## Getting Acquainted

Congratulations upon your selection of this CASIO watch. To get the most out of your purchase, be sure to read this manual carefully.

## Warning!

- The measurement functions built into this watch are not intended for use in taking measurements that require professional or industrial precision. Values produced by this watch should be considered as reasonably accurate representations only. The longitude, lunitidal interval, Moon phase indicator and tide graph data that appear on the display of this watch are not intended for navigation purposes. Always use proper instruments and resources to obtain data for navigation purposes.
tide graph if not an instrument for calculating low tide and high tide times. The tide graph of this watch is intended to provide a reasonable approximation of tidal movements only.
claim COMPUTER CO., LTD. assumes no responsibility for any loss, or any claims by third parties that may arise through the use of this watch.

General Guide

- Press (C) to change from mode to mode.


About This Manual


Module 4335


- Depending on the model of your watch, display text appears either as dark figures on a light background (Module 4348). All sample displays in this manual are shown using dark figures on a light background. - Button operations are indicated using the letters shown in the illustration.
For the sake of simplicity, the sample displays in this manual do not show the analog hands of the watch. Each section of this manual provides you with the information you need to perform operations in each mode. Further details and technical information can be found in the "Reference" section.


## Timekeeping

Use the Timekeeping Mode to set and view the current time and date This watch features separate digital and analog timekeeping. The procedures for setting the digital time and analog time are different.

- In the Timekeeping Mode, press (A) to toggle between the thermometer screen and the temperature tendency screen.

- The tide graph shows tidal movements for the current date in accordance with the current time as kept in the Timekeeping Mode.
- The Moon phase indicator shows the current Moon phase in accordance with the
current date as kept in thekeeping Mode.
Tails about the thermometer screen and temperature

Important!

- Be sure to configure the current time and date, and your Home Site data (data for the site where you use the watch) correctly before using the functions of this watch. See "Home Site Data" for more information.


## Setting the Digital Time and Date

This watch is preset with UTC differential values that represent each time zone around the globe. Before setting the digital time, be sure to first set the UTC differential for your Home Site, which is the location where you normally will be using the watch settings you configure in the Timekeeping Mode.

To set the digital time and date

1. In the Timekeeping Mode, hold down (A) until the seconds start to flash, which indicates the setting screen. - Be sure to configure the correct UTC differential for your Home Site before configuring any other
See the "UTC Differential/
位 information about the UTC differential settings that are supported.
2. Press © to move the flashing in the sequence shown below to select other settings.

3. When the setting you want to change is flashing, use (D) and (B) to change it as described below.

| Screen: | To do this: | Do this: |
| :---: | :---: | :---: |
| $35$ | Reset the seconds to $\mathbf{8} \mathbf{8}$ | Press (D). |
|  | Toggle between Daylight Saving Time ( $\mathbf{6 f}$ ) and Standard Time ( $\mathbf{6 F}$ ) | Press (D). |
| + 97 | Specify the UTC differential | Use ( ${ }^{\text {( }}(+)$ and (B) ( - ). |
| $\text { P } 17.58$ | Change the hour or minutes | Use ( ${ }^{\text {( }}(+)$ and (B) ( - ). |
| \| minn | Toggle between 12-hour ( 1 EH ) and 24-hour ( E 4H) timekeeping | Press (D). |
| 6.9\% | Change the year | Use (D) (+) and (B) (-). |
| 3715 | Change the month or day |  |

- The UTC differential setting range is -12.0 to +14.0 , in 0.5 -hour units.
- For information about settings other than the time and date, see the following. Temperature Sensor Calibration: "Thermometer"
Temperature Unit: "Thermometer"

4. Press © $A$ twice to exit the setting screen

- The 12-hour/24-hour timekeeping format you select in the Timekeeping Mode is applied in all modes.
- The day of the week is displayed automatically in accordance with the date (year, month, and day) settings.
- When DST is turned on, the UTC differential setting range is -11.0 to +15.0 , in $0.5-$ hour units.
- Any time the seconds setting is changed, the analog hands are adjusted accordingly. - See "Daylight Saving Time (DST) Setting" below for details about the DST setting.

Daylight Saving Time (DST) Setting
Daylight Saving Time (summer time) advances the time setting by one hour from Standard Time. Remember that not all countries or even local areas use Daylight Saving Time
To toggle the Timekeeping Mode digital time between DST and Standard Time

.In the Timekeeping Mode, hold down (A) until the seconds start to flash, which indicates the setting screen.
2. Press © once and the DST setting screen appears.
3. Press (D) to toggle between Daylight Saving Time (an displayed) and Standard Time (af displayed).
4. Press © $A$ twice to exit the setting screen.

- The DST indicator appears on the Timekeeping, Tide/ Moon Data, Alarm, and Hand Setting Mode screens to case of the Tide/Moon Data Mode, the DST indicator appears on the Tide Data screen only.

Home Site Data
Moon phase, tide graph data, and Tide/Moon Data Mode data will not be displayed properly unless Home Site data (UTC differential, longitude and lunitidal interval) is configured correctly.

- The UTC differential indicates the time differential with Greenwich, England - The letters UTC is the abbreviation for Coordinated Universal Time, which is the world-wide scientific standard of timekeeping. It is based upon carefully maintained atomic (cesium) clocks that keep time accurately to within microseconds. Leap seconds are added or subtracted as necessary to keep UTC in sync with the Earth's rotation.


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- The lunitidal interval is the time elapsing between the Moon's transit over a meridian and the next high tide at that meridian See "Lunitidal Interval" for more information. and the next high tide at that meridian. See "Lunitidal Interval" for more information.
- This watch displays lunitidal intervals in terms of hours and minutes.
information around the world.
- The following is the initial factory default Home Site data (Tokyo, Japan) when you first purchase the watch and whenever you have the batteries replaced. Change these settings to match the area where you normally use the watch.
UTC differential (+9.0); Longitude (East 140 degrees); Lunitidal interval (5 hours, 20 minutes)
To configure Home Site data


5. While the setting you want to change is flashing, use (D) and (B) to change it as described below.

| Setting | Screen | Button Operations |
| :---: | :---: | :---: |
| Longitude Value | Lamer | Use (D) (+) and (B) (-) to change the setting. <br> - You can specify a value from $0^{\circ}$ to $180^{\circ}$, in 1 degree units. |
| Longitude (East/West) | 118 | Use (D) to switch between east longitude (E) and west longitude (inj). |
| Lunitidal Interval Hours, Minutes | $\begin{aligned} & 1.17 \\ & 5: 37 \end{aligned}$ | Use (D) (+) and (B) (-) to change the setting. |

6. Press (A) to exit the setting screen.

Setting the Analog Time
Perform the procedure below when the time indicated by the analog hands does not match the time of the digital display.
To adjust the analog time


1. In the Timekeeping Mode, press (C) seven times to enter the Hand Setting Mode.
2. Hold down (A) until the current digital time starts to flash, which indicates the setting screen.
. Use (D) Do

- Press (D) once to advance the hands 20 seconds.
- Hold down (D) to advance the hands at high speed.
- To lock high speed hands movement, hold down (D) to start it and then press (B) to lock. The hands will continue to advance for one 12-hour cycle or until you press any button to stop it.
It will also stop automatically after the time advances 12 hours or if an alarm (daily alarm, Hourly Time Signal, or countdown beeper) starts to sound.

4. Press (A) to exit the setting screen

- The minute hand will be adjusted slightly to match the seconds when you exit the setting screen.
- To return to the Timekeeping Mode, press (C).


## Tide/Moon Data



Tide/Moon data lets you view the Moon age and the Moon phase for a particular date, and tidal movements for a particular date and time for your Home Site.

- When 0 en the current date appears first the data for - If you suspect that the Tide/Moon data is
- If you suspect that the Tide/Moon data is not correct for
some reason, check the Timekeeping Mode data (current time, date, and Home Site settings), and make changes as required.
- See "Moon Phase Indicator" for information about the

Moon phase indicator and "Tide Graph" for information about the tide graph.
All of the operations in this section are performed in the
Tide/Moon Data Mode, which you enter by pressing Moon Data Mode, which you enter by pressing ©.
Tide/Moon Data Screens
In the Tide/Moon Data Mode, press (A) to toggle between the Tide Data screen and the Moon Data screen.
(A) Moon phase indicator

- When you enter the Tide/Moon Data Mode, the data that appears first is the Moon data (Moon age and Moon phase indicator) for the current date as kept by the Timekeeping Mode.

To view the Moon data for a particular date

1. In the Tide/Moon Data Mode, press (A) to display the Moon Data screen.
2. In the Tide/Moon Data Mode, press ( $A$ ) to display the Moon Data screen.
3. Use (D) $(+)$ and $(B)$ to display the date whose Moon Data you want to view.

- You can select any date from 2000 to 2099.
- You can also specify a date for tide data or Moon data. For details, see "To specify a date".


## To view tide data for a particular time

1. In the Tide/Moon Data Mode, press (A) to display the Tide Data screen.

- The initial screen shows the tide graph for 6:00 AM

2. Use (D) $(+)$ and (B) $(-)$ to display the time whose Tide Data you want to view.

To specify a date


1. In the Tide/Moon Data Mode, hold down (A) until the year setting starts to flash, which indicates the setting screen.
2. Press (©) to move the flashing in the sequence shown below to select the other settings.

3. While a setting is flashing, use (D) (+) or (B) ( - ) to change it. - You can specify a date in the range of January 1 , 2000 to December 31, 2099.
4. Press (A) to exit the setting screen.
5. Press (A) to display either the Tide Data screen or the
6. Use
Moon Data screen.

## Thermometer

This watch uses a temperature sensor to measure temperature. A reading is taken during each even-numbered minute, and the result of the last reading is displayed on the thermometer screen
The watch also takes separate readings and stores them in memory for display in the temperature tendency graph, which can be viewed in the Timekeeping Mode.
Measured temperature values are stored in memory for later recall when you need


- You can select either Celsius $\left({ }^{\circ} \mathrm{C}\right)$ or Fahrenheit ( ${ }^{\circ} \mathrm{F}$ ) units for the thermometer
- You can select either Celsius ( ${ }^{\circ} \mathrm{C}$ ) or Fahrenheit ( ${ }^{\circ} \mathrm{F}$ ) units for the thermome
screen. See "To specify the temperature display uni" for more information. - The thermometer screen displays temperature values in $0.1^{\circ} \mathrm{C}$ units (or $0.2^{\circ} \mathrm{F}$ units). - The display range of the thermometer screen is $-10.0^{\circ} \mathrm{C}$ to $60.0^{\circ} \mathrm{C}$ (or $14.0^{\circ} \mathrm{F}$ to $140.0^{\circ} \mathrm{F}$ ).
- You can calibrate the temperature sensor if you feel that the displayed temperature values are not correct. See "Temperature Sensor Calibration" for more information. Important!
- Temperature measurements are affected by your body temperature (while you are wearing the watch), direct sunlight, and moisture. To achieve a more accurate temperature measurement, remove the watch from your wrist, place it in a well ventilated location out of direct sunlight, and wipe all moisture from the case. It takes approximately 20 to 30 minutes for the case of the watch to reach the actual surrounding temperature.


## Temperature Tendency Graph

The watch also takes temperature readings at the top and the bottom of each hou Depending on the current Timekeeping Mode time, the temperature tendency graph shows either the top of the hour measurements or the bottom of the hour measurements for the past 17 hours.
From the top of each hour to the 29th minute, past top of the hour readings are shown in the graph. From the bottom of each hour to the 59th minute, past bottom of the hour readings are shown in the graph
Temperature tendency graph contents are updated every 30 minutes.


Past 17 hours of $\quad$ Latest measurement value
The horizontal axis of the graph represents time. The rightmost column is the newest temperature value in memory, while the leftmost column is the temperature value stored approximately 17 hours ago ( $1 \mathrm{dot}=1$ hour). The vertical axis of the graph
represents the relative change from one hour to the next.

- When the relative change from one hour to the next exceeds $+10.0^{\circ} \mathrm{C}\left(+18.0^{\circ} \mathrm{F}\right)$, the When the reative change from applear hour flashes
there is no dot in the applicable hour's column - exceeds $-10.0^{\circ} \mathrm{C}\left(-18.0^{\circ} \mathrm{F}\right)$,
- If a measurement error occurs for some reason,
 will be displayed.

Temperature change greater Temperature change greater
 Temperature change grean $-10.0^{\circ} \mathrm{C}\left(-18.0^{\circ} \mathrm{F}\right)$


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Recalling Temperature Data
The measurements the watch takes at the top and the bottom of each hour are stored in memory automatically. Memory can hold up to 50 measurement records. You can - Temperature data records are assigned numbers automatically starting from 01

- When there are already 50 records in memory, storage of a new temperature reading causes the oldest record (record number 50) to be deleted automatically to make room for the new data. The new data is assigned record number 1 , and all of the numbers of all the other records ( 01 to 49) are incremented by 1 (becoming 02 through 50).


## To recall temperature records <br> Temperature <br> 1. In the Timekeeping Mode, pres Temperature Data Recall Mode <br>  A) Number 2. Use (D) (+) and (B) (-) to scroll through the record - scroll to the newest record. <br> - If a temperature measurement operation is performed while a record is displayed, the displayed record's If an error occurs during temperatur <br> "--.-" will be shown for the temperature valurement corresponding record. <br> Data storage time

The stopwatch lets you measure elapsed time, split times,
Stopwatch
The stopwatch lets you measure elapsed time, split times,

To measure times with the stopwatch
Elapsed Time


## Countdown Timer



You can set the countdown timer within a range of one minute to 100 hours. An alarm sounds when the countdown reaches zero.

- You can also select auto-repeat, which automatically restarts the countdown from the original value you set whenever zero is reached.
- All of the operations in this section are performed in the Countdown Timer Mode, which you enter by pressing
$\qquad$ ©.

To use the countdown timer
Press (D) while in the Countdown Timer Mode to start the countdown timer

- When the end of the countdown is reached and auto-repeat is turned off, the alarm sounds for 10 seconds or until you stop it by pressing any button. The countdown time is automatically reset to its starting value after the alarm stops.
- When auto-repeat is turned on, the countdown will restart automatically withou pausing when it reaches zero. The alarm sounds to signal when the countdown reaches zero.
- The countdown timer measurement operation continues even if you exit the Countdown Timer Mode.
(bstop a countdown operation completely, first pause it (by pressing (D), and then press (A).This returns the countdown time to its starting value.

To configure countdown start time and auto-repeat settings

1. While the countdown start time is on the display in the
Countdown Timer Mode, hold down (A) until the hour


On/Off status setting of the countdown start time starts to flash, which indicates the setting screen

- If the countdown start time is not displayed, use the procedure under "To use the countdown timer" to display it.

2. Press (C) to move the flashing in the sequence shown below, and select the setting you want to change.

3. Perform the following operations, depending on which setting is currently selected on the display.
While the start time setting is flashing, use (D) $(+)$ and $(B)(-)$ to change it

- Set $\boldsymbol{\text { fitg ta }}$ to specify 100 hours.

While the auto-repeat on/off setting (Eff or $\mathbf{H F}$ ) is flashing on the display, press (D) to toggle auto-repeat on (Ef) and off (IF)
4. Press (A) to exit the setting screen

- The auto-repeat on indicator (CJ) is displayed on the Countdown Timer Mode
- Frequent use of auto-repeat and the alarm can run down battery power.


## Alarm

${ }_{\text {(Hour }: \text { Minutes) }}$


When the alarm is turned on, the watch beeps when the alarm time is reached. You can also turn on an Hourly Time Signal, which will cause the watch to beep twice All of the on he hour.
All of the operations in this section are performed in the Alarm Mode, which you enter by pressing (©).

Alarm on indicator $\begin{aligned} & \text { Hourly time sig } \\ & \text { on indicator }\end{aligned}$

To set the alarm time


1. In the Alarm Mode, hold down (A) until the hour setting of the alarm time starts to flash, which indicates the setting screen
2. Press (c) move the flashing . Press (C) to move the flashing between the hour and While a setting is flashing, use (D) $(+)$ and (B) $(-)$ to change it.

- When setting the alarm time using the 12 -hour format, take care to set the time correctly as a.m. ( $\mathbf{A}$ indicator) or p.m. ( $\mathbf{P}$ indicator).

4. Press (A) to exit the setting screen.

Alarm Operation
The alarm sounds at the preset time for 10 seconds, regardless of the mode the watch is in.

- To stop the alarm tone after it starts to sound, press any button.

To test the alarm
In the Alarm Mode, hold down (D) to sound the alarm
To turn the Daily alarm and the Hourly Time Signal on and off In the Alarm Mode, press (D) to cycle through the settings shown below. Module 4335


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The alarm on indicator and the Hourly Time Signal on indicator are shown on the display in all modes while these functions are turned on.

## World Time



To view the time in another city
While in the World Time Mode, press (D) to scroll eastward through the city codes
(time zones) or (B) to scroll westward. (time zones) or (B) to scroll westward.

To toggle a city code time between Standard Time and Daylight Saving Time


DST indicator

Illumination

. In the World Time Mode, use (D) and B to display the
city code (time zone) whose Standard Time/Daylight city code (time zone) whose Standard Time/Daylight Hold down A to to you want to change. (DST indicator displayed) and Standard Time (DST indicator not displayed).

- The DST indicator is shown on the World Time screen while Daylight Saving Time is turned on.
- Note that changing the Daylight Saving Time for any city code causes the setting to be applied to all city codes.

This watch has an EL (electro-luminescent) panel that causes the entire display to glow for easy reading in the automatically when you angle the watch towards your automatically when you angle the watch towards your face.

The auto light switch must be turned on (indicated by the auto light switch on indicator) for it to operate. See "llumination Precautions" for other important information about using illumination.
To turn on illumination manually
In any mode, press (L) to illuminate the display for about .5 seconds.
the above operation turns on illumination regardless of the current auto light switch setting.

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About the Auto Light Switch
Turning on the auto light switch causes illumination to turn on, whenever you position your wrist as described below in any mode, except for the Hand Setting Mode setting screen.

Moving the watch to a position that is parallel to the ground and then tilting it towards you more than 40 degrees causes illumination to turn on
$\bullet$ Wear the watch on the outside of your wrist.


Warning!

- Always make sure you are in a safe place whenever you are reading the display of the watch using the auto light switch. Be especially careful when Also take care that sudden illumination by the auto light switch does not startle or distract others around you.
- When you are wearing the watch, make sure that its auto light switch is turned off before riding on a bicycle or operating a motorcycle or any other motor vehicle. Sudden and unintended operation of the auto light switch can create a distraction, which can result in a traffic accident and serious personal injury.
To turn the auto light switch on and off
In the Timekeeping Mode, hold down (D) for about three seconds to toggle the auto

- The auto light switch on indicator ( light switch is turned on.
In order to protect against running down the battery, the auto light switch will turn off automatically approximately six hours after you turn it on. Repeat the above procedure to turn the auto light switch back on if you want.


## Reference

This section contains more detailed and technical information about watch operation. It also contains important precautions and notes about the various features and unctions of this watch.

## Moon Phase Indicator

The Moon phase indicator of this watch indicates the current phase of the Moon as shown below.

(part you cannot see) $\square \quad \square^{\text {Moon phase (part you can see) }}$

| Moon <br> Phase <br> Indicator | Module <br> 4335 | $\left(\begin{array}{ll}\text { Module } \\ \text { 4348 }\end{array}\right.$ |  | $(0)$ | $(0)$ |  |  |  |  | 0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

- The Moon phase indicator shows the Moon as viewed at noon from a position in the Northern Hemisphere looking south. Note that at times the image shown by the Moon phase indicator may differ from that of the actual Moon in your area. Southern Hemisphere or from a point near the equator.

Moon Phases and Moon Age
The Moon goes through a regular 29.53-day cycle. During each cycle, the Moon appears to wax and wane as the relative positioning of the Earth, Moon, and Sun changes. The greater the angular distance between the Moon and the Sun,* the more we see illuminated
The angle to the Moon in relation to the direction at which the Sun is visible from the Earth.
of the moon performs a rough calculation of the current Moon age starting from day 0 only (no fractions), the margin for error of the displayed Moon age is $\pm 1$ day.

## Tide Graph

The wave on the watch's tide graph indicates the current tide.


## Tidal Movements

Tides are the periodic rise and fall of the water of oceans, seas, bays, and other bodies of water caused mainly by the gravitational interactions between the Earth, Moon and Sun. Tides rise and fall about every six hours. The tide graph of this watch indicates tidal movement based on the Moon's transit over a meridian and the lunitidal specify a lunitidal interval in order to occording the correct tide graph readings. The tide graph displayed by this watch is based on the current Moon age. Remember that the margin for error of the Moon age displayed by this watc day. The greater the error in a particular Moon age, the greater the error in the resulting tide graph.

Lunitidal Interval
Theoretically, high tide is at the Moon's transit over the meridian and low tide is about six hours later. Actual high tide occurs somewhat later, due to factors such as viscosity, friction, and underwater topography. Both the time differential between the Moon's transit over the meridian until high tide and the time differential between the Moon's transit over the meridian until low tide are known as the "lunitidal interval." When setting the lunitidal interval for this watch, use the time differential between the Moon's transit over the meridian until high tide.

## Thermometer

Temperature Sensor Calibration
The temperature sensor built into the watch is calibrated at the factory and normally requires no further adjustment. If you notice serious errors in the temperature readings produced by the watch, you can calibrate the sensor to correct the errors.
Important!
Incorrectly calibrating the temperature sensor can result in incorrect readings
Carefully read the following before doing anything

- Compare the readings produced by the watch with those of another reliable and
accurate thermometer.
- If adjustment is required, remove the watch from your wrist and wait for 20 or 30
- minutes to give the temperature of the watch time to stabilize.

To calibrate the temperature sensor


1. In the Timekeeping Mode, hold down (A) until the screen.
2. Press (C) nine times to display the temperature sensor calibration screen.
3. Use (D) (+) and (B) (-) to change the calibration value. - You can change the value in $0.1^{\circ} \mathrm{C}\left(0.2^{\circ} \mathrm{F}\right)$ steps, in a range of $\pm 10^{\circ} \mathrm{C}\left( \pm 18^{\circ} \mathrm{F}\right)$. The calibration value shows
"--" when the setting is outside the allowable range.

- To return the calibration value to its default (no calibration, indicated by "- -"), press (D) and (B) at the same time.
- Temperature sensor calibration will not be possible if the current reading is outside the allowable display range ( $-10.0^{\circ} \mathrm{C} / 14.0^{\circ} \mathrm{F}$ to $60.0^{\circ} \mathrm{C} / 140.0^{\circ} \mathrm{F}$ ) and the
- Setting a sensor calibration
already stored in memory.

4. After configuring the setting you want, press (A) twice to exit the setting screen.

To specify the temperature display unit


Temperature unit

1. In the Timekeeping Mode, hold down (A) until the seconds start to flash, which indicates the setting screen.
2. Press (c) 10 times to display the temperature unit . Use (D) to switch between Celsius ( ${ }^{\circ} \mathrm{C}$ ) and Fahrenheit ( ${ }^{\circ} \mathrm{F}$ ).

- The
- The initial factory default and the initial default after battery replacement is Celsius ( ${ }^{\circ} \mathrm{C}$ ).

4. After configuring the setting you want, press (A) twice to exit the setting screen. The temperature display unit setting you select is also applied to temperature value that are already stored in memory.

## Auto Return Feature

- If you leave a screen with flashing digits on the display without performing any operation for two or three minutes, the watch saves any settings you have made up to that point and exits the setting screen automatically.
- The watch will change to the Timekeeping Mode automatically if you do not perform any operation in the Tide/Moon Data Mode, Temperature Data Recall Mode, Alarm g Mode for two or three minutes.


## Button Operation Tone

In any mode (except when a setting screen is on the display), hold down (C) for about three seconds to toggle the button operation tone on and off. The button operation tone off indicator $(x)$ is displayed while the tone is turned off.

- Even if the button operation tone is turned off, the daily alarm and countdown timer alarm continue to sound when required.


## Data and Setting Scrolling

The (B) and (D) buttons are used in various modes and setting screens to scroll through data on the display. In most cases, holding down these buttons during a scrol operation scrolls through the data at high speed.

## Timekeeping

- Resetting the seconds to while the current count is in the range of 30 to 59 causes the minutes to be increased by 1 . In the range of 00 to 29 , the seconds are reset to IE without changing the minutes.
- With the 12 -hour format, the $\mathbf{P}$ (PM) indicator appears on the display for times in the range of noon to 11:59 p.m. and the $\mathbf{A}(\mathrm{AM})$ indicator appears for times in the range 11:59 a.m.

- The watch's built-in full automatic calendar makes allowances for different month lengths and leap years. Once you set the date, there should be no reason to change it except after you have the watch's batteries replaced.


## World Time

- The seconds count of the World Time is synchronized with the seconds count of the Timekeeping Mode.
Me using calculated from the current time in the Timekeeping Mode using UTC time differential values.
- The UTC differential is a value that indicates the time difference between a reference point in Greenwich, England and the time zone where a city is located.
- The letters UTC is the abbreviation for Coordinated Universal Time, which is the world-wide scientific standard of timekeeping. It is based upon carefully maintained atomic (cesium) clocks that keep time accurately to within microseconds. Leap seconds are added or subtracted as necessary to keep UTC in sync with the Earth's otation


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## Illumination Precautions

- The electro-luminescent panel that provides illumination loses power after very long use. - Illumination may be hard to see when viewed under direct sunlight
-The watch may emit an audible sound whenever the display is illuminated. This is due to vibration of the EL panel used for illumination, and does not indicate
malfunction.
Ilumination turns off automatically whenever an alarm sounds.
requent use of illumination runs down the batteries.
Auto light switch precautions
Avoid wearing the watch on the inside of your wrist. Doing so causes the auto ligh switch to operate when it is not needed, which shortens battery life. If you want to wear the watch on the inside of your wrist, turn off the auto light switch feature.
More than 15 degrees
too high

- Illumination may not turn on if the face of the watch is more than 15 degrees above or below parallel. Make
sure that the back of your hand is parallel to the ground keep the watch pointed towards your face.
- Static electricity or magnetic force can interfere with proper operation of the auto light switch. If illumination does not turn on, try moving the watch back to the starting position (parallel with the ground) and then tilt it back toward you again. If this does not work, drop your arm all the way down so it hangs at your side, and then bring it back up again.
Under certain conditions, illumination may not turn on until about one second after you turn the face of the watch towards you. This does not necessarily indicate

You may notice a very fa
 witch, and does not indicate a ped by mechanical operation of the auto light

## UTC Differential/City Code List

| City | City | UTC | Other major cities in same time zone |
| :---: | :---: | :---: | :---: |
| PPG | Pago Pago | -11.0 |  |
| HNL | Honolulu | -10.0 | Papeete |
| ANC | Anchorage | -09.0 | Nome |
| YVR | Vancouver |  |  |
| SFO | San Francisco | -08.0 | Las Vegas, Seattle/Tacoma, Dawson City |
| LAX | Los Angeles |  |  |
| DEN | Denver | -07.0 | Edmonton, El Paso |
| MEX | $\frac{\text { Mexico City }}{\text { Chicago }}$ | -06.0 | Houston, Dallas/Fort Worth, New Orleans, Winnipeg |
| CHIA | Chicago |  |  |
| NYC | New York | -05.0 | Panama City, Havana, Lima, Bogota |
| CCS | Caracas | -04.0 | La Paz, Santiago, Port Of Spain |
| YYT | St. Johns | -03.5 |  |
| RIO | Rio De Janeiro | -03.0 | Sao Paulo, Buenos Aires, Brasilia, Montevideo |
| RAI | Praia | -01.0 |  |
| LIS | Lisbon | +00.0 | Dublin, Casablanca, Dakar, Abidjan |
| $\frac{L O N}{B C N}$ |  |  | Dubin, Casablanca, Dakar, Abidjan |
| PAR | Paris |  | Amsterdam, Algiers, Hamburg, Frankfurt, Vienna, Madrid, |
| MIL | Milan | +01.0 | Stockholm |
| ROM | Rome |  |  |
| BER | Berlin |  |  |
| ATH | Athens |  |  |
| JNB | Johannesburg |  |  |
| IST | Istanbul | +02.0 | Helsinki, Beirut, Damascus, Cape Town |
| CAI | Cairo |  |  |
| JRS | Jerusalem |  |  |
| MOW | Moscow | +03.0 |  |
| JED | Jeddah |  | Kuwait, Riyadh, Aden, Addis Ababa, Nairobi |
| $\begin{aligned} & \text { THR } \\ & \hline \text { DXB } \end{aligned}$ | Tehran | $\frac{+03.5}{+04.0}$ | Shiraz <br> Abu Dhabi, Muscat |
| KBL | Kabul | +04.5 |  |
| KHI | Karachi |  |  |
| MLE | Male | +05.0 |  |
| DEL | Delhi | +05.5 | Mumbai, Kolkata |
| DAC | Dhaka | +06.0 | Colombo |
| RGN | Yangon | +06.5 |  |
| BKK | Bangkok | +07.0 | Phnom Penh, Hanoi, Vientiane |
| HKG | Hong Kong | +08.0 | Kuala Lumpur, Taipei, Manila, Perth, Ulaanbaatar |
| BJS | Beijing |  |  |
| SEL | Seoul |  |  |
| TYO | Tokyo | +09.0 | Pyongyang |
| ADL | Adelaide | +09.5 | Darwin |
| GUM | Guam | +10.0 | Melbourne, Rabaul |
| SYO | Sydney | +11.0 | Port Vila |
| WLG | Wellington | +12.0 | Christchurch, Nadi, Nauru Island |
| TBU | Nuku'Alofa | +13.0 |  |

- Based on data as of June 2005

The sequence of these city codes is $\mathrm{SIN} \rightarrow$ JKT.

Site/Lunitidal Interval Data List

| Site | UTC Differential |  | Longitude | Lunitidal Interval |
| :---: | :---: | :---: | :---: | :---: |
|  | Standard | $\begin{array}{\|c\|} \hline \text { DST/ } \\ \text { Summer Time } \\ \hline \end{array}$ |  |  |
| Anchorage | -9.0 | -8.0 | $149^{\circ} \mathrm{W}$ | 5:40 |
| Bahamas | -5.0 | -4.0 | $77^{\circ} \mathrm{W}$ | 7:30 |
| Baja, California | -7.0 | -6.0 | $110^{\circ} \mathrm{W}$ | 8:40 |
| Bangkok | +7.0 | +8.0 | $10{ }^{\circ} \mathrm{E}$ | 4:40 |
| Boston | -5.0 | -4.0 | $71^{\circ} \mathrm{W}$ | 11:20 |
| Buenos Aires | -3.0 | -2.0 | $58^{\circ} \mathrm{W}$ | 6:00 |
| Casablanca | +0.0 | +1.0 | $8^{\circ} \mathrm{W}$ | 1:30 |
| Christmas Island | +14.0 | +15.0 | $158^{\circ} \mathrm{W}$ | 4:00 |
| Dakar | +0.0 | +1.0 | $17^{\circ} \mathrm{W}$ | 7:40 |
| Gold Coast | +10.0 | +11.0 | $154{ }^{\circ} \mathrm{E}$ | 8:30 |
| Great Barrier Reef, Cairns | +10.0 | +11.0 | $146{ }^{\circ} \mathrm{E}$ | 9:40 |
| Guam | +10.0 | +11.0 | $145^{\circ} \mathrm{E}$ | 7:40 |
| Hamburg | +1.0 | +2.0 | $10^{\circ} \mathrm{E}$ | 4:50 |
| Hong Kong | +8.0 | +9.0 | $114{ }^{\circ} \mathrm{E}$ | 9:10 |
| Honolulu | -10.0 | -9.0 | $158^{\circ} \mathrm{W}$ | 3:40 |
| Jakarta | +7.0 | +8.0 | $107^{\circ} \mathrm{E}$ | 0:00 |
| Jeddah | +3.0 | +4.0 | $39^{\circ} \mathrm{E}$ | 6:30 |
| Karachi | +5.0 | +6.0 | $67^{\circ} \mathrm{E}$ | 10:10 |
| Kona, Hawaii | -10.0 | -9.0 | $156^{\circ} \mathrm{W}$ | 4:00 |
| Lima | -5.0 | -4.0 | $77^{\circ} \mathrm{W}$ | 5:20 |
| Lisbon | +0.0 | +1.0 | $9^{\circ} \mathrm{W}$ | 2:00 |
| London | +0.0 | +1.0 | $0^{\circ} \mathrm{E}$ | 1:10 |
| Los Angeles | -8.0 | -7.0 | $118^{\circ} \mathrm{W}$ | 9:20 |
| Maldives | +5.0 | +6.0 | $74{ }^{\circ} \mathrm{E}$ | 0:10 |
| Manila | +8.0 | +9.0 | $121^{\circ} \mathrm{E}$ | 10:30 |
| Mauritius | +4.0 | +5.0 | $57^{\circ} \mathrm{E}$ | 0:50 |
| Melbourne | +10.0 | +11.0 | $145^{\circ} \mathrm{E}$ | 2:10 |
| Miami | -5.0 | -4.0 | $80^{\circ} \mathrm{W}$ | 7:30 |
| Noumea | +11.0 | +12.0 | $166^{\circ} \mathrm{E}$ | 8:30 |
| Pago Pago | -11.0 | -10.0 | $171^{\circ} \mathrm{W}$ | 6:40 |
| Palau | +9.0 | +10.0 | $135^{\circ} \mathrm{E}$ | 7:30 |
| Panama City | -5.0 | -4.0 | $80^{\circ} \mathrm{W}$ | 3:00 |
| Papeete | -10.0 | -9.0 | $150^{\circ} \mathrm{W}$ | 0:10 |
| Rio De Janeiro | -3.0 | -2.0 | $43^{\circ} \mathrm{W}$ | 3:10 |
| Seattle | -8.0 | -7.0 | $122^{\circ} \mathrm{W}$ | 4:20 |
| Shanghai | +8.0 | +9.0 | $121^{\circ} \mathrm{E}$ | 1:20 |
| Singapore | +8.0 | +9.0 | $104{ }^{\circ} \mathrm{E}$ | 10:20 |
| Sydney | +10.0 | +11.0 | $151^{\circ} \mathrm{E}$ | 8:40 |
| Tokyo | +9.0 | +10.0 | $140^{\circ} \mathrm{E}$ | 5:20 |
| Vancouver | -8.0 | -7.0 | $123^{\circ} \mathrm{W}$ | 5:10 |
| Wellington | +12.0 | +13.0 | $175^{\circ} \mathrm{E}$ | 4:50 |

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