ZANUSSI

MICROWAVE OVEN

ZM17M

USER MANUAL



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Congratulations on the purchase of your new Microwave Oven

Thank you for having chosen a Zanussi product.

We are convinced that you will find your new microwave oven very useful and that it will be of great help to you. As with all new kitchen appliances, it will take some time to learn all the new functions and features, but with time, this oven will become indispensable to you.

Before using your Microwave Oven

Read through the instruction manual carefully.
In order that you can get the best from your new Zanussi
Microwave Oven, the following instructions have been prepared.
Please make sure you read them carefully.
It is important that this instruction book is
retained with the appliance for future reference. Should the
appliance be sold or transferred to another owner, or if you move
house and leave the appliance, always ensure that the book is
supplied with the appliance or that the new owner can
be acquainted with the functioning of the appliance
and the relevant warnings.

Please ensure you have read the whole instruction book before using the appliance and that you follow the recommendations given.

Safety Instructions

- The built-in safety interlock switches prevent the microwave oven from operating when the door is open.
- Do not tamper with them, or attempt to operate the oven with the door open as open door operation can result in exposure to microwave energy.
- Do not allow food spills or cleaner residue to accumulate on door sealing surfaces. See the Cleaning and Care section for cleaning instructions.
- Do not operate the oven if it is damaged until it has been repaired by qualified service personnel.
- It is particularly important that the oven door closes properly and that there is no damage to the: (1) door (warped), (2) hinges and latches (broken or insecure), (3) door seals and sealing surface.
- It is hazardous for anyone except factory trained service personnel to service or make adjustments to this oven. Contact your nearest authorised service agent should service be required.
- Do not remove the outer case, door or control panel at any time. Doing so may cause exposure to extremely high voltage.
- Install or locate this oven only in accordance with "INSTALLATION INSTRUCTIONS" found in this manual.
- Use the appliance for its intended use as described in this manual. Do not use corrosive chemicals in this appliance. This type of oven is specifically designed to heat, cook, or defrost food. It is not designed for industrial or laboratory use neither for commercial use as this will invalidate the guarantee.
- Do not operate the oven empty. If food or water is not present to absorb the microwave energy, the magnetron tube can be damaged.
- Close supervision is necessary when the oven is used by children.
- Do not store this appliance outdoors. Do not use this product near water.
- Do not attempt to dry clothing or newspapers in the microwave oven. These items can ignite.
- Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils, or food in the cavity when not in use.

Utensil safety

 Most glass, glass ceramic and heat-resistant glassware utensils are excellent for use in the microwave oven. Although microwave energy will not heat most glass and ceramic items, these utensils can become hot as heat transfers from the food to the container. The use of oven gloves to remove dishes is recommended.

Testing suitability of cookware

- Place the cookware in the microwave along with a glass half full of water. Heat on 700W (100%) for one minute. If the cookware feels hot, you should not use it. If it is just slightly warm, you can use it for reheating but not for cooking. If the dish is room temperature, it is suitable for microwave cooking.
- Paper napkins, wax paper, paper towels, plates, cups, cartons, freezer wrap and cardboard are great convenience utensils. Always be sure containers are filled with food to absorb energy and thus avoid the possibility of overheating.
- Many plastic dishes, cups, freezer containers and plastic wraps may be used in the microwave oven. Follow manufacturer's instructions when using plastics in the oven. Avoid using plastic utensils with foods that have high fat or sugar content since these foods reach high temperatures and could melt some plastics.
- Do not leave oven unattended, and look at it from time to time when heating or cooking food in plastic, paper or other combustible containers. If smoke is observed, keep door closed, switch the oven off or disconnect oven until smoke stops.
- Metal utensils and utensils with metallic trim should not be used in the microwave oven, unless specifically recommended for microwave use.
- Containers with restricted openings, such as bottles, should not be used for microwave cooking.
- Use caution when removing a lid or cover from a dish to avoid steam burns.

Food safety

- Do not heat food in a can in the microwave oven. Always remove the food to a suitable container.
- Deep fat frying should not be done in the microwave oven, because the fat temperature cannot be controlled, hazardous situations can result.
- Popcorn may be prepared in the microwave oven, but only in special packages or utensils designed specifically for this purpose. This cooking operation should never be unattended.
- Pierce foods with non-porous skins or membranes to prevent steam build-up and bursting. Apples, potatoes, chicken livers, and egg yolks are examples of items that should be pierced.

WARNING: When heating liquids, e.g. soups, sauces and beverages in your microwave oven, overheating the liquid beyond boiling point can occur without evidence of bubbling. This could result in a sudden boil over of the hot liquid. To prevent this possibility the following steps should be taken:

- 1. Avoid using straight-sided containers with narrow necks.
- Do not overheat.
- Stir the liquid before placing the container in the oven and again halfway through the heating time.
- 4. After heating, allow to stand in the oven for a short time, stirring again before carefully removing the container.
- Some products such as whole eggs and sealed containers – for example, closed glass jars – may explode and should not be heated in this oven. Occasionally, poached eggs may explode during cooking. Always pierce the yolk, then cover and allow the standing time of one minute before removing cover.

NOTE:

- Do not force the turntable to rotate by hand. This may cause malfunctioning.
- Arcing in the oven during microwave operation usually occurs from use of metallic utensils.
 Continuous arcing, however, can damage the unit. Stop the programme and check the utensil.
- Care should be taken not to obstruct any air vents located on the top, rear, side and bottom of the oven.

Do not use this oven for commercial purposes.

This oven is made for domestic use only.

Keep these instructions

Oven utensils and accessories guide

A variety of Utensils and Materials may be used for cooking in your microwave oven. For your safety and to prevent damaging utensils and your oven choose appropriate utensils and materials for each cooking method. The list below is a general guide.

Material	Utensils	Microwave Cooking
Ceramic & Glass	Corning ware Heat resistant	YES
	glass ware Glass ware with	YES
	metal decoration Lead crystal glass	NO NO
China	Without metal	
	decoration	YES
Pottery		YES
Plastic	Microwave oven heat-proof wear	YES
	Plastic wrap	YES
Metal	Metal baking pan Aluminium foil*	NO YES
Paper	Cups, plates, towels	YES
Waxed Paper		YES
Wood		NO
Accessories	Grill rack Turntable Turntable support	NO YES YES

YES: Utensils and accessories to use NO: Utensils and accessories to avoid

*NOTE: Use aluminium foil only for shielding purposes, overuse may cause arcing.

Unpacking

N.B. When you unpack the oven, check that the product is free from damage. Damage or any missing parts must be reported immediately to the retailer. The oven, parts of the oven or the accessories may be wrapped by a protection foil. If so, you must remove this foil before using the oven. Do not leave packing material so that small children can play with it. This can be hazardous.

Installation

- 1. Remove any promotion label from the door.
- 2. Install the oven on a flat, level surface. The surface must be strong enough to safely bear the weight (13.5 kg) of the oven, and the contents. To avoid the possibility of causing vibration or noise the oven must be in a stable position.
- Keep the oven away from heat and water.Exposure to heat and water can lower oven efficiency and lead to malfunctioning, so be sure to install the oven away from heat and water sources.
- 4. Do not block air vents on the top and the sides of the cabinet and also do not place any articles on the top of the oven. If air vents are blocked during operation, the oven may overheat, and this may lead to malfunctioning. Hot air escapes from the vents, so be sure not to obstruct it or let curtains come between the oven and the rear wall.
- 5. Place the oven as far away from radios and TV's as possible. This oven does conform to EEC requirements* of radio interference suppression, but some interference may occur if it is placed too close to a radio or TV, so keep them as far apart as possible.
- 6. If positioned in a corner, leave a gap of at least 5,0 cm from the walls to meet ventilation demands.

Important! The oven can be placed almost anywhere in the kitchen. Make sure the oven is placed on a flat, level surface and that vents as well as the surface underneath the oven are not blocked (for sufficient ventilation).

* This appliance conforms to the requirements of EEC Radio Interference Directive 87/308/EEC.

Connecting to the mains

The oven is delivered with the power cord and a plug for 230V, 50Hz, earthed socket outlet. Earth protection minimises the risks should a short-circuit occur. Check to ensure the voltage of the oven matches the supply.

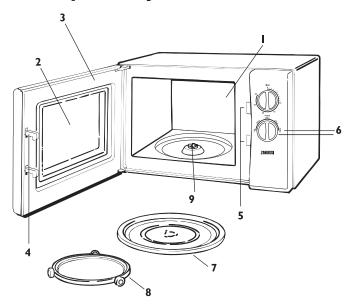
N.B. If the oven is connected to the socket via an extension cord, make sure the cord is earthed.

WARNING! This appliance must not be used on a non-earth protected power supply.

Contact an electrician if you are uncertain regarding electrical connection of the oven or provision of earth protection of the supply.

This appliance must be earthed. If this appliance is fitted with a non-rewireable plug for which your socket is unsuitable, the plug should be cut off and the appropriate plug fitted. If it is necessary to change the fuse in a non-rewireable plug, the fuse cover must be refitted. If the fuse cover is lost or damaged, the plug must not be used until a replacement is obtained.

How to operate your microwave oven

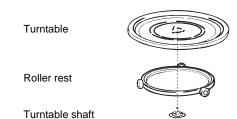


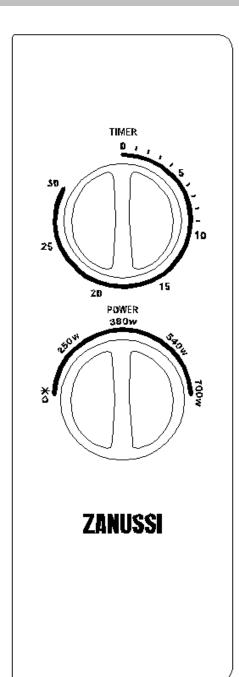
Name and function of parts

- Cooking compartment. Wipe the compartment clean after using the oven.
- Viewing window. Food can be checked while the microwave oven is in operation.
- 3 Oven door. The door must always be firmly closed while cooking.
- 4 Latch hook.
- 5 Safety interlock system.
- 6 Control panel.
- 7 Turntable. Made of special heat-resistant glass. Food in a suitable container is placed on this tray for cooking. Do not use the oven without the turntable.
- 8 Turntable support. Place the support on the floor of the cooking chamber to support the turntable.
- 9 Drive shaft for turntable.

Turntable Installation

- 1. Place the turntable support on the cavity bottom.
- 2. Place the turntable on top of the turntable support as shown in the diagram. Make sure that turntable hub is securely locked in the turntable shaft. **Never place the turntable upside down.**
- Both turntable and turntable support must always be used during cooking.
- All food and containers of food are always placed on this turntable for cooking.
- This turntable rotates clockwise and anticlockwise: this is normal.





Control panel

Timer

Set for desired cooking time. Cooking will start. All clockwork timers will operate more accurately if wound past the desired time first, and then back.

Power Selector

Adjust this knob to select the correct power for your food.

Microwave Cooking

- 1. Open the door, place the food on the turntable. Close the door.
- 2. Set the Power Selector to the desired power level.(See table below.)
- 3. Set the Timer to the desired time.

The oven begins cooking.

When cooking for less than 2 minutes, turn the timer for a longer period and than return to the desired time.

To turn off the oven during cooking, simply turn the Timer to 0.

Note: After use, be sure to return the Timer to 0, or the oven will continue to operate.

Microwave Power setting Guide

Power	Setting	Suggested use
120W	Defrost	Thawing foods. Keeping foods warm.
250W	Med low (40%)	Completing the cooking cycle of some casseroles and stews.
380W	Simmer (60%)	Completing the cooking cycle of pot roasts Completing the cooking cycle of some casseroles and stews. Baked custards or cheese cakes
540W	Reheat (80%)	Baking cakes Reheating pre-cooked foods
700W	Max Power (100%)	Boiling liquids Baking fish or vegetables. Preheating a browning dish.

Defrosting instructions using 120W

Some foods such as bread and fruit, can successfully be thawed manually by using the power setting.

FOOD	PREPARATION	(120W)	STANDING TIME
Bread			
Small loaf	Place on microwave proof rack or kitchen paper.	8–10 min.	10–15 min.
Sliced large loaf	Turn over halfway through defrosting time. Place on microwave proof rack or kitchen paper. Turn over halfway through defrosting time.	10–13 min.	10 min
2 slices 1 bread roll 2 bread rolls	Place on kitchen paper. Place on kitchen paper.	45–60 sec. 45–60 sec. 1–11/2 min.	5 min. 5 min. 5 min.
2 bread rolls	Place on kitchen paper.	1–11/2 min.	5 min.
Cakes and Pastry			
Gateau 450g/1 lb Cheesecake 450g/1lb	Remove from packaging, place on plate. Remove from packaging, place on plate.	9–11 min. 9–11 min.	15–30 min. 15–30 min.
Pie (cooked) 450g/1 lb	Remove from packaging, place on plate.	7– 9 min.	15–30 min.
Pastry 450g/1 lb	Remove from packaging, place on plate.	7– 9 min.	15–30 min.
Butter			
250g/8.8 oz	If foil wrapped, remove from wrapper and (1 packet) place on a plate	3– 4 min.	5–10 min.
Fruit			
225g/8 oz Soft berry fruits	Place in a single layer in a shallow dish.	5– 6 min.	5–10 min.
450g/1 lb Soft berry fruits	Place in a single layer in a shallow dish.	7– 8 min.	5–10 min.
Plated meal			
400g/14 oz	Cover with a plate or non PVC cling film. To reheat, microwave on HIGH for 3–4 minutes.	7– 8 min.	5–10 min.
Vegetables	It is not necessary to defrost vegetables before cooking. All vegetables can be thawed and cooked on HIGH.		

Microwave Hints

- Always keep the oven clean avoid spillovers and do not forget to clean under the glass tray and the inside of the door.
- Use preferably round or oval casseroles with a lid when cooking in your microwave oven.
- Do not use metal or metal decorated casseroles. Certain plastic materials can melt and be warped by hot food.
- Cover the food when cooking. Use a glass lid, a plate or grease proof paper.
- Pastry, bread and the like can be defrosted directly in a bread basket or on a paper towel.
- If frozen food is heated in its package, the package should be opened. Packages containing metal or metal decoration must not be used unless specifically recommended for use in the microwave. Remove metal clips and wire ties.
- Smaller pieces of aluminium foil can be used to cover parts that easily overcook such as chicken legs.

- Food with peel or skin should be pierced with a fork e.g. potatoes and sausages. Do not boil eggs in the microwave oven as they can explode.
- Put large, thick pieces close to the edge of the casserole and try to cut the food in to even sized pieces. Always place the food in the centre of the oven.
- The food will be evenly cooked if you stir or turn it a few times.
- Always set a shorter cooking time than indicated in your recipe to avoid over cooking. The larger the amount of food the longer it takes.
- Use little or no water for vegetables.
- Use less salt and spices than for "normal" cooking.
- Season afterwards.
- Allow a few minutes "standing" time after the oven has switched off to ensure complete and even cooking results.
- Always ensure food is piping hot throughout before serving.
- Use pot holders or gloves when taking dishes and food from the oven.

Technical data

Overall dimension	Weight 13.5 kg
Width 458 mm	Volume 17 Litre
Depth 296 mm	
Height 375 mm	Power source 230V, 50 Hz
Cavity dimension	Fuse 10A
Width 320 mm	Power consumption 1080W
Depth 183 mm	
Height 288 mm	Power output 700W

Care and cleaning

The oven must always be clean. Residue of food from spillovers or spatters will attract microwave energy causing it to burn on. This could reduce the efficiency of the oven and may cause bad odours.

Do not attempt to tamper with or make any adjustments or repairs to any part of the oven. Repairs should only be done by a qualified service technician.

Be sure the oven is off or the unit is unplugged before cleaning.

Cleaning the accessories (turntable and support)

Clean them with mild detergent after removing them for the cavity. Turntable support should be carefully handled.

CAUTION: The inside of the oven and turntable get very hot, so do not touch them immediately after use.

Cleaning the interior

Always keep the inside of the oven clean. Wipe up spillovers and food spatters immediately. Soil that is allowed to remain on the oven walls, door seal and door surface will absorb microwave energy, reduce the efficiency of the oven, and possibly damage the oven interior. Use mild, liquid detergent, warm water and a soft, clean cloth to remove soil.

NEVER USE ABRASIVE CLEANERS, COMMERCIAL OVEN CLEANERS OR STEEL WOOL PADS ON ANY PART OF THE MICROWAVE OVEN

To loosen difficult soil, boil a cup of water in the microwave oven for 2 or 3 minutes.

NEVER USE A KNIFE OR ANY UTENSIL TO REMOVE SOIL FROM OVEN SURFACES.

To remove odours from the oven interior, boil a cup of water plus 2 tablespoons of lemon juice for 5 minutes.

Cleaning the exterior

Open the oven door when cleaning the control panel. This will prevent the oven from being turned on accidentally. You should clean outside surfaces of the oven with mild liquid detergent and water followed by a wiping with clear water to remove any excess detergent. Dry with a soft cloth.

Spray-on window cleaners or all purpose spray-on kitchen cleaners can also be used. Never use abrasive cleaners, scouring pads or harsh chemicals on outside surfaces of your oven. To prevent damage to the working parts, do not allow water to seep into ventilation openings.

Service and spare parts

If the appliance does not work please carry out the following checks before contacting your local service centre.

If the oven does not come on:

- Check the appliance is connected correctly.
- Check that the oven is plugged in properly.
- Replace the fuse in the plug, if required, with another of the same rating and check that the plug has been wired correctly.
- Check that the socket switch and/or the switch from the mains supply to the oven are ON.
- Check that the socket is receiving power, by plugging in an appliance you know to be working.
- Check that the fuse in the fuse box is intact.

If the microwave does not function:

- The child safety lock may have been set.
- Check the controls are set correctly.
- Check settings/procedures against the booklet
- Check the door closes properly (if food particles or other objects have become stuck inside the door, it will not close properly and microwave cooking will not take place).

- Check the start pad has been depressed.
- If the grill function has been used, the oven may not have cooled sufficiently.

Service and spare parts are offered by Zanussi Service.

When you order service or spare parts, please refer to the product and model number of the microwave oven. You will find these on the data plate.

Write them down here below so you have them handy whenever you need them.

viouei	
Serial number:	

Date of purchase: -----

N.B. Remember to save your receipt.

Zanussi Service centres

Please refer to your local telephone directory for Service Centre details which can be found in the Local Telephone Directory white pages under Zanussi.

Electrical connections

WARNING! THIS APPLIANCE MUST BE EARTHED.

The manufacturer declines any liability should this safety measure not be observed.

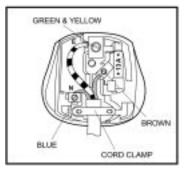
- If the plug that is fitted to your appliance is not suitable for your socket outlet, it must be cut off and the
 appropriate plug fitted.
- Remove the fuse from the cut off plug. The cut off plug should then be disposed of to prevent the hazard of shocks in case it should be plugged into a 13 Amp socket in another part of your home.

IMPORTANT

The wires in the mains lead are coloured in accordance with the following code:

GREEN AND YELLOW EARTH
BLUE NEUTRAL
BROWN LIVE

If you fit your own plug, the colours of the wires in the mains lead of your appliance may not correspond with the markings identifying the terminals in your plug, proceed as follows:



- Connect the green and yellow (earth) wire to the terminal in the plug which is marked with the letter "E" or the earth symbol (

 →) or coloured green and yellow.
- Connect the blue (neutral) wire to the terminal in the plug which is marked with the letter "N" or coloured black.
- Connect the brown (live) wire to the terminal in the plug which is marked with the letter "L" or coloured red.



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