

# IMPORTANT SAFETY INSTRUCTIONS

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using this appliance.

## DANGER — To reduce the risk of electric shock:

- 1) Always unplug your Obus Forme® by Conair® Heat and Massage Seat Cushion™ from the electrical outlet or AC adapter immediately after using and before cleaning.
- 2) Do not reach for an appliance that has fallen into water. Unplug immediately.
- 3) Do not use while bathing or in a shower.
- 4) Do not place or store your Obus Forme® by Conair® Heat and Massage Seat Cushion™ where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

## WARNING — To reduce the risk of burns, fire, electric shock, or injury to persons:

- 1) An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- 2) Do not operate your Obus Forme® by Conair® Heat and Massage Seat Cushion™ under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons. This product is not intended for use while sleeping.
- 3) Your Seat Cushion should not be used by, on, or near children or individuals with certain disabilities.

- 4) Use your Seat Cushion only for its intended use as described in this manual. Do not use attachments not recommended by Conair.
- 5) Never operate your Seat Cushion if it has a damaged cord or plug, if it is not working properly, or if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
- 6) Do not carry your Seat Cushion by supply cord or use cord as a handle.
- 7) Keep the cord away from heated surfaces.
- 8) Never drop or insert any object into the product.
- 9) Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- 10) To disconnect, turn all controls to the off position, then remove plug from outlet.
- 11) This massager should not be used in the following cases: Tuberculosis, benign and malignant tumors, hemorrhages, inflammations of the skin, phlebitis and thrombosis, open and fresh wounds, bruises, broken skin or varicose veins, undetermined calf pain, or joint pain.
- 12) DO NOT attempt to remove the cover from your Seat Cushion.
- 13) Your Seat Cushion should not be used by children or individuals with certain disabilities. Please consult a physician before using your Seat Cushion in the case that you:

- have any questions regarding its therapeutic usage;
- have sensitive skin or poor circulation;
- are experiencing unexplained pain or swelling;
- have recently undergone a serious medical procedure or surgery;
- have recently experienced a serious muscular injury;
- are pregnant.

- 14) If you are taking any prescription medications, consult your physician

before using.

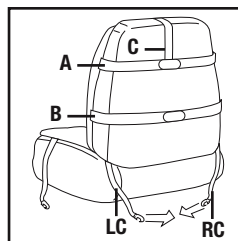
- 15) If you are undergoing treatment for cancer, check with your physician before using.
- 16) Discontinue use of your Seat Cushion if you experience pain or swelling after use. Consult a physician or seek medical attention if symptoms persist.

## USE AND CARE

Congratulations on your purchase of the Obus Forme® by Conair® Heat and Massage Seat Cushion™. The Seat Cushion features heat for the lumbar area and four powerful massage motors, with three automatic safety shut-off devices. An ergonomically designed handheld controller built into the seat cushion allows you to personalize your experience with ease. The Obus Forme® by Conair® Heat and Massage Seat Cushion™ is ideal for use in your vehicle, at home and in the office.

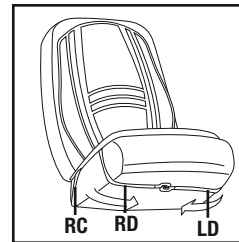
For optimum performance and safety, please read these instructions carefully before using your Seat Cushion.

### How to Secure your Obus Forme Seat Cushion to a Vehicle Seat



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1. Slide strap A and strap B over the back of your vehicle seat. Adjust the seat cushion on your vehicle seat to your personal preference.
2. Attach strap LC to strap RC, securing with the plastic hooks located on the end of each strap.



3. Attach strap LD to strap RD, securing with the plastic hooks located on the end of each strap.
4. Pull strap C over your headrest and secure it to strap A using the buckle attached.

### Warning!

Use caution when stretching and securing the elastic straps. The elastic straps may recoil and cause injury if you fail to properly secure the plastic hooks before releasing the elastic straps.

## OPERATING YOUR OBUS FORME SEAT CUSHION

### Using the Car Adapter

Plug the car adapter into your vehicle's cigarette lighter or auxiliary power source. The car adapter requires 12 volts.

**Warning!** The car adapter must NOT be plugged into any cigarette lighter or auxiliary power source until you have confirmed that the cigarette lighter or auxiliary power source does not exceed 12 volts. Plugging the car adapter into the cigarette lighter or auxiliary power source found in some vehicles may cause the seat cushion to overheat and malfunction.

The car adapter contains a three-amp fuse (F3A). If the car adapter is used properly, this fuse should not burn out. If it does, it can be replaced with another F3A fuse which can be purchased at most hardware or electronics stores. To replace the fuse, simply unscrew the top portion of the car adapter. Remove the old fuse and replace it with a new F3A.

**Warning!** Replace the F3A in the car adapter ONLY with another F3A. Using any other fuse may cause the car adapter to overheat and malfunction. If you are uncertain as to which fuse to use, take the old fuse to your local hardware

or electronics store and consult a professional. Plugging in the car adapter will automatically activate the heat function. To turn the heat off, simply unplug the car adapter (or use the hand-held remote).

**Warning!** When not in use, the seat cushion car adapter should be unplugged from the cigarette lighter or auxiliary power source. If the car adapter is not unplugged and you remain seated on the cushion, it will continue to drain the battery of your vehicle even if your vehicle is not running.

## HOW TO OPERATE THE HEAT FUNCTION

Your Obus Forme® by Conair® Heat and Massage Seat Cushion™ has a built-in heat function.

1. Ensure that your seat cushion is plugged into an electrical outlet or an AC adaptor.
2. To activate the heat function, press the heat on/off button once, using the handheld controller.
3. To deactivate the heat function, press the heat on/off button again, using the handheld controller. The heat indicator light will go out.

## SAFETY DEVICES

For your protection, these seat cushions have three automatic safety devices:

### 1. 30-Minute Massage Automatic Shut-off

After 30 minutes, the massage and pulse functions will automatically shut off. You can turn these features on again after they have shut off. The heat function DOES NOT automatically shut off after 30 minutes. To turn off the heat function, you must press the HEAT button or unplug the car adapter from the power source.

## 2. Weight-Sensitive Automatic Shut-off

The Obus Forme Seat Cushion is built with a pressure switch that will automatically turn off the heat function when your body weight is removed from the cushion.

## 3. Temperature-Regulated Automatic Shut-off

The Obus Forme Seat Cushion is designed with an internal thermostat that regulates the temperature of the cushion. Your cushion will automatically shut off when the temperature reaches its maximum heat level and will be reactivated once the temperature lowers.

## SAVE THESE INSTRUCTIONS

### HOW TO USE THE MASSAGE OPTION

The massage and pulse options can be applied to your upper back, lower back or thighs, either together or independently. To activate the massage, adjust the UPPER BACK, LOWER BACK and THIGHS switches to your preferred settings.

Control the intensity of your massage/pulse with the LOW / MEDIUM / HIGH switch.



## CARING FOR YOUR OBUS FORME® BY CONAIR® HEAT AND MASSAGE SEAT CUSHION™

Your Obus Forme® by Conair® Heat and Massage Seat Cushion™ is composed of:

- 100% polyester exterior; polyurethane foam interior
- CA 117 fire retardant
- Car/cigarette lighter adapter
- AC adapter
- Hand-held remote

Before cleaning, ALWAYS unplug your Obus Forme® by Conair® Heat and Massage Seat Cushion™ from the electrical outlet or AC adapter. You can wipe the unit clean with a soft, slightly damp cloth.

### MAINTENANCE INSTRUCTIONS

- 1) Store your Seat Cushion in a cool, dry place, away from excessive heat or sharp objects. Do not handle the massager by any of the electrical cords and do not wrap the cord around the unit.
- 2) To clean the unit, make sure the massager is unplugged. Allow the unit to cool and then wipe down with a cloth. Do not use any strong chemical cleaners such as benzene.

### RECOMMENDED MASSAGING TIMES

Generally, massage should last only 15 minutes on any one particular part of the body. Treatment may be applied once or twice daily as desired.

As metabolism varies among individuals, so does their response to massage. You will soon adjust the time to suit your particular needs and personal comfort. If you have any doubts regarding treatment, we recommend you consult your physician.

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### LIMITED ONE YEAR WARRANTY

Conair will repair or replace (at our option) your unit free of charge for 12 months from the date of purchase if the appliance is defective in workmanship or materials.

To obtain service under this warranty, return the defective product to the service center listed below, together with your purchase receipt and \$10.00 for postage and handling. California residents need only provide proof of purchase and should call 1-800-366-0937 for shipping instructions. In the absence of a purchase receipt, the warranty period shall be 12 months from the date of manufacture.

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This warranty gives you specific legal rights, and you may also have other rights, which vary from state to state.

For information on any Conair product call: 1-800-3-CONAIR or visit us on the web at: [www.conair.com](http://www.conair.com)

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#### Service Center

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07NP226

# OBUSFORME® heat & massage seat cushion™

**COMFORT** warm comfort and soothing vibrations to relax your body



#### INSTRUCTION BOOKLET FOR MODEL HMC1

For your safety and continued enjoyment of this product, always read the instruction book carefully before using.

**OBUSFORME®**  
THE BODYCARE EXPERTS™  
BY **CONAIR®**

HMC1

IB-7622

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