to exit.
 B. In the Alarm mode, press + / - to turn the Alarm on or off.

TIP: If no button is pressed when the Alarm time is reached, alert will sound for 20 seconds.

If alarm is not acknowledged alarm icon will blink and alarm will sound again in 5 minutes.

Alarm Clock Icon  appears when alarm is on in this mode and Time mode.

INDIGLO® NIGHT-LIGHT WITH NIGHT-MODE® FEATURE — ALWAYS SEE IN THE DARK

Press **INDIGLO® night-light** to activate light.

Electroluminescent technology used in the **INDIGLO® night-light** illuminates watch face at night and in low light conditions. Press and hold button for four seconds (beep will sound) to activate or de-activate **NIGHT-MODE®** feature. While in **NIGHT-MODE®** feature, pressing any button illuminates watch display for 3-4 seconds. **NIGHT-MODE®** feature automatically deactivates after eight hours.

WATER RESISTANCE

If your watch is water-resistant, meter marking or () is indicated.

Water-Resistance Depth	p.s.i.a. * Water Pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160

*pounds per square inch absolute

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS UNDER WATER.

1. Watch is water-resistant only as long as lens, push buttons and case remain intact.
2. Watch is not a diver watch and should not be used for diving.
3. Rinse watch with fresh water after exposure to salt water.
4. Shock-resistance will be indicated on watch face or caseback. Watches are designed to pass ISO test for shock-resistance. However, care should be taken to avoid damaging crystal/lens.

BATTERY

Timex strongly recommends that a retailer or jeweler replace battery. If applicable, push reset button when replacing battery. Battery type is indicated on caseback. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.

DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.

CHARGING BATTERY

Watch is powered by battery that is charged from solar cell in watch face. Watch face requires exposure to light to recharge battery.

Any light can charge battery, but direct sunlight is best, followed by sunlight through windows, and finally indoor lighting.

Battery icon shows current battery level and charging status.



Battery is full - no charging required



Battery is half empty - recharge battery soon



Battery is low - recharge battery now - beeps and night-light are disabled



Battery is low and is charging - beeps and night-light are disabled



Battery is half empty and charging

NOTE: Gray indicates battery icon blinking

A depleted battery may be charged by exposing watch face to sunlight for several days. Position watch so that face points toward light. Watch may be used while charging. Watch charges faster while in direct sunlight and slower when indoors.

When fully charged, watch may function without light for months. Actual battery life may vary depending upon use of features.

Wear watch so that sleeve does not cover all or part of watch face and impede charging.

Exposure to direct sunlight or indoor lighting during use will help keep watch charged.

Store watch where it will be exposed to light. Otherwise, battery will run down and need recharging.

After many years of use, if battery becomes unable to charge fully, battery may be replaced with new rechargeable battery of same type only. Please see battery section for details.

WARNING: Leaving watch in direct sunlight or close to lamp can cause watch to become hot. Handle with care.

After one month of no exposure to light, watch display shuts off if time has been set. If time has not been set, watch display shuts off after 60 seconds. Press any button or put watch in sunlight to restore display.

TIMEX INTERNATIONAL WARRANTY

(U.S. — LIMITED WARRANTY — PLEASE SEE FRONT OF INSTRUCTION BOOKLET FOR TERMS OF EXTENDED WARRANTY OFFER)

Your **TIMEX®** watch is warranted against manufacturing defects by Timex Corporation for a period of **ONE YEAR** from the original purchase date. Timex and its worldwide affiliates will honor this International Warranty.

Please note that Timex may, at its option, repair your watch by installing new or thoroughly reconditioned and inspected components or replace it with an identical or similar model. **IMPORTANT — PLEASE NOTE THAT THIS WARRANTY DOES NOT COVER DEFECTS OR DAMAGES TO YOUR WATCH:**

- 1) after the warranty period expires;
- 2) if the watch was not originally purchased from an authorized Timex retailer;
- 3) from repair services not performed by Timex;
- 4) from accidents, tampering or abuse; and
- 5) lens or crystal, strap or band, watch case, attachments or battery. Timex may charge you for replacing any of these parts.

THIS WARRANTY AND THE REMEDIES CONTAINED HEREIN ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES, EXPRESS OR IMPLIED, INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR PARTICULAR PURPOSE. TIMEX IS NOT LIABLE FOR ANY SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES. Some countries and states do not allow limitations on implied warranties and do not allow exclusions or limitations on damages, so these limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights which vary from country to country and state to state.

To obtain warranty service, please return your watch to Timex, one of its affiliates or the Timex retailer where the watch was purchased, together with a completed original Watch Repair Coupon or, in the U.S. and Canada only, the completed original Watch Repair Coupon or a written statement identifying your name, address, telephone number and date and place of purchase. Please include the following with your watch to cover postage and handling (this is not a repair charge): a US\$ 7.00 check or money order in the U.S.; a CAN\$6.00 cheque or money order in Canada; and a UK£2.50 cheque or money order in the U.K. In other countries, Timex will charge you for postage and handling. **NEVER INCLUDE A SPECIAL WATCHBAND OR ANY OTHER ARTICLE OF PERSONAL VALUE IN YOUR SHIPMENT.**

For the U.S., please call 1-800-448-4639 for additional warranty information. For Canada, call 1-800-263-0981. For Brazil, call +55 (11) 5572 9733. For Mexico, call 01-800-01-060-00. For Central America, the Caribbean, Bermuda and the Bahamas, call (501) 370-5775 (U.S.). For Asia, call 852-2815-0091. For the U.K., call 44 020 8687 9620. For Portugal, call 351 212 946 017. For France, call 33 3 81 63 42 00. For Germany, call 49 7 231 494140. For the Middle East and Africa, call 971-4-310850. For other areas, please contact your local Timex retailer or Timex distributor for warranty information. In Canada, the U.S. and in certain other locations, participating Timex retailers can provide you with a postage-paid, pre-addressed Watch Repair Mailer for your convenience in obtaining factory service.

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