## **USER INSTRUCTIONS**

# Health o meter® Dial Scale

#### Model HAB957

## Scale Use

- 1. Place scale on a flat, level surface. A hard surface is best for maximum accuracy. Placing scale on a very soft, deep pile rug may affect the weighing accuracy.
- 2. Locate zero adjustment control on edge of scale and adjust so the indicator reads zero.
- 3. Step on and off scale to check the "zero" setting. If pointer does not return to zero, repeat Step #2.
- 4. Step on scale and position your feet in a manner that will distribute your weight evenly over the entire scale platform. Stand still while reading display.

**NOTE:** It is normal for your weight to vary during a day and from one day to another. Slight changes in your weight are generally normal.

### If service is required, do not return to your retailer.

For service call Sunbeam Health Division at 1-800-672-5625; 7:30 a.m. to 5:00 p.m. Eastern Standard Time, Monday through Friday

To assist us in serving you, please have the model number and date of purchase available.

### **NOT LEGAL FOR TRADE**

Made to our exact specifications in China

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