

# **I M P O R T A N T !**

Headphones may sound distorted or operate at a low audio levels during initial use. Playing the headphones at 90% volume for 30 min. typically solves this problem. If your headphones do not equalize please call 800-708-6080.

When installing the shuffle player into the shuffle case you must ensure the headphone jack is plugged into the top of the shuffle player.

# INTERVAL

Waterproof Headphone System  
Developed for Swimming

Compatible with

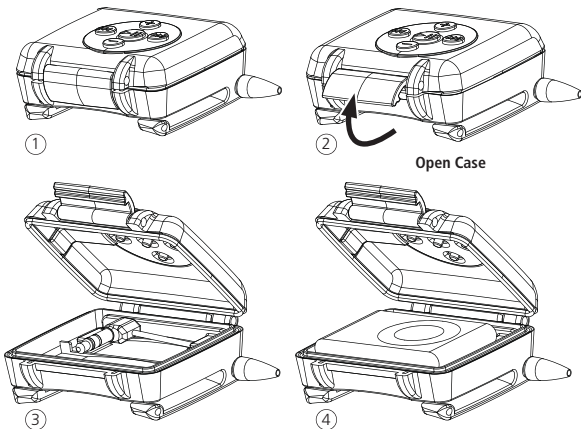


iPod shuffle  
2nd generation  
1GB 2GB



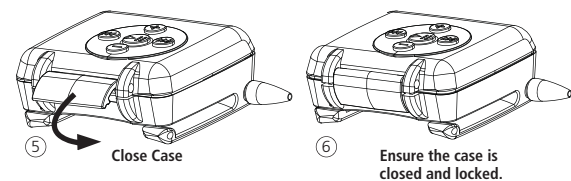
Before using this system, please be sure to read, understand, and follow the instruction of this manual.

## Installing the shuffle into the case



Open Case

Plug audio jack into the shuffle player, place shuffle into case and ensure the control pad and the Button Pad Control are aligned. Close case.



Close Case

Ensure the case is closed and locked.

## Introduction

The H2O Audio Interval Waterproof Headphone System is a swim specific music solution for the iPod shuffle (2<sup>nd</sup> Gen). The integrated waterproof case easily attaches to practically any swim goggle providing a low profile, tangle free listening experience.

## Getting Familiar with Your Headphone System

Before using your Interval Waterproof Headphone System for the first time, it is highly recommended that you become familiar with opening and closing the case to ensure the case is sealed properly during use. To verify that you have sealed the case properly we recommend that you test the product without a shuffle inside before initial use. Please follow the instructions below.

1. Open the case and verify the seal area is clean and free of debris or damage.
2. Submerge the system in water and soak for 30 min.
3. Manipulate the Button Control Pad during submersion.
4. Remove from water and dry exterior.
5. Open the housing and ensure there is no water inside the case.

**If water is found inside the case please contact H2O Audio Customer Support immediately.**

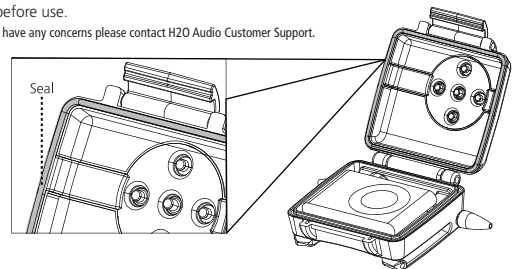
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## Important Seal Information

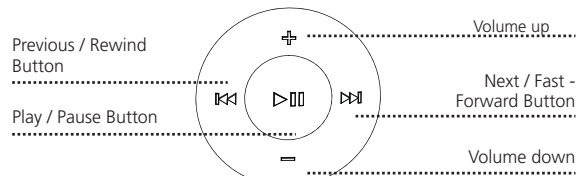
The Interval Waterproof Headphone System features a removable silicone seal that forms a waterproof barrier between the base and lid of the case. It is extremely important that special attention is paid to ensure the silicone seal is completely seated in the groove of the lid. If the seal is loose, out of alignment, twisted or pinched in any way, it will compromise the waterproof integrity of the case and should not be used. Any debris such as hair or sand will keep it from forming a watertight barrier and should be cleaned off before use.

If you have any concerns please contact H2O Audio Customer Support.



**Caution:** If the seal comes out of alignment, carefully place it in the groove, ensuring all 4 corners are correctly installed. Compress the lid to the base and then re-open it to make sure the seal is fitted correctly into the groove. The seal should appear straight and uniform along its' edge and should not fall out easily.

## Button Pad Control



## Using Your Headphone System

The Interval Waterproof Headphone System features ergonomic earplugs designed to isolate sound and provide a watertight seal. The headphones are packaged with medium earplugs installed. Extra small, small, large and extra large earplugs are also included.

The earplugs should be pushed into your ear canals far enough to establish a secure fit but not so far that they become uncomfortable. Some users may find it preferable to use different size earplugs for each ear.

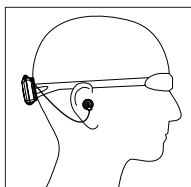
For optimal performance, the earplugs need to completely seal with the walls of your ear canals. Modifying the earplug size and its angle of insertion are important steps in creating a watertight seal.

Larger size earplugs may be preferable during active and / or in water use as they may offer more contact with the ear and may improve the watertight seal.

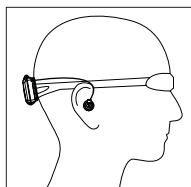
A watertight seal is best achieved when the earplugs are inserted into your ears when dry. If your ear canals are wet, you may find larger earplugs provide a better seal.

We encourage users to experiment with different earplug sizes until they find the combination that works best for them.

## Wearing Your Headphone System



Attach Interval Headphone system to goggle straps using clip on back of case. Position case on the back of head.



Headphone cable can hang below or over the ear and may be tucked under a swim cap.

## General Use Notice

READ THIS MANUAL CAREFULLY. IF YOU HAVE ANY QUESTIONS PLEASE CONTACT H2O AUDIO CUSTOMER SUPPORT PRIOR TO USE.

IMPROPER USE OF THIS SYSTEM MAY CAUSE THE USER TO MAKE MISTAKES OR DECISIONS THAT MAY LEAD TO SERIOUS INJURY OR DEATH.

### IMPORTANT WARNING AND DISCLOSURE:

THOSE USERS THAT ELECT TO UTILIZE THIS SYSTEM AT, OR NEAR, THE WATER'S SURFACE, MUST MAINTAIN SAFETY AWARENESS OF MOVING WATER CRAFTS.

IT CAN BE POTENTIALLY DANGEROUS TO PLAY YOUR HEADPHONES WHILE ENGAGING IN ACTIVITIES THAT REQUIRE YOUR FULL ATTENTION. YOU SHOULD EXERCISE EXTREME CAUTION OR DISCONTINUE USE IN POTENTIALLY HAZARDOUS SITUATIONS. DO NOT USE THE HEADPHONES WHILE DRIVING, CYCLING, OR OPERATING ANY MOTORIZED VEHICLE. IT MAY CREATE A TRAFFIC HAZARD AND IS ILLEGAL IN SOME AREAS.

ALWAYS MAKE SURE TO HAVE THE AUDIO PLAYER VOLUME TURNED TO ZERO AND THE SPEAKERS AWAY FROM THE EARS WHEN TURNING ON THE H2O AUDIO UNIT. IF THE VOLUME LEVEL IS NOT ZERO WHEN THE AUDIO IS TURNED ON, IT MAY CAUSE EAR INJURY DUE TO A SUDDEN BURST OF VOLUME. THE VOLUME SHOULD BE SLOWLY INCREASED WITH AN AUDIO FILE PLAYING TO SET THE SPEAKER VOLUME TO COMFORTABLE OUTPUT LEVELS PRIOR TO POSITIONING THE SPEAKERS NEXT TO THE EARS.

AVOID USING HEADPHONES AT HIGH VOLUME. HEARING EXPERTS ADVISE AGAINST CONTINUOUSLY LOUD AND EXTENDED PLAY. IF YOU EXPERIENCE RINGING IN YOUR EARS, REDUCE VOLUME OR DISCONTINUE USE.

WARNING: CONTAINS SMALL PARTS WHICH MAY BE A CHOKING HAZARD. NOT SUITABLE FOR CHILDREN UNDER AGE 3.

WARNING: THIS PRODUCT CONTAINS MAGNETIC MATERIAL.

## FAQ's

### 1. My new H2O Audio Interval Waterproof Headphone System sounds distorted right out of the box. What should I do?

The waterproof headphones feature sealed, watertight speaker chambers. During initial use, the headphones may sound distorted or operate at very low audio levels due to a vacuum formed in the speaker chamber during air travel or shipment. Volume and sound quality will return to normal once the pressure equalizes. Playing the headphones at 90% volume for 30min typically solves this problem. If the problem still occurs, wait 24 hours and test again as the headphones will usually equalize within a short period of time.

### 2. The sound is intermittent from my headphones. How can I fix or replace them?

Ensure the audio jack inside of the shuffle case is plugged into the shuffle completely. If the problem still continues please visit [www.h2oaudio.com](http://www.h2oaudio.com) or contact customer service for further instructions on how to receive a replacement.

### 3. What happens if the headphones fall out of my ears while in the water?

The Interval Waterproof Headphone System is 100% waterproof and can be exposed / submerged in water for unlimited time periods. However, if the headphones come out of your ears and fall into the water, simply shake or blow off any surface water that may remain in the earplug. This will help ensure the best sound experience.

NOTE: For more FAQ's please visit [www.h2oaudio.com/faq.php](http://www.h2oaudio.com/faq.php)

## Warranty Coverage

H2O Audio's 1 year limited warranty covers defects in materials and/or workmanship of all H2O Audio product 1 year from date of original purchase. This warranty does not apply to any products which have been neglected, altered, abused, used for a purpose other than the one for which they were manufactured, repaired by customer or any party without H2O Audio's written authorization, or used in any manner inconsistent with H2O Audio's instructions. Please refer to the care and maintenance instructions for more details. Product Manuals are available for download on the H2O Audio website as well as packaged with the product. Warranty claims involving personal property damage will be put through a series of tests to determine if the product has been misused or improperly cared for. Should a product be determined by H2O Audio to have manufacturing or material defects which resulted in damage to personal property, H2O Audio, at its' sole discretion, will make reparations to the customer in the form of a repair or replacement of equal value. No compensation for loss of data, ect. Products must be purchased from an Authorized Dealer. The product warranty program will not be valid for product purchased through an unauthorized source. For a directory of H2O Audio Authorized Dealers, please visit the store locator section on the company website. If you have questions as to whether or not a dealer is authorized, please call Customer Support. This warranty applies to customers who properly fill out and complete the warranty registration with proof of purchase within 30 days of purchase. Failure to complete the registration will void the warranty. H2O Audio will, at its sole discretion and without charging the customer, repair or replace any components that fail in normal use. The warranty is valid only for the original owner who purchases the unit from an authorized dealer. (Transfers are not qualified for warranty).

**TO OBTAIN SERVICE:** Please go to support section of our website or contact customer support.

## Contact Information

Customer Support is available Monday to Friday 9AM to 5PM PST.

**h2oaudio.com**

P. 800.708.6080 or 858.623.0339

F. 858.225.0815

E. [support@h2oaudio.com](mailto:support@h2oaudio.com)

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