

TIMEX®

www.timex.com

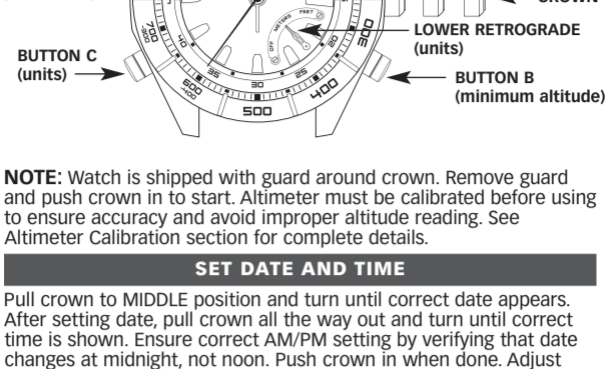
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THANK YOU FOR PURCHASING YOUR TIMEX® WATCH.

Please read instructions carefully to understand how to operate your Timex® watch.

FEATURES



NOTE: Watch is shipped with guard around crown. Remove guard and push crown in to start. Altimeter must be calibrated before using to ensure accuracy and avoid improper altitude reading. See Altimeter Calibration section for complete details.

SET DATE AND TIME

Pull crown to MIDDLE position and turn until correct date appears. After setting date, pull crown all the way out and turn until correct time is shown. Ensure correct AM/PM setting by verifying that date changes at midnight, not noon. Push crown in when done. Adjust date after months with fewer than 31 days.

INDICATOR HAND (4TH CENTER HAND) ADJUSTMENT

Pull crown all the way out. The upper and lower retrograde hands reset to the start of their scales automatically. Indicator hand (4th center hand) should point to 12 o'clock. If it does not, press either A and/or B button to move hand until it points to 12 o'clock. A and B buttons move hand counterclockwise and clockwise, respectively. Hold button to move hand fast. Push crown in when done.

ALTIMETER CALIBRATION

Before use, the altimeter must be calibrated.

Since an altimeter uses pressure to determine the altitude and pressure varies from place to place, it is important to set the altimeter to a known reference altitude value, or to a standard reference altitude of a given place. Sudden changes in pressure due to changes in weather can cause your altimeter reading to be off by +/-100m (328 ft), even if your location has not changed. Recalibrate to a known altitude when drastic pressure changes occur.

To calibrate the altimeter:

1. Pull the crown to its middle position and wait for the indicator hands to stop moving.
2. If the altimeter was OFF at the moment of crown pulling, the lower retrograde hand will point to the unit selected the last time the altimeter was used, otherwise the lower retrograde hand points to the current selected unit in altitude display. The 4th center hand and upper retrograde hand should point to the current altitude.
3. Press A or B to move the 4th center hand counterclockwise or clockwise, respectively, until it points to the desired calibration altitude. Holding A or B will move the center hand more rapidly. The upper retrograde hand moves relative to the altitude value displayed by the 4th center hand.
4. Push crown in when done.

To change the unit from METERS to FEET or FEET to METERS, press C. If button C is not released within one second, changes made in calibration are discarded and the current altitude is displayed.

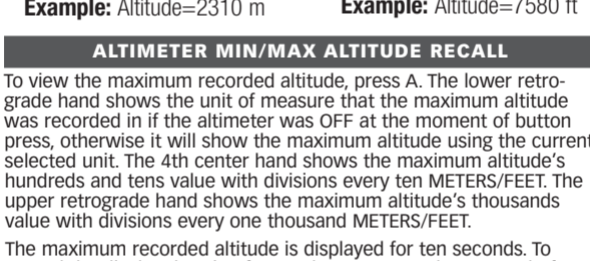
ALTIMETER ON/OFF

To turn the altimeter on, press C. The lower retrograde hand points to METERS. Using the markings on the top ring, the 4th center hand shows the current altitude's hundreds and tens value with divisions every ten METERS/FEET. The upper retrograde hand shows the current altitude's thousands value with divisions every one thousand METERS/FEET.

To change the unit from METERS to FEET, press C a second time. To change the unit from FEET to METERS, press C twice (altimeter is turned off first then turned back on with the unit in METERS).

To turn the altimeter off with the current unit set to FEET, press C. To turn the altimeter off with the unit set to METERS, press C twice (lower hand goes to FEET first before going to the OFF position).

The watch will automatically turn the altimeter off after 60 minutes from activation.



Example: Altitude=2310 m

Example: Altitude=7580 ft

ALTIMETER MIN/MAX ALTITUDE RECALL

To view the maximum recorded altitude, press A. The lower retrograde hand shows the unit of measure that the maximum altitude was recorded in if the altimeter was OFF at the moment of button press, otherwise it will show the maximum altitude using the current selected unit. The 4th center hand shows the maximum altitude's hundreds and tens value with divisions every ten METERS/FEET. The upper retrograde hand shows the maximum altitude's thousands value with divisions every one thousand METERS/FEET.

The maximum recorded altitude is displayed for ten seconds. To extend the display duration for another ten seconds, press A before the previous ten second duration expires.

To change the unit from METERS to FEET or FEET to METERS, press C.

To view the minimum recorded altitude, press B. The lower retrograde hand shows the unit of measure that the minimum altitude was recorded in if the altimeter was OFF at the moment of button press, otherwise it will show the minimum altitude using the current selected unit. The 4th center hand shows the minimum altitude's hundreds and tens value with divisions every ten METERS/FEET. The upper retrograde hand shows the minimum altitude's thousands value with divisions every one thousand METERS/FEET.

The minimum recorded altitude is displayed for ten seconds. To extend the display duration for another ten seconds, press B before the previous ten second duration expires. To change the unit from METERS to FEET or FEET to METERS, press C.

WATER RESISTANCE

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS UNDER WATER.

1. Watch is water-resistant only as long as lens, push buttons and case remain intact.
2. Watch is not a diver watch and should not be used for diving.
3. Rinse watch with fresh water after exposure to salt water.

If your watch is water-resistant, meter marking or () is indicated.

Water-Resistance Depth	p.s.i.a. * Water Pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160

*pounds per square inch absolute

BATTERY

Timex strongly recommends that a retailer or jeweler replace battery. Battery type is on watch back. If present, push/short internal reset switch after replacing battery. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.

DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.

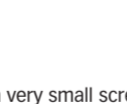
INDIGLO® NIGHT-LIGHT

Press button or crown to activate light. Electroluminescent technology used in the INDIGLO® night-light illuminates entire watch face at night and in low light conditions.

BRACELET ADJUSTMENT

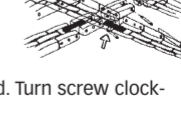
Foldover Clasp Bracelet

Find spring bar that connects bracelet to clasp. Using a pointed tool (Fig. 1), push spring bar in and gently twist bracelet to disengage. Determine wrist size, then insert spring bar in correct bottom hole (Fig. 2). Push down on spring bar, align with top hole and release to lock in place (Fig. 3).



Bracelet Link Removal

Removing Links: Place bracelet upright and insert pointed tool in opening of link. Push pin forcefully in direction of arrow until link is detached (pins are designed to be difficult to remove). Repeat until desired number of links are removed.



Reassembly: Rejoin bracelet parts. Push pin back into link in opposite direction of arrow. Press pin down securely into bracelet until it is flush.

Solid Link Bracelet

Removing Links: Using a very small screwdriver, remove screws by turning counterclockwise. Repeat until desired number of links are removed. Do not remove links adjacent to clasp.



Reassembly: Rejoin bracelet parts and insert screw in end of opening where it was removed. Turn screw clockwise until tight and flush with bracelet.

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