

Electronic Pressure Cooker

OWNER'S MANUAL

Model PC107H 120V., 60Hz., 900 Watts



USA: EURO-PRO OPERATING LLC 94 Main Mill Street, Door 16

Plattsburg, NY 12901

Tel.: 1 (800) 798-7398

Canada: EURO-PRO OPERATING LLC

4400 Bois Franc St. Laurent, QC H4S 1A7



EURO-PROX. Model PC107H

ONE (1) YEAR LIMITED WARRANTY

EURO-PRO Operating LLC warrants this product to be free from defects in material and workmanship for a period of one (1) year from the date of the original purchase, when utilized for normal household use, subject to the following conditions, exclusions and exceptions.

If your appliance fails to operate properly while in use under normal household conditions within the warranty period, return the complete appliance and accessories, freight prepaid to:

EURO-PRO Operating LLC, 94 Main Mill Street, Door 16, Plattsburgh, NY 12901 CANADA: EURO-PRO Operating LLC, 4400 Bois Franc, St Laurent, Qc, H9S 1A7

If the appliance is found to be defective in material or workmanship, EURO-PRO Operating LLC will repair or replace it free of charge. Proof of purchase date and \$24.95 to cover the cost of return shipping and handling must be included. *

Non-durable parts including, without limitation, sealing gasket and electrical parts which normally require replacement are specifically excluded from warranty.

The liability of **EURO-PRO Operating LLC** is limited solely to the cost of the repair or replacement of the unit at our option. This warranty does not cover normal wear of parts and does not apply to any unit that has been tampered with or used for commercial purposes. This limited warranty does not cover damage caused by misuse, abuse, negligent handling or damage due to faulty packaging or mishandling in transit. This warranty does not cover damage or defects caused by or resulting from damages from shipping or repairs, service or alterations to the product or any of its parts, which have been performed by a repair person not authorized by EURO-PRO Operating

This warranty is extended to the original purchaser of the unit and excludes all other legal and/or conventional warranties. The responsibility of EURO-PRO Operating LLC if any, is limited to the specific obligations expressly assumed by it under the terms of the limited warranty. In no event is EURO-PRO Operating LLC liable for incidental or consequential damages of any nature whatsoever. Some states do not permit the exclusion or limitation of incidental or consequential damages, so the above may not apply to you.

This warranty gives you specific legal rights, and you may also have other rights which vary from state to state or from province to province.

*Important: Carefully pack item to avoid damage in shipping. Be sure to include proof of purchase date and to attach tag to item before packing with your name, complete address and phone number with a note giving purchase information, model number and what you believe is the problem with item. We recommend you insure the package (as damage in shipping is not covered by your warranty). Mark the outside of your package "ATTENTION CUSTOMER SERVICE". We are constantly striving to improve our products, therefore the specifications contained herein are subject to change without notice.



OWNERSHIP REGISTRATION CARD

Please fill out and mail the product registration card within ten (10) days of purchase. The registration will enable us to contact you in the unlikely event of a product safety notification. By returning this card you acknowledge to have read and understood the instructions for use, and warnings set forth in the accompanying instructions.

U.S.: EURO-PRO Operating LLC, 94 Main Mill Street, Door 16, Plattsburgh, N.Y., 12901

Model PC107H					
Appliance model					
Date purchased		Name of store			
Owner's name					
Address	City	State	Zip Code		

IMPORTANT SAFETY INSTRUCTIONS

When using your *Pressure Cooker* basic safety precautions should always be observed, including the following:

- Pressure Cooker.
- 2. To protect against fire, electric shock and injury to persons, do not immerse cord, plugs, or Pressure Cooker Housing in water or other liquid.
- **Do not** touch hot surfaces. Always use handles or knobs.
- Close supervision is necessary when any appliance is used by or near children.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- **Do not** operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been dropped or damaged in any manner. Return appliance to **EURO-PRO** Operating LLC for examination, repair or adjustment.
- 7. The use of accessory attachments not recommended by the appliance manufacturer may result in fire, electric shock or injury to persons.
- Do not place on or near a hot gas or electric burner or in a heated oven.
- To avoid possible steam damage. place pressure cooker away from walls 21. Do not use this pressure cooker for or cabinets during use.
- 10. Unplug from outlet when not in use and 22. Never operate the pressure cooker before cleaning. Allow the appliance to cool before putting on or taking off parts, and before cleaning.
- 11. To disconnect, press the "Cancel" button, then remove the plug from electrical outlet. Always hold the plug. and never pull the cord.
- 12. Extreme caution must be used when or other hot liquids.
- 13. Oversized foods, metal foil packages, or utensils must not be inserted in the appliance, as they may involve a risk of fire or electric shock.

- 1. Read all instructions before using your 14. This appliance cooks under pressure. Improper use may result in scalding injury. Make certain unit is properly closed before operating. See "Operating Instructions".
 - 15. A fire may occur if the appliance is covered or touching flammable material. including curtains, draperies, walls and the like when in operation.
 - 16. **Do not** attempt to dislodge food when appliance is plugged in.
 - 17. Always check the pressure release devices for clogging before use.
 - 18. Do not fill the unit over 2/3 full. When cooking foods that expand during cooking such as rice or dried vegetables, do not fill the unit over 1/2 full. See "Cooking with your Pressure Cooker".
 - 19. **Do not** cook foods such as applesauce, cranberries, pearl barley, oatmeal or other cereals, split peas, noodles, macaroni, rhubarb, or spaghetti. These foods tend to foam, froth and sputter, and may block the steam release valve.
 - 20. **Do not** attempt to open cover until internal pressure has been reduced.
 - pressure frying with oil or shortening.
 - without any liquid inside. Do not allow the pressure cooker to boil dry.
 - 23. Always wear protective, insulated oven mitts when opening the pressure release valve.
 - 24. **Do not** use this appliance outdoors.
 - 25. **Do not** use this appliance for other than intended use.
 - moving an appliance containing hot oil 26. Keep hands and face away from steam release valve when releasing pressure.
 - 27. Caution: To reduce the risk of electric shock, cook only in the removable cooking pot. Never place anything into the housing.
 - 28. **Do not** use without the removable cooking pot in place.

SAVE THESE INSTRUCTIONS For Household Use Only

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IMPORTANT SAFETY INSTRUCTIONS

- 29. **Do not** cover the pressure release valve with anything or lock it in place as an explosion may occur.
- 30. Use extreme caution when removing the cover after cooking. Serious burns can result from steam inside. Always lift and tilt the cover away from you and allow water to drip into the unit.
- 31. **Never** remove the cover while the pressure cooker is in operation.
- 32. Let the pressure cooker cool before removing the cover.
- 33. **Do not** use with foods that can overcook easily and quickly.



WARNING: Danger of Scalding. Please use caution when using the pressure cooker. The steam emitted from this appliance is very hot.

GROUNDING INSTRUCTIONS

This appliance must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This appliance is equipped with a cord having an equipment-grounding conductor and grounding plug. The plug must be inserted into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

WARNING: Improper connection of the equipmentgrounding conductor can result in a risk of electric shock. Consult with a qualified electrician or service person if you are in doubt as to whether the outlet is properly grounded. Do not modify the plug provided with the appliance - if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

This appliance is for use on a nominal 120-volt circuit, and has a grounding attachment plug that looks like the plug illustrated at right. Make sure that the appliance is connected to an outlet having the same configuration as the plug. No adaptor should be used with this appliance.

- 1. If it is necessary to use an extension cord, use only a 3-wire extension cord that has a 3-blade grounding plug and a 3-slot receptacle that will accept the plug on the appliance. The marked rating of the extension cord should be equal to or greater than the electrical rating of the appliance. ŎR
- Do not use an extension cord. If the power cord is too short, have a qualified electrician or serviceman install an outlet near the appliance.



GROUNDING BLADE IS LONGEST OF THE THREE BLADES

Please Note:

- 1. A short power supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord.
- 2. Extension cords may be used is care is exercised in their use.
- 3. If a long cord or extension cord is used. (1) the marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance, (2) the extension cord must be a grounding-type 3-wire cord. and (3) the longer cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over accidentally.

Recipes

Recipes courtesy of Alison Dubois

SPANISH CHICKEN

Place ingredients into pressure cooker in following order:

2 tbs. olive oil

1 med vellow onion sliced into thick rings

3 cloves minced garlic

(or thawed) boneless, skinless chicken breasts, about 1.5 lbs 4 frozen

1 14.5 oz can petite diced tomatoes

1 14.5 oz can tomato sauce

½ tsp salt $\frac{1}{4}$ tsp pepper ½ tsp thyme ½ cup chicken broth bay leaf

10 large Spanish olives cut in half

Place the lid on the pressure cooker, and securely lock lid. Close vent. Press the pre-set button "Chicken". When the pressure cooker switches to "keep warm", unplug the machine and let the pressure slowly drop until no pressure remains.

Serve with vellow rice.

CHICKEN & DUMPLINGS

Place ingredients into pressure cooker in following order:

4 cups chicken broth ½ cup diced carrots ½ cup diced celery

1-1 ½ lbs boneless, skinless chicken breasts; cut into bite-sized cubes

½ cup ½ tsp salt ½ tsp pepper

1/4 tsp poultry seasoning

2 – 7.5 oz cans biscuits, pressed slightly flat, & cut into 4 strips per biscuits

Use a spoon and gently push biscuits into broth. Put lid on unit and secure. Press the pre-set "Cook" button.

When the pressure cooker switches to "keep warm".

Suggested Cooking Guide

FOOD	SETTING	COOKING TIME	RELEASE METHOD			
VEGETABLES - Add 1-1/2 cups water						
Artichoke	Cook		Quick			
Asparagus	Cook		Quick			
Beans (Green)	Cook		Quick			
Beets	Cook		Quick			
Broccoli	Cook	Cook times	Quick			
Cabbage	Cook	will range from 15 to	Combination			
Carrots	Cook	40 minutes on the Cook Setting.	Quick			
Cauliflower	Cook		Quick			
Corn	Cook		Quick			
Potato	Cook		Combination			
Spinach	Cook		Combination			
Squash	Cook		Combination			
BEANS, MEAT, POULTRY, AND FISH - When adapting standard recipes, use 1/2 amount of water used with conventional cooking						
Beef	Beef/Pork		Combination			
Chicken	Chicken	Cook times will	Combination			
Pork	Beef/Pork	range from 40 to 70 minute	Combination			
Shellfish	Fish	on Beef/Pork Setting,	Combination			
Fish	Fish	30 to 50 minute on Chicken	S Combination			
Beans (Navy)	Beef/Pork	Setting, 15 to 40 minute				
Beans (Kidney)	Beef/Pork	on Fish Setting.	Combination			
Split peas	Fish		Quick			
RICE - To reduce foam add at least one tablespoon of oil or butter						
Rice (White) - Use 1/3 to 1/2 less than normal recipe	Cook	Cook times will range from 15 to 40 minutes on	Combination			
Rice (Brown) - Use 1/4 to 1/2 less than normal recipe	Cook	the Cook Setting.	Combination			

Note: Cook times will vary as the pressure cooker will adjust the cooking times based on the volume of ingredients and liquid added to the pot.

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General Information for Cooking with Pressure Cookers

Q. What is pressure-cooking?

A. Pressure cooking is a method of cooking in a sealed pot that does not permit air or liquids to escape below a preset pressure. The water's boiling point increases as the pressure increases. The pressure built up inside the cooker permits the liquid in the pot to rise to a temperature higher than 212°F (100°C) before boiling. The higher temperature causes the food to cook faster.

Q. What are the advantages of pressure cookers?

 A. Pressure cookers offer a convenient and quicker method of cooking other than cooking on a regular stove top or oven.

Q. What happens when the cooker heats up?

A. The body of your pressure cooker is made of metal. Heat makes metal expand. When using the pressure cooker for browning, allow the pressure cooker to cool slightly before placing the cover onto the pot and locking it in place.

Q. What if I am cooking at higher altitudes?

A. When you cook at higher altitudes the cooking time must be increased slightly. To adapt the recipes for pressure-cooking, increase the cooking time by 5% for every 1,000 feet above a 2,000 foot elevation.

Q. What kind of liquids are suitable for use in a pressure cooker.

A. Any liquids that contain water such as beer, wine, meat or vegetable stocks, vegetable juices and fruit juices.

Q. What type of liquids SHOULD NOT be used in a pressure cooker?

A. Any liquid that does not contain water such as oils or oil-based marinades and/or dressings. Milk and milk-based foods and sauces or liquids should not be used, as they will foam when boiling. These liquids should be added after the pressure cooking process is completed and the cooker is opened.

Tips for Cooking in Your New Pressure Cooker

Meats & Poultry:

When adapting recipes for braised meats, allow 20 minutes cooking time per pound of meat. Use 1 cup liquid for the first pound and 1/2 cup for each additional pound.

For steam-roasting poultry and meats, brown first in oil for better appearance.

Rice:

When cooking rice and grains, add 1 Tbs. butter or oil per cup to reduce foaming and clogging the pressure valve.

Since rice doubles in size when cooked, be sure to use only half as much uncooked rice as the cooker's capacity allows. For example, never cook more than 1 3/4 cups raw rice in the 3 1/2 qt. pressure pan and no more than 4 cups raw rice in the 8 qt. pressure pan.

Because rice will be slightly sticky when cooked in a pressure cooker, it is best to use a slow release method. For example, allow cooling naturally or else slowly releasing pressure one level at a time.

To prevent burning, use a heat diffuser if available, or bring to pressure on a medium-high heat setting.

Beans:

Although it is not necessary to pre-soak beans for pressure-cooking, there are some advantages. Since the gas-inducing properties of beans are water soluble, soaking reduces their effects. Always drain the soaking water from the beans and cook with fresh water. Soaking also cuts down the cooking time and keeps the bean skins from separating from the flesh.

If you don't have time to soak the beans overnight, use the Hot Soaking Method: Use 5 cups water for every 8 oz. dried beans, pressure cook on low pressure for 3 minutes, remove from heat source and let stand 1-4 hours.

Always use at least 2 Tbs. of oil when cooking beans to reduce sputtering.

Always use the natural or slow release method to reduce pressure.

Clean lid and vents thoroughly after cooking rice or beans.

Desserts:

Many desserts can be pressure-cooked, especially those that use eggs/and or are cooked over a hot water bath, such as custards, bread puddings and cheesecakes.

Use a dish that easily fits inside pressure cooker allowing 1 inch of space around the edge. The larger pressure cooker works best for this.

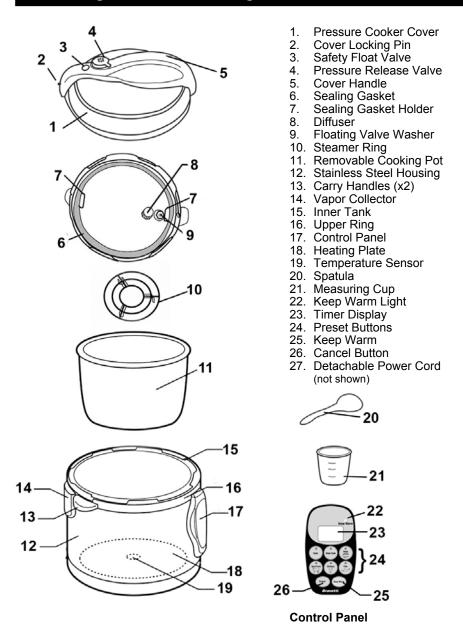
Seal the dish completely with foil to keep liquid from seeping into the dessert. Soak up any moisture on top of foil before removal.

For easy removal, place dish inside steamer basket or, make a sling out of aluminum foil.

Operating Instructions

TROUBLESHOOTING					
PROBLEM	POSSIBLE CAUSE	POSSIBLE SOLUTION			
Cover will not close	The sealing gasket is not well placed. The safety floating valve is stuck.	Reinsert the sealing gasket correctly making sure that it is underneath the sealing gasket holder. Using a straightened paper clip, push the valve slightly.			
Cover will not come off	The pressure cooker is still has pressure.	Wait for pressure cooker to cool down.			
Steam leaking	Sealing gasket is not in the cover. Sealing gasket is damaged. The cover has not been locked in place.	Replace the sealing gasket in the cover. Replace the sealing gasket with a new one. Make sure the cover is locked in place.			
Safety floating valve leaking	The sealant washer is damaged. The safety floating valve needs to be cleaned.	Replace the sealant washer. Clean the safety floating valve.			
Safety floating valve is not rising	Insufficient food in the cooking pot.	Add more food and/or water according to the recipe.			

Getting to Know Your Programmable Pressure Cooker



Technical Specifications

Voltage: 120V., 60Hz. Power: 900 Watts

NOTE: *Illustrations may vary from actual product

Getting To Know Your Programmable Pressure Cooker

<u>Parts of Your Pressure Cooker</u> Sealing Gasket

The sealing gasket fits inside the cover of the pressure cooker to form a very tight seal between the cover and pressure cooker when the cover is locked. The sealing gasket can be easily removed for cleaning. Over time, the sealing gasket may shrink, harden, crack or become distorted with use. If this occurs, the sealing gasket should be replaced.

WARNING: Do not wash the sealing gasket in the dishwasher, hand wash only.

NOTE: If there are any concerns regarding the sealing gasket call customer service.

Stainless Steel Steamer Ring

The steamer ring sits on the bottom of the removable cooking pot to support roasts and other meats and prevents the meat from sticking to the bottom of the pot. It can also be used to support a metal steamer basket for vegetables.

Preset Programmed Cooking Buttons

The preset buttons are programmed to take the guess work out of cooking with your pressure cooker.

Removable Cooking Pot

The removable cooking pot is coated with a non-stick surface for easier clean-up.

Parts of the Control Panel

Cooking with your new Electronic Pressure Cooker is simple and easy to use. The intelligent electronic controls take the guesswork out of heat adjustment and cooking times. Simply add your food to the cooking pot, close the cover and push one of the preset buttons and let the pressure cooker do the rest.

Preset Buttons

1. Cook Button

The cook button is excellent for cooking unprocessed white rice and fresh vegetables.

2. Slow Cook Button

The slow cook button is excellent for sticky rice, brown or wild rice.



3. Beef/Pork Button

The beef/pork button is for cooking roasts, briskets or pork ribs. You can also use this setting for dry beans or other legumes, whole beets, chili and other foods that require longer cooking time.

4. Chicken Button

The chicken button is set to prepare roasts or poultry of any kind.

5. Fish Button

The fish button is set to cook fish perfectly. You can also cook fresh vegetables on this setting.

6. Soup Button

The soup button is programmed to cook soups, stews, or sauces.

7. Cancel Button

The cancel button can be used to cancel a cooking cycle or to cancel a wrong selection.

8. Timer Display

The timer display will show the time the pressure cooker is operating when a preset button has been selected.

9. Keep Warm Button

The keep warm can be used to keep cooked food warm until ready for use.

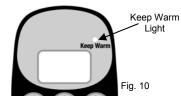
10. Keep Warm Indicator Light

This indicator light (yellow) will illuminate when the cooking process has been completed and the pressure cooker has switched over to the "Keep Warm" cycle.

Operating Instructions

Using the "Keep Warm" Feature

This function can keep cooked foods warm for up to 24 hours. The pressure cooker will go into "Standby" mode for one minute and then the "Keep Warm" mode will automatically be engaged after the cooking process has been completed. The "Keep Warm" light will illuminate when this feature is engaged. (Fig. 10)



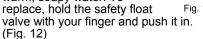
Cleaning & Storage

- Always leave the pressure to cool completely before you take the components apart for cleaning.
- Unplug and remove the power cord from the appliance and the electrical outlet.
- Remove the vapor collector by pulling it down and rinse under warm, soapy water. (Fig. 11)



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- Wipe the outer housing of the pressure cooker with a damp cloth. Do NOT use any abrasive cleaners or immerse in water or any other liquid.
- The removable cooking pot, pressure cooker cover and sealing gasket are washable. Wash them in warm, soapy water. The removable cooking pot and the cover are dishwasher safe. The sealing gasket is **NOT**.
- 6. Use a sponge or a non-metallic soft brush to clean the diffuser.
- The pressure release valve does not have to be cleaned after each use unless it has become clogged.
- 8. The sealant washer may need to be cleaned. Remove it from the safety floating valve and clean with warm, soapy water. To



 Store the pressure cooker with the cover upside down over the main housing. Do NOT store with the cover closed to avoid compressing the sealing gasket for long periods of time.

Operating Instructions

Releasing Steam Pressure

WARNING: Use extreme caution when removing the cover after cooking. Serious burns can result from steam inside.

After you have finished cooking in your pressure cooker, you can release the steam pressure in one of three (3) ways, "Quick Release", "Combination" and "Normal"

Quick Release Method:

- After the cooking process has been completed, press the "Cancel" button to stop the pressure cooker from going into the "Keep Warm" mode.
- 2. Turn the steam release valve to the "Open" position to release the steam fast. (Fig. 8)
- Wait until the safety float valve has gone down before removing the cover. Always lift the cover away from you to release any remaining steam so that you do not get burned.

CAUTION: Escaping steam is very hot. To avoid serious injuries or burns, keep bare skin, face and eyes away from the steam release valve.

CAUTION: Do not use the quick release method for foods with a lot of liquid such as soups and sauces. There could be an overflow.

Combination Method:

- After the cooking process has been completed, press the "Cancel" button to stop the pressure cooker from going into the "Keep Warm" mode.
- Let the unit cool down for approx. thirty (30) minutes and then turn the steam release valve to the "Open" position to release the steam. (Fig. 8)
- Wait until the safety float valve has gone down before removing the cover. Always lift the cover away from you to release any remaining steam so that you do not get burned.



Fig. 8

Normal Method:

Allowing the steam to release naturally is preferred when cooking foods like stocks, sauces and certain large cuts of meat which will benefit from continuing to cook in the pressure cooker. As the temperature decreases, so does the pressure.

- After the cooking process has been completed, press the "Cancel" button to stop the pressure cooker from going into the "Keep Warm" mode.
- 2. Wait until the safety float valve has gone down before removing the cover. Always lift the cover away from you to release any remaining steam so that you do not get burned. (Fig. 9)

NOTE: Do not use this method with foods that easily overcook.

CAUTION: Never attempt to force open the pressure cooker cover until the safety float valve has dropped.

NOTÉ: Since overcooked food cannot be corrected, it is almost better to err on the undercooked side by cooking an unfamiliar food for a shorter period of time than you may think necessary.



Fig. 9

IMPORTANT: Do not use the "Quick Release" method with foods such as legumes, grains or other foods that froth or when the pressure cooker is very full.

Safety Features of Your Pressure Cooker

To ensure user safety, this appliance has several safety features built-in.

Safe Lid Closing System

This pressure cooker is equipped with a feature that prevents any increase in pressure if the cover is not properly closed. If the cover is not positioned correctly, pressure cannot build-up. Steam will escape from the sides of the pressure cooker cover.



Safe Lid Opening System

This appliance is equipped with a safety feature that prevents the pressure cooker cover from opening if the pressure in the cooker is too high. The safety float valve will prevent the cover from opening until the pressure has been released from the cooker and the valve has dropped.



Automatic Pressure Control

If the pressure cooker has built up excess pressure, the pressure release valve will automatically discharge steam to regulate safe pressure limits in the cooker.



Depressurizing Control

If for any reason the auto pressure relief valve does not function and pressure builds, the cooker will automatically vent excess pressure from around the lid.



Thermostat Control

When the internal temperature of the pressure cooker increases beyond the preset temperatures, the power to the pressure cooker will be cut off.

Ultra Thermostat Control

There is a fail safe sensor that is set to trip if the temperature and pressure in the pressure cooker are beyond safety limits. This safety system de-pressurizes the pressure cooker and terminates the power to the unit.

NOTE: If this occurs, call customer service at 1 (800) 798-7398.

Operating Instructions

Preparing Your Pressure Cooker

Before using the electronic pressure cooker for the first time:

- 1. Remove the cooking pot from the unit.
- Wash the removable cooking pot with warm, soapy water. The removable cooking pot may also be washed in a dishwasher.
- Remove the sealing gasket from the cover and wash it with warm, soapy water. (Fig. 1)

Do not wash in a dishwasher. Allow the sealing gasket to air dry or dry with a paper towel before inserting back into the cover.



Fig. 1

- The cover of the pressure cooker may be washed with warm, soapy water or can also be placed into the dishwasher <u>after</u> the sealing gasket has been removed.
- Replace the sealing gasket into the cover by placing it under the gasket holding ring ensuring that the crease in the sealing gasket meets with the gasket holding ring.

Important: The removable cooking pot and pressure cooker cover are dishwasher safe, however, you must remove the gasket before placing the cover in dishwasher.

Using Your Pressure Cooker

NOTE: For best results, always check that the pressure release valve, the diffuser and the sealing gasket are in good working condition. Visually inspect the sealing gasket for any defects such as cracks, punctures or tears. Also check that there are no particles blocking the pressure release valve or the diffuser openings on the underside of the cover. If you find any defects in the sealing gasket, do not use the pressure cooker. Call customer service at 1 (800) 798-7398 for a replacement sealing gasket.

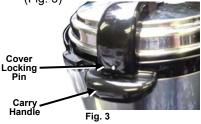
Once all parts are washed and dried, your pressure cooker is ready for use. The pressure cooker cover has a locked position and an open position. To remove the cover:

 Turn cover clockwise until the cover locking pin lines up with the vapor collector. (Fig. 2)



2. Place the food that you want to cook inside the removable cooking pot.

3. Replace the cover onto the pressure cooker and turn counter clockwise to lock the cover in place. The cover should stop turning when the cover locking pin is over the carry handle. (Fig. 3)



- 4. Plug the cord into a grounded-type 120V AC electrical wall outlet.
- 5. Choose the desired program by pressing one of the pre-set cooking buttons. Once the indicator light is lit on that selection, the pressure cooker has begun the pre-heating and cooking cycle. The pressure cooker will beep three times when the pressure cooker has finished cooking.
- When the cooking cycle has finished, cooking, or to cancel the selection press the Cancel button.

CAUTION: The cover must be in the locked position when steaming or cooking under pressure.

7. For pressure cooking turn the pressure release valve one half turn to the closed position, that is the lowest position the valve naturally sits. (Fig. 4)



Fig. 4

Operating Instructions

 When the cooking process is complete, release the pressure by turning the pressure release valve one half turn to the upper most position to release steam. (Fig. 5)

WARNING: Steam can cause serious burn injury. Avoid contact with face or hands. To open the pressure release valve it is suggested to use a utensil with a long reach to turn the valve.



Fig. 5

 Alternately you can allow the steam to release naturally, this can take a few more minutes and add to the cooking time of the food inside.

NOTE: This unit has a built-in safety feature, the cover will **not** turn to the open position unless the pressure has been released by allowing the unit to sit or by turning the pressure release valve to the open position.

10. Allow the unit to cool completely before cleaning.

Cooking with the Pre-Set Buttons

When cooking with the pressure cooker using the pre-set buttons the unit will cook automatically, set the pressure depending which preset button is selected.

- 1. Place the removable cooking pot into the unit.
- Add the ingredients to be cooked into the removable cooking pot, following your recipe.
- You should add a minimum of 1 cup (250 ml) of liquid into the cooking pot. Do not fill the cooking pot more than one-third full when cooking dried beans an legumes; no more than half way when cooking soups and stews; and not more than two-thirds full when cooking vegetables or whole pieces of meat.

- Place the cover on the pressure cooker and turn it clockwise to lock in place.
- 5. Plug the power cord into the unit and then into the electrical outlet.
- 6. Lower the pressure release valve so that steam may not escape.
- 7. Select the desired preset button depending on food to prepare. (See Suggested Cooking Guide).
- 8. Ensure that the indicator light on the preset button is lit.
- 9. The pressure cooker will beep three (3) times to let you know that the cooking process is complete.
- 10. Then wait for the unit to beep to signal end of cooking process.
- The pressure cooker will automatically go into "Standby" mode for one (1) minute and then into "Keep Warm" mode for up to six (6) hours.
- 12. Slowly rotate the pressure release valve to the "Open" position to release the steam. (Fig. 6)
- After the safety float valve has fallen down, remove the cover and remove the food. (Fig. 7)



Fig. 6



Fig. 7

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