



# DIAMONDBACK

*Fitness*

## No Excuses!

### I'm a Couch Potato!

You'll feel like you are still sitting in comfort on our extra large ComfortPlus™ seat with lumbar support. Just turn on the television, sit down, and pedal away your pounds.



# 1000Sr

Ellipticals

Uprights

Recumbents



**NO EXCUSES!**

**Specifications**

**Console:**

- LED w/Dot Matrix & Scrolling Alphanumeric Display

**Programs:**

- Manual, Random, Strength, Hill, Interval Trainer, Target HR, HR Intervals, 2 Custom Programs

**Console Feedback:**

- Time, Intensity Level, Pulse, Calories, RPM, Speed, Distance, Watts

**Heart Rate Device:**

- Contact pulse sensors and Polar® compatible wireless receiver (includes chest strap)
- User Zone - Custom User Profiles

**Resistance Levels:**

- 16

**Resistance System:**

- Eddy Current Brake

**Power Requirement:**

- Plug-in

**Drive Train:**

- Poly-V Belt & Sealed bearing

**Seat:**

- Extra Large ComfortPlus™ Seat w/ lumbar support

**Handlebar:**

- Comfort grips w/contact pulse sensors

**Pedals:**

- Self-leveling w/ adjustable straps

**Flywheel:**

- 24lb

**User Weight Capacity:**

- 325lb

**Product Weight:**

- 159lb

**Dimensions (Assembled):**

- 64"L x 31"W x 51"H

**Dimensions (Packaged):**

- 69"L x 24"W x 25"H

Quick Start Feature



**Warranty - Home**

**Frame:**  
Lifetime Limited

**Parts & Electronics:**  
3 years

**Brake:**  
Lifetime Limited

**Labor:**  
1 year

Extra Large ComfortPlus™ seat with lumbar support



User Zone - Custom User Profiles



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Sales Telephone: **800-776-7642**

Sales Fax: **805-388-5890**

C/O Raleigh America, Inc.

6004 S. 190th Street, Suite 101

Kent, WA 98032

[www.diamondbackfitness.com](http://www.diamondbackfitness.com)

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